

The Grapevine



Rowan's Reflections

This week began with the golf day on 10th February that produced a record financial result (\$17,000), thanks to a large number of players and the generosity of our sponsors. At the event we were able to acknowledge the sponsors individually and recognise the excellent cooperation of Kew Golf Club, and the Board is extremely grateful for those who contributed.

Congratulations to the organising committee for achieving such a resounding success.

On Sunday the GVE team arrived from the Philippines and met their hosts for the first week, Jim and Carol Studebaker (hosting Lzl the team leader), Russell and Joan Cooper (Jerick), Estelle Kelly (Leny) and Nino and Bev Sofra (Marife and Nicole). At Boroondara Park Primary School, a luncheon meeting was held for the outgoing and incoming GVE teams and our superb catering team produced almost 100 meals, quite a few more than had been expected.

Thanks also to other members who carried out catering and gardening sessions during the week.

The Thursday dinner meeting attracted more than 70 attendees. The GVE team members sang their national anthem, introduced themselves and told us about the areas where they live and about their families and jobs. They also performed a traditional cultural dance in spectacular costumes. Club banners and presents were exchanged.

Guest speaker Rtn. David Winter has been a great supporter of our club, donating bread for our BBQs for a long time saving us considerable cost. He also supplied danish pastries for our golfers last week. David told us how he got involved in Umoja School in Tanzania and played a video showing the school and its students. This project is a registered RAWCS project and there will be fund-raising functions in future, but I was able to present David with a donation of \$1000 from a RCNB member who asked to remain anonymous.

Thanks to Rtn. Kim Groizard of Rotary Docklands and her Solar Smiles project which have donated 400 toothbrushes for us to take to Vietnam when we visit in May. Currently we have four people going to Minh Hac and Yen Luat, the two communities we assist, and we could accommodate a few more people if they would like to join us. Hanoi is comfortable, but there will be a few days when it will definitely **not** be five-star luxury! Please contact Imre Lele or me if you are interested and would like to know more.

It was great to see our new BBQ trailer, which was delivered last week. It will be a boon for our catering team and a fantastic asset for the club for years to come. Congratulations to those members who have persisted over a long period and ensured its acquisition. With the trailer and the Men's Shed becoming a reality, it is testament to the foresight of past Boards and senior members of the club.

We have our Tramboat cruise on the Maribyrnong River on Saturday organised by the Fellowship Committee, and It was a great success. Last time I was on that river Melbourne was hit by its worst hailstorm in years. Thankfully it didn't happen on this occasion. !

The guest speaker next week is Jane Broadhead the CEO of Camcare. Camcare is dealing with the needy people in our community, including people with family violence, drug abuse and mental health issues.

Please do what you can to show our community **Rotary Serving Humanity**. Have a good week.

Thursday 23rd February Dinner

Speaker: Ms. Jane Broadhead, Camcare

Topic: Family Violence and Mental Health



Our Leadership 2016/2017



RI President
John F. Germ



DG 9800
Neville John



AG Eastside
Jonathan Shepherd



President RCNB
Rowan McClean

MEETINGS

THURSDAYS
6 for 6.30pm
Kew Golf Club

120 Belford
Road Kew
3102
Ph.
9859 6848



***What our speaker David Winter had to say at our last dinner
Thanks to Bill Oakley***

Our guest speaker last week is a great friend of our Club. David Winter is owner and proprietor of Breadstreet Bakery in Mont Albert, and is a member of the Rotary Club of Mont Albert - Surrey Hills (MASH).

Over the last four years or so David has provided thousands of loaves of bread and rolls to our club, and to countless other community groups to support our fundraising efforts.

This free contribution of bread will have added many thousands of dollars to the bottom line of our fundraising efforts.

David came to tell us about a project he is committed to, to providing secondary schooling and vocational training at Umoja School in Tanzania, where government provides free primary schooling, but no secondary schooling.

Umoja School provides a full secondary curriculum and takes in 40 new students every year (it turns away more than 100), all with no government support whatsoever.

With the support of a partnership with Rotary in Britain, the school has purchased land and built classrooms. David's own club is embarking on building toilet and shower facilities, and David plans a bakery at the school to provide training, employment and an ongoing source of income for the school.

Although David said he wasn't on a fundraising mission, President Rowan was pleased to be able to hand over an anonymous donation from within our club for \$1000 towards David's project.

Should any others be inclined to support David and the Umoja Project, it is RAWCS Project 7/2015, called simply Umoja.

Donations are tax deductible, and you can find out how to donate on the RAWCS website



Our speaker, David Winter

The GVE Team District 3820 from the Philippines

It was a busy night with the GVE Team presenting to the Club.



The GVE Team entertained us with "The Chicken Dance" in specially designed costumes.



New BBQ Trailer!

After the dinner, Nino Sofra and Greg Matthews revealed our new purpose built BBQ Trailer which includes many new features. Most importantly, a barista coffee machine!!!



Interact Tech Tips February 2017

For iPad: To organise your apps into folders, hold down on an app for 3 seconds. Then, once the apps start moving slightly, drag the app on top of a different app for 2 seconds. Release and a folder should be created.

For iPad: To restart an app on the iPad. Press the home button near the bottom of the iPad twice, very quickly. It should bring up all the apps you used recently. Slide left or right to place the app you wish to start in the middle of the screen. Then, swipe vertically across the app, from the bottom to the top, allowing it to exit the screen. The app has been restarted.

For Windows Computer: Is a program frozen? To close the program, hold 'Ctrl', 'Alt' and 'Delete' at the same time. It will take you to a different screen. Press 'Task Manager'. This will open a box with a list of all the programs open on your computer. Select the program you want to stop, and then click 'End Task'. This will shut down the program.

For Windows Computer: A quick way to copy and paste text. Highlight the text you want to copy, by dragging your mouse across it. Let go of the mouse, but do not click anything else on the screen. Press 'Ctrl' and 'C' at the same time. This will copy the text. Then, go into Microsoft Word, and click where you want to paste. Press 'Ctrl' and 'V', and it will paste the text you want to copy.

SHOWCASING ROTARY

The Bendigo Showcase was part of a greater annual Australia Day celebration around Lake Weeroona. The day attracted thousands and featured award presentations by the local council, food, entertainment, and the engagement of many different community bodies. This year our Rotary involvement with marquees set up around the lake added to the carnival atmosphere.

In **February**, on the weekend nearest to the birthday of Rotary, our major metropolitan showcase will be held in the **Atrium at Federation Square**. This Melbourne Showcase will feature entertainment including the Choir of Hard Knocks, plus a special birthday cake cutting ceremony. Using the multimedia displays within the Atrium, you will experience first-hand some of Rotary's best programs and projects. It is a unique opportunity to invite people you know to see the very best of Rotary. Rotary is at its best when we promote our action-oriented service.

Towards the end of our Rotary year, over the Queen's Birthday Long Weekend, our third showcase will coincide with the annual Echuca Steam Rally at Rotary Park. This event also attracts thousands each year, so will be an additional way to highlight Rotary. Book this weekend away in your diaries now.

The Showcases are designed to increase the visibility and promotion of Rotary Clubs in our District. At each event, we will also be setup to assist potential new members and identify new potential Rotarians for your club. In the Rotary Foundation's 100th year, we will include programs and projects of the Foundation. We will be focusing upon Rotary's unique ability to do amazing things to change the lives of others through networking and taking action.

All 3 Showcases cover the Rotary Foundation's six areas of focus:

- Disease prevention & treatment
- Water & sanitation
- Maternal & child health
- Basic education & literacy
- Economic & community development
- Promoting peace



DG Neville John

See you at the Showcase! <https://www.facebook.com/search/top/?q=showcasing%20rotary>

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NEW CLUB BARBECUE TRAILER LAUNCHED

BY JOSH FRYDENBERG MHR

RCNB 's new barbecue trailer was used for the first time on Saturday night and was officially launched by Josh Frydenberg, the local MHR for Kooyong and the Minister for the Environment and Energy.

The occasion was the Boroondara 's Summer Music Program in Canterbury Gardens. The Club provided catering for the event, as it did for the Council 's two previous summer music programs.

The Federal Government 's Stronger Community Grants program provided \$15,000 funding for the barbecue trailer and Mr Frydenberg commended the Rotary Club for its service and work at local community events.



Greg Matthews and Nino Sofra, pictured with Mr Frydenberg, have been instrumental in the development of the barbecue trailer which has been purpose built and fitted out to meet the Club 's needs.

New Club Barbecue trailer first outing at the Summer Music Festival





Club of North Balwyn

GARDENING PROJECT

20th February 2017

The Community Service Garden Project is all set to go this Fri/Sat – again, thank you to all those who are volunteering. It'd be really helpful if you could all check your diaries for opportunities in March, thanks.

Give us a call anytime - Peter Elliott 0419 417334, Greg Cribbes 0413 270403.

| Date and Who with | Time | RCNB Supervisor | Assisted by |
|-------------------|---------------|------------------|-------------------|
| Fri 24/2 – CGS/X | 2.45 – 5.15pm | Greg Cribbes | Michael Barden |
| Sat 25/2 – MLC | 10.00 – noon | Greg Matthews | Geoff Steinicke |
| Fri 3/3 – CGS/X | 2.45 – 5.15pm | Garth Symington | Tony Wells |
| Sat 4/3 – MLC | 10.00 – noon | Bob Bromley | Eileen Toohill |
| Fri 10/3 – CGS/X | 2.45 – 5.15pm | Garth Symington | |
| Fri 17/3 – CGS/X | 2.45 – 5.15pm | | |
| Sat 18/3 – MLC | 10.00 – noon | Marcel Muntwyler | Larry Fitzpatrick |
| Fri 24/3 – CGS/X | 2.45 – 5.15pm | Geoff Haddy | Findley Cornell |
| Sat 25/3 – MLC | 10.00 – noon | Rob Head | |
| Mon 3/4- RCNB | TBA | | |
| Fri 21/4 CGS | 2.45 – 4.00 | | |

DIK, the Rotary Club of North Balwyn and Servants Community Housing

The Rotary Club of North Balwyn has been able to arrange through DIK the supply of 200 sets of fitted sheets, top sheets, pillow slips and towels for Servants Community Housing.

Imre Lele reported to a recent Club meeting that a quantity of good quality linen had been transferred to DIK from mining operations in Western Australia where it was no longer required at “fly-in fly-out” mining facilities because of the downturn in the industry.

The newly confirmed CEO at Servants, Amanda Donohoe welcomed an offer from the RC North Balwyn to arrange for the linen to be made available. This will help service a continuing need for those who live in the safe and affordable housing provided by Servants at its three residences in Boroondara.

Arrangements are being made to deliver the linen and towels to Servants in the near future.

Footnote: Amanda Donohoe has been confirmed as CEO of Servants following the recent resignation of Matt Maudlin. She is well known to RC of North Balwyn and we look forward to working with her in the years ahead.

Editor: Thanks to Tony Wells

Vocational Visit

A vocational visit has been organised for :

Thursday 6th April at the Walter and Eliza Hall Institute of Medical Research
- 1G Royal Parade, Parkville starting at 6.30 p.m.

Dinner will be at a venue nearby.

While the talk will be on the institute in general, a specific tour, with staff on hand, of the department dealing with immune disorders such as diabetes, rheumatoid arthritis, lupus and coeliac disease - partners welcome.

Please be aware that this will replace our normal meeting at Kew.

Please put the date in your diaries.

A board with more details will be circulated at a later date

Dinner will be at the
Parkville Hotel,
43 Royal Parade,
Parkville
(which is nearby)
starting at 8.00 p.m. -
2 courses at a cost of
\$39.00.

Geoff's Health Tip

Did you know that Sunscreens are not tested in the Sun?

This summer, there have been many complaints on the ineffectiveness of sunscreen products. However, my information is that it is not only this summer, but also in previous summers, that people using creams with an SPF (Sun Protection Factor) of 30 have been 'burnt' after only one hour in the sun.

The reason for this increase could be due to a change in the method of testing sunscreens. In the 1970s sunscreens were tested in sunlight, but for the past twenty years or more the Australian Standard has required testing using solar UV simulator lamps.

From 1970, development of chemical ultraviolet (UV) light absorbers enabled production of lotions and creams that reduced the amount of UV rays reaching the outer layers of the skin. It then became possible to obtain a tan more safely by protecting the skin for longer periods of time.

In November 1973, I was involved in testing a range of sunscreens in Sydney. Present were dermatologists, physicists (who could measure the sun's intensity) and about 50 human participants. The participants were asked, "do you burn?" and were selected if their answer was "yes".

The participants' backs were then randomly annointed with the sunscreens from various manufacturers. Some were then exposed for three hours, and others exposed for one hour, with another hour spent in the pool before a final hour in the sun. A small part of the skin was not protected in order to serve as a control. The participants returned the next day for assessment and the Sun Protection Factor was averaged for each product and a safety margin added.

Today there is now a dilemma, people are wondering whether to trust the effectiveness of the sunscreen they have just purchased. They have assumed the testing was by a trustworthy method. However, it would seem that this could be misplaced trust. One tip that I can recommend is to always apply sunscreen at least 30 minutes before going out into the sun.

Geoff



Tramboat Restaurant Outing along the Maribynong River

The outing was a great success with one comment that it was" one of the best!!"



MEETING ROSTERS

Thursday 23rd Feb.

Speaker: Ms. Jane Broadhead, Camcare
Family Violence and Mental Health
Host: Jane Pennington
Greeters: Peter Elliott, Geoff Haddy
Setup: Joe Butler, Brian Lacy
Desk : Phil Francis, Robyn Stepnell

Thursday 2nd March will be at the Bowls Club!!!

Speaker. Mr. Philip Healey, Mayor of Boroondara
"Quick update on Developments in Boroondara"
Host: Geoff Haddy
Desk: Barry Cummins, Beatrice Ko

Thursday 9th March.

Speaker. Vivienne Harkness
Boroondara Stroke Support Network
Host: Tony Hart
Greeters: Phil Francis, Neil Marshall
Setup: David Rowe, Larry Fitzpatrick
Desk: Tony Wells, Ted Angleton

Thursday 16th March.

Speaker. Marie Briggs
Benefits of Community Banking
Host: Greg Cribbes
Greeters: Steven Greator, Greg Matthews
Setup: Imre Lele, Takao Yukawa
Desk: Robyn Stepnell, Ted Wilkins

Meeting No.30

Thursday, 16th February 2017

Present:

| | | |
|--------------------|----|--|
| Guest Speaker | 1 | David Winter (Breadstreet) - African Trade School Project. |
| NB Members | 52 | |
| Visiting Rotarians | 2 | AG Jonathan Shepherd(RC Kew), Henry Drury D9800 GVE Chair(RC Hawthorn) |
| GVE Team. | 5 | Flordeliza Ampatuan (Leader), Marife Dapito, Nicole Sanchez, Leny Arcenus & Jarick Pecasó. |
| Partners | 12 | including Jane Drury. |
| Exchange Student | 1 | Moritz Ellermann |
| Other Activities | | Summer Music Festival - 4; GVE Welcome BBQ - 9 |
| (Board Ap- | | |

Absences for Rosters: John Magor & David Rowe

Celebrations

Birthdays: Robyn Elliott

Inductions: Nil

Weddings: Nil



MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotaydistrict9800.org.au/notices_and_events_future



Classic Cars Asian Art Collection Lunch with Wine Tastings

in support of the Boroondara Family Network



The Minerva Cars on show are fine samples of the luxury brand between 1902 and 1938.

- A charity event for all the family
- View the very special Minerva vintage cars
- Selected joy rides
- Unique artifacts of Chinese and Japanese origin
- Lunch with tea and coffee is included
- Drinks will be available for purchase
- Free wine tastings

When: Sunday 19 March, 2017
Viewings at 12 Noon or 12.45

Where: Factory 1, 16 Rosemary Crt
Mulgrave (Melways Ref: 71 A9)

Admission: \$46.00
Children under 12 FREE

Enquiries: Robert Hogan 0438 165 558
or rhogan21@bigpond.com

Bookings: Trybooking <https://www.trybooking.com/OORR>

RSVP: 13 March 2017

Please book early as space is limited, and for catering purposes, please book and pay through the Trybooking link by 13 March 2017.

All proceeds will support the Boroondara Family Network providing support to families struggling to bring up their young children.

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

International Women's Day | Wednesday 8th March 2017 BREAKFAST 2017 | The Palladium Crown Melbourne

KEYNOTE SPEAKER

Kitty Chiller

2016 Olympics
Chef de Mission



MC

Tom Gleisner

Writer, producer,
performer



**Wednesday 8th March: International Women's Day Breakfast
The Palladium Crown Melbourne. Book [HERE](#)**

Saturday 25th February—The Rotary Showcase

Melbourne – In the Atrium, Federation Square on Saturday 25th February, 2017.

Thursday, 2nd March: Bowls Night on at North Balwyn Bowls Club (alongside the North Balwyn Men's Shed building site!!!).

Cost \$35.00 for dinner and bowls.

This replaces our Club Dinner Meeting at KGC and apologies and Guests Attending are necessary.

Many thanks. David Cheney Fellowship Committee.

(With Men's Champion Ian Mollison!)



Please note: Rob Head has booked-out a nice compact motel for our Club very close to the Conference venue.

2017 DISTRICT 9800
CONFERENCE
SHEPPARTON - VICTORIA
30 MARCH - 1 APRIL



Connecting Communities - Serving Humanity

See Rob for accommodation details.
Registrations are now open!

Early Bird Discounts apply.

www.rotaryconference.org.au to register.

ROTARY CLUB OF NORTH BALWYN 2016/17

President: Rowan McClean

president@rotarynorthbalwyn.com.au

Vice President: Bill Oakley

vicepresident@rotarynorthbalwyn.com.au

Secretary: Gavan Schwartz

secretary@rotarynorthbalwyn.com.au

Treasurer: Greg Cribbes

treasurer@rotarynorthbalwyn.com.au

Web: www.rotarynorthbalwyn.com.au



My Poppie John McBride **isn't** the Grapevine Editor next week! It's Peter Sutherland

petesutherland@bigpond.com

Submission by Noon Saturday please.

APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze. hugogoetze@netspace.net.au with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

February – World Understanding Month



D9800 Probus

North Balwyn Probus President 2016/17

President Bruno Coniglio

<http://balwynnorthprobus.org.au>

North Balwyn Heights Probus

Secretary Sue Mullarvey yarramul@tpg.com.au

Phone: 613 9857 4305 Mobile: 0400 821 402

Greythorn Probus

Meets on the second Tuesday of each month at 10am in St Aidan's Church Hall, Duggan St, Balwyn North.

Tel: 03 9859 4941

Boroondara Ladies Probus

(Secretary Janet Eddy)

jveddey@applewood.net.au



ROTARY CLUB OF
NORTH BALWYN

Our Club Web Site
www.rotarynorthbalwyn.com.au

Rotary International
<http://www.rotary.org/en>

Support Our Sponsors



66 Doncaster Rd, Balwyn North.
Ph: 9819 7173



Australian Furniture
(9460 1822)
(Adrian Ranson)



Bakery
(9890 0066)
22 Hamilton St
Mont Albert 3127



Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102

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We're for real.

