



Rowan's Reflections

Our Leadership
2016/2017

At our last meeting we accepted an invitation from Camberwell Rotary Club to hold our meeting at Swinburne Institute where The Camberwell Art Show was being housed. We enjoyed wine and food and became art critics for a night.



RI President
John F. Germ



Our resident artist Takao Yukawa had two of his pieces on display too!



DG 9800
Neville John



Above R.C. Camberwell President Nick Pane with President Rowan.



AG Eastside
Jonathan Shepherd



Below: "The Bagmen"
Left: Part of Tak's exhibition:



President RCNB
Rowan McClean



Assistant Governor Eastside
Jonathan Shepherd with Elizabeth.

MEETINGS

THURSDAYS
6 for 6.30pm
Kew Golf Club

120 Belford
Road Kew
3102
Ph.
9859 6848

Next Meeting: **Thursday 21st July**
Speaker: D9800 District Governor, Neville John
Host: Rowan McClean
Setup: Joe Butler and Tony Wells
Greeting: Marcel Muntwyler and David Rowe
Desk: Bernie Smith and Findley Cornell



"Attention all Golfers"

On Thursday 28 July we will be trialling a "*Nine and Dine*" event for RCNB members with a difference at [Big Swing/ Drummonds in Kew.](#)



We will play golf in teams on the big screens commencing at 11am and then go across the road to Mr. Bianco for lunch at 1pm. The cost will be \$15 plus whatever you choose for lunch.

Members interested in playing are asked to contact Fellowship Committee Chair David Cheney at <cheneydk@bigpond.net.au>"

More Photos from our Camberwell Art Show meeting



Left: One of Tak's entries. Below: Aspirations!



Left: Surprising pieces. Below: So much to take in.

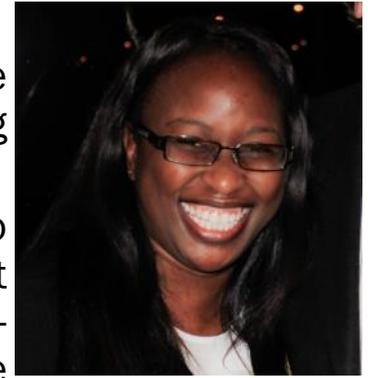


Fellow Rotary Members, The “Debate Night” is soon approaching.



We are keen to see the best of the best going head to head!

This is a great chance to bring together brilliant minds to enjoy the stimulating arguments sure to be presented.



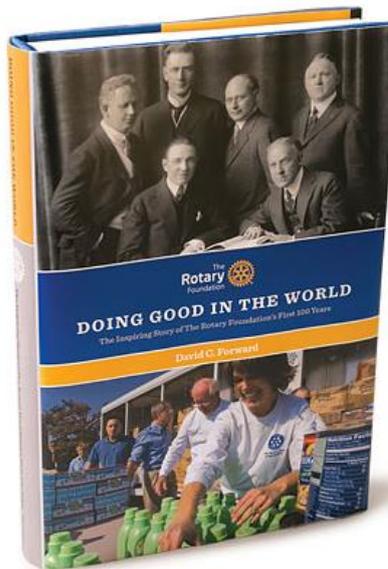
They say great minds think alike, so who best than your friends, family or anyone interested? If not, the support of your personal cheer squad is just as great.

Belinda Wandabwa

Thursday 4th August, Debate with Balwyn High School, “The Internet does more harm than good”.

Rotary Foundation is Turning 100!

Join us in commemorating our Foundation’s century of achievement. We’ve launched a special website to give you the information you need to plan your own event, promote the anniversary, and brush up on your Foundation history. [Explore the Centennial website](#) to learn more.



Centennial book

From Rotary’s battle against the poliovirus to establishing the Rotary Peace Centers, The Rotary Foundation has a rich history. *Doing Good in the World: The inspiring story of the Foundation’s First 100 Years* tells the fascinating story of this 100-year journey and the people who made it happen.

[Buy it now on shop.rotary.org](http://shop.rotary.org) >

Explore the history of The Rotary Foundation

Arch Klumph’s idea for an endowment fund dedicated to “doing good in the world” planted the seed for The Rotary Foundation in 1917. That one idea and an initial contribution of \$26.50 set in motion a powerful force for good that has transformed millions of lives around the globe.

[See the interactive timeline](#) >

“We should not live for ourselves alone, but for the joy in doing good for others.”

– Arch Klumph, founder of The Rotary Foundation

GARDENING PROJECT 18 July 2016

A good start to the new school term. Thanks Greg C and Tony H with Xavier team for their work at an aged care facility last Friday, and Greg (again) with Rob H with MLC ladies on Saturday. There are some remaining spots to fill in the weeks ahead. Can you help? (Geoff H)

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 15/7 – X	4.00 - 5.15pm	Greg Cribbes	Tony Hart
Sat 16/7 - MLC	10-noon	Greg Cribbes	Rob Head
Thur 21/7 - RCNB - special	pruning roses 10am	John Gartlan	Marcel Muntwyler Geoff Haddy
Fri 22/7 - CGS/X	2.45 - 5.15pm	Geoff Haddy	Jol Dunn Tony Wells
Fri 29/7 - CGS/X	2.45 - 5.15pm	Greg Cribbes	Brian Hurnard Ian Richardson Anthony Stokes
Sat 30/7 - MLC	10-noon	Geoff Steinicke	
Fri 5/8 - CGS	2.45 - 4.00pm	(1 pls.)	(1 pls.)
Sat 6/8 - special - CGS 21students	10.00 - 1.00pm	Geoff Haddy (+ 2 pls.)	Tak Yukawa Estelle Kelly Ian Richardson
Fri 12/8 - CGS/X	2.45 - 5.15pm	Geoff Haddy	Findley Cornell (+1 pls.)
Sat 13/8 - MLC	10 - noon	(1 pls.)	(1 pls.)
Fri 19/8 - CGS/X	2.45 - 5.15pm	Greg Cribbes	Ian Richardson (+1 pls.)
Fri 26/8 - CGS/X	2.45 - 5.15pm	Brian Hurnard	(2 pls.)
Sat 27/8 - MLC	10 - noon	(1 pls.)	Marcel Muntwyler
Fri 2/9 - X	4.00 - 5.15pm	(1 pls.)	Tony Ho
Fri 9/9 - X	4.00 - 5.15pm	Greg Cribbes	Ian Richardson
16 Sept to 3 October	SCHOOL BREAK		

Please indicate your availability to **Geoff Haddy**. Phone or text 0418 584 968 or email ghaddy@bigpond.net.au

Members are encouraged to join and visit [MY ROTARY](#) Web Page for information about YOUR Organisation and Club.

CHANGES FOR THE NEW ROTARY YEAR

In April, Rotary members from around the world met during the Council on Legislation and took action to give clubs greater flexibility in their meeting schedule and membership. These changes took effect 1 July. [Learn more about the changes.](#)

HOW WILL THE COUNCIL ACTION AFFECT MY CLUB'S MEETING SCHEDULE?

The Council overwhelmingly voted to eliminate limitations on how clubs conduct their meetings. Clubs now have the option of amending their bylaws to vary their meeting days and times. And they are now able to decide when to cancel a meeting, as long as they meet at least twice a month.



The Rotary Council on Legislation voted to let clubs amend their bylaws to vary meeting days and times.

Geoff's Health Tip

Looking for Exercise Whilst Having Fun?

This morning I read an article in the [Saturday Age about Pokemon GO](#). "It is the latest and craziest phenomenon of modern times." For the uninitiated, and I am one, it is essentially the world's biggest scavenger hunt, where players roam looking to capture and collect little creatures called Pokemon, which apparently move in the virtual world. Of course you need a smart-phone to play this game. I will leave it at that without going any further into how it works.

Another article written in [WebMD Health News](#) had this headline "[Sore Legs Become Pandemic as Pokemon GO players Accidentally Get Exercise](#)".

Pamela Rutledge PhD, director of the nonprofit Media Psychology Research Centre in California says "these stories make perfect sense as there is a lot to like about Pokemon GO". "Apart from social contact and activity – both known to increase positive mood, decrease anxiety and depression, people who go outside are exposed to sunlight and receive the benefits of Vitamin D." The game also has people feeling better after spending hours walking around chasing these virtual creatures that pop-up on their smart-phones, logging kilometers each day on a quest to "catch them all". The unintended benefits include weight-loss as people exercise more and have fun at the same time.

Of course, there is a downside as selective attention to the screen can lead to the danger of being unaware of your surroundings. And as with any guilty pleasure, too much Pokemon can lead to new ways to procrastinate when you should be doing something else.

It should be interesting to see where this all leads.

Geoff



[Rotary.org updates](#)

14-July-2015

IMPROVEMENTS

- Help text now shows in a pop-up box.
- You can now view help text if you have forgotten your sign-in information.
- Rotarians can now access the Rotary Global Rewards program.
- You can now comment on news stories and features.
- You can now refer potential members through the Member Center. Prospective members can now provide more details about themselves (e.g., contact information, club meeting day/time preference).

Visit

MY ROTARY



My
Rotary

Exchange
Ideas

Take
Action

Learning
& Reference

Manage

The Rotary
Foundation

News
& Media

Member
Center

MEETING ROSTERS

Thursday 21st July

Speaker: D.G. Neville John
 Topic: D9800 District Governor
 Host: Rowan McClean
 Setup: Joe Butler and Tony Wells
 Greeting: Marcel Muntwyler and David Rowe
 Desk: Bernie Smith and Findley Cornell

Thursday 28th July Partners Night

Speakers: Dave Cleary & Nicole Lake
 Topic: Australian Mitochondrial Disease Foundation
 Host: Peter Cleary
 Setup: Russell Turner and Ted Wilkins
 Greeting: John Magor and Carolyn Pethick
 Desk: Adrian Ranson and Belinda Wandabwa

Thursday 4th August

Speakers: Debate with Balwyn High School
 Topic: The Internet does more harm than good.
 Host: Gavan Schwartz
 Setup: Peter Wilson, Duncan Ansell
 Greeting: Ted Angleton, Ian Adams
 Desk: Joe Butler, Russell Turner

Thursday 11th August

Speakers: Mr. Peter Martin
 Topic: [Brim](#)
 The little community with a can do attitude
 Host: Russell Turner
 Setup:
 Greeting:
 Desk:

Meeting No. 3

14th JULY 2016

Present:

RC Camberwell Art Show at Swinburne

NB Members	34	
Wives/Partners	13	
Visiting Rotarians	2	AG Jonathan Shepherd & Elizabeth
Guests	1	Jenny Steinicke
Friends of Rotary	<u>1</u>	Libby Forest
	meals 51	plus Isabella Rowe
Other Activities	14	Miniatures Catering :-Messrs. Cheney, de Garis, Flavelle-Smith,
(Board Approved)		Head, Hurnard, Lacy, Oakley (4), Pethick (2), Ranson,
		Richardson, Rowe, Steinicke (2), Toohill, Yukawa ;
		plus 3 Partners and 2 FOR
		74% using 8 of available 18 "Make-Ups".

Ian Adams, Duncan Ansell, Larry Fitzpatrick, Tony Hart,
 Tony Ho, Gregor Matthews, Jim Romanis, Colin Sharp, Nino Sofra, Don Taylor.

Celebrations: Monday 18th July to Sunday 24th July

Birthdays:

Tony Ho; Jack Liao; Elaine Magor.

Induction Anniversaries:

John Burley 2011; Jürgen Kehne 2015.

Wedding Anniversaries:

Takao and Sanae Yukawa; Peter and Trish Wilson.

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

Thursday 21st July
D.G. Neville John is visiting us.



Monday, 25th July. MOVIE LUNCHEON. Love and Friendship
 Palace Theatre, Balwyn 11.00 am. \$17.00 per head. Includes lunch.

www.palacecinemas.com.au/movies/lovefriendship

Bookings and Information: Eileen Toohill

Phone: 98164457 Email: eileenlockey@bigpond.com



Thursday August 4th - Debate with Balwyn High School students.

Saturday, 13th August.

[Richmond Town Hall](#) 6.30 pm

Tickets start at \$39.99 for Dinner and Entertainment
(Premium \$54.99 Includes Dinner and Entertainment 2 x
Raffle entry plus donation to Rotaract District 9800 Projects)
 Book [HERE](#)

Our Space celebrates young inspiring adults making a difference in local and global communities. Our Space is a celebration for the past, present and future activities of the Rotaract Clubs of Swinburne, Gateway and Melbourne City. Our Space welcomes everybody including friends, family, Rotarians and the wider community to enjoy a night of entertainment, celebration and delicious food.



Friday 21st—Sun 23rd October Ballarat Fellowship w/e
 Join us for a choice of golf, fellowship, historical sites, galleries, museums, the lake and gardens.
 (Those not attending require a note from their parents to Rob Head)



Thursday 30th March to Sat 1st April 2017

Shepparton [2017 District Conference](#)

2017 DISTRICT 9800 CONFERENCE
 SHEPPARTON - VICTORIA
 30 MARCH - 1 APRIL

10 - 14 June 2017
 ATLANTA, GEORGIA, USA

Rotary INTERNATIONAL CONVENTION

CELEBRATING THE ROTARY FOUNDATION
 ATLANTA 2017

- Meet the most inspiring people in the world
- Strengthen your club and your passion for Rotary
- Join The Rotary Foundation celebration
- Explore the American South
- Enjoy special tours and events offered by the Host Organization Committee

ROTARY CLUB OF NORTH BALWYN 2016/17

President: Rowan McClean

president@rotarynorthbalwyn.com.au

Vice President: Bill Oakley

vicepresident@rotarynorthbalwyn.com.au

Secretary: Gavan Schwartz

secretary@rotarynorthbalwyn.com.au

Treasurer: Greg Cribbes

treasurer@rotarynorthbalwyn.com.au

Web: www.rotarynorthbalwyn.com.au

E-mail: info@rotarynorthbalwyn.com.au

Grapevine Editor Peter Sutherland

petesutherland@bigpond.com

Submission by Noon Saturday please.



APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies, and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze. hugogoetze@netspace.net.au with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

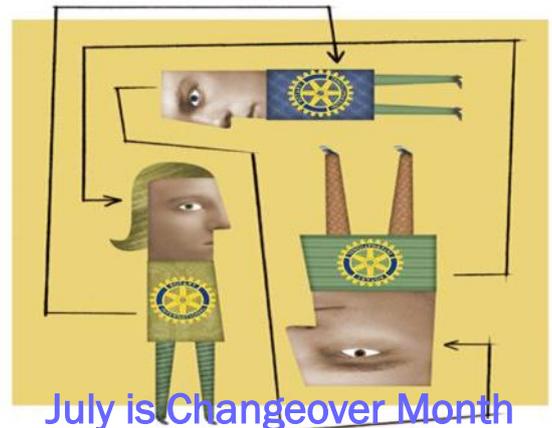
It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



D9800 Probus

North Balwyn Probus President 2015/16

Ken Mitchell: mitchellkv@gmail.com

North Balwyn Ladies Probus

9857 7980 Meets on the second Monday of the month, at North Balwyn Baptist Church, 136 Doncaster Rd, Balwyn North, at 10am.

North Balwyn Heights Probus

Secretary Sue Mullarvey yarramul@tpg.com.au

Phone: 613 9857 4305 Mobile: 0400 821 402

Greythorn Probus

Meets on the second Tuesday of each month at 10am in St Aidan's Church Hall, Duggan St, Balwyn North.

Tel: 03 9859 4941

Boroondara Ladies Probus (Sect Janet Eddy)

jveddey@applewood.net.au



**ROTARY
SERVING
HUMANITY**



**ROTARY CLUB OF
NORTH BALWYN**

Our Club Web Site
www.rotarynorthbalwyn.com.au

Rotary International
<http://www.rotary.org/en>

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E-mail: tao.reservation@gmail.com
http://www.taosrestaurant.com.au



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