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Mini Relay for Life

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Mini Relay for Life Report

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25th Weekly Meeting –
17.1.24

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the forthcoming events and
Birthday / Anniversary
celebrants and more...

In Focus

Mini Relay for Life Report

By: Rotarian Advisor Rtn Chng Weilong

On January 13, 2024, Raffles Institution (RI) Interact Club collaborated with Singapore Cancer Society and Bishan Youth Network to host a Mini Relay for Life event at Bishan Community Club. The aim was to increase cancer awareness in the Bishan Community. RI's annual Mini Relay for Life expanded its reach this year to involve the wider Bishan community, with Tanjong Katong Girls School (TKGS) Interact Club also actively participating with a booth to raise awareness of different cancer types.

The event featured impactful elements such as videos showcasing cancer survivor stories, live Q&A sessions with survivors, and performances by RI's music clubs. Mr. Chee Hong Tat, Acting Minister for Transport and Advisor to Bishan-Toa Payoh Grassroots Organisations, served as the Guest of Honour, sharing his personal connection to cancer through his mother's survival and emphasizing a message of hope and positivity. This sentiment was echoed by cancer survivor Mr. Wee during the Q&A segment.

RI Rotarian Advisors Rtn Dr Hoh Sek Tien, Rtn Ronald Wong, and Rtn Chng Weilong contributed to the event by jointly sponsoring the live food stations.



From left: Rtn Chng Weilong, RI Interact Club Teacher Advisor Sharon, cancer survivor and Singapore Cancer Society volunteer Ms Teng and Rtn Dr Hoh Sek Tien

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In Focus

Mini Relay for Life... *contd.*

Photo Album of the Mini Relay for Life event...



Mr. Chee Hong Tat, Acting Minister for Transport and Advisor to Bishan-Toa Payoh Grassroots Organisations at the event



Good response for the event

In the Press

Happy to share that the Christmas celebration with Canossian School and Children Cancer Foundation was covered in Tamil Murasu...

Home சிங்கப்பூர் சிறார்கள்க்கு கிறிஸ்துமஸ் விருந்தளித்த சிங்கப்பூர் ரோட்டரி சங்கம்

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ரோட்டரி சங்க நிர்வாகிகளுடன் கனோஸியன் பள்ளி மாணவர்கள் மற்றும் பள்ளி முதல்வர் கிறிஸ்துமஸ். படம்: ரோட்டரி சங்கம்

லாவண்யா வீரராக6

23 Dec 2023 17:20 | மாற்றம் செய்யப்பட்ட நாள் / நேரம்: 24 Dec 2023 18:25 | 3 mins read

The Rotary Club of Singapore organized a Christmas and New Year's Eve dinner with entertainment for the Children Cancer Foundation and Canossian School children.

In this event which took place on December 13th at Tanglin Club, five children from Children Cancer Foundation, their families, five children from Canossian School and teachers participated along with Rotary members.

Face painting, canvas painting, skill phone game competition and carol music were conducted in this event, which was attended by children aged between 6 and 19 years.

Ilayarkar, who was involved in community service through the Rotary Club of Singapore, spent time with the children and Santa Claus appeared and gave gifts, much to the delight of the children. A feast consisting of sweets, cakes, candies and various types of food was served.

Speaking about this, Sonali Sinha, 51, who joined the Rotary Club, said, "We are proud to organize such events for children and families who need socio-psychological support."

Canossian School Principal Christina Michael said, "The hearing-impaired children who attend our school should grow up and live together with all kinds of people in society. I see this event as a training for that," she said.

Rajamokan Shivani, a 16-year-old youth who is engaged in social work through the Rotary Club, said, "It is a new experience to see people from all walks of life and their lives, difficulties and pleasures in person."

Mr. Uttam Kripalani, 80, a senior member of the Rotary Club, said, "Some sections of the society are facing problems. It is important to give them the feeling that we are there to support them," he said.

"I have participated in various social events organized by the Rotary Club. This time as a teacher, it is an added pleasure to conduct a program for children," said Raffles School teacher and Rotary member Jasbir Koh.

- Translated by Google

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Meeting Report

25th Weekly Meeting for Rotary Year 2023-20234 held on 17.1.2024.

Opening Remarks

President Dr Chan Siew Luen apologized for the delay in starting the meeting due to a power outage. He proceeded with a welcome to District Governor Elect Dr Yap Lip Kee and his spouse, Rachael, together with Honorary Member (HM) Uttam Kripalani.

In Memory



Mrs Kitty Aeria

President Dr Chan Siew Luen called on members to be upstanding and join him in observing a minute of silence to honour the Club's long serving Executive Secretary Mrs Kitty Aeria who passed away on 26 December 2023. Mrs Aeria joined the Club during the term of the late Dr Arthur Thevathasan (the father of our HM PDG Dr Ivor Thevathasan), and retired during the term of PP Safdar Husain, having served the Club for 40 years. She passed away peacefully in her home in Melbourne.

Welcome of Guests

President Siew Luen invited Rtn Pauline Teo who performed the welcome of Guests of members and Visiting Rotarians as follows:

Guests:

Family Members of Rotarians:

First Lady Patricia Wang, Mrs Rachael Yap, Mrs Mely Hew, Mr Jeremy Hew

Mr Eric Kerr, partner of Rtn Sarah-Tabea Sammel

Speakers - Mr Charlie Lim, Ms Rachna Sampayo and Ms Geraldine Tay

Ms Jerene Ng & Dr Jason Tan (guests of Mr Charlie Lim)

Mrs Du Yu Seward

Mr Hua (guest of Rtn Paul Seward)

Ms Shari SR and spouse, Sam

Ms Linda Lin, Major Francis Ng, Mr VJ Africa, Mr Thangaraj Muthu, Mr Manish Agarwal & Mr Rajpal Singh Sethi

Visiting Rotarians:

Rtn Khayanga J. Wasike – Rotary Club (RC) Eldoret Kenya

Rtn Peter Clements – RC Melbourne

Rtn Paul Seward - RC Kenilworth

Rtn Manfred Wolff – RC Friedrichshafen

Toast

Toastmaster Rtn Willi Hess invited founding President Khayanga Wasike from the Rotary Club of Eldoret Kenya to address members, followed by a toast to the Eldoret club coupled with the toast To Rotary International.



Rtn Willi Hess (right) with Rtn Khayanga Wasike



Rtn Pauline Teo

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Meeting Report

25th Weekly Meeting for Rotary Year 2023-20234 held on 17.1.2024.

President's Announcements

- Reminder - World Understanding and Peace Day (WUPD) Dinner will be held on 23 February at Goodwood Park Hotel. Guest of Honour is Dr Janil Puthuchery, Senior Minister of State, Ministry of Communications and Information & Ministry of Health. The Club meeting of 21 February will be cancelled in lieu of the WUPD dinner meeting. Tickets cost \$140 per person, however members would only pay \$80, as \$60 would be from the weekly meeting cost.
- Food from the Heart project will be held on 20 January from 9.30 to 11.30am at Blk 9/Blk 4, North Bridge Road, S190008. President Siew Luen advised particularly to prospective members that participation in this project is a requirement and to reach out to PN Sonali Sinha.
- Club's Chinese New Year celebrations on Wednesday, 7 February from 7.00pm onwards at the Churchill Room, Tanglin Club. Highlights include a talk by Fengshui Master, Mr Samuel Lim on "The Chinese Zodiac Fengshui for 2024", Lion Dance and Face Changing performances, Calligraphy, tossing of Yu Sheng and Moutai wine. Members are requested to register early.
- Members were reminded to donate towards the Club's Major Project for the equine-assisted learning programme for the Chen Su Lan Methodist Children's Home. Donations are most welcome.

Induction of New Member

President Siew Luen inducted the following member to the Club:

Grace Margaret Letitia Roache

Place of Work: Rise Global Talent Pte Ltd

Position: Co-founder & Principal Consultant

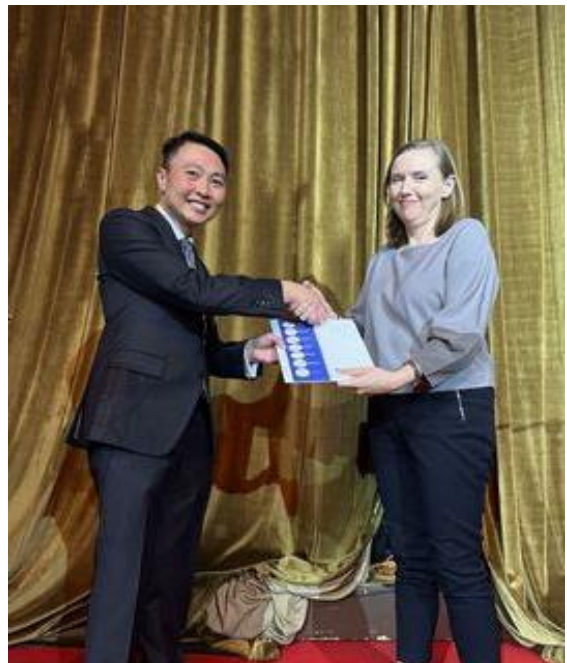
Classification: HR Consulting: Talent Development

Proposer: Rtn Sean Leas

Mentor: IPP James Lee

Recommended Committee: Vocational Service

Joined Rotary: 17 January 2024



President Siew Luen presents to newly inducted Rtn Grace Roache with her membership kit

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Meeting Report

25th Weekly Meeting for Rotary Year 2023-20234 held on 17.1.2024.

Guest Speaker Series

Speaker: Mr Charlie Lim, Artisan Award Winner

Topic: “Paintography”

**Speakers: Ms Rachna Sampayo & Ms Geraldine Tay
(experienced HR Practitioners)**

Topic: “Unconscious Bias – understanding its impact on decision making - Part 1”

Rtn Dr Denis Hew introduced the Speaker, Mr Charlie Lim, one of two winners of the Club’s Artisan of the Year Award for Rotary year (RY) 2022/23. Mr Lim spoke briefly of his unique art form which he perfected over seven years ago called “paintography”; a combination of his oil painting skills and photography knowledge. Mr Lim showed a video of his artistic works followed by a demonstration of paintography. Three fortunate members were picked to be Mr Lim’s models for the evening – HM Uttam Kripalani, DGE Dr Yap Lip Kee and wife, Rachael. And, by special request made by Mr Lim himself, he crafted a lovely paintograph of visiting Rtn Khayanga Wasike. On behalf of the Club, Rtn Jacqueline Koh extended a vote of thanks to speaker, Mr Charlie Lim.



From left: President Siew Luen presented the Club’s memento to Mr Charlie Lim, while IPP James Lee presented the Artisan of the Year Award (2022/23) Trophy

Mr Lim demonstrating paintography with his model, HM Uttam Kripalani

Next, Vocational Service Director Rtn Vineet Iyengar briefly introduced his colleagues, Ms Rachna Sampayo and Ms Geraldine Tay who are experienced HR Practitioners with 45 years of experience between them.

Ms Rachna started first by presenting the complex concept of unconscious bias adding that all human beings have biases, and cited some of her personal experiences. Ms Rachna called for ten volunteers to participate in a fun exercise. Then, Ms Geraldine gave an overview of the experiential exercise called the Privilege Walk, which was an opportunity to recognise how privileges can affect our lives unknowingly; noting that privilege is an unearned benefit, given to someone because of one or more facets of their identity. Ms Geraldine explained how the exercise would be conducted and started the series of questions for participants.



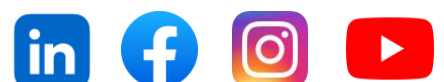
Participants of the Privilege Walk exercise

Members were informed that a more detailed debrief will be given next week, including a talk about strategies to adopt and what could be done in various situations. Rtn Dr Hoon Sing Keow thanked both Ms Rachna Sampayo and Ms Geraldine Tay for their excellent interactive exercise and noted above all, the need to identify and combat these unconscious biases.

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Birthday Celebrants

RCS sends Birthday greetings to celebrants this week:

PP Louis Lim for 24 Jan
Sylvia Chung for 26 Jan
Francesco De Liva for 26 Jan
J D Ng for 27 Jan
Sean Leas for 28 Jan



Wedding Anniversary Celebrants

RCS sends best wishes to Wedding Anniversary celebrants:

Alex & June Lega for 23 Jan
Horst & Debra Hagemann for 25 Jan
PP J K Ong & Beng Hoo for 26 Jan
Rajan & Sunita Alwani for 26 Jan



This Meeting

24 January 2024

Speaker: Ms Christine Tan, (Founder, Awful Grace) Artisan Award Winner will speak on "Toki & Kintsugi – healing and restoring lives through pottery"

Speakers: Ms Rachna Sampayo & Ms Geraldine Tay (experienced HR Practitioners) will speak on Unconscious Bias – understanding its impact on decision making -Part

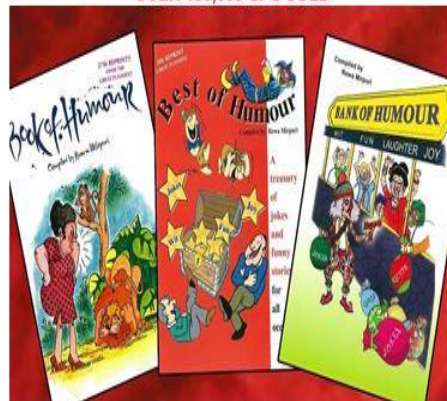
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Next Meeting

31 January 2024

**3rd Club Assembly
And District Governor
Dr John Chan's Official Visit
to the Club**

Coming Rotary Events

January – Vocational Service Month

February – Peacebuilding and Conflict Prevention Month

14 Feb – Meeting cancelled in view of Chinese New Year festivities

21 Feb – Meeting cancelled in lieu of WUPD dinner on 23 Feb.

23 Feb – World Understanding & Peace Day (WUPD) / Rotary's anniversary.

March – Water, Sanitation, and Hygiene Month

7-10 Mar – District Training Assembly @ Johor Bahru

29 Mar – Swimmarathon

April – Environmental Month

May – Youth Service Month

17-19 May – 33rd District Conference @ Kuching

25-29 May – Rotary International Convention, Singapore

27 May – Host Hospitality Night

31 May – The Entrepreneur of the Year Award (EYA) presentation

June – Rotary Fellowships Month

22 Jun – Installation of the 90th President & Board of Directors

The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



The Guide to Daily Living

Before doing the things, we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

1. Have I spent some time in self-examination?
2. Have I spent quality time with my family?
3. Have I given my best to my work?
4. Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

BOARD OF DIRECTORS 2023/2024

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Immediate Past President	James Lee
President Elect	Tom Wolf
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Vice President	Ronald Wong
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Vocational Service Committee (VSC) Director	Vineet Iyengar
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