



## Carers Matter Forum Programme

Wednesday, 7<sup>th</sup> July, 2021

At Nambour Christian College, 2 McKenzie Rd, Woombye.

### Aim:

To provide an accepting atmosphere to create networking and learning.

To provide relevant Information and contacts to support carers.

To identify needs to be met on the Sunshine Coast.

To create enjoyment and a sense of a “carer community”.

Time				
9.30-10	<b>Registration and Cuppa</b>	<b>View Displays:</b> Presenters can have information in workshop areas: Wellways, Carers Qld, Diversicare, NDIS, My Aged Care	<b>Books on sale:</b> (Card or Cash). <i>Stories of Hope Australia</i> by Kerrie Atherton (\$25 for one, \$40 for 2); <i>Dreams, Visions &amp; Intuitions</i> by Marnee Kent; <i>Lifted up by Angels</i> by Kay Macklin	<b>Tables: Qld Health, Sunshine Coast Council, Noosa Council.</b> Tables for any organisations to leave information on. <b>Lucky door prizes:</b> Including book titled, <i>I Wish I Were a Leper</i> .
10-10.50	<b>Lecture Theatre</b> <b>MC</b> Vince O’Rourke Post carer, Author <b>Housekeeping</b> Chris R. Nambour Christian College and carer  <i>1. What is a carer and carer’s needs and concerns? e.g., post-care, stigma</i>	<b>Welcome and Introductions:</b> Narelle, Marlene, Brad, Lorrae  <i>2. Naradell Inc, SC Disability Action Network, SC Dementia Network, Carers Outlook</i>		
10.50 - 11	<b>Vicki Howell, Body Mind Moves</b>	<b>Uplifting music</b>		

11– 12	<b>Lecture Theatre</b> <b><i>Pastoral Care in Caring</i></b> Maintaining positive mental health and self-care while caring for someone else. <b>Presenters:</b> Kerrie Atherton Founder of Stories of HOPE Australia. Author  Marnee Kent Transpersonal Art Therapist, Artist and Author	<b>Workshop 1 Library Red</b> <b><i>Caring and finances:</i></b> <i>Carer Payments, Allowances, Loans, concessions, carer packages, retraining, taxi vouchers, meals, continence, crisis/emergency</i> <b>Presenters:</b> Services Aust: Kylie Jones Wellways: Jacqueline Murray Carers Qld: Sarah Bone Sage Financial Services: Bruce Bayne St Vincent de Paul: Annette Baker	<b>Workshop 2 Library Blue</b> <b><i>The Process: My Aged Care (MAC)</i></b> <b>Presenters:</b> New Staff Home Care Support: Peta Simpson. Packages: Continuance of needs: respite, travel, transportation, palliative care, complaints avenues  RAS (MAC) Suncare: Kylie Bertram Assessment for MAC and overview of ACAT	<b>Workshop 3 Library Yellow</b> <b><i>The Process: National Disability Insurance Scheme. (NDIS)</i></b> <b>Presenters:</b> Carers Qld NDIS: Rebecca Russell Service Providers, funding, respite, travel, transportation, complaints avenues
12 – 12.45	<b>Lunch</b>	<b>Pre packed: Sandwiches</b>	<b>By Compass Connections Cafe</b>	<b>Funded by Wellways Carers Gateway</b>
12.45 -1.45	<b>Lecture Theatre</b> <b><i>Caring and Emotions:</i></b> High Needs Family Support: Caring and Coping <b>Presenter:</b> Professor Helen Stallman, Clinical Psychologist, Researcher, Lecturer at University of Sunshine Coast.	<b>Workshop 1 Library Red</b> <b><i>Choosing a nursing home or a group home for respite or permanent care.</i></b> <b>Presenters:</b> I Age Well: Tanya Dave, Gerontologist <b><i>Palliative Care</i></b> 1.15 pm Jill Spooner <b><i>Cittamani Hospice Care</i></b>	<b>Workshop 2 Library Blue</b> <b><i>Caring and Relationships</i></b> Changes in relationships and consider abuse of carer and family conflict. <b>Presenter:</b> Relationships Australia (Qld): Ben O'Rourke.	<b>Workshop 3 Library Yellow</b> <b><i>Caring: Legalities and Advocacy</i></b> EPA; Advance Health Directive, Mental Health Act <b>Presenters:</b> Suncoast Community Legal Services: Russ Faulkner, Solicitor. Aged and Disability Advocacy Australia: Debbie Smulders, Advocate Carers Qld: Sarah Bone
1.45 – 2.30	<b>Feedback / Outcomes / Bye</b> Lorrae O'Rourke and others	<b><i>What is needed to improve Pathway and resources on the</i></b>	<b><i>CARER status and needs? Sunshine Coast</i></b>	