



HOW TO HELP WITHOUT LEAVING HOME

LETTERS OF LOVE

Help battle loneliness by writing a card to an elder. The CDC says there's no proof COVID-19 can be spread through the mail!

ALSTDI TRIVIA

Play trivia for \$5/game to help the ALSTDI reach their \$200k fundraising goal.

CARING CALLS

Call an elder on the phone to let them know they're not alone!

CASA MYRNA

Support victims of domestic abuse and be a safelink hotline volunteer, providing supportive listening, safety planning, and crisis intervention.

CONTACT TRACER (PAID)

Call every person diagnosed with COVID-19 and trace their contacts to increase testing, improve communication, and implement quarantine.



WHERE TO VOLUNTEER OUTSIDE OF HOME

VOLUNTEER SURGE

Get trained to help healthcare workers, either at home (via phone/online) or out in the field.

MUTUAL AID

Help people in your neighborhood by checking out their needs and seeing where you can fill the gap, e.g., picking up a frontline healthcare worker's groceries if they're working a double.

BOSTON PUBLIC SCHOOLS

Deliver food to students and families who can't get to a pick-up site. *No car or license needed.*

BOSTON MEDICAL CENTER

Provide support and services to the homeless who are isolated or quarantined. *Clinical and non-clinical volunteers accepted.*

WOMEN'S LUNCH PLACE

Shop and drop off items specifically requested or have items delivered from their Amazon wish list.

BOSTON HELPS

Sign up to help someone with their individual needs, or apply for help if you need it, too.

HALEY HOUSE

Donate non-perishable food or sanitizing items, buy a gift card or order take-out from the cafe, or buy something from their Amazon wish list.

ABOUT FRESH

Two opportunities: 1. Fresh Box - deliver groceries to someone's doorstep, *car and license needed,* or 2. Open-Air Market - take and fill orders on the truck to provide access to food at a low cost.



WHERE TO DONATE \$\$

ROSIE'S PLACE

"Volunteer" virtually for one hour by making a \$25.83 donation, or give \$50 to fund a one-night stay at the shelter for a homeless woman.

ST. FRANCIS HOUSE

Buy an item on their Amazon wish list to help folks staying at the day shelter, or donate directly to their COVID-19 Emergency Fund.

CENTER FOR DISEASE PHILANTHROPY

Make a donation to the CDP COVID-19 Response Fund, which supports nonprofit orgs that help vulnerable populations.

ABOUT FRESH

\$20 provides a box of fresh produce and shelf-stable items delivered to a house in need.

FOUND IN TRANSLATION

LEP patients need support now more than ever. A donation helps train low-income, bilingual women to become medical interpreters.

DO YOU OR SOMEONE YOU KNOW NEED HELP?

ONE FAIR WAGE

Service workers can apply for a mini grant and receive a check for temporary crisis relief.

UNDOCUSCHOLARS

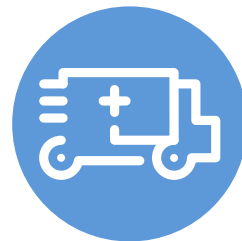
Resources and fund applications for undocumented folks who have been impacted by the pandemic.

BOSTON HELPS

Request help from other Bostonians for essentials like grocery delivery, prepared food, or a ride somewhere.

MUTUAL AID

Find a mutual aid group near you and request help with food, transportation, or other essentials.



QUESTIONS?

TALK TO A BOARD MEMBER:

Mira

Jacob

Stefany

Eric

Mallory

Lizzy

Clément

Allison



Boston Rotaract - COVID-19 Response

How to help from home:

- Letters of Love - <https://lovefortheelderly.org/letters>
- ALSTDI Trivia - <https://fundraise.als.net/trivia>
- Caring Calls -
<https://mailchi.mp/39f288f79cd8/dorots-passover-package-delivery-sunday-march-2661959?e=f071038a0e>
- Casa Myrna - <https://casamyrna.org/get-involved/volunteer/>
- Partners in Health - Contract Tracer (paid) -
<https://jobs.crelate.com/portal/talentboost/job/3kyqki4zeqoyugdzhsha5iyhnce>

Where to volunteer outside of home:

- Volunteer Surge - <https://theglobalimpactgroup.org/>
- Mutual Aid - <https://www.bpl.org/blogs/post/covid-19-mutual-aid-resources/>
 - Cambridge specifically - <https://www.cambridgemutualaid.info/volunteer>
- Boston Public Schools (food delivery) -
<https://www.bostoncares.org/opportunity/a0C1J00000HNR50>
- Boston Medical Center - <https://www.bmc.org/covid19relief>
- Women's Lunch Place - <https://womenslunchplace.org/in-kind-donations>
- Boston Helps - <https://www.boston.com/boston-helps>
- Haley House - <http://haleyhouse.org/covid19response/>
- About Fresh (formally Fresh Truck)
 - Fresh Box (food delivery) -
<https://thefreshtruck.us6.list-manage.com/subscribe?u=7664d9da8f&id=7bc19a4d26>
 - Open-Air Market (filling orders) - <https://www.aboutfresh.org/fresh-truck/#volunteer>

Where to donate money:

- Rosie's Place -
http://rsp.convio.net/site/DocServer/Give_to_Support_Our_Work.pdf?docID=321
- St. Francis House
 - Amazon - <https://www.amazon.com/hz/wishlist/ls/PKEZFD6KFF6D?&sort=default>
 - COVID Emergency Fund -
https://secure2.convio.net/sfh/site/Donation2;jsessionid=00000000.app202a?df_id=5882&mfc_pref=T&5882.donation=form1&NONCE_TOKEN=41182C00AE229B089D6101DD368F8794
- Center for Disease Philanthropy -
<https://disasterphilanthropy.org/cdp-fund/cdp-covid-19-response-fund/>
- About Fresh -
https://www.aboutfresh.org/covid-response?mc_cid=f5a40b7826&mc_eid=09887b8ce0
- Found in Translation - <https://found-in-translation.org/donate>

Where to apply for help:

- One Fair Wage - <https://ofwemergencyfund.org/help>
- UndocuScholars - <https://www.undocuscholars.com/>
- Boston Helps - <https://www.boston.com/boston-helps/coronavirus-im-looking-for-help>
- Mutual Aid - <https://www.bpl.org/blogs/post/covid-19-mutual-aid-resources/>