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A Day of Heartfelt Celebration

IN FOCUS | 1

A Day of Heartfelt
Celebration: Hari Raya
with Jamiyah Nursing
Home Residents

MEETING REPORT | 5

34th Weekly Meeting –
24.4.24

MARK YOUR DIARY | 8

What's ahead? Don't miss
the forthcoming events and
Birthday / Anniversary
celebrants and more...

In Focus

A Day of Heartfelt Celebration: Hari Raya with Jamiyah Nursing Home Residents

By: PN & CSC Chair Sonali Sinha



PN Sonali Sinha

On 13th April, in the heart of Geylang Serai, a magical celebration unfolded as 20 wheelchair-bound residents of Jamiyah Nursing Home were treated to a memorable Hari Raya experience, organized by the Community Service Committee (CSC) of the Rotary Club of Singapore.

Starting with a lavish 7-course meal at Mutiara Restaurant, the beneficiaries savoured every dish, especially relishing the prawn crackers, which later found their way into the goodie bags. During lunch, the volunteers and beneficiaries connected over food and heartfelt conversations about their life journeys.

Next, they immersed themselves in the art of Batik painting at Kamal Arts, guided by the talented Kamal Dollah and enthusiastic volunteers. Laughter filled the air as they unleashed their creativity, forming bonds that transcended barriers. It was heartwarming to see the beneficiaries painting with concentration and joy.

Amidst the festivities, a young girl's soulful rendition of an Islamic prayer warmed hearts, adding a touch of beauty to the day. Sonali Sinha, PN (President Nominee) and Community Service Committee Chair, expressed gratitude to the 30 volunteers whose dedication made the day possible. "Such events are not possible without the heartfelt involvement of all our dedicated Rotarians. Thank you all for coming and making it a memorable day for the beneficiaries." She also thanked the incoming CSC Chair Raj Kumar for his extensive support in organising the event.

Goodie bags filled with treats like dates, nuts, cookies, and sweets were distributed, each item a token of appreciation for the love and joy shared. A group photo captured the camaraderie, while a beneficiary expressed gratitude for the opportunity to connect with volunteers.

As the day came to a close, emotions ran high. For organizers, volunteers, and beneficiaries alike, it was a day of laughter, love, and the true spirit of Hari Raya. In these moments, the power of community and compassion shone brightest.

Our appreciative thanks to IshkTolaram Foundation for their grant for this project, as well as to President Dr Chan Siew Luen for the Sunshine Funds used.

In Focus

Photo Album of Hari Raya Celebration with Jamiyah Nursing Home Residents... contd



Members assisting the wheelchair bound Jamiyah Nursing Home residents



Sharing a wonderful meal & heartfelt conversations

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In Focus

Photo Album of Hari Raya Celebration with Jamiyah Nursing Home Residents... contd



Mr Kamal Dollah (centre) explaining the fine art of batik painting



PN & CSC Chair Sonali Sinha



From right: VSC Chair Vineet Iyengar, PP Perlita Tiro & PN Sonali working on their batik painting



President Siew Luen addressing members and Jamiyah Nursing Home residents



New members Rtn Francis Ng (left in blue vest) & Rtn Kishin Aswani (seated right) with Home residents



Rtn Vinit Sarangdhar (left) with a resident and his beautiful painting

What Happened

– Food from the Heart (FFTH) on 20.4.24



Food packages all packed and ready to go



Our Interactor enjoying some feline company



All smiles after a wonderful day of volunteering

Meeting Report

34th Weekly Meeting for Rotary Year 2023-20234 held on 24.4.2024.

Opening Remarks

The meeting was opened by Sergeant-at-Arms Rtn Dr Don Chen who invited President Dr Chan Siew Luen to take the Chair. President Siew Luen noted the presence of DGE Dr Yap Lip Kee and DGN Dr Shahul Hameed at the meeting.

Welcome of Guests

President Dr Chan Siew Luen called on Rtn Francis Ng to welcome guests of members.

Guests:

Speaker, A/Prof Daniel Fung

First Lady Patricia Wang, Dr Rachael Pereira, Mrs Irene Henedige, Mrs Alice Ng
Ms Celeste Yim, Ms Germaine Lim, Ms Patricia Driver, Ms Rose Monopollo
Interactors Matthias Kon & Tan Beng Yang (Interact Club of Sembawang)
Mr Tan Chor Thien, Mr Thangaraj Muthu, Mr Shawn Sugendran



Rtn Francis Ng

Toast

As there were no visiting Rotarians, Toastmaster Rtn Aarti Wadhwa invited members to join her in a toast to Rotary International.



Rtn Aarti Wadhwa

Club Awards



President Siew Luen had announced last week that the Rotarian of the Year Award (Dr Ee Peng Liang Trophy) and the Membership Development Award (Dr Arthur (A W S) Thevathasan Trophy) would not be bestowed for this Rotary Year.

The criteria for these Awards were circulated to members for their information and consideration of nominations in the coming years.

Meeting Report

34th Weekly Meeting for Rotary Year 2023-20234 held on 24.4.2024.

Speaker: Associate Professor (A/Prof) Daniel Fung
Chief Executive Officer (CEO), Institute of Mental Health (IMH)

Topic: The ADHD Paradox

Rtn Dr Don Chen introduced A/Prof Daniel Fung who is a child and adolescent psychiatrist and also the CEO of the Institute of Mental Health in Singapore. He is an Adjunct Associate Professor at all 3 Singapore medical schools. A/Prof Fung has co-authored over 230 peer reviewed research papers, books and book chapters. He has been involved in the care of neurodiverse children through the setting up of a psychoeducational service at the Child Guidance Clinic which includes a patented novel treatment for ADHD.

A/Prof Fung spoke about the paradox of Attention Deficit Hyperactivity Disorder (ADHD), the most common childhood brain disorder with significant effects on the lives of the child and their environment. ADHD can be frustrating to many in what appears to be intelligent and talented individuals stuck in a cycle of difficulties in school and as they grow up, the workplace.



Speaker A/Prof Daniel Fung



A/Prof Daniel Fung receiving the Club's gift from President Siew Luen, as Rtn Dr Hoh Sek Tien looks on from the stage

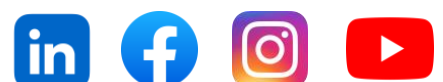
A/Prof Fung described the syndrome and its underlying characteristics and describe how to help such individuals.

President Siew Luen called upon Rtn Dr Hoh Sek Tien who advised how he first got to know A/Prof Fung some 30 year ago, when A/Prof Fung took the lead role in a musical on the life story of philanthropist Tan Tock Seng. Rtn Sek Tien noted that A/Prof has the same attributes as the part he portrayed, which are aspired by Rotarians. He warmly thanked A/Prof for taking time off from his work to present his talk.

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Meeting Report

34th Weekly Meeting for Rotary Year 2023-20234 held on 24.4.2024.

Photo Album of the Club's Hari Raya Celebrations:



Members and guests posing with the Kirana Seni Malay traditional dance group



Enjoying the dance performance



A/Prof Daniel Fung flanked by Interactors Tan Beng Yang & Matthias Kon

Mark Your Diary

Birthday Celebrants

RCS sends Birthday greetings to celebrants this week:

Winston Khoo for 3 May
Angela Lim for 5 May
Hena Hoda for 6 May
Daniel Beyeler for 8 May
Dr Denis Hew for 8 May



Wedding Anniversary Celebrants

RCS sends best wishes to Wedding Anniversary celebrants:

Francis & Mary Ng for 4 May
Francesco & Laura De Liva for 4 May
See Mee Lee & Eddy Handaja for 5 May
Ujjal Nandi & Li Ping for 10 May
Anindya & Anisha Dutta for 11 May
Subhash & Kanak Pritmani for 12 May



This Meeting

1 May 2024

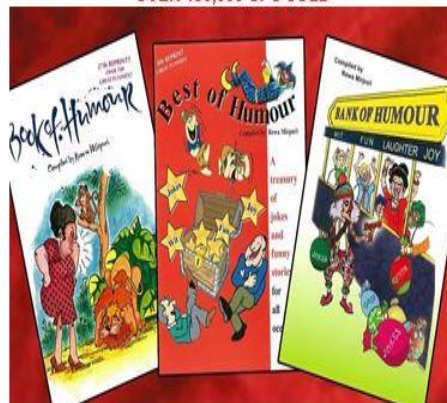
**Meeting cancelled
in view of public holiday
– Labour Day**

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Next Meeting

8 May 2024

**4th & Final Club Assembly
for Rotary Year 2023/2024
(For Members Only)**

Coming Rotary Events

April – Environmental Month

May – Youth Service Month

8 May – Club Assembly
17-19 May – 33rd District Conference @
Kuching

25-29 May – Rotary International
Convention, Singapore

27 May – Host Hospitality Night

June – Rotary Fellowships Month

22 Jun – Installation of the 90th
President & Board of Directors

The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



The Guide to Daily Living

Before doing the things, we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

1. Have I spent some time in self-examination?
2. Have I spent quality time with my family?
3. Have I given my best to my work?
4. Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

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