

# The Grapevine



## Rowan's Reflections

[Our Leadership](#)  
2016/2017

What a diverse and enjoyable meeting we had last week!

We met German exchange student Moritz Ellermann for the first time who we are sharing with the RC of Balwyn. Moritz was accompanied by his current hosts Henry and Leonie Brockman. Moritz has settled in to Trinity Grammar School very well and has Thomas Brockman in the year ahead of him at school as an "older brother". He showed us some photos of his home town of Dortmund

We heard from Josephine Arthur who recounted her valuable and enjoyable experience at RYLA, the District 9800 week-long residential personal development program for young people aged 18 to 25. RYLA focuses on yourself, leadership and community and it is a really worthwhile program which our club supports.

Jill Forsyth, the District acting RAWCS Chair and a member of RC of Kew, told us about the new Rotary Sustainability Store at rear 654 Burke Rd, Camberwell Junction. All proceeds from the store are going to Camcare and Donations in Kind. Read more details elsewhere in the Grapevine.

Our International Director Imre Lele told us briefly about DIK which has expanded its already significant storage area at Somerville Road, West Footscray. Our club supports DIK financially, sends containers overseas and has a member on the DIK Board.

Our guest speaker for the night was Peter Martin who introduced us to the small drought-affected community of Brim in the Wimmera, which has become an overnight tourist destination thanks to the art of Guido van Helten. Van Helten, from Brisbane, painted four 30 meter tall images of local people on decommissioned grain silos. A special mystique is in the people depicted, with tourists anxious to discover who they are and the stories. It was a fascinating presentation about the revival of a struggling town that is only about the same size as our club!

Finally, and on her birthday, it was announced that immediate past President Jane has accepted the position of District Secretary for the 2018/2019 Rotary Year. Congratulations to Jane. I know she will do a great job to support the 70 clubs in District 9800.

I thoroughly enjoyed the meeting and the many different examples of Rotary serving humanity.

At the next meeting on 18 August we will hear from Sue Cunningham about the aftermath of the Black Saturday fires that devastated so many lives.

See you then.

*President Rowan*



**RI President**  
**John F. Germ**



**DG 9800**  
**Neville John**



**AG Eastside**  
**Jonathan Shepherd**



**President RCNB**  
**Rowan McClean**

### MEETINGS

**THURSDAYS**  
6 for 6.30pm  
Kew Golf Club

120 Belford  
Road Kew  
3102  
Ph.  
9859 6848



### Thursday 18th August

Speakers: Sue Cunningham  
Topic: Black Saturday - All The Days After  
Host: Greg Matthews  
Setup: John Gartlan and David Rowe  
Greeting: John Rennie and Phil Francis  
Desk: John McBride and David Cheney



## At last weeks meeting:-



Chairperson Russel Turner with our main speaker Peter Martin and Simon Leslie from Brim.



Our incoming exchange student, Moritz Ellerman is from Dortmund, in northern Germany.

Moritz's presentation was well done. We learnt that he is 16, has a sister two years younger and his parents are teachers.

Moritz will be attending Trinity Grammar during his stay in Melbourne. He is a keen skier and a member of Scouts.



Josephine Arthur thanked the club and recounted her experiences and benefits gained from attending the RYLA one week camp.



Chairperson Russell presented a certificate of appreciation to Peter Martin for his talk about the small community of Brim and the work of artist Guido van Helten.

The grain silos at Brim have become an attraction with increased tourism resulting in benefits to local businesses. Guido used Peter as the subject on the first silo.

### Thursday 25th August

Speaker: Professor Geoffrey Donnan AO  
 Topic: Research into the brain: the new black  
 Host: Greg Ross  
 Setup: John Rennie and Ted Angleton  
 Greeting: Robyn Stepnell and Takeo Yukawa



## \$\$\$ Subscriptions 2016/17

**A BIG thank you** to all Members who have already settled their accounts. As of Friday 12<sup>th</sup> August, **43%** of \$Subscriptions have been deposited. Remember, our total Subscriptions will cover our budgeted Admin and RI costs.



As a reminder, the following payment options make it easy for you to settle:

By cash or by cheque payable to "Rotary Club of North Balwyn Inc" handed to Assistant Treasurer Geoff Haddy or Treasurer Greg Cribbes,

or

By cheque posted with invoice to RCNB, PO Box 135, North Balwyn 3104,

or

Preferably, by internet direct bank transfer to the Club's Administration account:

**BSB: 033 058 A/c Number: 123688**

## Rotary Sustainability Store

At last week's meeting we heard from Jill Forsyth who gave a presentation on the Rotary Sustainability Store. Our Club aims to support this Store and there are different ways you can do this.



### 1. Donations

Donations of books are always appreciated including current fiction, books authored by Tim Winton, Ahn Do, modern crime writers, Shantaram, and the good old classics. Famous chef cookbooks and any old and new CWA cookbooks are hot favorites.

### 2. AUGUST - Stock for Shop

In preparation for a Father's Day display, items are wanted that would appeal to someone else, especially unused gifts. So maybe the one aftershave too many, or the Vinyl LP's that you no longer play, shoes that are one size too small, jackets, knitting books and needles or any duplicate tools etc!

### 3. Grand Re-Opening Sale

We are all invited to celebrate the Grand Re-Opening sale on **Sunday 21 August between 2pm-4pm**. The shop is located at **Rear 654 Burke Rd, Camberwell Junction**, off the car park, next to the Pollo chicken shop.

### 4. Donation Drop Off

To drop off books and saleable goods to the Shop it is open Monday to Saturday from 10am – 4.30 pm. Parking for five minutes out the front to enable easy drop off.

### 5. Volunteers

If anyone is interested in volunteering at the Shop please contact Jane Pennington.

### 6. Profits

All profits help to sustain the work of DIK and Camcare.

## GARTH WANTS YOUR ROTARY DOWN UNDER MAGS!!!

Garth has a better way of recycling your RDU when you've finished reading them.

They will be placed in reception areas, coffee shops etc around North Balwyn and Boroondara.

These RDU's will have RCNB contact details attached.

Please put them in the Green carton at our meeting!!





## The creation of the Earth

By Cate Angleton Lynch

Note: 'Ngala Garingal' means 'Mother Star' in *Wagiman*, an Indigenous Australian Language.

Many, many years ago, the earth was nothing but land. There were no living creatures or trees, just red soil. All was silent.

Up in the sky, there was a beautiful young shooting star. Her name was Ngala Garingal, and she fell to the earth, transforming into a gum tree. She spent her days working hard to make mountains, oceans, and forests with her special powers, but she was lonely and sad. She had no one to share them with.

As the years flew by, she realised how she could cure her loneliness. She wanted to be a mother! With this thought, she created a bird. The bird was a kookaburra, and she told him he could live in her branches. The next day, Ngala Garingal decided to create another child, a daughter this time. This daughter was a kangaroo, and Ngala Garingal told her she could live under the shade of her branches, but roam the land freely. The next day Ngala Garingal created another child, a possum, who she told could live in her hollow trunk, where it was warm and dry. The next day, Ngala Garingal created a man. She told the man he could shelter under her trunk with the kangaroo. The man was different to the other children. He was unpredictable. Some days he was loving, considerate and kind. Other days he was sly and sneaky and untrustworthy. One day the man decided he deserved better than the shelter his mother was providing him with, so he made a knife. Ngala Garingal yelled "*Majiyan-wehen gahan nganku jimirndirr! Denh-na gunyju-bu-n-ma nardal!*" (Which means; *No more playing with that knife! It might cut your hand!*), but it was too late, he was cutting her, and her branch was gone. He used it to make a house.



Ngala Garingal was heartbroken, and her wound bled uncontrollably. She banished the man to a faraway part of the world, and wept for many years. With all her raging emotions, Ngala Garingal lost control of her precious earth. When she yelled in anger there were volcanic eruptions, when she cried there were floods, and when she trembled in fear there were earthquakes. After a long, long time, she settled. She looked at what she had done and felt guilty. She gathered her 3 children back, and proceeded to create more. She sent them to different places all over the world, places where they could survive best, like the monkeys in Madagascar, the whales in the ocean, or the penguins in Antarctica. She made many different species of animals, all with unique traits and responsibilities. In fact, she created every single creature that walks the earth today. Her children began to have children of their own, creating even more types of creatures, in different colours and sizes to their original form. She taught them the importance of balance between good and evil, and loved every single one of them. When they hurt, she hurt. When they were happy, she was happy. The world was balanced and peaceful.

After a long time, she summoned the man back. She was cautious this time, as now she knew that he had great powers like her. He could think strategically, create things, love and learn. With these great powers came great responsibility. She taught him to nurture his brothers and sisters- the rest of the creatures. The man had the power to either ruin or sustain Ngala Garingal's precious earth. This made Ngala Garingal feel uneasy. She made him promise to always care for the earth, and always choose love over hatred, and charity over greed. With that, she bestowed on him the role of the guardian of the earth.

Trusting her child to keep his word, and live among her other children peacefully, she transformed back into a star, to watch over all the earth from the sky. Since then she has visited many other planets, and created many other worlds, similar to earth. When man transgresses, she cries or yells or shakes, creating the world's natural disasters to remind him, his children, and grandchildren of the promise.

### Reflective statement

I wanted my creation myth to explain the creation of the earth as we know it, rather than the creation of a smaller phenomenon like the stars or the oceans. I am not religious so it was interesting for me to research all kinds of radical explanations for life and the world's existence. I found that my favourite stories tended to be Indigenous Oceanian ones, e.g. stories from Mauri, [Aboriginal Australian](#) and [Torres Strait Islander](#) cultures.

My creation myth focuses on the concept of the equality of all earth's creatures. All too often in myths humans are represented as divine beings, superior to all others (e.g. Greek mythology). I like that in Indigenous Australian dream time myths, the animals are shown as just as important as humans. This is why I made the theme of my myth Indigenous Australian, and used a bit of language from the *Wagiman* language. For example, Ngala Garingal means Mother Star in *Wagiman*.

I tried to incorporate the idea of an Earth Mother, because I like the idea that all creatures, great and small, came from the same family. The rainbow serpent and Mother Nature are examples of this, and Ngala Garingal is my interpretation of this type of character.

I also wanted to incorporate modern scientific reasoning into my story, or at least acknowledge it. This is why in the second big paragraph I say "*Her children began to have children of their own, creating even more types of creatures, in different colours and sizes to their original form.*" This is in reference to evolution. I try to explain why rather than all animals beings exact replicas of their ancestors, they come in different types.

At one point I also reference the balance of good and evil, because I was very interested in Japanese mythology, and the story of Yin & Yang.

My creation myth provides an explanation for the earth's creation, and though it may not be true, it attempts to explore the ideas of family, good, evil, and creation in a way that may bring comfort to some people, in the same way religions and traditional creation myths do.

Editor:-Thank you to Ted and Ivy Angleton in sharing Cate's Creation Story. Cate is 13 year old and a year 8 student



*The Rotary Clubs of Balwyn and North Balwyn invite you to  
A SPECIAL FUNDRAISING DINNER*

*This is Rotary serving our local community  
with all proceeds going to Camcare*

Many of the Rotary Clubs in Boroondara have supported Camcare in the past and we wish to continue and enhance this support.

We hope that the Clubs will consider attending this function in place of their usual weekly meeting.

We welcome you

On: Thursday 1 September 2016

At: Greenacres Golf Club  
Elm Street, East Kew

Arrive at 6.30pm for an initial drink with  
proceedings starting at 7.00pm

The cost is \$55.00 per head which includes a  
two course meal, initial drink and tea/coffee.

Contact Person for Questions:  
Kevin Walsh: President Balwyn Rotary  
Ph: 0407 354 588  
Email: [kevin@kwwalsh.com.au](mailto:kevin@kwwalsh.com.au)

**Bookings through:** [www.trybooking.com/214264](http://www.trybooking.com/214264)  
By 30<sup>th</sup> August 2016.

**Partners are very welcome.**  
**Friends and others need to book in.**  
**For more information, Contact Jane by**  
**email [jane.pennington@bigpond.com](mailto:jane.pennington@bigpond.com)**  
**or phone 0408 402 555 .**

*Camcare is a community based, not-for-profit organisation which focuses on supporting people in Boroondara and surrounding areas through times of adversity including unemployment, ill health, relationship difficulties, and financial stress and hardship, including homelessness and food security issues.*

*Camcare seeks to work with all members of the local community to provide services that assist people to identify and use their strengths, acquire new skills and confidence and manage their affairs independently.*

*As this is a fundraising event come ready to bid on some auction items – the evening will feature a live auction and a silent auction. Or you might do better with the quiz on the table. Camcare will benefit from your generosity!!*





## GARDENING PROJECT

15 August 2016

Good sessions last week delighted a North Balwyn resident. Thanks Greg and Duncan. Also cleared a garden bed at Eva Tilley Memorial Home with students from Camberwell Grammar and Xavier with help from Tony and Findley. Well done by everyone.



Camberwell Grammar students attacked the stubborn grasses.



Xavier Students continued the good work.



The final result was a job well done.

There is a special session coming up on **Wednesday 21<sup>st</sup> September**. Once again we are joining with YEP (Youth Engagement Program – young people from a group of Catholic churches) for their once-a-year garden blitz. This time the gardening working bee will be at an organisation President Rowan is very keen for us to support - **The Royal Talbot Rehabilitation Centre** (Brain Disorder Unit). We'd like a strong team from RCNB – please nominate below and come, even if for only part of the day. (Geoff H)

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 19/8 - CGS/X	2.45 - 5.15pm	Greg Cribbes	Ian Richardson John Koa
Fri 26/8 - CGS/X	2.45 - 5.15pm	Brian Hurnard	Russell Turner (+1 pls.)
Sat 27/8 - MLC	10 - noon	Marcel Muntwyler	Rowan McClean
Fri 2/9 - X	4.00 - 5.15pm	Geoff Haddy	Tony Ho
Fri 9/9 - X	4.00 - 5.15pm	Greg Cribbes	Ian Richardson
<b>Special working bee Wed 21/9 With YEP</b>	<b>10.00am – 3.00pm At Royal Talbot</b>	Geoff Haddy	
16 Sept to 3 October	<b>SCHOOL BREAK</b>		
Fri 7/10-X	4.00 – 5.15pm	Geoff Haddy	(1 pls.)
Sat 8/10 – MLC	10 - noon	Geoff Haddy	Estelle Kelly
Fri 14/10 – CGS/X	2.45 – 5.15pm	(1 pls.)	(2 pls.)
Sat 15/10 - MLC	10 - noon	Marcel Muntwyler	Rob Head
Fri 21/10 – CGS/X (Fellowship wkend)	2.45 – 5.15pm	(1 pls.)	(2 pls.)
Sat 22/10 – MLC	10 - noon	Greg Cribbes	(1 pls.)
Fri 28/10 – CGS/X	2.45 – 5.15pm	(1 pls.)	(1 pls.)
Fri 4/11 – CGS/X	2.45 – 5.15pm	Greg Cribbes	(2 pls.)
After 4/11 until February	<b>SCHOOL BREAK</b>		

Please indicate your availability by adding your name as the board circulates at our next meeting, or advise **Geoff Haddy** by phone or text 0418 584 968 or email [ghaddy@bigpond.net.au](mailto:ghaddy@bigpond.net.au)

**Geoff's Health Tip****Four foods that help reduce Blood Pressure**

Over the past ten years most people have already cut back on salt to reduce blood pressure. Recently, sugar has been implicated in raising blood pressure and may be the real culprit after all. As reported in *The American Journal of Clinical Nutrition*, the results of 12 trials found that sugar intake over a two month period could, on average, spike systolic blood pressure by 6mm and diastolic blood pressure by 5mm.

Whilst home cooks work away at reducing salt and sugar in the kitchen, food companies have also been playing their part in reducing these additives. Maybe it is now time to look at adding foods to your diet that are known to reduce blood pressure naturally.

**Chocolate**

Many studies show that cocoa products can reduce blood pressure. An Australian analysis of 13 randomised studies concluded that dark chocolate is more effective than a placebo in lowering blood pressure. Among hypertensive or pre-hypertensive patients, eating chocolate dropped systolic pressure by as much as 8mm and diastolic pressure by as much as 4.9mm. Dark chocolate is recommended as it has more cocoa and less sugar than milk chocolate.

**Olive Oil**

A study in Spain involving more than 6,000 participants, with at least two years follow up, showed that blood pressure was up to 75 percent lower for those eating more olive oil compared with those eating the least.

**Beets**

Beets lower blood pressure significantly thanks to high levels of dietary nitrates. The British Heart Foundation funded a study of 68 patients with hypertension. Half the patients received a cup of beetroot juice or a cup of placebo juice. Blood pressure in the beetroot group dropped a mean of 8.1mm compared with the placebo group.

**Garlic**

In an analysis of seven randomised, placebo controlled trials, researchers found a significant blood pressure lowering effect. On average, the systolic pressure dropped 6.7mm and the diastolic pressure dropped 4.8mm.

In fact, garlic rivals some blood pressure medications.

There are many more foods that contribute to lowering blood pressure: watermelon, pistachio nuts, flaxseeds and blueberries to name a few.

*Geoff*

**FELLOWSHIP FUNCTION      Friday, 26<sup>th</sup> August 2016.      6.30 for 7.00 pm.**

**Venue: Eastern Bell Chinese Restaurant**

**Address: Belmore Plaza,  
399 Belmore Road, East Balwyn.**

**Menu: a 10 course Banquet incl. tea/coffee.**

**Cost: \$50.00 per head**

**Drinks: BYO everything.**

**Corkage: Nil.**

**THANKS FROM SERVANTS**

**Team Servants**, on behalf of Servants Community Housing, were pleased to be able to participate in our fourth annual **Run Melbourne**. We had over a quarter of our residents participating.

Money is still coming in, but we have definitely raised over **\$20,000**, which is over 50% of our goal amount. We are grateful for both the practical and financial support we have received from the members of the Rotary Club of North Balwyn!

Best regards,

Cheryl Garton

## MEETING ROSTERS

### Thursday 18th August

Speaker: Sue Gunningham  
 Topic: Black Saturday - All The Days After  
 Host: Greg Matthews  
 Setup: John Gartlan and David Rowe  
 Greeting: John Rennie and Phil Francis  
 Desk: John McBride and David Cheney

### Thursday 25th August

Speaker: Professor Geoffrey Donnan AO  
 Topic: Research into the brain: the new black  
 Host: Greg Ross  
 Setup: John Rennie and Ted Angleton  
 Greeting: Robyn Stepnell and Takeo Yukawa  
 Desk: Bronwen Dimond and Paul Fitz

### Thursday 1st September Partners Welcome Cluster Meeting at Green Acres 6:30 for 7:00

A fund raiser for Camcare with auction items and silent auctions. \$55 a head. 2 course meal with coffee/tea and pre dinner drinks  
 Setup: Jack Liao and Steven Greateorex  
 Greeting: Ian Adams and Peter Elliott  
 Desk: Garth Symington and Jim Romanis

### Thursday 8th September

Speakers:  
 Topic:  
 Host: Greg Ross  
 Setup: Don Taylor and Bob Bromley  
 Greeting: Rob Stewart and Carolyn Pethick  
 Desk: Ian Mollison and David Rowe

### Meeting No. 7

11th AUGUST 2016

#### Present:

Guest Speaker	1	Peter Martin ; from Brim
NB Members	41	
Exch Student	1	Moritz Ellerman
Wives/Partners	1	Barbara Stokes
Visiting Rotarians	2	Henry Brockman, Jill Forsyth
Guests	4	Josephine Arthur, Leonie Brockman, Simon Leslie, Ian Haddy
Prospective Member	1	Kathleen Maguire
<b><u>Total</u></b>	<b>51</b>	

#### Absences for Rosters:

Ian Adams, John Burley, Greg Dimopoulos, Larry Fitzpatrick, Tony Ho,

- Jim Romanis, Nino Sofra, Don Taylor, Peter Elliott, Hugo Goetze, Tony Hart, Jurgen Kehne,
- Brian Lacy, Kinga Paulheim, Lindsay Pegg, George Swanson

### Celebrations: Monday 15th August to Sunday 22nd August

#### **Birthdays:**

Heather Bromley, Jenny Cribbes and Tess Greateorex

#### **Induction Anniversaries:**

Nino Sofra

#### **Wedding Anniversaries:**

Peter and Sally Sutherland, David and Jan Cheney, Imre and Trish Lele, Gavan and Lyn Schwartz



## MAKE NOTES OF THESE DATES IN YOUR DIARY

See also [http://www.rotarydistrict9800.org.au/notices\\_and\\_events\\_future](http://www.rotarydistrict9800.org.au/notices_and_events_future)

## 2017 DISTRICT 9800 CONFERENCE

SHEPPARTON - VICTORIA  
30 MARCH - 1 APRIL



Connecting Communities - Serving Humanity

### Registrations have opened for the 2017 District 9800 Conference in Shepparton

There will be pre and post conference activity in the Goulburn Valley.

There are significant discounts for early-bird registrations, partners and first time attendees.

Visit the website [www.rotaryconference.org.au](http://www.rotaryconference.org.au) to register and take advantage of these discounts.

### Rotarians Against Malaria Conference

20th - 21st August, 2016 - Ciloms Airport Lodge, Tullamarine

- Review RAM programs in PNG, Solomon Islands, Timor Leste and Vanuatu.
- See latest research on new drugs, effective vaccine and vector control strategies. Visit the Burnet Institute and Walter and Eliza Hall Medical Research Institute.
- Discuss new program development and opportunities for Rotary Volunteers to contribute overseas. Meet RAM sponsored PhD student Edgar Pollard.

Shape RAM's future programs and strategic directions and help plan national awareness and fund raising events for 2017.

Speakers include RAM Project Managers, Tim Freeman and Wayne Morris, Prof. Ric Price (Menzies Institute), Prof. Denis Shanks (AAMI), Dr Danielle Stanisic (Griffith Uni.), Dr Jack Richards (Burnet Institute), and Michael Shields (Chair of Rotaract Australia Against Malaria). Speakers from WEHI and Operation Buzz-Off to be confirmed.

REGISTER at [www.rawcs.org.au/ram-conference](http://www.rawcs.org.au/ram-conference) Or click links on RAWCS or RAM web sites. [Read More...](#)



### Friday 21st—Sun 23rd October Ballarat Fellowship w/e

Join us for a choice of golf, fellowship, historical sites, galleries, museums, the lake and gardens.

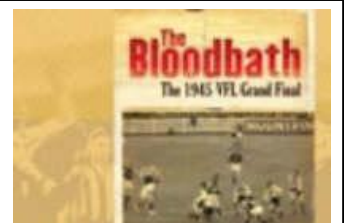
(Those not attending require a note from their parents to Rob Head)



### GRAND FINAL NIGHT THURSDAY SEPTEMBER 29th 2016

Our speaker is Ian Shaw, author of "The Bloodbath, the 1945 Grand Final"

Always a great night to squeeze into a club jersey, don your club beanie and club scarf while painting your face in war paint of your club colours! Put this pre-eminent date in your diary !! [PS The acting editor has to dig up his Don's gear following a burial ceremony earlier in the season!!!]



10 - 14 June 2017

ATLANTA, GEORGIA, USA

Rotary  INTERNATIONAL CONVENTION



- Meet the most inspiring people in the world
- Strengthen your club and your passion for Rotary
- Join The Rotary Foundation celebration
- Explore the American South
- Enjoy special tours and events offered by the Host Organization Committee

## ROTARY CLUB OF NORTH BALWYN 2016/17

**President: Rowan McClean**

[president@rotarynorthbalwyn.com.au](mailto:president@rotarynorthbalwyn.com.au)

**Vice President: Bill Oakley**

[vicepresident@rotarynorthbalwyn.com.au](mailto:vicepresident@rotarynorthbalwyn.com.au)

**Secretary: Gavan Schwartz**

[secretary@rotarynorthbalwyn.com.au](mailto:secretary@rotarynorthbalwyn.com.au)

**Treasurer: Greg Cribbes**

[treasurer@rotarynorthbalwyn.com.au](mailto:treasurer@rotarynorthbalwyn.com.au)

Web: [www.rotarynorthbalwyn.com.au](http://www.rotarynorthbalwyn.com.au)

Acting Grapevine Editor John McBride

[jdmcb48@bigpond.net.au](mailto:jdmcb48@bigpond.net.au)

Submission by Noon Saturday please.



### APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Rob Head [rahead@bigpond.com](mailto:rahead@bigpond.com) with your personal message.
4. Phone Rob on 0438 062 424

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



### THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



### D9800 Probus

**North Balwyn Probus** President 2015/16

Ken Mitchell: [mitchellkv@gmail.com](mailto:mitchellkv@gmail.com)

**North Balwyn Ladies Probus**

9857 7980 Meets on the second Monday of the month, at North Balwyn Baptist Church, 136 Doncaster Rd, Balwyn North, at 10am.

**North Balwyn Heights Probus**

Secretary Sue Mullarvey [yarramul@tpg.com.au](mailto:yarramul@tpg.com.au)

Phone: 613 9857 4305 Mobile: 0400 821 402

**Greythorn Probus**

Meets on the second Tuesday of each month at 10am in St Aidan's Church Hall, Duggan St, Balwyn North.

Tel: 03 9859 4941

**Boroondara Ladies Probus** (Sect Janet Eddy)



**ROTARY  
SERVING  
HUMANITY**



**ROTARY CLUB OF  
NORTH BALWYN**

Our Club Web Site  
[www.rotarynorthbalwyn.com.au](http://www.rotarynorthbalwyn.com.au)

Rotary International  
<http://www.rotary.org/en>



## Support Our Sponsors



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Ph: 9819 7173



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Mont Albert 3127

**FLETCHERS**

**CHRIS CROSS**

Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102



**the village**  
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**AND** your  
community



**AISIN**  
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**Cooper Street Self Storage**