



*A global network of  
community volunteers*



ROTARY:  
MAKING A  
DIFFERENCE

## The Rotary Club of Brisbane

Club 17787

Founded 29 May 1923

### BULLETIN

vol. 95 no. 20  
23 November 2017

## Meeting Roster

### November 27 2017

President	D Vankov
Chair	T Pilkington
Minutes	C Shepherd
Set Up/Away	W Walker
Visitor Register	D Adler
Attendance/	D Schellbach
Raffle	J Smerdon

### 4 December 2017

President	D Vankov
Chair	W Walker
Minutes	C Shepherd
Set Up/Away	K Watts
Visitor Register	G Bishop
Attendance/	D O'Donoghue
Raffle	L Marshall

### 11 December 2017

President	D Vankov
Chair	K Watts
Minutes	C Shepherd
Set Up/Away	G Whitmore
Visitor Register	R Chai
Attendance/	D Schellbach
Raffle	J Smerdon

### 22 January 2018

President	D Vankov
Chair	G Whitmore
Minutes	M Williams
Set Up/Away	D Adler
Visitor Register	J Delahunty
Attendance/	D O'Donoghue
Raffle	L Marshall

## Upcoming Speakers

### 27 November 2017

#### Roger Pegoraro

Institute of Health and Biomedical School - IHBI Kelvin Grove

Roger Pegoraro is a PhD candidate at the Queensland University of Technology. During his doctoral candidature he investigated the cortical oxygenation response to postural repositioning and cognitive tasks for people with Parkinson's disease. His thesis is currently under examination. Roger holds Bachelor of Science (Sports Science) and Master of Science (Sports Science) degrees from Edith Cowan University (ECU). He graduated from his Bachelor degree with a university medal for having the highest course average of his cohort. Upon completion of his Masters degree he was recognised as one of the top 100 hundred students at ECU. Roger was also the inaugural recipient of the Parkinson's Centre Onset research Scholarship from Parkinson's Western Australia. He was awarded a Parkinson's Queensland Inc. PhD Grant during his current candidature. Roger has been involved with Parkinson's research since 2008 when he coordinated the data collection for exercise study for people with Parkinson's disease. He also designed and supervised the exercise intervention. Roger had close family members with Parkinson's disease.

### December 2017 Events

#### 11 December: Rotary Club of Brisbane AGM

**15 December:** RCoB Christmas Party - to be held at the residence of PP Keith and Dorothy Watts. Register Now:

<https://www.trybooking.com/SZMH>



Rotary is the world's biggest giver of time, energy and money.  
100% of money raised by our Club is donated to help others.  
We believe every human life counts, *especially yours.*

**brisbanerotary.org.au**  
Proud supporters of Red Frogs

# Aunties and Uncles Christmas Picnic Sunday 26th November

## Volunteers Required

Please Contact Mel Evans at [Mel.Evans@cbre.com.au](mailto:Mel.Evans@cbre.com.au)

### President's Message

Dear Fellow Rotarians & Friends of the Club

We had a very enjoyable fellowship meeting on the 20th. It was Georgina Bishop's first meeting to Chair and she did a wonderful job. Thank you for stepping in, Georgina, on a short notice!

Bookings for our December 15th Christmas Party can be made at <https://www.trybooking.com/SZMH>. Jacqui needs people to book sooner than later so that it is easier for her to plan. Please, give her a hand with that and book now if you plan to go!

Other Christmas related items:

- Aunties & Uncles Christmas picnic is coming up this Sunday, 26th of November. They are looking for volunteers. Mel Evans is coordinating. Please, get in touch if available to help from 9:30 till 2 p.m.
- The Eddie's van roster is already available. Sign up with Denise to help her make this initiative a success once again!
- The Christmas cakes order is filed. We shall expect our delivery in a couple of weeks.

Club news from last week:

- Dan Adler did a wonderful job with the Club artwork for the Red Frogs student wall planners. I was able to provide it to their coordinator on Tuesday. We shall be receiving samples when the printing is completed.
- On Thursday I took part in a "listening tour" on engaging with the Australian aid program. The invitation came from the Department of Foreign Affairs and Trade (DFAT). There might be ways for the Club to receive funding from DFAT. Finding more about the requirements is on my list but involvement also depends on if the Club is willing to get government funding. This may require embedding procedures that are currently not in place. I will be back with more details when available.
- I received the feedback on our Suncorp Safer Queensland Community Grant application. Just as a reminder the project was about using virtual reality to raise awareness on drink/drug-driving dangers for social and public good. Here it is:

*"Your application scored well overall, and I have a couple of dot points below that may assist in future applications:*

- *There did not appear to be evidence of support or endorsement from a member of the QPS (this is required for all applications)*
- *More clarity was required around how the data would be used once collected*
- *More clarity was required about how the proposed 'drivers' would be recruited*
- *No quotes were provided. While this is not compulsory, it is recommended, particularly for projects with large budgets."*

I proposed to the Board to undertake the project as an internal one because it has to capacity to put our name out in both the public and the media. I will keep you updated on any developments

I will be an apology for the November the 27th meeting as I will be travelling for a conference. Nevertheless, I believe you will have a refreshing and enjoyable meeting. Don't miss it!

President Daniel

### Meeting 20 November 2017

Georgina Bishop chaired the meeting and began with Rotary Grace and Loyal Toast.

President Daniel welcomed members and prospective member Jackie DeLacey. Apologies were noted as having been received from Mel Evans, Clive Shepherd, Phil Gresham, and Rick Tamaschke.

President Daniel then went ahead to deliver some Christmas-related notices and club news as detailed in the President's message above. We also heard a little more about the stomach-churning volatility of the bitcoin market recently.

#### SPOTS

Jacqui reported that to date 6 people have reserved tickets for the Christmas party. A minimum of 25 people are required for catering, so please register ASAP if you have not done so already.

Denise reminded us that Eddie's Van will be commencing soon and passed around a roster for members to fill out.

Keith Updated members on progress related to the Rotary International Women's Day breakfast to be held on 1st March, 2018:

- Ticket price looks like being \$50/head, with about \$15 of this going to the club.
- To be held at the United Services Club with a 7am start. Free parking until 9am.
- Guest speakers Olympic swimmer Julie McDonald and DG Elect Wendy Protheroe.
- Max capacity of venue: 108.

Graeme entertained and informed us with the sports report.

There was no guest speaker, this being the monthly meeting for fellowship. The sergeant also had to leave early, so members were invited to make the customary contribution to the Sergeant's tin. The winning raffle ticket was held by Gerald Holtmann. He managed to draw the ace of hearts which is a mighty achievement, but it did not win the pot. Joker still at large.

President Daniel closed the meeting with the singing of the national anthem at 1:45pm.

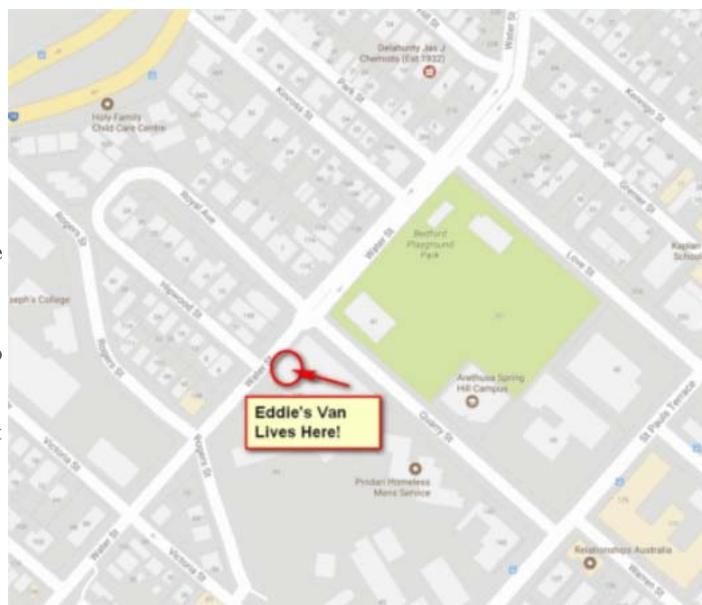
## Eddie's Van

As part of their Campus Ministry, students, staff, parents and Old Boys of St Joseph's College, Gregory Terrace, supported by friends and community groups, conduct a *Big Brekkie* for homeless people (and those merely hungry) in and around the gardens of the inner city each weekday morning. The van has been operating for over 20 years and is affectionately named after Edmund Rice, Roman Catholic missionary and educationalist, founder of the Congregation of Christian Brothers and the Presentation Brothers.

RCoB's own Denise Schellbach has been one of those "friends" for 17 years, organising the van during the Christmas holidays when staff and students are on holidays. The Rotary Club of Brisbane has supported Denise in this by providing volunteers who get up at dawn, trek to Spring Hill, and provide hands and feet for this worthy cause. Those who have not already put their names on Denise's roster, please contact Denise at: [dmschellbach@gmail.com](mailto:dmschellbach@gmail.com).

For those who have not done an Eddie's Van run before, or for those who need a little reminder after 10 months' break, here are the logistics for RCoB Eddie's Van participation:

1. Starting Time is 0600-0615. Please be at Waterford Place to help Denise with preparation by this time if you possibly can.
2. Eddie's Van is housed at Waterford Place, cnr Water Street and Quarry Street, Spring Hill. At 6am, it is typically quite easy to get a park in Hipwood Street opposite the Eddie's Van garage.
3. The Van leaves Waterford Place at 0630 promptly. If you arrive later than this you will miss it.
4. From Waterford place, we drive to Wickham Park cnr Wickham Terrace and Albert St.
5. There, we set up the BBQ and cook a "Big Brekkie" for all comers.
6. Typically we are back at Eddie's Garage and have the utensils washed and ready for the next day by 0815.



If you are rostered on and for any reason you cannot make it, it is essential that you let Denise know some days in advance so alternative arrangements can be made.



*RCoB and Friends after a sell-out session with Eddie's Van.*

## Around and About Rotary

### The power of volun-telling

*By Sarah Tuberty, president of the Rotaract Club of Sargent College Boston University, Boston, Massachusetts, USA*

I awoke early on a Saturday morning to the sound of my mother's voice. "Good morning Sarah, I signed us up for a Rotary service project. You should put on old clothes. We are painting a map on the Alamo Elementary School playground. Quick, we need to leave in 15 minutes"



*Sarah Tuberty, right, and her mother during a visit to Boston last year.*

A form of this conversation occurred more times than I can remember when I was growing up. My mother, Kathryn Tuberty, has been a member of the Vacaville Rotary Club in California, USA, since 1998. Someone recommended to her that as the new administrator of the local assisted living center, it would be a great way to get to know the community. She was hooked from the first meeting. She loved the club, the people, and the community. She is an engaged person of action, a prominent figure in town, and a "mover and shaker." She is also the queen of "volun-telling."

"Volun-telling" is when you are volunteered for a role before you even ask. I learned all about taking part in service projects when I was young because I was frequently volun-told. Annoying as it was to be woken up on a Saturday morning, I always went. I was able to work next to my mom and develop friendships with other Rotarian families. I believed in the Rotary mission. I felt connected, welcomed, and supported by my Rotary club. At the age of eight, I knew I was going to be a future Rotarian.

## Life-changing Moment

When I was 14, my mother “volun-told” me to attend the district conference with her. My whole life changed when I met an inbound [Rotary Youth Exchange](#) Student from Columbia and learned about her experiences. Two years later, I became an ambassador of the Vacaville Rotary Club as an outbound youth exchange student to Lecco, Italy.

Upon my return, I was again “volun-told” into filling a vacant position as president of my high school’s Interact Club. I had an incredibly successful year with a variety of initiatives and turned the club around.

When I began an occupational therapy program at Boston University, I joined the Sargent College Boston University Rotaract Club, and now serve as president. My mom is the president of the Vacaville Rotary Club. We share stories from training sessions and conferences we’ve attended, as well as projects we have collaborated on. We decided for our year, we would set a fundraising goal of \$1,000 to support an ongoing initiative to create an inclusive playground for children of all abilities. It features two challenge league baseball fields, one modeled after AT&T park in San Francisco and the other coincidentally after Fenway Park in Boston.

## Two Lessons

I have two reasons for sharing this story. First, I was fortunate to be a child of an active Rotarian. If you have children, bring them to projects, regardless of how reluctant they may be. I can assure you, I was very reluctant at 13. Explore ways to develop new club events or alter old ones to include family members and their friends. By inviting me along, my mother very intentionally instilled values of Service Above Self, and showed me what it means to be a Person of Action and to make a difference. It became part of my identity.

Second, “volun-telling” is a great way to engage young professionals who are still navigating their way into the adult world and developing careers. Don’t wait for them to ask. Let them know “we meet on Tuesdays at 12 p.m., I will put you on the roster, see you there!” This can be a very effective strategy as it breaks the ice for people. Try it out. I know quite a few people it’s worked on.

[Learn more about Rotaract.](#) Add your voice to a discussion group on [membership best practices](#).

Source: [blog.rotary.org](http://blog.rotary.org)

## Why Rotaract will change your life

By Joan Nairuba, Rotaract Club of Kololo



Rotaractors attend the Pillars of Peace Conference in Uganda.

The day I was inducted into Rotaract, 19 June 2015, is an unforgettable one for me. Euphoria and celebration rolled around inside me like a tidal wave. I knew I had made a decision that would affect the rest of my life; to dedicate the most energetic years of my youth to Rotary.

Knowing life is finite, I had a heightened resolve to be a part of everything Rotaract has to offer. My career as a lawyer is just getting started, and at first, all I had in mind was what I could offer my club as a lawyer. Little did I know that Rotaract would have an immense effect on my career.

To separate life in Rotaract from your personal life is an absolute impracticality because one feeds the other. The weekly interactions shape your perspective and expand your knowledge, and it’s from these meetings that you either grow or remain stagnant.

Rotaract gives you an opportunity to practice and master qualities that make us better people. It is an avenue to learn, relearn, and unlearn some things that would otherwise impede us, through working with volunteers. If you can lead a group of volunteers and organize them to carry out good works in Rotaract, then managing people in your professional life becomes that much easier.

Rotaract presents a wealth of opportunities and minimum expectations. It is a safe place to learn and grow. And if we live by the values of Rotaract, we have opportunity for immense personal transformation.

Learning about Rotary’s work in Peace and Conflict Resolution has affected my career in so many ways, particularly in mediation. Mediation law refers to a form of alternative dispute resolution in which parties to a lawsuit meet with a neutral third party in an effort to settle the case. The third party is called a mediator. It is this person’s job to listen to the evidence, help litigants come to understand each other, and facilitate a voluntary resolution to the case. The



Sarah holds up the bag she received at a presidents-elect training seminar.



Rotaractors conduct a needs assessment at a refugee settlement for the club’s next project on peace and conflict resolution.

purpose of mediation is to avoid the time and expense of further litigation. Mediation is a compulsory aspect in civil cases in my country.

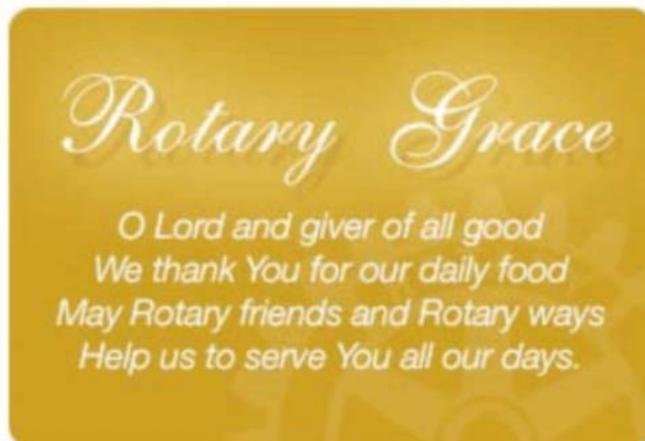
To whom much is given, much is expected. The Rotaract family immensely blesses us on a daily basis. And we have the opportunity, through Rotaract, to give back. What we put forth, we receive a thousand times over. It's more than karma, it's a simple truth and a not so hidden secret to happiness. In a world filled with so much pain, we must do our best to lessen it. With love. With caring. Together.

[Learn more about Rotaract](#)

Source: [blog.rotary.org](http://blog.rotary.org)

## Setting an Example: Rotary Muslims and Christians partner

From the RI Youtube Channel



### 4 WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



## Calendar of Events

### December 2017

- **15 December:** RCoB Christmas Party - to be held at the residence of PP Keith and Dorothy Watts.
- **All December:** Eddie's Van - contact Denise Schellbach to help!

### January 2018

- **7th or 8th January, 2018:** Picnic in the park

### March 2018

- **Thursday 1 March 2018:** International Rotary Women's Day Breakfast. Guest speaker Julie McDonald.

### April 2018

- **20-22 April, 2018:** District Conference - Maroochydore RSL.
- **29 April, 2018:** James Delahunty Testimonial Dinner

### June 2018

• **All January:** Eddie's Van - contact Denise Schellbach to help!

• **23-27 June, 2018:** 109th Rotary convention in Toronto



The Rotary Club of Brisbane Inc.  
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Meets Mondays 12:45-1:45pm  
4th Floor, Brisbane Club  
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Brisbane 4000

District 9600  
Club Number 17787  
Founded 29 May 1923

### Club Officers

President	Daniel Vankov
Secretary	Michael Stephens
Treasurer	Warren Walker
President Elect	Chris Muir
Imm. Past President	Graeme Whitmore
Sergeant-at-arms	Luke Marshall

### District Governor

John Lane

### Rotary International President

Ian Riseley



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<http://brisbanerotary.org.au> - [Contact the Editor](#)

We sent this message to you because you are registered as a member or friend of The Rotary Club of Brisbane or because you have inquired about membership recently. If you are not a member of RCOB and wish to receive no more issues of the RCOB Bulletin, please contact the editor at the link above. It is a condition of membership of the RCOB that you consent to receive official club communications by email.

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