





November 9, 2021 | Volume 58 Issue No. 9

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In Focus

Letter of collaboration with Yishun Health

Extract from Khoo Teck Puat Hospital's Facebook

Earlier this afternoon (27 October 2021), Yishun Health signed a letter of collaboration with the Rotary Club of Singapore (RCS), who has pledged to finance Share a Pot@Home as their flagship initiative under their "building Capacity for the New Normal" programme.

Share a Pot supports communities in taking the lead to combat frailty that comes with old-age, through feel-good activities such as drinking hearty protein-rich soups and exercising together. Given the challenges of living with COVID-19, Share a Pot@Home aims to pivot these efforts, through virtual exercise sessions and soup deliveries; at least until we can resume larger physical gatherings again!

"I would like to thank RCS for generously throwing their support behind our Share a Pot communities," says Prof Chua Hong Choon, CEO of Yishun Health. "Their donation will go a long way in resourcing the community to make their ideas and their vision of community resilience a reality."

"This is a shining example of how institutions and the community can embrace a whole-of-society approach towards achieving community goals!"

For more information on Share a Pot, you can visit https://www.shareapot.sg



Prof Chua Hong Choon (seated left) & President Louis Lim signing the letter of collaboration, whilst Dr Wong Sweet Fun (standing left) and VP Dr Chan Siew Luen (right) witnessed the event

17th Club Meeting for Rotary Year 2021-2022 held on 27.10.2021

OPENING REMARKS

Honorary Secretary Jessica Lim called the meeting to order and invited Sergeant-at-Arms Dr Claus Dusemund to remind members of the meeting etiquette and rules, before President Louis Lim proceeded with the meeting.

TOAST

President Louis called upon our Ambassador member in Hong Kong, Rtn Roland Jossi who noted that there was no overseas Rotarians at the meeting. He called on members to join him in a toast to Rotary International.



Rtn Roland Jossi

HAPPY DEEPAVALAI 2021

President Louis advised that in celebration of Deepavali on 4th November, the Club would be organizing a special programme for the weekly meeting of Wednesday, 3rd November. He called on members to participate in an evening of fellowship and community support and giving. He invited members to buy a meal at \$25.00 each for themselves and family members and match it with an equivalent amount to gift a meal to the elderly at the Sree Narayana Mission Senior Care Centre.

FIRESIDE CHAT WITH GUEST SPEAKER: MR LAM CHEE WENG

TOPIC: ROTARY CLUB AND SINGAPORE POOLS: A COMMON MISSION AND BELIEF Moderator Rtn Uttam Kripalani, in his opening remarks noted that in this region, there was a love of gambling and if not for the likes of Singapore Pools, we would see the unsavoury nature of gambling!

Rtn Uttam advised that Mr Lam serves as the Chief Executive Officer for Singapore Pools, a non-profit state-owned lottery, horse wagering and sports betting subsidiary of the Totalisator Board, a statutory board under the Ministry of Finance since 1 April 2019. He added that Mr Lam looks young but has over 30 years of experience and a host of qualifications working in SGX-Listed Companies and multinational companies with coverage across Asia Pacific. Notably he served as the Group CFO for Eu Yan Sang International Limited, a company previously listed on the mainboard of the Singapore Exchange. An auditor by training, he started his finance



Guest Speaker, Mr Lam Chee Weng

career with KPMG in 1992 and holds professional qualifications with ISCA, ACCA, CPA Australia, CA Malaysia and the CFA Institute USA. In addition, he has an MBA from RMIT University, Australia and has completed the Advance Management Program with Insead.

Mr. Lam also serves as an EXCO member of the Asia Pacific Lottery Association, as a member of the World Lottery Association Sports Integrity Sub-Committee, as Co-Chair for the Responsible Gaming Forum and is a Director in iShine Cloud Limited.

17th Club Meeting for Rotary Year 2021-2022 held on 27.10.2021

FIRESIDE CHAT WITH GUEST SPEAKER: MR LAM CHEE WENG... contd

Before inviting Mr Lam to start his talk, Rtn Uttam noted his interesting topic title and reminded members of their opportunity to raise questions after Mr Lam's talk.

Mr Lam acknowledged the presence of Hon Member Past President (PP) Koh Choon Hui whom he added was Chairman of Singapore Pools for the past 8 years and served on the Board of Tote Board.

Mr Lam gave a summary of the formation of Singapore Pools which was established in 1968 by the government to curb illegal gambling in Singapore by providing people with a legal avenue to bet on lotteries and to address the problems of illegal gambling. He advised that Singapore Pools is fully owned by the Tote Board under the Ministry of Finance, and the various betting products and services are regulated by the Ministry of Home Affairs and the Ministry of Social and Family Development. He further cited Singapore Pools' relationship with accredited global lottery and tote associations. He explained that Singapore Pools role was to provide safer and trusted avenue for "a flutter" and introduced their products and channels.

Mr Lam gave a comprehensive breakdown of where every dollar spent with Singapore Pools goes. He highlighted the organisation's role in incorporating safer gaming in all channels and projects as well as channelling funds towards national and social causes. To conclude his presentation, Mr Lam spoke about the various "Ishine" programmes, a charity set up by Singapore Pools due to the leadership of Hon. Member PP Koh Choon Hui. He advised that Ishine cloud alone has assisted about 40 charities to bridge the technology gap and briefed members on the other Ishine programmes.

Following his presentation, Mr Lam gamely answered the multiple questions posed to him by members. On behalf of the Club, moderator Rtn Uttam warmly thanked Mr Lam for very sportingly answering all the questions. He highlighted the Club's Major Project "Share A Pot" for the year and felt sure that Chair, VP Dr Chan Siew Luen would call upon Mr Lam for assistance with this project for the elderly.

END POLIO NOW (EPN) DRIVE

President Louis called on Rtn Roland Jossi who reminded members of the End Polio Now (EPN) programme. He advised that the Club has 100 bomber jackets for sale, and he called on members to donate. He further appealed to members to join the Club's EPN Jolly Walkers to help end polio and even if unable to join in the walks to perhaps sponsor the walkers.

TEACHER ADVISOR TRAINING

President Louis invited Youth Service (YSC) Chair Rtn Mukundan A P to address members. Rtn Mukund requested members to participate in the next Teacher Advisor training and fellowship to be held on 25th November. He hoped that all members would attend, particularly new members to learn what YSC is all about.

18th Club Meeting for Rotary Year 2021-2022 held on 3.11.2021

OPENING REMARKS

Honorary Secretary Jessica Lim welcomed members to the 18th Club meeting and called on Rtn Dr Claus Dusemund to share the house-keeping meeting rules. Prior to handing the Chair to President Louis Lim, Rtn Claus warmly wished everyone a "Happy Diwali"!

TOAST

To raise a toast to Rotary International, President Louis called upon Membership Chair, Rtn Subhash Pritmani who was back in Singapore and completed his quarantine. Rtn Subhash was pleased to be back on this happy occasion and called on members to join him in the toast to Rotary International.



Rtn Subhash Pritmani

GUEST SPEAKER: MS PRISCILLA GAN TOPIC: BE THE CHANGE YOU WANT TO SEE

President Louis invited Environment & Sustainability Chair, Rtn Louisa Lee to introduce the Speaker Ms Priscilla Gan who is the Director, Volunteer Resource Optimisation of National Council of Social Service (NCSS). Ms Gan joined NCSS in 2017 as Director of Relations and Engagement, Community Chest and President's Challenge after having spent 17 years in the banking industry. In 2020, as part of Priscilla's career development, she moved on within NCSS to her current position to build the capabilities and expand the capacity of SSAs on volunteer management as part of SG Cares ecosystem.

Before starting on her presentation, Ms Gan advised that she was familiar with Rotary since two of her family members were Rotarians.



Guest Speaker, Ms Priscilla Gan

Ms Gan spoke briefly of her journey from the private sector to the public sector with NCSS and her volunteering experiences. She highlighted the five key volunteering areas:

- Children with Special Needs and Youths-At-Risk
- Adults with Disabilities
- Families in Need of Assistance
- Seniors in Need of Support
- Persons with Mental Health Conditions

Ms Gan not only shared the broad trends of volunteering landscape in Singapore, she also spoke on the types of volunteerism from event-based, service-based, and skills-based forms of volunteering. She further shared on where to find volunteering opportunities.

18th Club Meeting for Rotary Year 2021-2022 held on 3.11.2021

GUEST SPEAKER: MS PRISCILLA GAN... contd

Ms Gan spoke of the SG Cares' national movement to support everyone in their efforts in building a more caring and inclusive home for all, through everyday acts of consideration and care, active volunteerism and organisizing ground-up efforts. She related the success of one such ground-up effort "Relay Majulah" which began with 200 runners ended raising S\$1.6 million for the President's Challenge. At the end of her presentation, Ms Gan graciously answered questions from the floor.

To extend the Club's vote of thanks to Ms Gan, President Louis called on PP Perlita Tiro who thanked Ms Gan for the wonderful job of presenting what Rotary can still do for the community. She added that whilst the Club was 90 years old and founded many other organisations such as the Society for the Aged Sick, SATA and SANA to name a few, there was still a lot more to be done!

VALID CHALLENGE FOR DGN 2024-25

President Louis announced that PP Dr Yap Lip Kee's challenge for the position of District Governor Nominee 2024-2025 was accepted by the District, and he thanked PP Lip Kee for his tireless efforts. He noted that no campaigning for this challenge was allowed and that it was now left to the Rotary Clubs in the District to put in their votes.



PP Dr Yap Lip Kee

SIGNIFICANCE OF DIWALI



The delicious meals delivered to members' homes

Whilst members tucked into a sumptuous meal, the equivalent cost of which was donated towards meals for the elderly residents of the Sree Narayanan Mission Senior Care Centre, Rtn Uttam Kripalani shared with members the significance of Diwali / Deepavali.

Rtn Uttam's informative presentation showcased the many items usually associated with the Diwali celebrations such as the colourful rangoli placed outside homes and the array of delectable sweets available during the festival of lights.



Rtn Uttam Kripalani

Rtn Uttam advised that Diwali was actually a five-day celebration, starting with Day 1 – Dhanteras; Day 2 – Narak Chaturdasi; Day 3 – Lakshmi Puja; Day 4 – Padwa and Day 5 – Bhai Dooj and explained the significance of each day. He spoke of the culture and customs followed during the auspicious celebrations. Rtn Uttam added that he was regularly asked about the significance of peacocks and elephants which were

regularly featured in greeting cards and decorations.

Following Rtn Uttam's talk, members were invited by Fellowship Chair Rtn Francesco De Liva to join in the lively Bollywood-style dances!

President Louis closed the meeting with good wishes to members for a "Happy Diwali"!

Mark Your Diary

Birthday Celebrants

RC sends best wishes to Birthday celebrants:

Vinit Sarangdhar Suhaimi Zainul-Abidin Deepti Sharma Shamin Vaswani Robyn Schlesinger

Anniversary

RC sends best wishes to Wedding Anniversary celebrants:

Jean-Philippe & Valerie Lionnet Sudhir & Monika Tiku Shankar & Padmaja Tolety Chong Zhi Cheng & Lulu Keizo & Mayumi Fujitake Vinit & Tejali Sarangdhar Annsh & Vandana Annshoole Manish & Nandita Tibrewal Dr Claus Dusemund & Shuying HM PDG Dr Ivor & Maureen Theyathasan

Committee Meetings

All Service Committee Meetings will be held on Thursdays from 7.00 to 8.00pm

VOCATIONAL SERVICE: Thursday, 11 November 2021

INTERNATIONAL SERVICE: Thursday, 18 November 2021

YOUTH SERVICE: Thursday, 25 November 2021

This Meeting

10 November 2021 From 7.00 to 8.30pm

Speaker: Ms Lama Majaj, Clinical Director of Extraordinary People

Topic: Be Connecting To Your Heart's Intelligence: Managing Mental Health Through The Pandemic

BOOK OF HUMOUR





A full set of 3 editions – Book of Humour, Best of Humour & Bank of Humour, come in a beautifully designed box housing this set for only \$25.00

Please order a few sets of books for the Gift of Life Project, and place your orders with: ISC Chair Rtn Varun Gulati varun.rotary@gmail.com

Next Meeting

17 November 2021 From 7.00 to 8.30pm

Speaker: Prof Teo Yik Ying, Dean of Saw Swee Hock School of Public Health, NUS

Topic: The Ethics of a Vaccine

Passport

Coming Rotary Events

November

Rotary Foundation Month

25 Nov – Teacher Advisor Training & Fellowship from 18.45 to 19.45 hrs

<u>December</u>

Disease Prevention & Treatment Month

January

Vocational Service Month

<u>February</u>

Peace & Conflict Prevention / Resolution Month

March

Water & Sanitation Month

<u>April</u>

Maternal & Child Health Month

May

Youth Serviced Month

June

Rotary Fellowships Month

The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



The Guide to Daily Living

Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

First: Have I spent some time in self-examination?

Second: Have I spent quality time with my family?

Third: Have I given my best to my work?

Fourth: Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

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