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Lifetime Achievement Award Winner for 'Best Bulletin in District 3310'



Interact Leadership Training Camp 2022

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13.7.22 & 20.7.22

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What's ahead? Don't miss
the forthcoming events and
Birthday / Anniversary
celebrants and more...

In Focus

Interact Leadership Training Camp 2022

The Annual Edition of Interact Leadership Training Camp (ILTC) 2022 by Rotary Club of Singapore in conjunction with Youth Corps Singapore, supported by Rotary Cotton on Youth Fund and Foundation of Rotary Clubs Singapore had over 110 Registrations with (71% Girls & 29% Boys) from 17 Interact Clubs sponsored by 8 Rotary Clubs from across Singapore. This camp was hosted physically at Global Indian International School - Smart Campus on 23rd July and 24th July.

The Activities included intercultural dialogue and volunteerism for social inclusion, which was done by grouping students with similar profiles, learning contents were more tailored, and leadership development skills were enhanced, which increased ties among Rotarians, Rotaractors, Interactors, and Teacher Advisors. This year we had our Rotarians educating and motivating our Interactors with their presentations and more than 17 Rotarians identified ways they could advocate for young leaders in schools and communities and 9 teachers explored Interact Club activities and how they could help bridge the gap between Rotary clubs and school administration.

The ILTC was chaired by Rtn. Mukundan A P the Youth Service Chair from Rotary Club of Singapore.



In Focus

Interact Leadership Training Camp 2022... contd

President James Lee presided over the inauguration and here is the list of topics and sessions :

Introduction & Programme	<i>YSC Chair Mukund</i>
Why ILTC ?	<i>Hon Member PDG Dr. Ivor Thevathasan</i>
What is Rotary and Interact?	<i>President James Lee</i>
What is Rotaract?	<i>Rotaract Club of Bukit Gombak (RACBG) President Nicole</i>
What is RYLA?	<i>PP Shine Naidu</i>
7 Areas of Focus	<i>Rtn. Anil & Rtn. Louisa Lee</i>
How to connect with your Rotarians & Teacher Advisors?	<i>Rtn. Ronald Wong</i>
END Polio Now - Project Showcase	<i>Rtn. Adnan Ansari</i>
Big Group Presentation & Model Projects	<i>President James Lee</i>
My experience with Interact	<i>Rtn. Dr Hoh Sek Tien</i>
What is ICC ?	<i>ICC Pres. Gelyn and VP Chloe</i>
Briefing on ICC Elections	<i>YSC Chair Mukund with Rtr. Paul, Rtr. Yaminn & Rtr. Neeza</i>
Rotary Alumni	<i>Rtn. Suresh Keerthi and Rtn. Louisa Lee</i>
ICC Elections	<i>YSC Committee & Rotaractors</i>
Camp Closing	<i>YSC Chair Mukund & NYC</i>

The election for the Interact Coordinating Committee (ICC) was conducted after the ILTC lunch on 24th July 2022. This year, Google forms were used to consolidate the votes from the Interactors. The ICC is composed of Interactors from all 24 Interact Clubs in Singapore. The ICC Board is elected by the Interact Club boards. It consists of a president, a vice president a secretary, a treasurer, and committee members. The ICC encourages clubs to exchange information as well as do one major project together. This year's ICC President was elected from Haw Chong Interact Club.

Here are the list of Rotarians and Rotaractors in the Organizing Committee:

- Rtn. Mukundan A P
- Rtn. Ronald Wong
- PP Jimmy Ooi
- Rtn. Priveen Suraj
- Rtn. Walter Yeo
- Rtr. Paul
- Rtr. Yaminn
- Rtr. Neeza

In Focus

Interact Leadership Training Camp 2022... contd



Meeting Reports

1st Club Meeting for Rotary Year 2022-2023 held on 13.7.2022

OPENING REMARKS & WELCOME

President James Lee opened the first Meeting of the Rotary year and called on Sergeant-at-Arms Rtn Ng Jun Dong (J D) to welcome guests of members and visiting Rotarians as follows:

Guests: Mr Toby Lim and Mr Pandian G K

Visiting Rotarians: Past Assistant Governor (PAG) Lakshimaryanan (RC Rajapalayam), PP Pradeep Bahri (RC Delhi South), PE Samir Mondol (RC Calcutta Acropolis), Rtn J B Pallasigue (RC Manila)



Rtn Ng Jun Dong (J D)

TOAST

Rtn J D then called on Toastmaster PP Perlita Tiro who called on members to join her in a toast to sister club, Rotary Club (RC) of Manila, the oldest club in Asia and the Philippines coupled with the toast to Rotary International.

PP Perlita invited visiting Rotarian J B Pallasigue from RC Manila to address the Club. Rtn J B thanked members for the warm welcome and the long-standing sister club relationship. He further thanked PP Dr Shahul Hameed and PP Perlita for their assistance with Global Grant projects undertaken in the Philippines.



PP Perlita Tiro

EXCHANGE OF BANNERS



Banners exchanged with RC Delhi South



And with RC Calcutta Acropolis



President James presents a Club banner to Rtn JB Pallasigue from Sister Club, RC Manila

Meeting Reports

1st Club Meeting for Rotary Year 2022-2023 held on 13.7.2022

NOMINATION FOR DISTRICT GOVERNOR 2025-2026

President James informed members that the Club received a notification from District Governor (DG) Joanne Kam for suggestions for DG for Rotary year 2025-2026, which was circulated to all Club's qualifying Past Presidents.

He was pleased to advise that a Past President replied and expressed interest. President James added that the PP has shown his commitment, dedication, Rotary knowledge and passion and a role model for many, none other than PP Dr Shahul Hameed.

Proposed Resolution

•Nomination of Past President **Dr Shahul Hameed** as suggested candidate for District Governor-nominee of Rotary District 3310 for Rotary Year 2025-26.

•**Proposed Resolution to be adopted at the Club's Weekly Meeting on Wednesday, 3 August 2022**



SERVICE COMMITTEES' OVERVIEW OF PLANS



Rtn Sonali Sinha

Community Service Committee (CSC) Meeting

CSC Director Sonali Sinha advised that the meeting's objective was to introduce some of the projects which the Committee would be undertaking during the year. She added in subsequent meetings would focus on each project at a time. She introduced her core team comprising of several relatively new members. She highlighted the Committee's four themes of focus, namely Single Parents/Family Violence Survivors; Intellectual/Physical Disabilities; Underprivileged Elderly and Migrant Workers.

Rtn Sonali introduced the projects first for the Single Parents' project with HCSA Dayspring SPIN and described the profiles of the families. The Committee plans to be involved in some of the programmes to bring joy to these families.

Another project for the Intellectual/Physical Disabilities with the Red Cross Home for the Disabled through the contact of Rtn Priveen Suraj, to provide some joy and greenery with a garden, or evening with music and beneficial for mental health perspective and take them for outing and even an eye camp for their residents. The next project with APSN for an eye screening camp led by Rtn Dr Rupesh Agrawal on the 30 July, and there was a need for volunteers.

For the third area of Underprivileged Elderly, the Committee would continue with the Food From The Heart project on the third Saturday of each month to assist in sorting, packing and distribution of food supplies to support 91 families. Next will be the continued support and meaningful activities for the Society for the Aged Sick, with the assistance of Rtn Ronald Wong who is a Board member of the Society.

The 4th area to assist the Migrant Workers, the Committee would work with Hope Initiative Alliance with an idea started by Rtn Anindya Dutta to provide the workers the opportunity to play cricket and have healthy meals with subsidized meal coupons. Another project with Mr Sazzad Hossain who was a speaker at one of the Club's meetings, providing nutritious meals for the migrant workers to improve their health and will get sponsors from corporates. Rtn Sonali called on members support and suggestions for any of the projects. She hoped to have at least one or two visits for these projects each month.

Meeting Reports

1st Club Meeting for Rotary Year 2022-2023 held on 13.7.2022

Environment & Sustainability Committee Report



Rtn Louisa Lee

President James invited Rtn Louisa Lee to give a brief update of the Environment and Sustainability projects which straddled both Rotary years. Starting with the Hold a Hand project which was attended by IPDG Dolly Yeap, IPP Louis Lim, Rtns Frank Pao and Priveen Suraj, graced by MP Mr Edwin Tong. The event was also featured in the Chinese newspapers and in the Straits Times. This project in partnership with Target 15 has a target to plant 300 trees over a 3-year span and 100 trees have been planted.

Rtn Louisa advised that on 1st July at St Patrick's School together with PP Perlita Tiro, Rtns Pauline Teo, Mathias Boegner and Priveen Suraj mentored and partnered the students from the School in 3 meaningful projects - at MRT station educating commuters to be caring on public transport, beach clean-up and outreach to elders living in single room flats.

Moving forward, Rtn Louisa advised that the Environment and Sustainability Committees projects would be spread out to the different Service Committees, and she would work closely with the various Committees.

International Service Committee (ISC)



Rtn Varun Gulati

Next, ISC Director Varun Gulati started the ISC meeting with an overview of the topics to be covered including the Book of Humour (BOH) project, various project updates, sister club/friendship club agreements, international visits and CRFC/TRF updates.

Rtn Varun invited Rtn Priveen to give an update on the Poland and Ukraine project proposals with the Rotary Club Warsaw-Jazefow for an orphanage to be considered. Also, to be considered for a Global Grant to purchase equipment and machines for a hospital in Ukraine. He further presented proposals received from other Rotary Clubs in Ukraine. Rtn Varun called for comments and views from the floor, PP Stan Low, PP Tapan Rao and Rtn Rob Damjanovic, Rtn Suresh Keerthi. It was noted that the projects were not approved and needed further evaluation and that the Global Grant project would be liaised with the CRFC/TRF committee.

Pakistan Project updated was provided by PP Tapan Rao for medical checkups in public school, which was reviewed, and he noted that might be some conflict of interest and he was requested to wait on this project by RID Muhammed Fiaz Kidwai of Lahore, Pakistan and he will give us more updates soon. A discussion was shared.

India Desk project photos were shared, and we thanked PPs Mansoor Hassanbhai and PP Dr Shahul for bringing this project to the Club.

ISC project of Tonga Tsunami rebuild relief for New Zealand fund raise to divert DDF to the project on vaccination in Cook Islands for 100,000 children run by the Rotary Clubs in Sydney, Auckland and Wellington. PP Paliath "Mohan" Mohandas noted that the project funding was already sent by the ISC committee and there are no excess funds. He further advised that the current RI President has picked Cook Island project for a visit this year.

Rtn Varun also reported on a project site he visited in Danang, Vietnam and a possible sanitation project to provide toilets.

Rtn Vinit Sarangdhar was invited to present a proposed Rural Water Project in a district close to Mumbai to provide villages with clean water for domestic and agriculture purposes by building pumps and transport to the village and store in water tanks. Project cost about a total of US\$70,000 and looking for partners and support. Members requested more information on the project and a discussion was held on the types of projects to be undertaken.

Meeting Reports

1st Club Meeting for Rotary Year 2022-2023 held on 13.7.2022

International Service Committee (ISC)... contd.

Rtn M M Patel introducing projects for Nepal for empowerment and literacy and livelihood projects for women. Another project for global grant for a water project and the third project is a literacy project for a school.

Rtn Varun updated members on the upcoming Sister & Partner Clubs' installations as well as the International Visits being planned. He also gave a list of sister club agreements renewals and proposed friendship clubs' agreements.

PP Dr Shahul advised on The Rotary Foundation contribution made by the Club last year was for US\$280,000 and thanked the donors.

Rtn Varun further shared email enquiries and requests received on various ISC matters. Comments and feedback were received from the floor on the procedural matters of the projects and a note of caution was given.

2nd Club Meeting for Rotary Year 2022-2023 held on 20.7.2022

OPENING REMARKS & WELCOME

The meeting was called to order by President James Lee who then invited Membership Director Francesco De Liva to welcome Guests of members.

President James then called on Sergeant-at-Arms Rtn Dr Claus Dusemund who invited members to join him in a toast to Rotary International.

NOMINATING COMMITTEE

Members were reminded to submit their nominations for members to serve in the Nominating Committee, no later than 31 July 2022.

COMMUNITY PROJECTS/ACTIVITIES



Distribution of food packages to the Food From The Heart beneficiaries on 16 July 2022



Visit to the Society for the Aged Sick also on 16 July 2022

**EYE SCREENING
FOR TRAINEES OF APSN
CENTRE FOR ADULTS**

**30 July 2022
(Saturday)**

Comprehensive Eye Screening:

- Vision Check
- Eye Pressure Test
- Retina Check
- Virtual Reality Station
- Free Spectacles

Follow-up:
Tests & Referrals for individuals with cataracts, glaucoma and other eye diseases

Time: 9.00am to 4.00pm

Location:
APSN Centre for Adults - 11 Jalan Ubi, Block 4 #01-31 Kembangan-Chai Chee Community Hub Singapore 409074

To Volunteer, contact Ashita at 96266600

Organised by: Rotary Club of Singapore

Supported by: ZEISS

Meeting Reports

2nd Club Meeting for Rotary Year 2022-2023 held on 20.7.2022

PREPAYMENT FOR DINNER DUES

President James thanked members for the mandate given to the Board at the first Club Assembly to proceed with the collection of dinner dues. After consideration and in line with the Club's Constitution for meeting attendance, the Board would collect 30% prepayment for 12 meetings per year from members (except those who are exempted). President James advised that the billing for membership dues would be sent out shortly, and as the attendance requirement was in line with the Constitution, members will be given no accruals.

APPOINTMENT OF NEW HONORARY SECRETARY

President James advised that elected Honorary Secretary Imane Jamal Eddine had stepped down from the post of Honorary Secretary due to the happy reason of her job promotion, which would involve a great deal of travelling. However, he was pleased to add that Rtn Jessica Lim would continue her role from last year and serve as the Club's Honorary Secretary. President James added that he would work with PP Tapan on The Rotary Foundation (TRF) matters until the appointment of another TRF Director (to replace Rtn Jessica) can be found.

SERVICE COMMITTEES' OVERVIEW OF PLANS

Vocational Service Committee (VSC) Meeting



VSC Director Jacqueline Koh introduced and welcomed the Committee's office bearers. She gave a report on the upcoming vocational visits being led by Rtn Angela Lim starting with:

- Follow up at the Alexandra Hawker Centre project on 27.8.22
- Visit to the National Stadium
- LKY Musical for fellowship and fund-raising on 9.9.22
- 1-day tour to Batam Production House to learn more about video taking, tentatively on 16.12.22

Rtn Jacqueline Koh Vocational Mentorship- led by Rtn Hulya Ucer visited the Spectra Secondary School together with Rtns Jacqueline, Subhash Pritmani, Denis Hew and Angela Lim discussed with the School on industrial experience and mentorship possibilities for the students.

Vocational Support - lead is CSC Director Sonali. A Tote Board application was made by ISCOS. IRF Mother Support Group talk would be conducted by Rtn Hitansh Vij on 26.7.22. Members were also informed and invited to the ISCOS launch on 27.7.22 to prevent Intergenerational offending and the change of name. Rtn Jacqueline also called for members' input and feedback and to fill in the VSC's survey.



Vocational Sharing – Rtn Jacqueline invited the Vocational Sharing lead, Rtn Dr Denis Hew who is Director of Policy Support Unit at APEC Secretariat to share how being a Rotarian has continued to shape his purpose.

Rtn Dr Denis Hew

Rtn Denis introduced APEC (Asia-Pacific Economic Cooperation) which comprises of 21 APEC Member Economies. He spoke of APEC's ultimate objectives, goals and pillars as well as its vision and drivers. He noted that the 3 pillars of APEC's agenda were trade and investment liberalization; business facilitation and economic and technical cooperation. He explained that APEC was not just about the Leaders' Meeting.

Meeting Reports

2nd Club Meeting for Rotary Year 2022-2023 held on 20.7.2022

Vocational Service Committee (VSC) Meeting... contd.

Rtn Denis outlined the APEC Secretariat's scope of work which provides coordination, technical and advisory support as well as information management, communications and public outreach services. As Director of the Policy Support Unit (PSU) of APEC, Rtn Denis described the work provided for its members which involved customised research, analysis, policy support and evidence-based policy suggestions, to improve the quality of APEC's deliberations and decisions. He further described his areas of responsibilities at PSU and highlighted some of the research work undertaken by the PSU for APEC.

Next, Rtn Denis spoke of how he could contribute to the Club based on his years of experience and expertise to hopefully find a new purpose in serving the community. He gave his take on the 4-Way Test message which he saw as guiding principles. He advised that the next speaker for Vocational Sharing is member Rtn Ivan Lew who is the CEO of Shaw Investments who will speak of his vocation and talk about the project – Man and Child Sculpture in the Botanic Gardens.

Youth Service Committee (YSC) Meeting



Director Mukundan A P called the YSC meeting to order and completed the meeting procedures. He reiterated the five Youth Service Objectives highlighted in the previous meeting.

Rtn Mukund outlined YSC's calendar of events from July 2022 till June 2023 as follows:

- July - starting with the Interact Leadership Training Camp (ILTC) from 23rd to 24th July and various Interact and Rotaract Board installations.
- August – Interact Coordinating Committee (ICC) 1st Board meeting; Interact/Rotaract Board installations and Rotary Club of Singapore Banner Design Competition.
- September – Rotary Youth Community Service Award for Interact Clubs; YEP-GO joint project and Asian Clean Hands project.
- October – Outbreak Scene Investigation by Sembawang Interact Club and Republic Polytechnic to all schools in north of Singapore, and 2nd ICC Board meeting.
- November – Project Bakti Luhur and Rotarian/Teacher Advisor Training session.
- December – ICC Project
- Also presented the calendar from January to June 2023

Rtn Mukund further advised the installation dates of the Interact and Rotaract Clubs. He called upon YSC members and Rotarian Advisors for their support as mentors to the Interactors and Rotaractors and to report monthly on their respective Interact and Rotaract clubs.

There was a discussion on the status of the Rotaract Club of Singapore City and after various exchanges of views expressed by YSC Director Mukund, IPP Louis Lim, PE Dr Chan Siew Luen and President James. After deliberation, it was agreed to maintain the Rotaract Club of Singapore City for a further six months and should there be no support, and the Club is unable to function, then it would be closed.

Rtn Mukund reported that there were 110 registrations from 17 Interact Clubs sponsored by 8 Rotary Clubs, with 72 registrants from Interact Clubs sponsored by RC Singapore. He also highlighted the ILTC programme for the camp.

Mark Your Diary

Birthday Celebrants

RC sends best wishes to Birthday celebrants for August:

PP Dr Winston Oh, Agnes Kwek, Mohan Chugani, Vijai Parwani, PP Mark Wang, Dr M C Tong, Douglas Baquetti, HM PP Dr Patrick Chin, Arnaud Pallini, Subhash Pritmani, Bala Venkatesan, Leonard Ong, Nirmal Singh, See Mee Lee, Keizo Fujitake, HM PDG Dr Ivor Thevathasan, Bertrand De Mil, VP Andy Mankiewicz, PDG Dr Philbert Chin, Madhu Banerjee, Eric Lynge, HM Mohan Vaswani, SAA Dr Claus Dusemund, PP Perlita Tiro, Ira Mehra, Anindya Dutta & HM PP Chiang Shih Fang

Anniversary

RC sends best wishes to Wedding Anniversary celebrants in August:

Imane & Khaled Jamal Eddine
Madhu & Anu Naidu
Jens & Gabrielle Ruebber
Tina Tang & Zhang Ming
HM Mohan & Kawita Vaswani
VP Tom & Yvonne Wolf
Roland & Jun Jossi
Moshood & Norhayu Olaniyan
Rob & Julia Damjanovic



This Meeting

24 August 2022
At Grand Hyatt Singapore

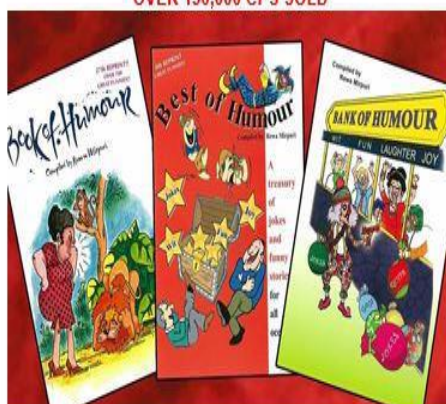
Emphasis on
Vocational & Youth
Service Committees

HAVE MANY LAUGHS AND HELP THE NEEDY

BOOKS OF HUMOUR
(PUBLISHED BY ROTARY CLUB OF SINGAPORE)

Book of Humour, Best of Humour and Bank of Humour

OVER 150,000 CPS SOLD



SPICE UP YOUR LIFE, LIVEN UP A PARTY
AND DELIGHT YOUR DINNER GUESTS.

EACH TITLE 500 JOKES. NON-STOP LAUGHTER.
FUNNY, WITTY AND HILARIOUS.

ONLY S\$25.00 A SET OF 3 TITLES (1,500 jokes)
(All proceeds to charity projects)

NO JOKE, IT'S JEST FOR CHARTY

WWW.BOOKSOFHUMOUR.COM

Next Meeting

31 August 2022

No meeting in lieu of
Service Project

Coming Rotary Events

September - Basic Education and Literacy Month

- 2-4 Sep** – Malang Service Trip
- 7 Sep** – Club meeting cancelled in lieu of Malang Service Trip
- 9 Sep** – LKY Musical Fellowship & Fund-raising event
- 14 Sep** – Club meeting with emphasis on ISC & CSC
- 17 Sep** – Food from the Heart – Blk 4 North Bridge Road
- 21 Sep** – Club meeting with emphasis on YSC & VSC
- 28 Sep** – Club No meeting in lieu of service project
- October – Economic & Community Development Month
- 5 Oct** – Club Meeting Speaker, Ms Sabrina Ho (CEO, Half the Sky)
- 7 Sep** – Club meeting cancelled in lieu of Malang Service Trip
- 12 Oct** – Club meeting with emphasis on ISC & CSC
- 15 Oct** – Food from the Heart – Blk 4 North Bridge Road
- 19 Oct** – Club meeting with emphasis on YSC & VSC
- 24 Oct** – Deepavali & World Polio Day
- 26 Oct** – Deepavali Dinner Party

The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



The Guide to Daily Living

Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

First: Have I spent some time in self-examination?

Second: Have I spent quality time with my family?

Third: Have I given my best to my work?

Fourth: Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

BOARD OF DIRECTORS 2022/2023

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Vice President

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Hon. Treasurer (Finance)

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Sergeant-at-Arms

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