## The Rotary Club of North Balwyn

#### Week 6 9th August 2015







# **IN SERVICE OF ROTARY**

## The Presidential Proclamation

August is Rotary International's membership month and we plan to focus on membership throughout the month.

We welcome Dan Hilton, who is our Police participant in the Police Mentoring program, being mentored by Findley Cornell. We look forward to hearing from and seeing Dan at Club meetings during the next 12 months.

Club membership is the cornerstone of Rotary and to me this membership is a privilege which has been given to me and in return I will do what I can for the Club and the wider Rotary community.

One of the important parts of my membership is the friendships which have been extended to me and have continued for the more than 18 years which I have been a member of this Club. The other important part of membership is the service which I can give both my local community and the wider community. I have had amazing experiences through Rotary which I could not have had, had I not been a member.

I know we would love to share our Club with more members and so our challenge is to grow our membership and introduce new people to be members. We wear our badge with pride to tell the world we are Rotarians.

During the next seven days see how many people you can talk to about Rotary and while doing so remember to:

"Be a gift to the world".

## **President Jane**

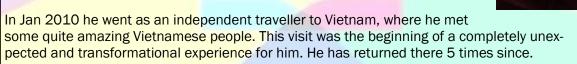
Some words from George Bernard Shaw:

"I am of the opinion that my life belongs to the community and as long as I live it is my privilege to do for it, whatever I can... I want to be thoroughly used up when I die. For the harder I work the more I live. Life is no brief candle for me, it is a sort of splendid torch, that I have got hold of for a short time, and I want to make it burn as brightly as possible, before handing it on to future generations."

## NEXT WEEK'S SPEAKER:- Michael Redding

## Wheelchairs for Vietnam

Following his retirement in 2009 as a High School teacher (Geography & History) and, in addition to spending a lot of time with his three young grandchildren, Michael has been travelling extensively overseas.



Michael now wants to give something back to this wonderful country by encouraging donations to buy wheelchairs for disabled poor people in Vietnam.



<u>Our Leadership</u> 2015/2016





DG 9800







President RCNB Jane Pennington

MEETINGS THURSDAYS 6 for 6.30pm Kew Golf Club 120 Belford Road Kew 3102 Ph: 61 3 9859 6848 

Findley Cornell, our Police Mentor on the Police Mentoring programme, introduced Senior Sergeant Dan Hilton to the club. Dan gave an overview of his background and his current role with the Victoria Police Solo Unit. The Victoria Police Solo Unit now predominantly performs ceremonial duties and through this Dan has met a number of local and international dignitaries and celebrities. We believe that Dan did gain a positive impression of the club notwithstanding the sledging and banter on his table ("Bay 13" !!!)







Ian Mollison introduced our guest speaker Gus Balbontin. Gus took us on his journey from a childhood in Argentina to a challenging period as a "Rotary Exchange student from hell" in Byron Bay and ultimately to running one of the worlds favourite brands "Lonely Planet".

This week's gardening in photos of MLC and Camberwell Grammar students ably supported by enthusiastic members.



### Rotary Gardens Project at 9th August 2015

Three terrific sessions this past week – Leah, Tom & Libby were glowing in their praise for the efforts on their properties by fellow Rotarians, Camberwell students (and teachers) and the MLC crew – my thanks, again.

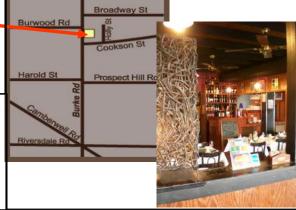
This coming week, we have 4 properties to visit – a BIG thank you to Nino, Marcel and Joe for volunteering already, albeit other Rotarians are always welcome to join in the fun anytime as well. The Saturday 15/8 CGS timeslot is one of two special sessions for up to 20 Camberwell Grammar students completing their Annual Community Service activity so Sweyn St, North Balwyn will not disappoint them (or us...), given fine weather. Any other takers?

<b>Date</b> & Who with	Time	RCNB Supervisor	Assisted by
Thur 13/8	From 11.15am	Peter Elliott	Greg Matthews Small pruning & tidy-up job
Fri 14/8 – CGS/X	3.00 - 5.15pm	Greg Cribbes	Nino Sofra
Sat 15/8 - MLC	10.00 - noon	Geoff Haddy	Marcel Muntwler
Sat 15/8 - CGS	10.00 - noon	Greg Cribbes	Joe Butler +
Thur 20/8	From 2.00pm	Rowan McClean	Bob Bromley Smallish job in North Balwyn
Fri 21/8 – CGS/X	3.00 - 5.15pm	Geoff Haddy	8
Sat 22/8 - MLC	10.00 - noon	Greg Cribbes	Rowan McClean
w/c 24/8	Whenever	David Cheney??	v. small w/snip, Mow job only
Fri 28/8 – CGS/X	3.00 – 5.15pm	8	8
Sat 29/8 - MLC	10.00 - noon	Greg & Jenny Cribbes	8

A reminder – next Thursday's meeting is a Partner's night. Please advise Peter Elliott if your partner is attending.

DINE OUT AT AMICI'S RESTAURANT. FRIDAY 21 AUGUST 2015 6.30 FOR 7 PM. 726 Burke Road CAMBERWELL COST: \$ 35.00 p.p. – INCLUDES Bruschetta & Pagnotta

The food is wholesome and fresh, cooked daily using produce available at the time of the year. Recipes are uncomplicated, easy and quick to prepare, the servings are generous, and the prices always low. The atmosphere in a Trattoria is informal - noisy, busy, sometimes hot, but always friendly and welcoming!!!



Important Anniversaries

Monday 10th August to Sunday 16th August

Birthdays: Jane Pennington, Peter Elliott, Hazel Thackray, Barbara Stokes

Inductions:

Wedding Anniversaries:-

#### WEEK 6

#### SUNDAY 9TH AUGUST 2015

Carmel and Bob Bott enjoying some relaxing family time...

Hi all,

A few happy photographs as Carmel and I together with our family cruise the Coomera River. Lunch today was mud crab with grilled flathead tails.

Temperature today is 23 degrees with vivid blue skies.

Wish you were here..

Carmel and Bob







## **NOVEMBER FELLOWSHIP WEEKEND AT COBRAM**

From President-Elect Rowan McClean:-

Those people going to Cobram who have not paid a \$100 deposit need to transfer the amount to

RCNB BSB 033 058 Acct 123688

Please ensure your name shows and that the description is Cobram.

ROTARY CLUB OF NORTH BALWYN Golf Day at Kew Golf Club Friday 23rd October

<u>Please note that there has been a change of dates</u> Only \$75 per round with lunch and prizes included!



Shotgun start! For a successful event, we need 140 starters. Also looking for Gold, Silver and Bronze Sponsors for each hole.

Contact Greg Matthews 0419 597 780 email:- greg1144@bigpond.com for more information

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## Rotary Club of North Balwyn CHARITY GOLF DAY

#### Friday 23<sup>rd</sup> OCTOBER 2015

To be held at Kew Golf Club 120 Belford Rd East Kew.

## Proceeds to ROTARY CLUB OF NORTH BALWYN MEN'S SHED

#### GREAT PRIZES TO BE WON

## Shotgun Start at 8.00 am

Please arrive between 7.15am - 7.30 am for briefing before proceeding to allocated tees.

Upon completion of your enjoyable round, a two course lunch is provided (included in the fee) during which all Presentations will be made. Drinks are available at bar prices.

The COMPETITION is Ambrose – preferably, players will have GA Handicaps.

For all social and non-handicap players, a Handicap of 18 will be given.

In addition to PRIZES for 1<sup>st</sup>, 2nd and 3<sup>rd</sup> placed teams, there will be fun prizes on:

- 9<sup>th</sup> Fairway Longest Drive (on the fairway!!)
- 9<sup>th</sup> Fairway Straightest drive (beyond the tee!!)
- 11<sup>th</sup> /18<sup>th</sup> holes- nearest the pin (on the Green!!)

## ENTRY FORM:

PLAYER	<u>PHONE</u>	GOLF CLUB	HANDICAP	GOLF LINK No	<u>\$</u>
(1)					
(2)					
(3)					
(4)					
				Т	OTAL
Cost \$75.00 per	r plaver. k	Kew Golf Club Members	\$50.00		

#### WEEK 6

#### SUNDAY 9TH AUGUST 2015

President Rick Preston of the Rotary Club of Boroondara, as passed on this invitation to listen to their "special guest" speaker, Andrew Blowers, on Tuesday Night 1/09/2015.

Andrew Blowers is a former NZ - All Black rugby union player & currently Player Welfare & Community Relations Coordinator for the Melbourne Storm.

Rick has advised that this is a "low cost" night, being part of the club's normal meeting structure. Drinks are at bar prices. Members who have a passion for the Rugby code and sport in general, are invited to come along .

RSVP details are on the flyer



We'd like to invite you to the Rotary Club of Boroondara to hear our special guest speaker....



# Andrew Blowers



International Rugby Legend, All Black, Player Welfare & Community Relations Coordinator for The Mighty Melbourne Storm.

Hotel Kew, 99 High Street, Kew (Upstairs) Tuesday 1<sup>st</sup> of September, 7.00 for 7.30pm \$10.00 (Supper included)



http://www.boroondararotary.org

RSVP to Andy Brown abrown@invocare.com.au

Meeting No. 06				nursday, 6 August 2015
Present:			From Rotary	y Exchange to "Running Lonely Planet"
NB Members	49			
Visiting Rotarians	-			
Guests MakeUps	2 Senior Sergeant Dan Hilton (Findley Corell), Speaker Gus John McBride, Estelle Kelly, Ian Richardson, Greg Cribbes			
	9	sell, Bob Bromley - all gardening , Anthony Stokes - Rotaract Distric Changeover, Rowan McClean - Rotary Club of Daylesford, Bill Oakle Hawthorn Craft Market BBQ		an - Rotary Club of Daylesford, Bill Oakley -
Partners	2	Margaret Wil	kins, Areta Hurna	ard
Meeting Attendance	53			
Absences for Rosters:		Including Lea	ave of Absence	
The dates given when applying are the first & last days <u>not available</u> (not meetings).				
Geoff Steinicke		Bob Bott	Barry Cummings	s Larry Fitzpatrick
Hugo Goetze		Tony Ho	Sue McDonald	Jim Studebaker
Peter Sutherland		Garth Symin	gton	Bill Thackray

#### **Detox Your Home**

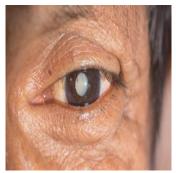
Bob Bromley has seen the following notice in a Local Paper this week and felt it may be something worthwhile telling our members about. It could also be useful for our members doing "gardening" jobs to be aware of this opportunity.

"Detox your home - Residents can drop off hazardous household chemicals at the Detox Your Home mobile collection at the Boroondara Recycling and Waste Centre 648 Riversdale Road Camberwell on August 22. Register at sustainability.vic.gov.au/detox your home or ring 1300 363 744."

## LATEST DEVELOPMENTS IN HEALTH TECHNOLOGY (Geoff is on leave)

People suffering from cataracts aren't exactly flush with options when it comes to restoring their vision. As they grow over time, they start to impede the ability to perform everyday tasks like reading and driving, prompting surgical removal either by scalpel or laser. But new research suggests a less invasive solution might be on the way in the form of a naturally-occurring molecule that can be administered through a simple eye drop.

Scientists had suspected that a molecule called lanosterol may have a role to play in the onset of cataracts. This suspicion was borne out of research at China's Sun Yat-sen University that found two children with inherited cataracts both shared the same genetic mutation that adversely affected the production of lanosterol. This lead researchers to surmise that the molecule might prevent cataract-forming proteins from clumping in the eyes.



The scientists then conducted testing where dogs suffering from naturally occurring cataracts were treated with eye drops containing lanosterol. Following six weeks of treatment, the team observed a reduction in both the size and cloudiness of the cataracts.

"Our study identifies lanosterol as a key molecule in the prevention of lens protein aggregation and points to a novel strategy for cataract prevention and treatment," the authors report.

Cataracts are the leading cause of blindness, affecting tens of millions of people around the world. They come about when the highly organized makeup of crystalline proteins in the lens of the human eye is disrupted, causing the proteins to clump together. Though the research is still in its very early stages, the scientists are hopeful they have found a way of preventing this process from occurring.

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MEETING ROSTERS				
Thursday13th AugustPartners NightSpeakerMichael ReddingTopicWheelchairs for VietnamHost:Tony HartDesk:Brian Hurnard, Chris Flavelle-SmithGreeters:Ted Angleton, Marcel MuntwylerSet-up:Peter Cleary, Estelle Kelly	Thursday20th AugustSpeakerSteve SammartinoTopicThe Great FragmentationHost:TBCDesk:Bernie Smith, Greg DimopolousGreeters:Peter Elliott, Anthony StokesSet-up:Matthew Pauli, Maurie Walters			
Thursday27th AugustSpeakerPhilip ArcherTopicMembershipHost:Russell CooperDesk:Duncan Ansell, Colin SharpGreeters:Don Bowden, Tony HartSet-up:Tony Ho, Ted Wilkins	Thursday3rd SeptemberSpeakerDaniel CairnesTopicTBCHost:TBCDesk:Rob Head, Ken MaxfieldGreeters:Greg Matthews, Jergen KehneSet-up:Larry Fitzpatrick, Rowan McLean			
MAKE NOTES OF THESE DATES IN YOUR DIARY See also http://www.rotarydistrict9800.org.au/notices_and_events_future				
AugustThursday 13thClub MeetingPartner's NightPartner's NightFriday, 21stEvent- Dine-Out Dinner at Ameci's726Burke Road, Camberwell6.30 for 7.00 pm	November Sunday 1st Craft Market BBQ Camberwell Civic Centre Friday/Sunday 6/8 Fellowship & Golf weekend Cobram, Barooga			
Friday 28th BBQ at Bunning's September Sunday 6th Craft Market BBQ Camberwell Civic Centre	Saturday 14th Upstream Challenge Thursday 19th Event—Fashion Fundraiser Blue Illusion, Balwyn December			
Thursday 17th Bus tour to Australia Garden Cranbourne \$35 per head (excludes lunch etc October Thursday 1st Club Meeting—Partner's Night Cel- ebration Grand Final & visit by District Governor Friday 23rd Golf Day	Thursday 3rdBBQ at BunningsFriday4thLadies Christmas Cake StallThursday 10thClub Meeting—Partner's NightCelebration of ChristmasSaturday 12thEvent—Carols in the ParkMacleay Park, Balwyn			
Key Golf Club Sunday 4th Craft Market BBQ Camberwell Civic Centre	Sunday 13th Event–Carols at Servants January Sunday 10th Event–Brunch 9:30–11:30 am			

Friday/Sunday 9/11 Camp Getaway Weekend

Friday 23rd BBQ at Bunning's

Thursday 29th Club Meeting-Partner's Night Celebration of Melbourne Cup

October

March 12/13

373 Ringwood Warrandyte Rd, Warrandyte

District Conference Bendigo

2016

Warren Glen Nursery

### **ROTARY CLUB OF NORTH BALWYN 2014/15**

President: Jane Penninghton Vice President: Brian Hurnard

Secretary: Gavan Schwartz

Treasurer: David de Garis

president@rotarynorthbalwyn.com.au vicepresident@rotarynorthbalwyn.com.au secretary@rotarynorthbalwyn.com.au treasurer@rotarynorthbalwyn.com.au

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E-mail: info@rotarynorthbalwyn.com.au

## Acting Grapevine Editor John McBride

jdmcb48@bigpond.net.au

Submission by Noon Saturday please.



## **APOLOGIES FOR CLUB MEETINGS**

- 1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
- 2. Click <u>HERE</u> to go to the Website
- 3. As Hugo is on leave, Peter Elliott will be taking apologies <u>apologies@rotarynorthbalwyn.com.au</u>
- 4. Phone 9857 7502 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending as Peter lets the Kew Golf Club know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending.

A meal may not be available if additional people attend to that advised.

Gibraltar Airport or North Front Airport is a civilian airport that serves the British overseas territory of Gibraltar, a tiny peninsula with an area of only 6.8 square kilometres.

The lack of flat space on Gibraltar means the peninsula's only runway is bisected by its busiest road, the Winston Churchill Avenue that heads towards the land border with Spain. A pair of flimsy-looking barriers closes vehicular traffic every time a plane lands or departs. Fortunately, it's not a busy airport. It handles only about 30 flights a week, all flying to and from the United Kingdom.



D9800 Probus	Aisin Toyota Sewing Machines			
North Balwyn Probus President 2015/16	Aisin have supported our Solomon Islands			
Ken Mitchell: mitchellkv@gmail.com	Project with multiple donations of Sewing			
North Balwyn Ladies Probus (Sect Jill Johnstone)	Machines and Overlockers. If you are looking for the ideal practical gift consider the			
jilldj@melbpc.org.au North Balwyn Heights Probus (Sect Sue Mullarvey)	Aisin Toyota range of Home Sewing Products			
	TOYOTA Home Sewing Products Melbourne Vic 3025			
<u>yarramul@tpg.com.au</u>	Phone: (03) 8311 9110			
Greythorn Probus (Sect Shirley Brangan)	www.sewing.aisin.com.au			
daynaleigh1@bigpond.com	Available at Spotlight Stores			
Tel: 03 9859 4941				
Boroondara Ladies Probus (Sect Janet Eddy) jveddey@applewood.net.au	Η ΤΟΥΟΤΑ			



# ROTARY CLUB OF

Our Club Web Site www.rotarynorthbalwyn.com.au

Rotary International <u>http://www.rotary.org/en</u>

## Support Our Sponsors

