

## The Thaplung Women, Children's and Community Health Project, Nepal (2024) - week one



Tina Hewitt (a midwife and educator from Otautahi Christchurch), Julie Dockrill (is a midwife and registered nurse and has worked in the health sector for over 38 years. She has been a proud member of the Timaru Rotary Club since 2013). & Jess Hewitson - (NZ Team Leader - member of the Timaru Rotary Club since 2016) at their last planning meeting in mid. February

Bags are packed late February







Team has arrived in Nepal.



Jess, Tina, Raj.(Nepal Team Leader aka 'the man on the ground' & Julie together in Kathmandu, Nepal.



It was so lovely to have a beautiful home cooked meal with Raj and his family we had a lovely afternoon, even got some project work done too!



Julie, Jess & Tina with Raj's family.



The team had a great afternoon at Raj's House getting items prepared for the training course.



Soap bars will be given out to our participants and the local villages we will visit



We enjoyed a beautiful traditional lunch cooked by Raj's family too  
Mitho chha (tasty!)



**We had a fabulous meeting with Prasansa Budha Lama.**

As a Freelance Midwife and Certified Birth Educator, also the Secretary of the Midwifery Society of Nepal, Tina and Julie were able to access fantastic knowledge about the Nepalese maternal health care system.

We supplied Prasansa's team with some equipment for her training classes too.





Prasansa, Julie & Tina with the donated equipment



Julie , Tina & Jess had the privilege of joining the Rotary Club of Kathmandu and Kathmandu Roteract for a meeting. They enjoyed more lovely food and listened to some amazing project work they are doing around the Kathmandu area & further afield.

**Julie, Tina & Jess have now departed Katmandu & have travelled to Shantipur where they are staying & doing the training.**

To view photos (& two videos) of their journey - click the photo link:-  
<https://www.facebook.com/photo/?fbid=122129870780110447&set=pcb.122129872580110447>

Click the video links:-  
<https://www.facebook.com/reel/1126330738813341>  
&  
<https://www.facebook.com/reel/355127880831076>