

Rotary Cambridge Programme for Parents, Teachers & Carers Wednesday 12 August 2020 @ 9.00 for 9.15 a.m.

DR MICHELE TONER – ADHD WA

Undoubtedly everyone agrees that 2020 has been a most challenging year - especially for working parents and their children during the Staying At Home weeks that we all had to endure.

Unable to get outside to participate in sporting or playground activities, there would have been many extremely energetic children trapped indoors for weeks on end, frustrated with their circumstances and switching off when requested by their parents to do their school work – how many parents may have wondered if their children are excessively active and seriously lacking concentration skills?

Inattention, hyperactivity and being impulsive are key behaviors of ADHD. There of course is a dividing line between being acutely frustrated with Staying At Home and with having ADHD.

The Rotary Club of Cambridge is delighted to welcome ADHD WA's Dr Michele Toner as the guest speaker at their Schools' Programme meeting on Wednesday August the 12th.

Michele has been a senior counsellor at ADHD WA since 1995. Her coaching creates an ongoing collaborative partnership employing her extensive ADHD knowledge, best coaching practices, and ADHD-friendly skills. She will highlight the differences between boisterous children and those with ADHD and she will be offering advice for parents and for their children on how to cope with their differing levels of self discipline and self understanding.

Details of this informative Rotary Club of Cambridge Schools' Programme talk are:

Date & Time: Wednesday 12 August 2020 at 9.00 a.m. for 9.15 a.m.

The meeting will close ±10.15 a.m.

Venue: Cambridge Bowling Club, Chandler Ave West, Floreat

Please do not park in the Bowling Club's parking bays

Contact Jeanette Wood to book your place: 0413 190 412 or jp2wood@bigpond.com

Cost: \$5, except for teachers – includes tea or coffee