



Our Patron for Rotary Qld's Centenary Project for the UQ Queensland Brain Institute is Prof Graeme Nimmo RFD.



## **Rotary Fellowships Month**

## **Chartered 29th May 1923**

## **Rotary International Club 17787**

#### **BULLETIN 3rd JUNE 2024**

**OPENING:** President Phil Saxby (left) opened the meeting at 12.45 pm with 14 in attendance, including 2 guests (right): the guest speaker Chris Dougherty (CEO of Epilepsy Qld), and Maria Efthymiopoulos. Whilst the members were seating, a *RI* video was played: <a href="https://cdn2.webdamdb.com/md\_kTTbxUHtub17.mp4?1580507661">https://cdn2.webdamdb.com/md\_kTTbxUHtub17.mp4?1580507661</a>

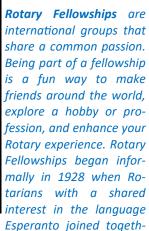
APOLOGIES: Petrson Wei, Brian Kenny, Bruce McNaught, Keith Watts, Phil Gresham, Peter

Saxby, James Dellahunty, Juan Laporta.

ACKNOWLEDGEMENT of COUNTRY We acknowledge the Jagera and Turrbal people as the Traditional Custodians of Meanjin (Brisbane), the lands on which we meet. We pay our respects to elders past, present and emerging.

Honeymoon Bay

Honeymoon Bay Kalumburu Kimberley, WA









er. In 1947, a group of Rotarian boating enthusiasts began flying the Rotary flag from their crafts, calling themselves the International Yachting Fellowship of Rotarians; this fellowship now boasts the longest continuous existence.

## WHAT'S INSIDE

**TOAST** to King Charles III and the People of Australia.

nternational Toast	Rotary Club of Taipei — Winnie Chen	Page 2
Rotary Information Spot	Indigenous Health Scholarship Programme —Miles Murphy	Page 4
President's Report	QBI Rotary Events, Presidents' Dinner, RC Hamilton Beer Festival	Page 5
Spot the Member	Chris Muir, Container Packing, Dickson Ken, Singapore Conference	Page 7
Member Spots	Winnie Chen, PE Angela Murphy	<u>Page 10</u>
Guest Speaker	Chris Dougherty—CEO of Epilepsy Qld	<u>Page 10</u>
Meeting Dates, Roster		Page 12
loker Raffle & Sergeant	Sergeant Michael fell asleep — no fines were imposed	Page 13
Guest Speakers, Calendar Dates		Page 13

#### **ROTARY CLUB OF TAIPEI, TAIWAN by Winnie Chen**



The Rotary Club of Taipei (RCT) belongs to District 3481 and home to Past Rotary International President Gary C.K Huang (2014-2015). RCT was chartered on October 9, 1948. The Charter Club President was C.K. Yen, Former President of the Republic of China. RCT is the *FIRST* Rotary Club in Taiwan and *one of only three English-speaking clubs in D3481*. The current President is Shirley Ting (left).









The ESSC is our Rotary Club of Taipei signature project, organised for nearly 70 years. This year we invited students to bring their own projects and present to us. We were very pleased to see many competing teams with a wide variety of projects in education, environment, elderly care etc. Between the semifinals and the final our club helped all the finalists to enhance their projects through a series of online trainings. Many thanks again to our co-organizers RC Taipei Metropolitan RC Kaohsiung Lighthouse RC Taichung Tatong RC Taipei Rui Yin and the Rotaract Club of Taipei 台北扶青社 as well as National Taipei University of Technology for the venue.

#### Congratulations to the winners

- 1. LEAVE NO TRACE 1st Prize \$50,0000
- 2. Oldie Goodie 2nd prize Dale Carnegie Scholarship & \$10,000
- 3. TMPSV 3rd (Rotary Community) \$10,000
- 4. Trash Treasure 4th (Joy English) \$5,000
- 5. Team of Three 5th (Joy English) \$5,000
- 6. Leopard Cat 6th (Rotary Spirit) \$5,000

Special Prize (Credit Agricole) \$30,000 TMPSV and to all the participants for their fantastic presentations.

We wish them all the best for the implementation of their projects.



Sunflower 70 - Zinger 2.4L Child transport vehicle

Recipient: Holy Word Foundation 財團法人計志文聖道基金會

Project description: RCT raised funds to purchase Holy Word Orphanage Keelung a Zinger 2.4L passenger Van. The orphanage was newly established and required the necessary tools to operate a successful organization.

Impact: The orphanage will be able to utilize the van for transportation of the children. This enables their overall mission.



## **ROTARY INTERNATIONAL TOAST**

#### INTERNATIONAL PROJECTS—Rotary Club of Taipei

#### School accessories for Nepal Post-Earthquake rehabilitation

- RC Panauti, RC Taipei & 14 other clubs

#### Establish a computer training center in rural villages-Lung Chiu in Northern Burma.

- Rotary Club of Ming Men, Rotary Club of Taipei and RC Taoyuan Central

#### Gift of "life" program - sending children with congenital heart disease from the Philippines to India for heart operations

- Rotary Club of Coinbarto, India and RC Clark Centennial Angeles

#### Burma medical & dental team

- RC Taipei

#### Supporting community service for the newly inaugurated first Burmese speaking club in Burma

- RC Central Yangon

#### Orphanage project for the handicapped in Indonesia

- RC Singapore

#### Various school health projects in Cambodia

- One to One Cambodia

#### **Donation of medical equipment to Yangon**

- Charity Hospital

#### Nepal Dental Service to Dolpa, Nepal

- Tafnsen Hospital

#### **Guizhou Minority Vocational School project (3rd year)**

- RC Singapore

#### Various community service projects, Polio eradication drive and various forms of student education

- RC Bengaluru Platinum City

#### Typhoon - Operation Dawn Drug Rehabilitation Center (Emergency Relief)

- RC Taipei





## AUSTRALIAN ROTARY HEALTH WE FUND HEALTH RESEARCH



Through the <u>Indigenous Health Scholarships</u>, <u>Australian Rotary Health</u> is supporting the next generation of Indigenous health care providers to achieve an education that will help them assist their communities. Each student enrolled in the program is provided with a \$5,000 scholarship. The Indigenous Health Scholarship program is a collaborative project between Australian Rotary Health, participating Rotary Clubs, and the State and Commonwealth Governments.



Myles McKenzie

Indigenous Health Scholarship

James Cook University, Qld

Doctor of Medicine Scholarship Awarded 2024 I am Myles McKenzie, a proud Barundji Aboriginal man of the Paroo river, raised in Townsville, North Queensland. Having grown up in regional North Queensland, I became cognizant of the complex health disparities faced in Northern Australia, including the elevated prevalence of untreated mental illness within Aboriginal communities and inaccessibility to culturally sensitive health services. The implications of these health disparities became especially evident during my secondary education, where I learnt that suicide remains one of the leading causes of death for Aboriginal and Torres Strait Islander peoples, affecting Aboriginal children as young as nine years of age.

These shocking health disparities inspired my passion for mental health, determined to reduce mental illness and suicide in my community. This aspiration motivated my completion of a Bachelor of Psychology (Honours) before pursuing medicine. Currently, I am completing my second year of a Bachelor of Medicine, Bachelor of Surgery with an expected completion date of December 2028. Following my medical training, I plan to complete a psychiatric fellowship and utilise my diverse mental health skills along with my cultural background to provide culturally sensitive mental healthcare for Aboriginal communities across North Queensland.

How will I contribute to improving Indigenous health as a qualified medical practitioner or health worker?

As a young Aboriginal man, my medical aspirations were instigated following my Aboriginal initiation at the age of 13. During this time, I began to hear the stories of my community elders where I learnt of the substantial health disparities experienced within remote communities, noting a common theme among my Elders' stories: a sense that their health had been forgotten.

This experience highlighted the crucial need for accessible and culturally sensitive healthcare on country, and I would love nothing more than the opportunity to implement this approach for my

Indigenous Health Scholarship Program

North Queensland region as an Aboriginal doctor. This desire quickly transpired into self-determination following work experi-

## BE PART OF A BREAKTHROUGH

# EVERY DONATION FUNDS RESEARCH

When it comes to health research, lots of little things make a big difference. Donations come in all different sizes too. You can donate individually or you can set up a recurring donation to suit your budget. Rotary Clubs and Districts bring people together to partner for funding scholarships, and companies and workplaces come together to pool donations which result in research funding.

For Direct Deposits: Australian Rotary Health BSB: 112 879

Account #: 065 433 595

Please advise of your deposit via email to

admin@arh.org.au

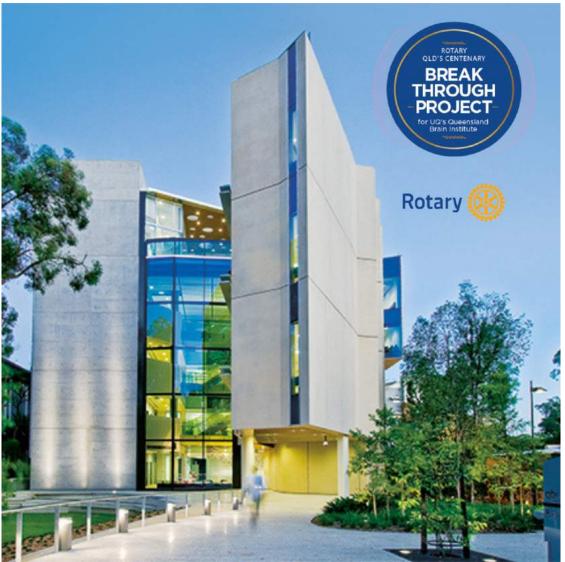
ence in the remote Hughenden hospital and Townsville psychiatric unit. I realised mental health was often under-appreciated in medicine, with many of my mob left suffering untreated mental illness, unable to access mental health services. This prompted my aspiration to become an Aboriginal psychiatrist in North Queensland and provide culturally sensitive mental healthcare on-country to reduce the soring prevalence of untreated mental illness in North Queensland.

Through this aspiration, I will utilise my medicine, psychology, and cultural background to adapt a holistic approach to patient care, recognising that each component, be it physical, social, environmental, cultural, or spiritual, are crucial to achieve positive patient outcomes. Most importantly, I hope to utilise my traditional Aboriginal Spirituality and medical knowledge to provide cultural, community-based mental healthcare and finally, reduce the distressing presence of Aboriginal youth suicide.



# **Queensland Brain Institute Rotary Presentation Events**





## Saturday 15 June 2pm - 3.30pm

RSVP for Rotary - QBI presentation Sat 15 June 2pm to 3.30pm

Parking at UQ is always at a premium. Please consider public transport or car pooling options.

The Queensland Brain Institute is located at Uplands Road Past Union College.

# PRESIDENT Phil Saxby







2023-2024

President

Phil Saxby

2024-2025

President

Angela Murphy



## **Presidents' Dinner**

DATE: Friday 28th June 2024

**TIME:** 6.30 for 7.00 pm

VENUE: Blackbird Bar and Grill, 123 Eagle Street, CBD

RSVP: Friday 14th June

COST: \$150 per person, drinks excluded

**NETT PROCEEDS** to the Rotary Foundation

**DRESS:** Coat and Tie—Evening Attire

All Club Members and Guests are Welcome

Guest Choice from SELECTED MENU

DIETARY REQUIREMENTS: Please email psaxby@ozemail.com.au

PARKING: Available online at Wilsons Riverside, \$7 night rate

**TICKETS: Only Available Online** 



#### **Our Club Charter**

The original 101 year old Charter has got itself lost during the decades, with no-one sighting it for at least twenty years. The Charter is meant to be handed from one President to the next, as our current District Governor Paul Roger reminded an incoming President nearly a year ago at the Club's Changeover.

Many thanks to PP Phil Gresham and the skills of Will Gresham at Fotofast, along with some help from a little village in South America, it is to be re-created from this poor quality digital image.

Whilst a replacement Charter for the Rotary Club of Brisbane can be ordered from Rotary International, it could never really substitute for the original, with a Rotary International Club Number 1489 in the world on 29<sup>th</sup> May 1923.

A fitting 101<sup>st</sup> Anniversary present back to ourselves!

## **SPOT THE MEMBER**

ENTER YOUR OWN PHOTOGRAPH TO HIGHLIGHT MEMBER ROTARY ACTIVITIES ALSO ACCEPTING PHOTOGRAPHIC MEETING APOLOGIES FROM ANY ABSENT MEMBERS



We congratulate everyone nominated in the 2024 Queensland Philanthropy Awards.

This year's nominees include exceptional individuals and organisations and you are an inspiration to us all!



#### We look forward to celebrating your achievement tonight at Parliament House.

Dr Muir is the current president of the Alumni Friends of UQ Alumni, current member and former president of the

Rotary Club of Brisbane, chair of the Downs and West Community Support committee (run by the Sisters of Charity), member of the Order of Malta and also volunteers with St Vincent de Paul's.

Dr Muir has helped to establish several endowed scholarships at The University of Queensland with considerable personal giving, but his involvement as the President of Alumni Friends has brought in millions of dollars to UQ. Dr Muir has also established endowed scholarships at QUT and Marist Brothers Ashgrove in memory of his son.

2024 Queensland Philanthropy Awards nominees – full list In alphabetical order

#### Individuals

- Akram (Jimmy) Fahham
  - Alan and Wendy Grummitt
- Andrew Brice AM
- Christopher Muir
- Clive Berghofer OAM
- Ellie Smith Graham Wheeler
- James Malcolm (Jim) Buchanan
- Jason Prince
- Jessie McLachlan
- Jimmy Livingstone
- Joanne Rahn
- Juliette Wright OAM Katelyn Aslett
- Keith and Glenda Drake
- Paul Shih
- Shannon Mead
- Susan Rix AM
- The late Ruth Read
- Timothy Robins William Henderson
- William Kent

#### Organisations

- Auto & General Insurance Company
- Civil Geotechnical Consultants
- It's A Bloke Thing
- James Frizelle Charitable Foundation
- Lewis Land
- Lucy Henry-Hicks of DISSH
- Michael Wright of Thiess
- Mortgage Choice Charity Foundation Queensland
- National Storage
- QCoal Foundation
- Queensland Kids Funders Alliance represented by Hand Heart Pocket, The Bryan Foundation. The John Villiers Trust & Tim Fairfax Family Foundation
- Shweta Khan of Starfire Diamonds
- Sian Murray and Ami Bateman of Pleasant State
- Small Steps 4 Hannah Foundation
- The Gladstone Foundation
- The Prince Charles Hospital Foundation
- Travis Schultz & Partners
- Worklocker Toowoomba







Above: SAT JUNE 1. ENB Container previously two thirds packed with assistance from our club members was finally sealed for shipping.







Below From Left:

**SUN JUNE 2** 

#### Democratic Republic of CONGO

Container packed ready to ship, on the one day. Contents include:

18 hospital beds with mattresses, I birthing bed, Stryker beds, Xray unit, Sheets, theatre drapes, emergency stretchers, gloves, theatre gowns, crutches and building materials for an orphanage.

## **SPOT THE MEMBER**

#### **FACEBOOK POST SAT 1 JUNE BY DICKSON KEN**

I am deeply humbled to report to Rotary Club of Brisbane, Rotary Australia Repurposing Equipment . Northern Region, One In Four Children, donors, partners, friends and followers that, we've successfully delivered essential tools to Lai Valley Technical Secondary and Kip Primary School. While these items may be older, they are in fantastic condition and ready to be put to great use. Over the next 5-10 years, they will become invaluable resources that will empower countless students and inspire dedicated teachers.

From books that open up new worlds, to computers that connect students to endless knowledge, and desks and chairs that students will comfortably seat —your donations are more than just tools. They are lifelines that will help shape the futures of many young learners — who are next generation of leaders.

Your collective support goes far beyond the classroom. It builds confidence, fuels dreams, and strengthens entire communities. Because of you, children will have the chance to learn, grow, and reach their full potential.

Thank you for believing in the power of education and for being part of this transformative journey to reach out to remote schools in rural PNG. Together, we are making a lasting impact that will be felt for generations to come.

Photos supplied by  $\underline{\text{Iplup Timol Miril Jordan}}, \text{ a dedicated teacher in Kip.}$ 











Immediate Past President RCoB Bruce McNaught

# **SPOT THE MEMBER**



From Left to Right: President Elect Angela Murphy, District 9620 Governor Paul Roger with wife Sue, DG Nominee Mark Williams, and District 9620 Governor Elect Sue Mulraney with husband John.







## **MEMBER SPOTS**



**Winnie Chen** provided some interesting information and insights to the meeting, as part of her International Toast. During her life at school in Taiwan, each school had a military officer on staff who checked the length of girl's hair with a ruler. For primary school, it had to be shorter than 1cm below the ear lobe. For junior high, the allowable length was increased to 5cm below the ear lobe. Winnie finds life much freer in Australia and became an Australian citizen in 2019.



**Angela Murphy** enjoyed her recent Rotary International Convention in Singapore, as the photos attest! There were 13,000 Rotarians from around the world in attendance, with a noticeable lack of Caucasians amongst the many attendees from Asia, India, Africa and the Americas. Angela is determined to make our Club more accessible and open to alternative membership during her coming Presidential year.

## **GUEST SPEAKER— Chris Dougherty — Epilepsy Qld**

**Chris** joined as Chief Executive in September 2020. He brings with him 15 years commercial and profit-for-purpose experience in senior roles across disability, mental health, aged care, policy / advocacy, technology and retail operations.

An award winning senior HR leader and most recently an accomplished operations leader of profit for purpose organisations he will lead the organisation in breathing new life and energy into the services we offer our members and clients and the impact we have in our community.

Chris also serves as Director and Treasurer of Epilepsy Australia Ltd, Non-Executive Director of The Alive Project Ltd, and as an external subject matter expert for Foodbank Queensland's People & Performance Committee.

#### **Our Patron**

Rugby league legend and our Patron – **Wally Lewis** is a wonderful ambassador for Epilepsy Queensland Inc. and for our epilepsy community.

Wally is not only a sports champion, but a champion in raising awareness and advocating for understanding of epilepsy in the community. He generously gives his time to appear as a guest speaker at Epilepsy Queensland functions and never hesitates to spend time with our members and supporters.

Wally recounts his personal experience of epilepsy in his book (co-authored by Neil Cadigan) "Out of the Shadows."

#### **Understanding Epilepsy**

Epilepsy is a tendency to have recurring seizures. There are many different types of seizures but they are always due to abnormal electrical activity somewhere in the brain.

#### What causes epilepsy?

There are many known causes of epilepsy, which are classified as structural, metabolic, immune, genetic and unknown. Epilepsy can also occur due to specific brain infections that are not contagious. Often it is impossible to define the cause.

#### Some examples include:

- ♦ Severe head or brain injury.
- ♦ Loss of oxygen to the brain (hypoxia).
- ♦ Stroke.
- ♦ Brain malformation.
- ♦ Foetal brain damage that occurs during pregnancy or after birth.
- ♦ Infection of the brain such as such as encephalitis or meningitis.
- ♦ Brain tumours or cysts.
- ♦ Cerebrovascular degeneration in the elderly (such as Alzheimer's).
- ♦ Genetic causes.



## **GUEST SPEAKER— Chris Dougherty — Epilepsy Qld**

Epilepsy with a genetic basis may be inherited in the family or they may be caused by a new genetic abnormality that occurs during the earliest stage of foetal development. Current research has identified that in many cases of epilepsy in very young children, genetics play an important role. But genetics can be a factor in developing epilepsy at any age. It appears that certain people are simply more prone to having seizures than others. This is, at times, described as having a 'low-seizure threshold'. A history of seizures in the family makes it more likely for them to develop epilepsy.

#### **Excerpt of Chris's Presentation**

Does anyone in the room have a lived experience of epilepsy — either themselves or in their family network? 1 in 10 people will experience a seizure in their lifetime. 1 in 25 will go on to be diagnosed with epilepsy and people living with epilepsy make up a large portion of the 1 in 6 people worldwide who live with a neurological condition. Every 33 minutes a life is turned upside down by complex neurological condition. In the blink of an eye, fear, exclusion and discrimination become the 'new normal' for yet another Australian. But it doesn't have to be this way, and that's in part why I'm with you today.

Everyone's experience of epilepsy is unique and need support to navigate the practical and emotional complexities of life with epilepsy, to give them the support they need to live well and achieve bigdreams. Research shows a strong association between epilepsy and higher unemployment rates, shame and depression, anxiety and stress. Australians with epilepsy are less likely to complete secondary education. One study found that academic problems were higher among students with epilepsy than students with other chronic conditions.

While the reasons for that aren't completely clear, we do know that the majority of children with epilepsy do not have learning difficulties or intellectual impairment, but may simply need different teaching models and greater **awareness of** seizures and their effect on their ability to focus and complete work.

Not only is epilepsy one of the most stigmatised conditions in the world, but accordingly to the World Health Organisation — the prejudice people face is often worse than the condition itself. Some of you may have seen that Parliament House in Canberra was in the headlines this week after an employee experienced a seizure at work because a reasonable request to replace flickering lights in their work space was not actioned. Sadly, this is not a isolated case. For 13 year old Blythe, devasting seizures are just the tip of the iceberg, with her diagnosis leading to school exclusion, social isolation and bullying.

#### In Blyth's words:

School has been problematic. Iget the sense that while teachers and staff feel sympathetic, they don't really understand the severity of my condition. The worse-cast scenario, if I have a tonic-clonic seizure, is that I could choke, I could suffer a brain injury — I could die. I wish people understood.

Instead, I've felt excluded and ignored by schools and have been bullied by other students. One boy tried to trigger a seizure by putting a video of flashing light in front of my face. I even moved schools, but happened again. Agirl threatened to trigger a seizure and, a couple of weeks later, actually tried to do it by flicking hallway lights on and off, really quickly, over and over.

Blyth was literally turned away from her school the day after her formal diagnosis with her family told that the principal had decided that she wasn't allowed to be in school until she had a formal treatment plan signed off, knowing this could take weeks or months.

Her mum shared these thoughts with me:

Blythe lives in fear of every fan that makes a light flicker, every car journey Under trees and through dappled light, every time she encounters a fluorescent light that's flashing because it need to be replaced. Every time, she's waiting for it to cause a seizure. For people to be putting her through that thoughtlessly and deliberately, that's appalling.

It's just really tough to have to keep advocating over and over and then be made out that she, and we as a family, are the difficult ones. All we're asking for is for her to feel safe and to be treated fairly.

You can help me and Epilepsy Queensland change the world for people with epilepsy, just like Blythe. Our work focusses on supporting people and their families to understand and manage their condition well, keep them out of hospital and prevent death. We provide a range of psycho-social supports to build resilience and coping strategies, connect people with a shared experience and campaigns to reduce stigma and discrimination in the community and work close with organisations to make them more inclusive.

Government funds less than 20% of our work. We need all the support we can get — there are 30,000 people in Queensland living with an active diagnosis and we need to do more.

# **MEETING DATES**

JUNE	Mon 10	11.30 am	QBI Meeting at Fridays	
	Mon 10	12.15 pm	Meeting at Fridays	
Mon 17 12.15 pm Meeting a		12.15 pm	Meeting at Fridays	
	Mon 24	11.30 am	BOARD MEETING at Fridays	
	Mon 24	12.15 pm	Meeting at Fridays	
JULY	Mon 1	12.15 pm	Changeover Meeting at Fridays	
	Mon 8	11.30 am	QBI Meeting at Fridays	
	Mon 8	12.15 pm	Meeting at Fridays	

# **MEETING ROSTER**

DAT	E	PRESIDENTIAL DUTY	CHAIR	INTERNATIONAL TOAST	ROTARY INFO SPOT
JUNE	Mon 10	PHIL SAXBY	ANGELA MURPHY	RICK TAMASCHKE	MICHAEL STEPHENS
	Mon 17	PHIL GRESHAM	PETER SAXBY	CAMERON GIBSON	ED van GOETHEM
	Mon 24	MARK WILLIAMS	DAN ADLER	CELIA GRENNING	KEITH WATTS

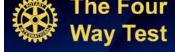
## **RAFFLE & SERGEANT**





**JOKER RAFFLE** The raffle was drawn by Guest Speaker Dougherty and won AGAIN by Chris Muir. Chris drew an ace of diamonds and dudded himself. All other members were complaining that Dymphna Muir had rigged the raffle.





of the things we think, say and do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?



**SERGEANT** Michael Stephens fell asleep at the wheel of the car he was driving at the speed of light when he turned the lights on. Maybe he couldn't see? Or could he?

MEETING CLOSED President Phil Saxby closed the meeting at 1.43 pm.

**NATIONAL ANTHEM** 

## **GUEST SPEAKERS**

 JUNE
 Mon
 10
 Michael Anthonisz
 Senior Economist for Treasury Department

 Mon
 17
 Associate Professor Miguel Renteria
 QIMR Berghofer—on youth suicide

 Mon
 24
 Warwick Willmott
 Senior Geologist, Author, Qld Museum

## **CALENDAR DATES**

JUNE Sat 15 2.00 pm Rotary QBI Presentation at UQ Cnr Upland Rd & Research Rd. RSVP

Fri 28 6.30 pm Presidents' Dinner Dinner Parking Blackbird Bar & Grill, Riverside, 123 Eagle St.

JULY Mon 1 12.15 pm Changeover Meeting Fridays

Sat 25 12.00 pm RC of Hamilton Craft Beer Festival 56 Racecourse Rd, Ascot. Bookings Required

## **CONTAINERS FOR CHANGE**

CONTAINERS FOR CHANGE: LOG IN and DELIVER YOUR EMPTIES TOWARDS FUNDING OUR CLUB ACTIVITIES

https://member.containersforchange.com.au/team-member/add/qld?team link=qld/the-rotary-club-of-brisbane-inc-6420eda5a5afb



