



The Grapevine



IN SERVICE OF ROTARY

The Presidential Proclamation

A big thank you to Greg Ross for pulling one out of the hat for our last meeting. A last minute cancellation by the Guest Speaker did not phase Greg as he calmly reorganised the program, worked out timings and ensured that the meeting ran smoothly. Everyone greatly enjoyed our celebration of everything to do with hats including members wearing a huge variety of headwear ranging from wigs to bowlers to origami hats to caps.....Many teddy bears, wearing hats, found new homes with Rotarians in exchange for some dollars. Thank you everyone for your enthusiastic participation.

All proceeds raised go towards Australian Rotary Health and their research into mental health, a very worthwhile field.

I introduced the hat theme and give you my few words about hats:

I tip my hat to you all tonight. I take my hat off to Greg for all he is doing for Hat Day and the Australian Rotary Health. At the drop of a hat he has organised tonight for us and I thank him sincerely for that. I am only wearing one hat tonight and there is nothing here that I want to keep under my hat. I hope you are all going to throw your hats into the ring. No one is allowed to hang up their hat tonight and no, I am not talking through my hat when I say that. I know we are not specifically passing the hat around tonight but please do be generous in the silver pot or otherwise I might come cap in hand to your tables. I'll eat my hat if we don't all have a ball tonight. So hang onto your hats and enjoy the meeting.

So this week don't hide under your hat but
Go and be a gift to the world

President Jane



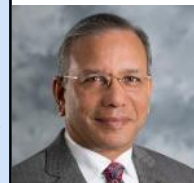
NEXT WEEK'S Guest Speaker
Mr. Paul Geyer FAICD,
State Manager of the Victoria Division
Australian Institute of Company Directors



Mr. Paul Geyer FAICD, is State Manager of the Victoria Division, Australian Institute of Company Directors. The Division has over 9,000 members and is one of the leading membership organisations in the State.

The Institute provides resources for professional development, and in depth knowledge about the roles and responsibilities of Business Directors

Our Leadership 2015/2016



RI President
K. R. Ravindran



DG 9800
Julie Mason



AG Therese
McKenney



President RCNB
Jane Pennington

MEETINGS
THURSDAYS
6 for 6.30pm
Kew Golf Club
120 Belford Road Kew
3102
Ph: 61 3
9859 6848

Pictures from our Hat Day Meeting



Winning Men and compare Greg Ross



Winning Ladies (Left) and the enthusiastic looker-ons



Jo was unbearable but irresistible



NOTICE OF AGM

ROTARY CLUB OF NORTH BALWYN Inc.

The Annual General Meeting of the Rotary Club of North Balwyn
will take place at Kew Golf Club on Thursday 26th November 2015
starting at 6.40 pm.

Nominations close on Thursday 12 November 2015.

Audited Financial statements will be circulated to members prior to the meeting date.

The Agenda for the meeting will be circulated at the close of nominations.

Gavan Schwartz Secretary 2015/16

The Shrine of Remembrance visit and tour

Wednesday, 21st October 2015 at 11.00 am followed by a café luncheon (not included in cost). Bus pickup from Macleay Park at 10.15 am.

Cost will be \$40 per head or less, depending on numbers.

Please email David Cheney if you would like to be added to the growing list.

cheneydk@bigpond.net.au



Coffee with Jack

With Jack Liao opening his new premises at the gateway to the Leo's carpark, it has been suggested that the Cafe Romeo model be cloned and those members living further west might meet there for coffee when available at 10am during week days. The objective is the same - to discuss matters of absolutely no importance.



Nino Needs Help

Friday 23 Oct Bunnings Box Hill 4-6 volunteers for morning and afternoon



(8.30 am to 12 noon and 12noon to 4pm)

2 raffle ticket sellers also required..

Friday 30th Oct

Halloween at Greythorn

BBQ outside Jürgen's shop
4pm onwards.

Two volunteers on BBQ duty plus two Tin rattles plus two people to hand out lollies.

Plus two or more Christmas raffle sellers.



Hard Work and Fun at Camp Getaway Working Bee last Weekend



Students Needing Support in Minh Hac.

John and Christine Burley and I have just returned from Minh Hac, and we are delighted with the visible progress being made through the support of RCNB, our Interact club and individual members.

We identified that there are twenty children who cannot attend kindergarten for financial reasons and, through the generosity of sponsors we have been able to ensure that they will be able to attend immediately.

There are also two new students that need support to get to school regularly. Their option, without a welfare system, and as the main breadwinner for themselves and dependent relatives, is to try to earn enough money for food each day before they can go to school. The Primary School has also identified three special cases that the teaching staff know struggle to get to school.

An annual amount of \$500 is sufficient to provide these students with support for food, clothing, school supplies and fees to provide them with better prospects in life.

The club currently has 14 members helping Minh Hac children. If you would like to join these members to help these needy students, please contact me.

Rowan McClean.



The Event

Vocation Visit to the
Melbourne Wholesale Fruit Vegetable & Cut Flower Market
19 November

As part of our Vocation Program, we are planning to visit and view the business operations of the Melbourne Wholesale Fruit Vegetable & Cut Flower Market on the morning of 19th November 2015. There, we will be briefed by the CEO, tour the new facility and finish with a breakfast. Partners are most welcome.

The event will start at the Market at 0500 and will conclude with a breakfast at around 0630.

If we get enough participants, we can arrange a bus to and from Epping.

Please respond to Colin Sharp on 0417 410 421 or at colinsharp@bigpond.com by COB 7th November 2015.

The Market

Melbourne Market is Victoria's wholesale fruit, vegetable and cut flower trading centre, one of six central fresh produce markets in Australia.

Operating from a new purpose built facility on a 60-hectare site at Epping, the Market provides the critical link between growers, wholesalers, retailers and the fresh produce supply chain.

More than 4,000 businesses use the Market as a base, buying and selling fresh produce in the early hours of the morning for distribution across Victoria and Australia.

Over 1,800 individual fruit and vegetable buyers, representing independent greengrocers, supermarkets, restaurants and food processors, source their produce direct from the Market. Many more receive deliveries and consignments from the Market.

Up to 120,000 square metres of warehousing space provides for the integration of supply chain logistics within the Market itself, and is the largest warehousing precinct of any central market in Australia.

Another rice harvest at Don Bosco Tetere

Dear Mr. Bob and Mr. Bill,

Despite the climate change, we encountered the El Niño in Solomon Islands this year. There was no rain at the beginning of the year as usual. However after the cyclone last May there was water again we able to start our rice season.

Thank you very much for your supports. The windmill gives us a great help in water supply.

Last 5 November , we have the opening ceremony of the harvest. In joining this thanksgiving event, there were many religious, invited guest, especially the Permanent Secretary of Ministry of Agriculture and Livestock, Solomon Islands Government and the Ambassador of the Republic of China (Taiwan) come to join and witness this joyful day with the whole school.

Thank you the Rotary Club North Balwyn for your great great supports.



Fr. Joseph Thanh, sdb, DON BOSCO RTC TETERE P. O. Box 566 - Honiara, Solomon Islands



The annual Variety Children's Christmas Party is in its 29th year of helping make Christmas special for sick, disabled or disadvantaged children around Victoria.

This year, to help streamline the registration process we're asking all our volunteers to submit their applications online.

Join us on 9th & 10th December 2015 at the Melbourne Convention & Exhibition Centre and help us make Christmas special for children in need.

If you have any queries about the Variety Children's Christmas Party (including queries about the application process) please email us at volunteer@varietyvic.org.au
*Please Note: You must hold a valid Victorian Working With Children Check in order to be admitted to the event on either day. No Card = No Entry



Geoff's Health Tips

Turmeric is safe, affordable and effective

One of the greatest triumphs of science today is its role in validating ancient healing modalities that were passed down orally from generation to generation. In Australia, for example, the antiseptic and antifungal properties of tea tree oil were first discovered by aborigines living in the northern rivers area of New South Wales. By making an infusion of the leaves of *Melaleuca Alternifolia* they were able to use the oil that separated to the surface to heal their wounds of battle. Because the tree resembled what we know locally as the tea tree, we call the oil distilled commercially from its leaves, tea tree oil. Our government has now validated the antiseptic and anti-fungal properties of tea tree oil obtained by distilling the leaves of *Melaleuca Alternifolia*.

If there was another plant that should receive official government endorsement as a major contributor to better health, it is turmeric. There are now hundreds of peer reviewed trials on turmeric and its active ingredient, curcumin, that show remarkable benefits in alleviating inflammatory conditions such as rheumatoid arthritis. More recently, turmeric, through its anti-inflammatory protective properties, has been shown to play a protective role against neuro-degenerative diseases, such as Alzheimer's.

Age-related cerebral dysfunction including cognitive decline, stroke and Alzheimer's is occurring on an epidemic scale in developed countries. Presently, very few, if any conventional medical interventions are capable of providing effective solutions and none have been found to reverse the underlying conditions.

Ninety percent of the world's turmeric grows in India with most being consumed in curries, for which India is famous. This is believed to be the reason that India has considerably less neuro-degenerative disease than people in developed countries.

Turmeric is safe, effective, affordable and easily accessible as a food ingredient that should be acknowledged by governments.

Geoff

**Club Dinner at the Bendigo Conference**

The Club Dinner at the Bendigo Conference will be held on Friday 11 March. The restaurant, Mr Beebes, 17 View Point, Bendigo has been booked. This is walking distance from our accommodation. So if you are booking for the Conference you can bear this in mind. The link for the Conference registration is:

www.rotary9800conference.org.au

**NOMINATING COMMITTEE TO ELECT DISTRICT GOVERNOR FOR 2018- 2019**

I have received a call for Clubs to nominate a Past President to serve on the Nominating Committee that will select a nominee for District Governor for the year 2018-2019.

If there is anyone interested in this please do contact me and I will forward to you the link to the Nominating Form.

President Jane

Please Remember....

For the Partners' evenings (e.g. the Melbourne Cup night, 29th October), Members are reminded that Partners' attendance must be advised by the Tuesday evening before each meeting. This is necessary so that the Golf Club may provide sufficient meals.

The known dietary requirements for all attending are passed on to the Golf Club.

Thanks, Hugo.

Days for Girls

Every girl in the world deserves education, safety, and dignity. Days for Girls help girls gain access to quality sustainable feminine hygiene and awareness.

The Rotary Club of North Balwyn will support "Days for Girls", initially in the following way:

Each Club meeting which has been designated as a Partners night will be a "Girls Night" too and each person is asked to bring items to go into the "Days for Girls" kits.

These include:

Undies – girls sizes 8 – 14, Plain colours, geometric designs or floral only

Face Washers

Ziploc bags size large (26 x 38cms or 1 gallon)

Cotton fabric (quilters fabric is ideal) plain, floral or geometric designs only

These items will be collected and donated to ladies who are making up the kits.



We are exploring sewing items for kits - this will happen in the near future.

From Australia, over 2,000 sanitary kits have been sent to women in East Timor, PNG and Kenya

Contact President Jane if you can help

0408 402 555

Meeting Report for GV

Meeting No. 15

Thursday, 8th October 2015

Present: Guest Speaker 0 Rotary International Hat Day - Lead by Host PDG Greg Ross

NB Members 46

Guests 1 Belinda Wandobwa - 3rd visit as a Prospective New Member

Partners 16

Friends 1 Ron Liner

MakeUps 9 Ken Maxfield - RC Yea; Gardening Project - Geoff Haddy, Geoff Steinicke applied to this week & Greg Cribbes; Rowan McClean & John Burley - Minh Hac ; Rowan McClean & Adrian Ranson - DLT Meeting; Adrian Ranson - RC Brighton Beach.

Meeting Attendance 82.8%

Absences for Rosters:

Joe Butler

Tony Ho,

Brian Lacy,

John McBride

Jim Romanis,

Garth Symington,

Bill Thackray

Celebrations

Monday 12th October to Sunday 18th October

Birthdays: Greg Dimopoulos, Joan Richardson, Ian Richardson

Inductions: Phil Francis

Wedding Anniversaries: Heather and Bob Bromley





The North Balwyn Rotary Club Antiques Road Show

Thursday 26th November



The Guest speaker at our Club Meeting on **Thursday 26th of November** (a Partners' night) will be well known and respected auctioneer, Mr. John Ainger of E. J. Ainger Pty. Ltd. Auction Rooms, Bridge Road, Richmond.

The evening will follow the format used in the popular TV series – "The Antiques Road Show". John will be asked to evaluate, discuss and offer valuations for our members' items preselected.

So, to make this an interesting and successful night, we need the following:-

Request 1

We need members to submit a limited number of significant items to be evaluated - items such as silverware, ivory, glassware, ceramics, metalware memorabilia etc. (Items that are not required are jewellery, paintings, furniture or sporting memorabilia). We would like to end up with 6 or 7 items for John Ainger to discuss during his address.

Request 2

We need a sub-committee of 2 or 3 members to attend a couple of pre-dinner meetings to evaluate items submitted by members. They should have some knowledge of and interest in antiques. If you have such knowledge, please contact Duncan Ansell to make the necessary arrangements.

This sub-committee will discuss the age, condition and provenance of items submitted by members. The sub-committee will then select the most suitable and interesting items to present to John Ainger to evaluate and discuss at the club meeting on 26th November.

Members are encouraged to bring along suitable items for the sub-committee to consider on:-

Thursday, 5th November and Thursday, 12th November.

With your help, this will contribute to a memorable evening.

Many thanks.

Duncan Ansell

Fellowship Committee.

Please Note : Melbourne Cup Celebration Night 29th October is at Greenacres !!!!

Please note that the 29th October 2015 Partners Night Celebration of Melbourne Cup will be held at Greenacres Golf Club. The change of venue is due to paint work being undertaken in the Kew Golf Club in the week beginning 26 October and the likelihood of an overpowering smell of fresh paint in the dining room on 29 October.



Defibrillator Training

As you are aware our club has a defibrillator. It is important that members know how to use it. To that end RCNB will pay for up to 5 members to undertake the Accredited First Aid Course in CPR, which includes operation of a defibrillator. Those who undertake the course will be expected to demonstrate the use of the equipment to other RCNB members. The course is of two and a half hours duration (9am to 11.30am) and costs \$50 per person. The link below will take you to the course timetable.

Club Service Director: Vice President Brian Hurnard is Acting Club Service Director until Brian Lacy returns at the end of October.

A note for your diary: Wednesday, 10th February 2016 at 12.00pm.

Visit to The Johnston Collection, East Melbourne. (Limited to 22 persons). \$23 per person.

The Johnston Collection is the legacy of **William Robert Johnston** (1911-1986) an antique dealer and collector of beautiful things. He loved objects that were unusual and visually arresting. He had a sharp eye for the beauty created by the harmonious balance of line and form. He delighted in arranging objects together to create extraordinary interiors.



Please reserve your place by making your booking with Kinga Paulheim



Rotary Club of North Balwyn CHARITY GOLF DAY

Friday 19th February 2016 Kew Golf Club 120 Belford Rd East Kew.

Proceeds to ROTARY CLUB OF NORTH BALWYN MEN'S SHED

GREAT PRIZES TO BE WON

Shotgun Start at 8.00 am

Briefing 7.15am prior to proceeding to hit off tee

Lunch: Post match with presentations included in entry fee. Drinks at bar prices.

Ambrose Competition – preferably, players will have GA Handicaps.

For all social and non-handicap players, a Handicap of 18 will be given.

In addition to PRIZES for 1st, 2nd and 3rd placed teams, there will be fun prizes on:

- 9th Fairway - Longest Drive (on the fairway!!)
- 9th Fairway - Straightest drive (beyond the tee!!)
- 11th /18th holes- nearest the pin (on the Green!!)

ENTRY FORM:

<u>PLAYER</u>	<u>PHONE</u>	<u>GOLF CLUB</u>	<u>HANDICAP</u>	<u>GOLF LINK No</u>	<u>\$</u>
(1)					
(2)					
(3)					
(4)					
					TOTAL \$

Cost \$75.00 per player.

PAYMENT OPTIONS:

- * Cheque to Rotary Club of North Balwyn – to PO Box 135, North Balwyn 3104, or
- * EFT to RCNB – BSB 033 058 Account 123696 noting your 'Player 1 name' and 'Golf'.

Enquires: Greg Matthews 0419 597 780 or email :- greg1144@bigpond.net.au

With thanks to our Major Sponsor, our local travel agent

Helloworld Balwyn North Phone 9819 7173

Ian Mollison – Managing Director, a member of the Rotary Club of North Balwyn.



MEETING ROSTERS

Thursday 15th October Speaker: Paul Geyer FAICD State Manager of the Victoria Division, Australian Institute of Company Directors Topic: Issues Facing Businesses and Boards Host: Colin Sharp Desk: David Cheney, Geoff Haddy Greeters: David DeGaris, Greg Cribbes Set-up: Rob Head, Greg Ross	Thursday 22nd October Speaker: Greg Cribbes Topic: Gardening Project Report Host: TBC Desk: Don Taylor, Bob Bott Greeters: Russell Cooper, Maurie Walters Set-up: Greg Dimopoulos, Ted Wilkins
Thursday 29th October -Partners' Night Melbourne Cup Celebration NB: VENUE IS GREENACRES GOLF CLUB Speaker: Mrs. Waltraud Reiner Host: David Cheney Desk: Paul Fitz, Jim Romanis Greeters: David Willshire, Geoff Steinicke Set-up: Brian Hurnard, Greg Matthews	Thursday 5th November Speaker: Vince Costanzo Topic: The History of Brewing and the Rise of Craft and Micro Brewing. Host: Geoff Steinicke Desk: John Rennie, John Magor Greeters: Estelle Kelly, Matthew Pauli Set-up: Larry Fitzpatrick, Bernie Smith

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

<p>October</p> <p>Wednesday, 21st Shrine of Remembrance Visit.</p> <p>Friday 23rd BBQ at Bunnings</p> <p>Thursday 29th Club Meeting—Partners' Night Celebration of Melbourne Cup at Greenacres Golf Club</p> <p>Friday 30th Halloween at Greythorn</p> <p>November</p> <p>Sunday 1st Craft Market BBQ Camberwell Civic Centre</p> <p>Friday 6th to Sunday 8th Fellowship & Golf weekend Cobram, Barooga</p> <p>Saturday 14th Upstream Challenge</p> <p>Thursday 19th Event—Fashion Fundraiser Blue Illusion, Balwyn</p> <p>Thursday 26th Annual General Meeting Antiques Road Show Night (Partners Night)</p> <p>December</p> <p>Thursday 3rd BBQ at Bunnings</p> <p>Friday 4th Ladies Christmas Cake Stall</p>	<p>December</p> <p>Wed –Thursday 9th & 10th December Variety Christmas Party</p> <p>Thursday 10th Club Meeting—Partners' Night Celebration of Christmas</p> <p>Saturday 12th Event—Carols in the Park Macleay Park, Balwyn</p> <p>Sunday 13th Event—Carols at Servants</p> <p>2016</p> <p>January</p> <p>Sunday 10th Event—Brunch 9:30—11:30 am Warren Glen Nursery 373 Ringwood Warrandyte Rd, Warrandyte</p> <p>February</p> <p>Friday 19th Golf Day Kew Golf Club</p> <p>Wednesday 10th The Johnston Collection visit</p> <p>March</p> <p>Friday 11th District Conference - Club Dinner</p> <p>Saturday 12th District Conference Bendigo</p> <p>Sunday 13th</p>
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ROTARY CLUB OF NORTH BALWYN 2014/15**President: Jane Pennington**president@rotarynorthbalwyn.com.au**Vice President: Brian Hurnard**vicepresident@rotarynorthbalwyn.com.au**Secretary: Gavan Schwartz**secretary@rotarynorthbalwyn.com.au**Treasurer: David de Garis**treasurer@rotarynorthbalwyn.com.auWeb: www.rotarynorthbalwyn.com.auE-mail: info@rotarynorthbalwyn.com.au**Grapevine Editor Peter Sutherland**petesutherland@bigpond.com

Submission by Noon Saturday please.

**APOLOGIES FOR CLUB MEETINGS**

Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.

2. Click [HERE](#) to go to the Website3. E-mail Hugo Goetze apologies@rotarynorthbalwyn.com.au

4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.

Please apologise **no later than 5pm on Tuesday**.**CONFERENCE 2016**
Rotary
District 9800

**Be a gift
to the world**
12TH - 13TH MARCH | BENDIGO**D9800 Probus****North Balwyn Probus** President 2015/16Ken Mitchell: mitchellkv@gmail.com**North Balwyn Ladies Probus** (Sect Jill Johnstone)jilldj@melbpc.org.au**North Balwyn Heights Probus**

(Sect Sue Mullarvey)

yarramul@tpg.com.au**Greythorn Probus** (Sect Shirley Brangan)daynaleigh1@bigpond.com

Tel: 03 9859 4941

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<http://www.rotary.org/en>

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Ph: 9819 7173



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