# Food Security & COVID-19: Volunteer or Donate in Your Neighborhood!

## **City-Wide:**

<u>ABCD Boston – Food Pantry/Centers (</u>Allston/Brighton, East Boston, Mattapan, Parker Hill/Fenway, and Roxbury/North Dorchester)

*Description:* During the public health emergency related to the coronavirus, COVID-19, ABCD (Action for Boston Community Development) is operating five food pantries for Boston residents. The ABCD network of neighborhood pantry sites provides access to healthy food at no cost.

Website: https://bostonabcd.org/service/food-pantries/

*How to help:* Financial donations, or contact about in-person volunteer opportunities (see website)

### **Greater Boston Food Bank**

*Description:* The Greater Boston Food Bank works passionately to end hunger across Eastern Massachusetts by providing our neighbors in need the healthy food and resources they need to thrive.

*Location:* South End

Website: https://www.gbfb.org/

How to help: Financial donations & individual in-person volunteer opportunities (see website for contact info)

### Project Bread

*Description:* Project Bread is committed to preventing and ending hunger in Massachusetts. We provide access to food for people who are hungry today while working to break the cycle of hunger through advocacy, education, and community action. As the only statewide anti-hunger organization, we listen and learn, identify needs and opportunities, and connect people, resources, and programs—in ways both tried and new.

Location: East Boston

Website: http://www.projectbread.org/

How to help: Financial donations

### **Allston-Brighton:**

### Allston-Brighton Food Pantry

*Description:* A food pantry that provides nourishing food at no cost to members of the Allston-Brighton community. We're dedicated to maintaining a welcoming atmosphere respectful to all community members without regard to race, religion, social position, ethnicity, gender, age or sexual orientation.

### Website: http://abfoodpantry.com/

*How to help:* Volunteer for food basket making, 2<sup>nd</sup> & 4<sup>th</sup> Fridays from 1:00-4:00pm, Food basket distribution, 2<sup>nd</sup> & 4<sup>th</sup> Saturdays from 10:00am-1:00pm, or make financial donations via check or online (see website for details)

## **Back Bay:**

### Women's Lunch Place

*Description:* Women's Lunch Place (WLP) is a vibrant and supportive day community for women that is open six days a week. We serve healthy breakfasts and lunches, and we also provide basic necessities and services that help restore dignity and hope. Medical care is provided free by Healthcare Without Walls, and advocates and support staff assist women in crisis, struggling with domestic violence, addiction, mental illness, or the stress of being homeless. Women interested in pursuing employment, housing, and other opportunities use our resource center and library

Website: https://womenslunchplace.org/

How to help: Financial donations (all in-person volunteer shifts temporarily suspended)

## **Brookline:**

### **Brookline Emergency Food Pantry**

*Description:* A food pantry providing groceries at no cost, and currently offering home-delivery to vulnerable clients in Brookline.

### Website: http://www.brooklinefoodpantry.org/want-to-help.html

*How to help:* Food donations via "drive or walk by" drop-off on Wednesdays & Thursdays, financial donations, or volunteer in-person to pack bags of food for distribution

## Cambridge:

### East-End House

*Description:* A holistic community center for under-resourced families in Cambridge and surrounding communities, East-End House offers and emergency food program that provides groceries to families in need. They are also separately offering emergency child care for essential workers and vulnerable families, including children of health-care workers, grocery store employees, emergency response, law enforcement, DCF involved families, and others.

Website: https://eastendhouse.org/

*How to help:* Financial donations, or contact directly about opportunities for volunteering in-person (see website)

## Dorchester:

### Harvard Street Neighborhood Health Center

*Description:* A neighborhood health center that provides medical care and is committed to public wellness, preventive medicine, and world-class clinical care. In addition, they offer a Food Pantry program (operating in English, Haitian Creole, and Spanish) by appointment, and a program for Veterans.

Website: http://www.harvardstreet.org/offerings/autem-inhibeo-iriure-mauris

How to help: Financial donations

### **Downtown Boston:**

### **Boston Rescue Mission**

*Description:* A homeless shelter and soup kitchen providing resources for the homeless community operating 24-7, 365 days a year.

Website: https://www.brm.org/ways-to-give

How to help: Financial donations or donations of goods (see website for list of needs)

#### St. Francis House

*Description:* Located in the heart of downtown Boston, we serve an average of 500 poor and homeless men and women a day, 365 days a year. Our basic, rehabilitative, and housing services overlap and build on one another to provide our guests with continuous and comprehensive care. Annually, we provide more than 220,000 hot and nutritious meals, 9000 changes of clothing, 10,900 medical appointments, and 12,000 instances of counseling to guests in need.

Website: https://stfrancishouse.org/

How to help: Food service volunteers (individual), financial donations to COVID emergency fund

## **Roxbury:**

### Haley House Soup Kitchen & Food Pantry

*Description:* The Haley House soup kitchen offers made from scratch breakfast for men of all ages (homeless or food insecure). M-F 5:30-9:00 am, Sunday 9:00am-12:00pm. Also offers Elder Meals on Tuesday, Thursday, and Sunday.

### Website: http://haleyhouse.org/covid19response/

*How to help:* Financial donations to emergency fund, purchase gift cards/take-out from the café to support their operations, or donate non-perishable foods or sanitizing items (see website for list of needs)

### Sojourner House Food Pantry

*Description:* The Sojourner House is a family and handicap accessible shelter, and the food pantry is open to the public on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday & Friday of each month from 12:00-1:00 pm.

Website: https://www.sojournerhouseboston.org/food-pantry

*How to help:* Financial donations

## Somerville:

### Project SOUP

*Description:* Project SOUP is the food assistance arm of the Greater Somerville Homeless Coalition. They help Somerville residents fight hunger and avoid homelessness.

Website: https://www.somervillehomelesscoalition.org/food-security/

*How to help:* Financial donations, grocery donation drop-off during operating hours (see website for list of needs), or volunteer in-person to fill food bags, restock shelves, sort donations

## South End:

### **Rosie's Place Pantry**

*Description:* Rosie's Place is a women's shelter that offers many services to guests, including a food pantry and dining room.

Website: http://www.rosiesplace.org/

*How to help:* Financial donations, host a food drive, or make non-perishable food donations (in-person volunteer opportunities currently suspended)