



**"The Headlines"**

**Our Birthday Meeting**

Ninety-Six Members, Partners, Friends and Guests enjoyed great entertainment from Greg Ross, a very interesting history summary from Peter Cleary and the awarding of Club PHF Awards to Estelle Kelly, Geoff Steinicke and Greg Matthews.

Among the attendees were six Charter Members who helped form our Club 38 years ago - Bernie Smith, Geoff Steinicke, Marcel Muntwyler, Paul Fitz, Peter Cleary and Stan Hibbert (Honorary Member, with partner Bev).

**Our Compliance with Child Safety Requirements**

At times, John Rennie as our Protection Officer following up on you having a current **Working With Children** card. This is a 'must' for anyone undertaking any Club activity that involves children (under 18 y o), and enables us to deliver the community programs that we expect.

Secretary Gavan is now also issuing **Child Safety Declarations** to Members and Partners which relate to the same situations, but which are completely separate and are required for our activities with young people. These also need to be completed, primarily with the declaration section signed. Absence of these declarations would mean that we are not protected by our Rotary insurers in the unlikely event of any 'incident'.

Please ensure that both sets of documentation are complete and current, with John and Gavan.

**The Quotes**

From Douglas Adams (author of The Hitchhiker's Guide to the Galaxy)

"Anyone who is capable of getting themselves made President should on no account be allowed to do the job".

From Oscar Wilde ; a special reflection

"To really live is the rarest achievement in the world ; most people just exist".

**What's Coming**

- Golf Day Sponsor's meeting, with Speaker from Australian Rotary Health on 17 May
- Vocational Visit to Monash Medical Centre 14 June. This will be a daytime Club Meeting commencing at 2:00pm
- Club Change Over Luncheon Sunday 1 July at 12.30 pm

And remember "Rotary can and does make a difference".

**Rob Head**

[Our Leadership](#)



**RI President**  
**Ian Riseley**



**DG 9800**  
**Peter Frueh**



**AG Eastside**  
**Jonathan Shepherd**



**President**  
**RCNB**  
**Rob Head**

**MEETINGS**  
**THURSDAYS**  
**6 for 6.30pm**  
**Kew Golf Club**  
**120 Belford Road Kew**  
**3102**  
**Ph.**  
**9859 6848**

**Club Website:** [HERE](#)  
**Facebook:** [Click HERE](#)  
**The Networker:** [Issue 16](#)



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Click for [All District Events](#)



**Birthday Meeting**

Our Birthday Meeting featured a retrospective presentation on the Club's formative years and an entertaining program of poetry and song.

Charter member and Past President Peter Cleary (right) traced the early history of the Club and focused on the significance of fellowship as a driver of service activity – which remains a feature of the Club today. His informative talk was supported by slides supplied from David Cheney's historical files which were edited into a presentation format by Peter Sutherland.



Peter focused on some of the Club's personalities from the early years, including our charter members, and the presentation served as a reminder for those who have been in the Club for some time and as new information for more recent arrivals.

Greg Ross (pictured right) then entertained the birthday meeting in poetry and song, drawing on his professional experience.

His excellent performance was challenging in part and entertaining too with works from Yevgeny Yevtushenko, Lewis Carroll, Dorothea McKellar and Banjo Paterson amongst others.



A feature was "The Play" by C J Dennis recounting in Australian vernacular the Sentimental Bloke's take on Shakespeare's "Romeo and Juliet". The finale was Slim Dusty's "Pub With No Beer" with a resounding rendition of the chorus sung from the floor of the meeting. The presentations by Peter Cleary and Greg Ross added to a very successful 38th Birthday Meeting of the Club.

Three Paul Harris Awards in recognition of their contributions to the Club were awarded to Greg Matthews, Geoff Steinicke and Estelle Kelly.



President Rob and Greg Matthews, Phil Francis and Geoff Steinicke and Estelle Kelly



Our First Club President Stan Hibbert was assisted in cutting the Birthday Cake by his wife Bev



**Poetic Licence by Greg Ross / Rotary Club of North Balwyn Birthday Night, 10 May 2018**

**Picture of Childhood** by Yevgeny Yevtushenko

Elbowing our way we run.

Someone's being beaten up in the market.

You wouldn't want to miss it!

We put on speed, racing to the uproar,

scooping up water in our felt boots

and forgetting to wipe our snuffles

and stood ... stock still.

**For the full presentation by Greg Ross click below:-**

<http://www.rotarynorthbalwyn.com.au/136/images/PoemsforPoeticLicenceRCNCMay2018.pdf>

#### ANNUAL REPORT

Should members require a hard copy of the Annual Report, please request one from Secretary Gavan Schwartz.

As has occurred in recent years, the Annual Report will be distributed electronically while hard copies will be restricted to about 10.

This saves considerable funds in the admin account. This worked well last year.

Any requests to be directed to "The Secretary" by email please.

#### WORKING WITH CHILDREN.

Any members holding Working With Children Cards / Compliance through their work situation are asked to take the necessary steps to **have a volunteer one as well** through Rotary with RCNB listed as the employer. This request has come through PETS and probably is in response to some awkward situations that have evolved recently. This is done to ensure compliance in the event their work situation changes and their work related WWC/Compliance is no longer valid. There is no cost involved for volunteer WWCs.

For further information please contact the Protection Officer – John Rennie.

#### Meeting No.42

**Thursday, 10th May 2018**

#### Present:

#### **Club 38th Birthday Party**

NB Members 58 including Charter Pres. Stan Hibbert (Hon)

Visiting Rotarians 4 AG Jonathan Shepherd (Kew), Pres Canterbury Rob Simpson, PE Yea Ken Maxfield.

Partners 32 Mesdames Adams, Angleton, Fajollani (Behzadnia), Bott, Butler, Cheney, McDonell Elliott, Fitz, Fitzpatrick, Francis, Goetze, Head, Hurnard, Keyhoe, Lacy, Magor, Matthews, William, Rennie, Richardson, Sofra, Steinicke, Sutherland, Swanson, Wells, Wilkins & Yukawa, plus Elizabeth Shepherd, Karin Simpson & Bev Hibbert

Guests 2 (PNM I) Barbara Omerod (CamCare) & David Omerod

Friends / Alumni 1 Maria Gouvoussi.

Members :- Apologies 14, LOA 8, = Member Attendance 57 = 72.2%

External Activities 13 **DIK** - Peter Sutherland.

(Board Approved) **Weekly 2nd Bite delivery to CamCare** - (no advice of member making delivery)

**Gardening Project** - Rowan McClean (3), Imre Lele, Steven Greatorex, Ian Richardson.

**Men's Shed** - David Cheney, Peter Elliott, Tony Hart, Greg Matthews, Bernie Smith.

#### Absences for

#### Rosters:

Russell Cooper, Terry Keyhoe, Dileep Krishna Pillai, Yvonne Lyneham,

Kathleen McGuire, David Rowe, Colin Sharp, Jim Studebaker, Brian Thomas & Peter Wilson.

#### Club Diary

Club Change Over Luncheon Sunday 1 July at 12.30 pm

Weekend of 17-19 August 2018 MUNA 2018

See <http://www.rotaryclubofcanberrasunrise.org.au/>

Friday 5 to Sunday 7 October 2018 Camp Getaway Working Bee 2018

October 2018 Fence repairs in Cobden. Date to be confirmed

Weekend of 19-20-21 October Fellowship Weekend at Daylesford Details soon.

Read about Rotary in your area in **The Progress Leader** <http://leader.smedia.com.au/progress/>

## MEETING ROSTERS

**Thursday 17 May**

**Greeters:** John Gartlan, Adam Hillary  
**Set Up:** John Rennie, Geoff Steinicke  
**Desk:** Eileen Toohill, Jeanete Leigh

**Sponsors "Thank You" Night**

**Speaker:** Laura Hart  
**Host:** Greg Ross  
**Topic:** Australian Rotary Health  
 Laura has had both a Ph.D and a Postdoctoral Fellowship funded by Australian Rotary Health.

**Our Speaker this week:-** Dr. Laura Hart is a Research Fellow at La Trobe University and the University of Melbourne, who has been working in the field of population mental health research since 2007. Her work focuses on developing and evaluating training programs for the public to improve prevention, awareness and help-seeking for mental illness. Her research has been recognized with an Australian Rotary Health Colin Dodds Postdoctoral Fellowship and the 2017 Rising Star Award from the Association for Psychological Science. She is currently working on two projects funded by ARH and the NHMRC; *Confident Body*, *Confident Child* and *teen Mental Health First Aid*.

**Thursday 24 May**

**Greeters:** Brian Lacy, Ian Richardson  
**Set Up:** Joe Butler, Peter Cleary  
**Desk:** Imre Lele, Phil Wade

**Speaker:** Julian Burnside QC  
**Host:** John Gartlan  
**Topic:** Justice? What Is It? How Do We Get It?  
 Julian Burnside is a prominent human rights advocate. Our members from ten years ago will recall what a compelling speaker he is.

**Thursday 31 May**

**Greeters:** Jim Romanis, Bernie Smith  
**Set Up:** Bill Oakley, Nino Sofra  
**Desk:** John Magor, Peter Sutherland

**Speaker:** Len Raphael  
**Host:** Rowan McClean  
**Topic:** Central Asia & Iran: Unusual Places but Normal People  
 Len is a much-travelled accountant, financial planner and family man (5 children)

**Thursday 7 June**

**Greeters:** John Gartlan, Adam Hilary  
**Set Up:** Colin Sharp, Bernie Smith  
**Desk:** Chris Flavelle-Smith, John McBride

**Speaker:** Bruce Whalley  
**Host:** David de Garis  
**Topic:** Lawrence of Arabia - Man and Myth  
 Military historian, tram driver and panellist on ABC quiz show "Think Tank". Our speaker is all of these.

**SHORT SOLOMONS REPORT FROM FATHER ALBERT LENON**

Mr. Bob,  
 Greetings from Solomon Islands.  
 1st Report - Family photos of Mr. Sepo with the bikes given. Thank you for the bikes.  
 2nd Report - about the container: All the things were distributed as was instructed.  
 3rd Report about the updates - on progress and to be e-mailed soon.  
 Father Albert Lenon

**THANK YOU!**

Thank you to all who showed concern and assisted me on Thursday night.  
 I am feeling much better, and am very appreciative to those who offered their support.  
 Thank you for the many phone calls, it was very kind.  
 Anita Swanson .

**Birthdays and Anniversaries between May 15 and May 22****Weddings:**

**Birthdays:** Brian Lacy, Kathleen McGuire

**Induction Anniversaries:**

Geoff's Health Tip

**Organic versus Conventional Food – who cares?**

According to new research Published in the *Australian Organic Market Report 2018*, as many as eight million Australian households buy organic grocery products every year, but the higher price tag that goes with going chemical-free is keeping many more from getting involved.



Production of organic certified food began in Australia in the 1970s when a group of farmers got together to discuss the process of growing food organically, and the necessary process of certification. Starting from scratch in 1980 the total value of the nation's organic market has now reached \$2.4 billion.

Judy and I buy only a few organic certified products, such as rolled oats, wholemeal flour, kitchen oils, and chemical free flaxseed oil. According to the research it is the millennials (those born after 1980) who are leading the charge. According to the report, the millennials have greater information about where and how their food is produced, they know more, they demand more and they expect more.

I was interested to read that the Swedish Environmental Research Institute was commissioned to find out whether switching to an all-organic diet could reduce the level of pesticides found in people's bodies:-

- A Swedish family of five who were not organic eaters was chosen to eat regularly for a week (ie conventionally) while testing their urine daily, then for two weeks the family ate only organic food while being tested daily.
- The results were astonishing, especially in the children. The list of 10 herbicides, weedicides, fungicides, insecticides and growth inhibitors found when eating conventional food was reduced by 90% when the switch to organic was made, in some cases as soon as two days.
- It was pointed out that the levels of the chemicals found in the urine from the conventional food were well within acceptable levels, which means that it is unlikely that a single substance would pose any risk to humans, however it is well-nigh impossible to assess the long term effects of a cocktail of chemicals.

As Professor Marc Cohen from RMIT University said *“I suspect eating less poison is good for you”*.

**Geoff**

**ENTERTAINMENT BOOKS**

Explore your city with an Entertainment Membership!! Not only can you save hundreds at many of the local business below but 20% of your purchase will help support our fundraising. See Geoff Steinicke



<p><b>ROTARY CLUB OF NORTH BALWYN 2017/18</b></p> <p><b>President: Rob Head</b>  <a href="mailto:president@rotarynorthbalwyn.com.au">president@rotarynorthbalwyn.com.au</a></p> <p><b>Vice President: Findley Cornell</b>  <a href="mailto:vicepresident@rotarynorthbalwyn.com.au">vicepresident@rotarynorthbalwyn.com.au</a></p> <p><b>Secretary: Gavan Schwartz</b>  <a href="mailto:secretary@rotarynorthbalwyn.com.au">secretary@rotarynorthbalwyn.com.au</a></p> <p><b>Treasurer: Greg Cribbes</b>  <a href="mailto:treasurer@rotarynorthbalwyn.com.au">treasurer@rotarynorthbalwyn.com.au</a></p> <p><b>Grapevine: John McBride</b>  <a href="mailto:jdmcb48@bigpond.net.au">jdmcb48@bigpond.net.au</a></p> <p><b>Noon Sat Weekly Deadline for submissions please.</b></p>	<p><b>APOLOGIES FOR CLUB MEETINGS</b></p> <ol style="list-style-type: none"> <li>1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.</li> <li>2. Click <a href="#">HERE</a> for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.</li> <li>3. Or E-mail Hugo Goetze  <a href="mailto:HugoGoetze@netspace.net.au">HugoGoetze@netspace.net.au</a></li> <li>4. Phone 9857 6701 (leave a message if required). Mobile phone calls &amp; SMS are not to be used.</li> </ol> <p><b>Please apologise no later than 5pm on Tuesday.</b></p>
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<p><b>North Balwyn Probus: Michael Martin</b>  <a href="http://balwynnorthprobus.org.au">http://balwynnorthprobus.org.au</a></p> <p><b>North Balwyn Heights Probus:</b>                  Sue Mullarvey  <a href="mailto:yarramul@tpg.com.au">yarramul@tpg.com.au</a> 9857 4305, 0400 821 402</p>	<p><b>Greythorn Probus:</b>                  Meetings 10am 2nd Tuesday Monthly.                  St Aidan's Church Hall, Duggan St, Balwyn Nth.9859 4941.</p> <p><b>Boroondara Ladies Probus: Janet Eddy</b>  <a href="mailto:jveddey@applewood.net.au">jveddey@applewood.net.au</a></p>
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Thanks to Chris Cross Landscape & Gardening Supply for their support of our Club through housing our 3 storage containers.



We thank Bread Street Bakery for their ongoing support of our BBQ Fundraising activity through their generous provision of bread supplies.



<p><b>helloworld</b>                  TRAVEL                  THE TRAVEL PROFESSIONALS                  BALWYN NORTH</p>  <p>Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.</p>	<p><b>Bendigo Bank</b>                  Kew   Kew East</p> <p>Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.</p>	
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