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In Focus

Food From The Heart – 17th July 2021

By: Community Service Chair Rtn Peter Brock

Thank you to everyone who attended the Food from the Heart (FFTH) session on Saturday 17th July. We had 13 members and family from our Club, 8 from Rotary Club (RC) Tanglin and 2 from RC Jurong Town (their President & his wife). It was very pleasing to see prospective members Thomas Gagne and Wei Howe helping out and also Rtn Leonard Ong's family all coming along. Well done to all in 'Serving to Change Lives'.



Rtn Peter Brock



From left: Rtns Peter Brock, Arnaud Pallini, Mr Thomas Gagne & FFTH worker



Delivering the food packets to the beneficiaries



Rtn Peter with Rtn Leonard Ong & his family



Rtn Peter, Wei Howe, Rtn Varun Gulati & FFTH Chair Rtn Kannan Krishnan (left to right)



From left: Rtn Peter & Tanya Brock, Rtns Kannan, Varun and Rtn Dr Irina Francken – enjoying a well-deserved drink after the food distribution

Meeting Report

3rd Club Meeting for Rotary Year 2021-2022 held on 21.7.2021

Honorary Secretary Jessica Lim opened the meeting and called upon Sergeant-at-Arms Rtn Dr Claus Dusemund to remind members of the Zoom meeting etiquette.

President Louis Lim was invited to take the Chair as he warmly welcomed everyone interested in Serving to Change Lives. He further wished all Muslims "Selamat Hari Raya Haji"!

TOAST

President Louis called on Rtn Joseph Chia who raised a toast to the Rotary Club of Quilon which was formed 73 years ago and has 44 members. Rtn Joseph invited members to join him in a toast to Rotary Club of Quilon coupled with a toast to Rotary International.



Rtn Joseph Chia

INDUCTION OF NEW MEMBERS



Rtn Krishna Madhu Kumar Naidu (Madhu Naidu)

Place of Work: Collabera Technologies Pte Ltd

Classification: IT Consultancy Services

Proposer: Rtn Mukundan A P

Mentor: PP Stan Low

Rtn Madhu Naidu is a 37-year-old Techno-Functional professional and has been in the IT industry for over 15 years now. He is passionate about technology and how it has and can make an impact in a digitally equipped society. He heads the Singapore and Malaysia region for Collabera as a Regional Head.

He has been in Singapore for over a decade now and lives here with his wife, Anu and their 5-year-old son.

Rtn Madhu advised that he heard of Rotary through friends and reached out to Rtn Mukund who invited him to the Club. He informed of his work with the elderly particularly during the Covid situation and looked forward to adding more value as part of the Club.



Rtn Gerard Ferdinand Vinluan (Gerard)

Place of Work: World Justice Project

Classification: Think Tank: Rule of Law Worldwide

Proposer: Rtn Suresh Keerthi

Mentor: President Louis Lim

Rtn Gerard is currently Regional Director APAC of World Justice Projects. He has worked as a civil servant for 14 years in Ministry of Social & Family Development as Deputy Director looking after International Social Welfare.

He is married to Margit, and they have two teenage daughters.

Rtn Gerard has been involved in social and community issues, particularly involved in the protection of women and children.

3rd Club Meeting for Rotary Year 2021-2022 held on 21.7.2021

KYFR KNOW YOUR FELLOW ROTARIAN



President Louis called on KYFR speaker, none other than Honorary Member PDG Dr Ivor Thevathasan to address the Club. PDG Ivor advised that he joined the Club in December 1975, however he realized that Rotary made an impact ever since 1946 when his father joined the Club. He added that the Club was very much a family-oriented club and he made friends with other

Rotarians' children such as Rtn Jamshid Medora, whose father was also a member.

PDG Ivor advised that he was involved in many committees, however the most memorable was in Youth Service when the Club was awarded in 1970s with the National Youth Leadership Award. PDG Ivor mentioned that he was elected as the District Governor as the Centennial Governor in 2004/2005 when Rotary celebrated its 100 years of service.

He spoke of his later father, PDG Dr A W S Thevathasan who passed away at the age of 53 years when he was Rotary International's Vice President. He was told that had his father lived a few more years, we would have seen a R I President from Singapore. However, PDG Ivor was pleased to note that a close friend became R I President, PRIP Bhichai Rattukul whom he recently spoke with and who sent his best wishes to the Club.

PDG Ivor added that should members have further interest in Rotary history, he would be pleased to talk to the Club again!



PDG Dr Ivor
Thevathasan

GUEST SPEAKER: PROFESSOR (PROF) DAVID LEE KUO CHUEN

TOPIC: INCLUSIVE FINTECH: CRYPTO, TOKEN AND DESTINATION OF GOODS

President Louis invited PP Perlita Tiro to introduce the Guest Speaker Prof David Lee Kuo Chuen. PP Perlita noted that Prof Lee is a global speaker on Block Chain technology. She added that in fact Prof Lee first spoke to the Club about six years ago when Bitcoin price was \$450 – and now it is \$31,500.

He is a Professor at Singapore University of Social Sciences. Prof Lee is the Chairman of the Global FinTech Institute that administers the Chartered FinTech Professional (CFtP) qualification. He has 20 years of experience in the industry and now embarks on the missions of inclusive fintech, privacy protection, and digital literacy. He is an angel investor and founder of several companies.

PP Perlita advised that Prof Lee is the son of our previous member, the late Prof Dr Lee Fook Hong, a most renowned Chartered Secretary practitioner in Singapore and founder of the ICSA in Singapore.

Prof Lee noted that the fourth industrial revolution would bring about a lot of changes. This talk focussed on a nascent technology that will change society and the way it is organised. In particular, Prof Lee highlighted the latest trend in Crypto Currencies, Non-Fungible Tokens, and the convergence of technology would reveal an inclusive new world that values privacy, stability, and sustainability. He shared his belief that the only way for mankind to prosper was to focus on the universal distribution of goods and services. Prof Lee further shared that while the technology was already available, he emphasised that digital literacy would be key to maximum benefits.

To extend the Club's vote of thanks, President Louis called upon new member Rtn Hayden Hughes.



Speaker Prof. David Lee
Kuo Chuen

Meeting Report

4th Club Meeting for Rotary Year 2021-2022 held on 28.7.2021

Honorary Secretary Jessica Lim welcomed members to the 4th weekly meeting and called on Sergeant-at-Arms Rtn Dr Claus Dusemund to remind members of the meeting's housekeeping rules. Rtn Claus requested members to always switch on their video and cheekily added "so we can see that you are not doing something else or falling asleep!"

Rtn Claus then invited President Louis Lim to take the Chair. President Louis warmly welcomed honoured guests, honorary members and all who are passionate about Rotary to the meeting.



President Louis Lim

TOAST

President Louis called on PP Dr Yap Lip Kee to raise a toast to Rotary International. PP Lip Kee advised that a visiting Rotarian from Hannover, Germany was expected but was not present. He then invited members to join him in a toast to Rotary International.

NOMINATION FOR DISTRICT GOVERNOR RY 2024/2025

President Louis called on members to thank PP Lip Kee for putting himself forward as the nominee for District Governor for Rotary Year 2024/2025. He added that the Club was behind him in his bid and shared details from PP Lip Kee's CV including his active participation in the District.

President Louis called upon members for their support for PP Lip Kee's bid which was duly accepted. He called upon PP Lip Kee to say a few words. PP Lip Kee added that it was a great pleasure to serve and was nominated several times unsuccessfully, he hoped this year it will go well.



PP Dr Yap Lip Kee

KYFR KNOW YOUR FELLOW ROTARIAN



PP Dr Yap Lip Kee advised that he was requested to give his KYFR presentation again, although he had done so earlier in May. Before allowing PP Lip Kee to continue, President Louis interjected with a quiz and asked if members knew what the acronym KYCP stood for, and the answer would be revealed.

PP Lip Kee introduced his hometown - Pudu, Kuala Lumpur which he noted had not changed much. He showed some photos of his family of three children and wife, Rachael.

PP Lip Kee gave a photo montage of the many interesting Club projects which he participated in the aftermath of disaster-stricken countries of Nepal, Pakistan, Japan, Indonesia as well as trips of both social and service in nature to China, Lombok, Jayapura Papua, Bhutan, and in Kenya where he assisted and shared keyhole surgery vocational training. PP Lip Kee highlighted his visit to the 2019 RI Convention in Hamburg.

Meeting Report

4th Club Meeting for Rotary Year 2021-2022 held on 28.7.2021

KYCP KNOW YOUR CHARTER PRESIDENT

PP Lip Kee noted that with the coming Rotary International Convention to be held in Singapore, he had spoken to President Louis that the Club should compile a book, like the 60 years of Rotary Club. Whilst doing some research for the book, he came across a book about life in Singapore in the 1930s, written by Sir Roland Braddell, Charter President of the Rotary Club of Singapore. PP Lip Kee shared some of the illustrations. He requested permission from President Louis to discuss a future project of the book, perhaps to be titled Hundred Years of Rotary Club of Singapore, or Hundred Years of Rotary in Singapore.



*Club's Charter President
Sir Roland Braddell*

GUEST SPEAKER: DR WONG SWEET FUN

TOPIC: SHARE A POT®

President Louis called upon Community Service Chair, Rtn Peter Brock to introduce Dr Wong Sweet Fun who is a senior consultant geriatrician actively promoting functional longevity and ageing-in-place in community-dwelling older adults. Her current work extends beyond the walls of the hospital system to improve the health of the population living within the Yishun Health and National Healthcare Group catchment.

Dr Wong is the founder of Share a Pot®. Several of her initiatives have gained international recognition: 2014 United Nations Public Service Award (community nursing and hospital-to-home service), 2017 iF Social Impact Prize (Share a Pot®) and 2019 Human City Design Award (Wellness Kampung®). She was awarded the 2016 National Day Public Administration Medal (Bronze) and 2020 Public Sector Transformation Exemplary Leader Award in recognition of her contributions in pushing health and social care integration.



Speaker, Dr Wong Sweet Fun

Dr Wong shared the concept of the Share a Pot® programme which was first rolled out in January 2015. She showed how the Share a Pot® as a community-based volunteer-led frailty prevention programme weaved science into tradition. She advised that the concept was a simple one that leveraged on Asian cultural norms of communal eating and exercising. She noted that the programme was designed to be inclusive, to cherish the dignity of both the givers and the recipients.

Amid the COVID-19 pandemic, Dr Wong highlighted the requisite national safe distancing measures have isolated vulnerable members of the community, including the seniors. Share a Pot® has had to evolve its model to continue its reach to these seniors. Dr Wong will show the indomitable spirit of the programme and community volunteers to care in the face of emergent challenges.

President Louis invited VP Dr Chan Siew Luen to extend the vote of thanks to Dr Wong. VP Siew Luen advised that he met Dr Wong a year or more ago at the Wellness Kampung at Yishun and was impressed with the programme, and early this year found out more about Share A Pot. He added that the programme was presented as a potential Major Project for the year and would be discussed in the coming weeks. VP Siew Luen warmly thanked Dr Wong for her presentation.

Mark Your Diary

Birthday Celebrants

RC sends best wishes to Birthday celebrants:

PP Dr Winston Oh
Vijai Parwani
PP Mark Wang
Dr M C Tong
HM PP Patrick Chin
Arnaud Pallini
Subhash Pritmani
Bala Venkatesan
Leonard Ong
Nirmal Singh
See Mee Lee
Dr Tim Philippi

Anniversary

RC sends best wishes to Wedding Anniversary celebrants:

Madhu Naidu & Anu

Committee Meetings

All Service Committee Meetings will be held on Thursdays from 7.00 to 8.00pm

COMMUNITY SERVICE:
Thursday, 5 August 2021

VOCATIONAL SERVICE:
Thursday, 12 August 2021

INTERNATIONAL SERVICE:
Thursday, 19 August 2021

YOUTH SERVICE:
Thursday, 26 August 2021

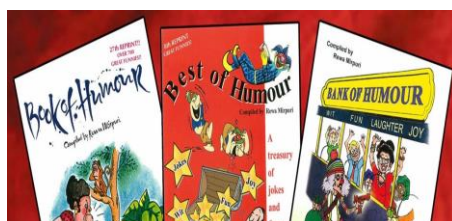
This Meeting

4 August 2021
From 7.00 to 8.30pm

Speaker: PDG Andre Suharto

Topic: Rotary's Action Plan

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President Louis & the Board
wish all Members
A Happy National Day

Next Meeting

11 August 2021
From 7.00 to 8.30pm

Speaker: PDG Chew Ghim Bok

Topic: Diversity, Equity, and Inclusion - From Statement to Commitment

Coming Rotary Events

August
Membership & New Club Development Month

8 Aug – District 3310 Vibrant Club Workshop (Part 1) from 4pm to 6pm

15 Aug – District 3310 Vibrant Club Workshop (Part 2) from 4pm to 6pm

September
Basic Education & Literacy Month

October
Economic & Community Development Month

November
Rotary Foundation Month

December
Disease Prevention & Treatment Month

The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



The Guide to Daily Living

Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

First: Have I spent some time in self-examination?

Second: Have I spent quality time with my family?

Third: Have I given my best to my work?

Fourth: Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

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