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## Visit to Chen Su Lan Methodist Children's Home

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Visit to Chen Su Lan Methodist Children's Home

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What's ahead? Don't miss the forthcoming events and Birthday / Anniversary celebrants and more...

## Visit to Chen Su Lan Methodist Children's Home

By: Major Project Director Pauline Teo



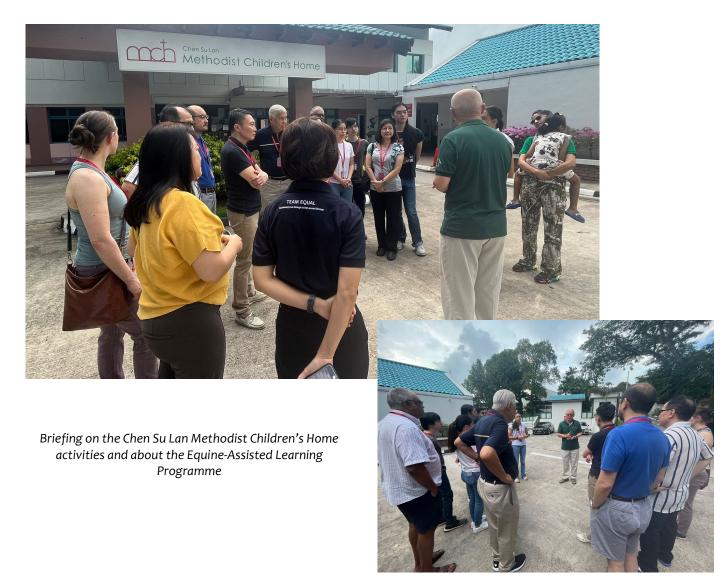
Rtn Pauline Teo

Following is an update on the Club's Major Project for this year, on 28th October, 16 Rotarians and their family members witnessed the graduation of the 5th batch of children from the Chen Su Lan Methodist Children Home who went through the Equine-Assisted Learning Program.

#### About Equine-Assisted Learning Program (EAP)

Equine-Assisted Learning is an experiential learning program facilitated by instructors partnering horses. Research showed that equine-assisted learning helps traumatised children to develop social-emotional skills in a safe and supportive environment.

Photo Album of this visit:





## In Focus Visit to Chen Su Lan Methodist Children's Home ... contd.



Rotarians and their families interacting with the special ponies from Equal Ark



Rtn Suzanne Ng with her favourite pony, Ginger



Mrs Niharika Gulati (spouse of Rtn Varun) with her lovely daughter, petting Ginger as well!



## **Meeting Report**

### 17th Club Meeting for Rotary Year 2023-20234 held on 15.11.2023.

#### **Opening Remarks**

President Dr Chan Siew Luen opened the 2<sup>nd</sup> lunch meeting with a special welcome to PDG Dr Philbert Chin, Honorary Members (HM) PP Chiang Shih Fang, Uttam Kripalani and Paul Phua:

#### Welcome of Guests and Visiting Rotarians

Rtn Sarah-Tabea Sammel welcomed the following Guests of members and visiting Rotarians:

Guests: Speaker, Mr Mukesh Dave First Lady Patricia Wang, Mrs Hannelore Hess, Ms Vera Lim Dr Victor Adam & Ms Sophie Adam Mr Rana Bhattacharjee Ms Linda Lin Ms Grace Roache Ms Rachna Sampayo

#### Visiting Rotarians:

Rtn Srinjoy Sen – Rotary Club (RC) Kolkata Benevolence, India Rtn Michael Volter – RC Esslingen, Germany Rtn Brian Walker – RC Garberville, USA

#### Toast to Rotary International

Toastmaster PP Perlita Tiro invited visiting Rtn Srinjoy Sen to address the Club. Rtn Srinjoy was a previous Rotaractor and recently graduated to be a Rotarian of the Rotary Club of Kolkata Benevolence in District 3291. Rtn Srinjoy spoke of his club's projects in West Bengal and hoped to collaborate on future projects. PP Perlita led members in a toast to RC Kolkata Benevolence coupled with the toast to Rotary International.



Rtn Sarah-Tabea Sammel

PP Perlita Tiro

#### **Exchange of Club Banners**



Photos from left to right: President Siew Luen exchanging/ presenting banners to Rtns Srinjoy, Brian Walker (RC Garberville) & Michael Volter (RC Esslingen). Rtn Sarah-Tabea presents a banner from Rotary Club Edinburgh that she recently visited.

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## **Meeting Report**

#### Proceedings of the 17<sup>th</sup> Weekly Meeting ... contd.

#### President's Announcements

- International Service Committee meeting on 16.11.23 at Water Place Condominium.
- Food from the Heart Food Distribution on 18.11.23 at Blk 9/Blk 4 North Bridge Road, S190008.
- Airport send off on 19.11.23 at 9.00pm Changi Airport Terminal 2, for the children selected to attend a training session in Dortmund.
- Please note the Club's Christmas Party will be held at Hon Member Mohan & Kawita Vaswani's residence on Friday, 15.12.23.
- Presentation of the Entrepreneur of the Year Award (EYA) will be held on 18.4.24.

#### Paul Harris Fellow (PHF) Presentations

President Siew Luen presented the following members with their PHF+8 pins.



Photos from left to right: President Siew Luen presenting PHF pins to Honorary Members PP Chiang Shih Fang, Rtns Uttam Kripalani & Paul Phua



Photos from left to right: PHF pins presented to Rtn Peter Brock & PDG Dr Philbert Chin

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## **Meeting Report**

#### Proceedings of the 17<sup>th</sup> Weekly Meeting ... contd.

#### Induction of New Member

President Siew Luen inducted the following member to the Club:



Lynn Yeoh Chenyu Place of Work: Commersol Commodities Pte Ltd Position: Director Classification: Materials Recycling Proposer: Rtn Francesco De Liva Mentor: PP Mansoor Hassanbhai Recommended Committee: International Service Joined Rotary: 15 Nov 2023

**Guest Speaker Series** 

#### Speaker: Mr Mukesh Dave, Founder and CIO, Aravali Asset Management Co.

Topic: Shine: Investing in a Geopolitically Unstable World

Rtn Vinit Sarangdhar introduced the speaker and moderated a discussion on the topic.

The world has become uncertain due to various geopolitical developments including conflicts such as Russia-Ukraine, Israel-Hamas in addition to the increasing competition between China and the US. This increases the uncertainty because performance of financial markets is affected by factors other than economic factors.

Mr Mukesh explained that uncertainty is different from volatility. While volatility is movement of markets around



President Siew Luen presents a certificate of appreciation to Speaker, Mr Mukesh Dave

the mean path, uncertain refers to the lack of clarity on the path itself. He observed that unlike in the past crisis when corporates and consumers were leveraged, it is the governments and central banks in the developed world that have expanded balance sheets recently as both the economy and the financial institutions needed support. Getting the balance sheets under control involves fiscal and monetary tightening which would cause a slowdown in economy.

While expressing his market views for the next year, Mr Mukesh mentioned that upside in the equity markets is limited but downside risk is higher. Long term interest rates are likely to come down. As a result, he preferred income generating investments over growth i.e. equities. He highlighted long term bonds, in particular, to lock in high yields. He also touched upon arbitrage as a strategy to generate returns with low risk.

On behalf of the club, Rtn Vivek Chhabra gave a vote of thanks to the guest speaker for his market insights.

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# Mark Your Diary

#### **Birthday Celebrants**

### RCS sends Birthday greetings to celebrants this week:

Dr Rupesh Agrawal for 21 Nov Tay Hoo Wee also for 21 Nov Vinit Sarangdhar for 22 Nov Suhaimi Zainul-Abidin for 24 Nov Sarah-Tabea Sammel also for 24 Nov



#### Wedding Anniversary Celebrants

#### RCS sends best wishes to Wedding Anniversary celebrants:

Manish & Nandita Tibrewal for 21 Nov HM PDG Dr Ivor & Maureen Thevathasan, Dr Claus Dusemund & Shuying for 23 Nov PP Deepak & Bianca Nagrani, Dr Devakumar & Ika Nair, Mukund & Mamatha Mukundan for 24 Nov Ankit & Neha Khandelwal, Dr M C Tong & Geh Min for 26 Nov



#### **This Meeting**

#### 22 November 2023

**Speaker:** His Excellency (HE) Mr Darius Gaidys, Ambassador of Lithuania to Singapore

**Topic:** Lithuania: Open Country for Co-creating Global Solutions

HAVE MANY LAUGHS AND HELP THE NEEDY

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Book of Humour, Best of Humour and Bank of Humour

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NO JOKE, IT'S JEST FOR CHARTIY

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#### **Next Meeting**

#### 29 November 2023

**Speaker:** Dr Anuradha Rao, Consultant, Educator, Trainer, Founder, CyberCognizanz

**Topic:** Cybercrime and You: Staying Safe in a Smart Nation

#### **Coming Rotary Events**

November – Rotary Foundation Month December – Disease Prevention and Treatment Month 15 Dec – Christmas Celebration at Hon. Member Mohan & Kawita Vaswani's residence January – Vocational Service Month February – Peacebuilding and **Conflict Prevention Month** 23 Feb – World Understanding & Peace Day / Rotary's anniversary. March – Water, Sanitation, and Hygiene Month 7-10 Mar – District Training Assembly O Johor Bahru
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29 Mar – Swimmarathon April – Environmental Month 18 Apr – The Entrepreneur of the Year Award (EYA) presentation May – Youth Service Month 17-19 May – 33<sup>rd</sup> District Conference @ Kuching 25-29 May – Rotary International Convention, Singapore 27 May – Host Hospitality Night June – Rotary Fellowships Month 22 Jun – Installation of the 90<sup>th</sup> President & Board of Directors



# **Register Early**





## **The Four-Way Test**

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?

## The Guide to Daily Living



Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

- 1. Have I spent some time in self-examination?
- 2. Have I spent quality time with my family?
- 3. Have I given my best to my work?
- 4. Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

## **BOARD OF DIRECTORS 2023/2024**

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