

Cambridge Courier

Information about our next Rotary Meeting:

Wednesday 26th April 2023

Speaker: Christine Bazen

Topic: Kanyana Wildlife Rehab. Centre

On Duty: Speaker Host, Introduction & thanks: **Mike Graham**

Set up/Pack up: Max Puddey

Coming up soon

Wednesday 3rd May 2023

Speaker: Jeff Claughton

Topic: CEO of Fresh Start

Speaker Host, Intro & thanks: Peter Burns

Set up/pack up: Mike Mullin

GENERAL NEWS ITEMS

- Don't forget the RSL collection this Friday at the Floreat Forum.
- Growing Compassion in Life and Death – free lecture at the Boulevard Centre, Floreat Forum by Prof Samar Aoun 10.00 am 2nd May. Be there!
- My Home project - Open House 6th May.
- 17th May: tour of DFES followed by lunch at the Ravenswood Tavern. No normal meeting that day

NEWS FROM LAST WEEK

We met an elite athlete at our meeting this time – Genevieve Hart, who is making waves on the rowing scene in WA. It all started when Gen was awarded a scholarship in 2018 to attend St Hilda's for the main part of her high school career, and her benefactor encouraged her to take up rowing. By the time Gen got to year 11 she had made it into the 1st Rowing Eight Team, and off they went to Sydney in 2019 only to be ruled out by a gastro attack all round! Back in Perth Gen got involved with the WA Institute of Sport, and she became used to a very stringent exercise regime which she absolutely loves. It all starts at 5.00 am and Gen is exercising at every opportunity throughout the day. Covid disrupted the training programme significantly of course, but Gen carried on with her personal regime to build up her strength. Gen gave us a number of examples of the competitions that she has taken part in, such as when she rowed for the Under 21 Eight and the Open Eight – the latter ending in disaster when they were disqualified due to a paperwork oversight! By the time she was 18 Gen was racing against people in their early twenties, and by 19 years old she was selected in the Under 23 Australian team and enjoyed going to Europe to compete in places such as Poznan in Poland, Henley in England, and Varese in Italy. It was in the latter regatta that Gen won a bronze medal in the U23 World Championship. Women rowers tend to peak in their late 20s to early 30s, so Gen has plenty of time to make a huge impact on the rowing scene generally. Gen spoke with passion and enthusiasm, and it is little wonder she is making a mark at this stage. We wish her well in this very exacting sport.



Fingers are the most reliable body part. You can always count on them!

Birthdays: John Travlos (30 Apr)

Wedding anniversaries: none this time

Rotary anniversaries: none this time