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Founded on June 6, 1930 | Proud of our Heritage, Committed to our Future Lifetime Achievement Award Winner for 'Best Bulletin in District 3310'

#### INTERACT LEADERSHIP TRAINING CAMP 23 – 25 JULY 2021















# **ILTC 2021-2022**

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What's ahead? Don't miss the forthcoming events and Birthday / Anniversary celebrants and more...

# In Focus

# The Interact Leadership Training Camp (ILTC) - 23<sup>rd</sup> to 25<sup>th</sup> July 2021

By: Youth Service Chair Rtn Mukundan A P



Rtn Mukundan A P

163 Interactors, Rotaractors and Rotarians from District 3310 participated in this year's ILTC for giving the best to youth with support of National Youth Council Singapore and our Club.

The Programme included the following

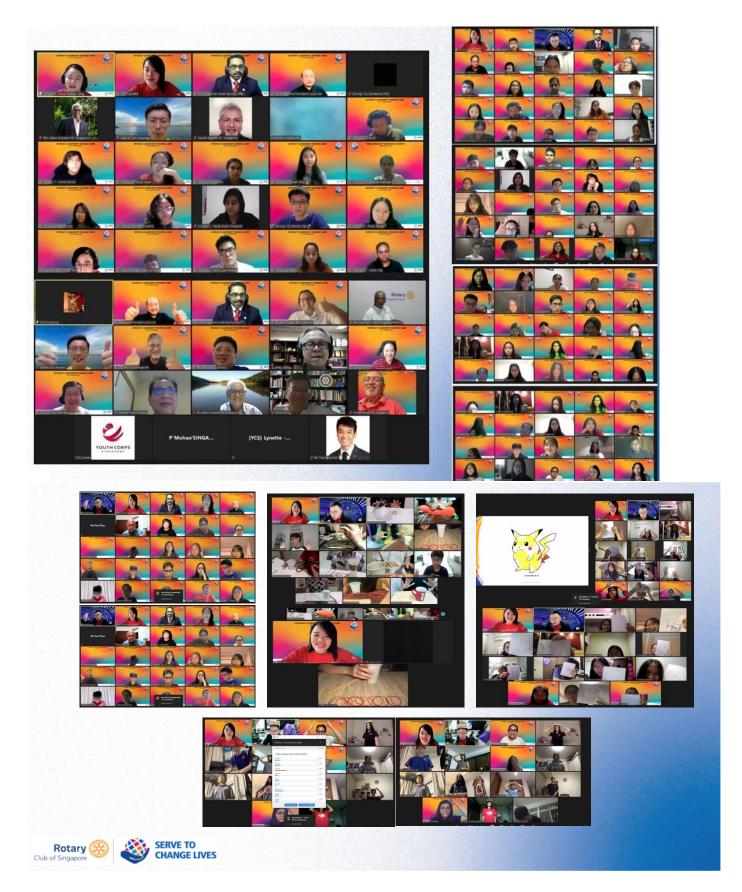
- Ice Breaking Sessions
- Group Dinner / Lunch
- Team Bonding
- Leadership Activities
- Volunteer Recruitment
- Case Study and Role Play
- Rotary Information and Group activities with Rotarians and Teacher Advisors
- ICC Elections won by Raffles Institution

We had active participation from every one and every Rotarian has enjoyed the break out session with our Interactors and Teacher Advisors.



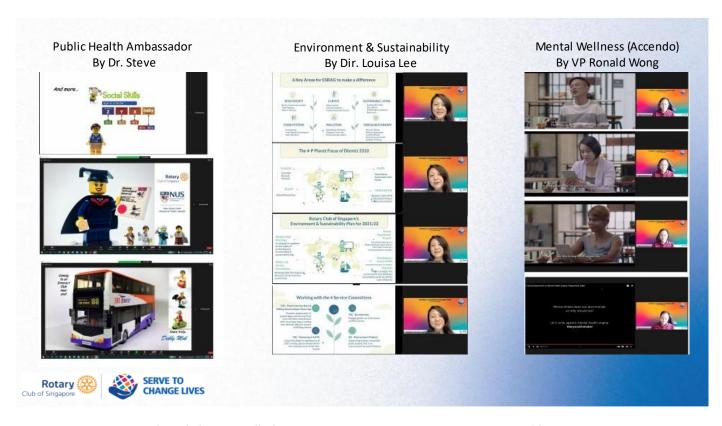
Keynote Speakers (clockwise from top left) – District Governor Dolly Yeap, President Louis Lim, District Rotaract Chair Rtn Anil Changaroth (RC Pandan Valley), District Interact Chair PE James Lee

## Screenshots from the ILTC...

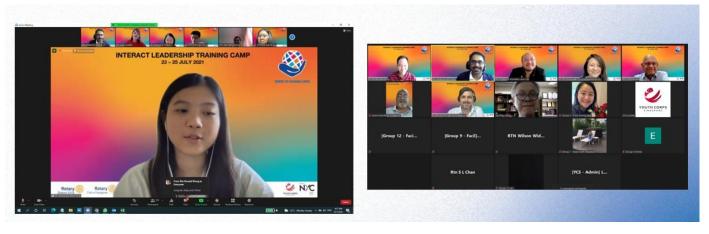


The many participants at ILTC

## Screenshots from the ILTC...



The enlightening talks by Dr Steven Ooi, Director Louisa Lee & VP Ronald Wong



A new Interact Coordinating Committee (ICC) was formed

The ILTC Facilitators

# **Meeting Report**

## 5<sup>th</sup> Club Meeting for Rotary Year 2021-2022 held on 4.8.2021

The 5th Meeting for the Rotary year was opened by Honorary Secretary Jessica Lim who invited Sergeant-at-Arms Rtn Vineet Iyengar to remind members of the meeting's housekeeping rules. He also informed members of the live transcript feature which would show subtitles of a text translation of the proceedings.

Rtn Vineet invited President Louis Lim to continue with the rest of the Meeting.

#### **TOAST**

President Louis noted that the Toastmaster Rtn Brigitte Holtschneider has been in the Club for a long time and has done a great deal particularly in the last 12 months.

Rtn Brigitte proposed a toast to the great institution of Rotary International coupled with the toast to the Rotary Club of Omale Golden in Nigeria.



Rtn Brigitte Holtschneider

President Louis noted that members were going to be sad at her leaving but noted that it would not be for long and would welcome her back again. Rtn Brigitte added that she would be back in Singapore in February next year.

#### MAJOR PROJECT PROPOSAL

President Louis called on Major Project Chair, Vice President Dr Chan Siew Luen, who noted that Dr Wong Sweet Fun had spoken on the Share A Pot® programme at last week's meeting and, he had presented it as well at the first Club Assembly. He advised that the Board proposed Share A Pot® programme as the Club's Major Project for this Rotary year.

VP Siew Luen shared the salient points of the programme –to reduce the impact of



VP Dr Chan Siew Luen

COVID-19 on the physical, mental and social frailty of vulnerable people, especially the elderly who live by themselves. The programme would be home based with volunteers bringing the soup to the elderly in their homes and exercising and bonding with them. VP Siew Luen noted that there might be restrictions in managing the pandemic and explained the key enables such as a digital registration system, volunteer training, as well as containers and basic exercise equipment.

VP Siew Luen highlighted the ways in which the Club could partner and support the 40 Share A Pot® sites to be pandemic ready. He gave a summary of the costs involved to pandemic-proof the 32 existing sites; the start up of 8 new Share A Pot® sites over 2 years; volunteer training and appreciation expenses as well as pop-up spaces (pushcart or mobile setup) costs amounting to \$108,500.

President Louis advised that the proposed Major Project details would be circulated to members for their information and consideration. He added that the Board would like members to endorse the Major Project wholeheartedly. He noted that the project was not a one-year project but a long-term project to leave a legacy for the community. President Louis hoped that members would endorse the project next week to launch it and start on fund-raising to achieve the target hopefully by Christmas or Chinese New Year.

## 5<sup>th</sup> Club Meeting for Rotary Year 2021-2022 held on 4.8.2021

#### **KYFR** KNOW YOUR FELLOW ROTARIAN



President Louis invited PP Jimmy Ooi who was instrumental in helping him when he was a Rotaractor. PP Jimmy firstly introduced his family – wife Jane, his little one Avryl and eldest daughter Sabrina, a former RJC Interactor, and currently sets up a good mental health programme in Asia.



PP Jimmy Ooi

recalled hearing Rtn Paul Phua at an Interact Conference in Penang. He became a Rotaractor in 1978 and Charter President of Rotaract Club at NTU in 1986. Subsequently in 1996, he was proposed as a Club member by PP Philip Leong. He has been a Board member in various capacities and served as President in RY 2012-13. He has assisted in chartering the Rotary Community Corps at the Kaki Bukit Centre (a prison school) as well as Interact Clubs at Tanjong Katong Girls School, Global Indian International School and Bukit Gombak Eagles. He is currently working on the chartering of the Rotary Intercountry Committees ASEAN to bring over 1,500 clubs under one Rotary voice. He was involved in the Rotary District as well and currently Vocational

PP Jimmy shared his Rotary journey when he joined an Interact Club in Malaysia in 1976. He

Training Team Chair and Director of the Foundation of Rotary Clubs of Singapore. He is also NATAS Chairman for Manpower & Training. He also spoke about his vocation in the travel industry and turning his vocation into service particularly in the disaster-stricken countries. PP Jimmy added that his hobby was building Rotary friendships and recalled wonderful memories. He wished all fellow Rotarians and their families to keep safe, happy and well always!

# GUEST SPEAKER: PDG ANDRE SUHARTO TOPIC: ROTARY'S ACTION PLAN

President Louis noted that it was a privilege to have PDG Andre speak to the Club. He invited PP Paliath "Mohan" Mohandas to introduce PDG Andre who is currently the IA Training Leader and Rotary Public Image Coordinator 2020-22 (Zones 10B & 10C).

PDG Andre described how the Action Plan came about with a survey conducted by RI in 2015 which saw 1 million respondents from 15 countries. He advised that one of the

questions asked was what would motivate the joining of a service organisation.



Speaker PDG Andre Suharto

He added that the results were categorized into four sections – Purpose (opportunity for community service), Causes that are important, Established Reputation (with a strong heritage) and Programmes that made a difference locally). He gave some statistics based on the survey results which resulted in a Rotary Vision Statement "Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."

He highlighted the four Strategic Priorities to increase our impact; expand our reach; enhance participant engagement and increase our ability to adapt as well as fourteen objectives, including the timeline. PDG Andre noted that Rotarians want to invest in relationships to build social capital. He noted the need to create new channels to increase the branding of Rotary and gave examples of such channels and opportunities. He noted the need to listen to members' expectations and needs. He added the Rotary Learning Center as a resource for Rotarians and non-Rotarians. He noted the need to adapt by making incremental changes over the years, such as virtual meetings and trainings.

President Louis called on PP Perlita Tiro who took great pleasure to give the vote of thanks the Best Class DG Andre for RY 2014-15 during her term as President and who was a great mentor to her. She noted that PDG Andre gave a comprehensive insight of where Rotary came from and where it is going to be in the next few years. She added that the Club has done a great deal to be on track especially with our District Rotary Foundation Chair, PP Dr Shahul Hameed who helped the Club undertake very impactful projects for the community. Once again, PP Perlita thanked PDG Andre for a greater awakening to be more vibrant and relevant to Rotary's vision.

# **Meeting Report**

## 6<sup>th</sup> Club Meeting for Rotary Year 2021-2022 held on 11.8.2021



Rtn Jessica Lim

Honorary Secretary Jessica Lim welcomed members to the meeting and handed the Chair to President Louis Lim.

President Louis advised a change in the meeting format adding that the housekeeping rules would be displayed at the start of the meeting instead of announced.



President Louis Lim

He thanked PP Dr Yap Lip Kee for the use of his office and assured members that safe distancing guidelines were followed.

#### MAJOR PROJECT 2021/2022 ENDORSEMENT

President Louis called on Vice President Dr Chan Siew Luen, who reminded members of the proposal presented last week for the Share A Pot® programme as the Club's Major Project for Rotary year 2021/2022. The programme would be a series of 3 years to reduce the impact of COVID-19 on the physical, mental and social frailty of vulnerable people, and ensuring the continuity of contact and care throughout pandemic situations. VP Siew Luen advised that the Share A Pot® programme won two international awards. He added that Dr Wong Sweet Fun and her colleagues were present and would take the opportunity to answer any questions on the programme. There were no questions posed by members.

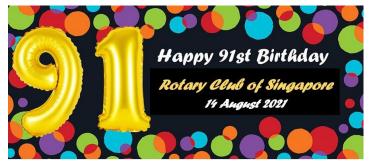
Members were asked if there were any objections to having the programme as the Club's Major Project for the year. There were no objections, and the programme was taken as endorsed by members for the Major Project. President Louis thanked members for their support and that the work plan for the programme would be advised soon.

#### **TOAST**

President Louis called on new member, Rtn John Forster who invited members to join him in toast to Rotary Club of Cancun, Mexico coupled with the toast to Rotary International.



Rtn John Forster



#### **BIRTHDAY GREETINGS!**

As part of the Birthday greetings, President Louis also wished a Happy 91st Birthday to the Club which was chartered on 14 August 1930.

# **Meeting Report**

#### HEARTIEST CONGRATULATIONS HM PDG DR IVOR!

On behalf of the Club, President Louis extended heartiest congratulations to Honorary Member (HM) PDG Dr Ivor Thevathasan who was conferred "Pingat Bakti Masyarakat" (Public Service Medal) by the President, Republic of Singapore, in conjunction with our nation's 56th National Day Celebrations!

HM Ivor is a Member, Board of Visiting Justices and Board of Inspection, Ministry of Home Affairs. This award carries a post-nominal title of PBM.



HM PDG Dr Ivor Thevathasan

#### **GUEST SPEAKER: PDG CHEW GHIM BOK** TOPIC: DIVERSITY, EQUITY AND INCLUSION (DEI): FROM STATEMENT TO COMMITMENT

To introduce PDG Ghim Bok, President Louis invited PP Dr Shahul Hameed to do so. PP Dr Shahul noted that over the years, PDG Ghim Bok had served in numerous club, district and zonal appointments. He is currently the Vice Chairman of Foundation of Rotary Clubs of Singapore. He has been appointed Rotary Coordinator of Rotary International Zone 10, Region 12 as well as Rotary International Grow Rotary Task Force Chair for Brunei, Malaysia and Singapore from 2021-2024.

To start his presentation, PDG Ghim Bok cited Rotary's DEI Statement noting that a

top priority for Rotary was growing and diversifying membership to make sure that it reflected the communities served and to be inclusive of all cultures, experiences and identities. He noted the desire to create not only a diverse Rotary population but to include marginalised groups in everything that Rotary does.



Speaker, PDG Chew Ghim Bok

He shared some statistical information on women membership in Rotary leadership with the goal for 30% increment by June 2023. PDG Ghim Bok advised that RI President Jennifer Jones term would see 47% women RI Directors for Rotary year. However, in the region the percentage of women members was about 24% although 85% of Rotary clubs welcome women.

PDG Ghim Bok highlighted salient aspects of the DEI Statement as well as the Code of Conduct for all club members and participants of Rotary programmes to comply for a healthy environment in which all are respected and valued. (A copy of PDG Ghim Bok's presentation is available from the Secretariat.)

President Louis called on PP Stan Low who stated that it gave him great pleasure to extend the vote of thanks to a wonderful speaker, adding that PDG Ghim Bok has shared in detail his thoughts on Diversity, Equity and Inclusion from Statement to Commitment. He noted that PDG Ghim Bok not just talks, he walks the talk!

#### INAUGURAL GLOBAL 30-DAY PLANT RICH DIET CHALLENGE

Before closing the meeting, President Louis invited Rtn Ambaree Majumde from the Rotary Club of Marina City who is the Environmental Committee Chair Regional to advise members of the coming 30-Day Challenge to go on a plant-rich diet for the good of the planet, starting on 1st October. She hoped that the Challenge would inspire people to adopt a plant-rich diet to reduce the carbon footprint; promote global environmental sustainability and improve human health. More details of the Challenge will be circulated.



Rtn Ambaree Majumde (RC Marina City)

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# Mark Your Diary

#### **Birthday Celebrants**

RC sends best wishes to Birthday celebrants:

Keizo Fujitake
HM PDG Dr Ivor Thevathasan
Bertrand De Mil
Andy Mankiewicz, OBE
PDG Dr Philbert Chin
Madhu Banerjee
HM Mohan Vaswani
Dr Claus Dusemund
PP Perlita Tiro
Anindya Dutta
HM PP Chiang Shih Fang

#### **Anniversary**

RC sends best wishes to Wedding Anniversary celebrants:

Jens & Gabrielle Ruebbert
Tina Tang & Zhang Ming
HM Mohan & Kawita Vaswani
Tom & Yvonne Wolf
Roland & Jun Jossi
Moshood & Norhayu Olaniyan

# Committee Meetings

All Service Committee Meetings will be held on Thursdays from 7.00 to 8.00pm

COMMUNITY SERVICE: Thursday, 5 August 2021

VOCATIONAL SERVICE: Thursday, 12 August 2021

INTERNATIONAL SERVICE: Thursday, 19 August 2021

YOUTH SERVICE: Thursday, 26 August 2021

#### **This Meeting**

18 August 2021 From 7.00 to 8.30pm

Speakers: Ms Ang Boon Min (CEO) & Ms Tan Bee Joo (Group Lead, Family Services) Singapore Children's Society

**Topic:** Championing the Needs of Children, Youth and Families in Singapore

# Next Meeting

25 August 2021 From 7.00 to 8.30pm

Speaker: Mr Ling Ting Ming, Founder & CEO, ActiV Technology Group & OTSAW Digital Inc.

Topic: Humanity & Al

# Coming Rotary Events

#### **August**

Membership & New Club Development Month

21 Aug – Bukit Gombak Eagles Interact Club & Rotaract Club of Bukit Gombak Joint Installation from 10am to 12pm

#### September

**Basic Education & Literacy Month** 

#### October

Economic & Community Development Month

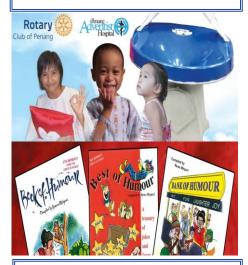
#### November

**Rotary Foundation Month** 

#### December

Disease Prevention & Treatment Month

### **BOOK OF HUMOUR**



A full set of 3 editions – Book of Humour, Best of Humour & Bank of Humour, come in a beutifully designed box housing this set for only \$25.00

Please order a few sets of books for the Gift of Life Project, and place your orders with: ISC Chair Rtn Varun Gulati varun.rotary@gmail.com

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## **T**he Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



## **T**he Guide to Daily Living

Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

First: Have I spent some time in self-examination? Second: Have I spent quality time with my family?

Third: Have I given my best to my work?

Fourth: Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

### **BOARD OF DIRECTORS 2021/2022**

President

Immediate Past President

President Elect

Vice President

Vice President

Hon. Secretary (Administration)

Hon. Treasurer (Finance)

Directors

Chair, Community Service

Chair, Vocational Service

Chair, International Service

Chair, New Generations Service

Chair, Public Image & PR

Chair, Membership

Chair, The Rotary Foundation

Chair, Fellowship

Chair, Digital Technology

Chair, Environment & Sustainability

Louis Lim

Dinesh Sharma

James Lee

Dr Chan Siew Luen

Ronald Wong

Jessica Lim

Narasimhan Narayanan

Peter Brock

Sonali Sinha

Varun Gulati

Mukundan A P

Ranganathan Somanathan

Subhash Pritmani

Chong Zhi Cheng

Francesco De Liva

Colin Miles

Louisa Lee





