



"The HeadLines"

Welcome to the new Rotary Year

"I heard it through the Grapevine" are the first words of a song by soul singer Marvin Gaye, singing about a love lost.

Our Grapevine brings you good news and information, and is our main way of connecting with all members and partners, so please read and share.

The Club Changeover

On Sunday we saw the transition from Rowan to myself as President, and introduction of the new Board for our 2017-18 year.

The luncheon at Kew Golf Club, attended by around 110 members (including several of our newer members), partners and guests, the following much-deserved awards were made :

- A District Citation to the Club for the 2016-17 year
- Foundation District Service Awards to Sue McDonald for her work in East Timor, and to Garth Symington for his District work with the Foundation.
- Paul Harris Fellow Awards from the Club to Gavan Schwartz and Peter Sutherland.
- The Ron Carnell Award to Hugo Goetze
- The Royce and Jean Abbey Award to Beatrice Ko
- A special award to IPP Rowan from AG Jonathan Shepherd.

We were also entertained by international pianist Alan Kogosowski and our own John Gartlan.

Thanks again to David, Jane, Bronwen, Don, Hugo and Findley for bringing it all together.

The Programs for 2017-18

Our Club meeting on 3/8 will be a Forum at which the Board will outline our plans and programs for the 2017-18 year to the members.

Make a Difference is the Rotary International theme for 2017-18, and if everyone does a few things our Club will really make a difference for the community and for ourselves. Some things will be different, but many programs and practices won't change, and I look forward to you being part of our Club's activities and events as you can during the year.

Mongolia Student Exchange

Last night I farewelled our team to Mongolia for the 3-week exchange ; Estelle Kelly, Bill Oakley and 8 secondary students.

This is an exciting new program, and we'll keep you informed of their progress while away.

Our People

We were saddened to hear of the death last week of past Club Member and PP David Goldsmith. David was a member of North Balwyn RC from 1984 to 2003, and was a PHF and Rotary PP.

An obituary for David follows later in this edition.

Rob Head

[Our Leadership](#)



RI President
Ian Riseley



DG 9800
Peter Frueh



AG Eastside
Jonathan Shepherd



President RCNB
Rob Head

MEETINGS

THURSDAYS
6 for 6.30pm
Kew Golf Club

120 Belford
Road Kew
3102
Ph.
9859 6848

Rotary Club of North Balwyn Club Website: [HERE](#)

Rotary Club of North Balwyn See us on Facebook: [Click HERE](#)

Read The Networker: [June 2017](#)



JULY ROTARY DOWN UNDER

Click [HERE](#)

Rotary
District 9800

Rotary Weekly Click [HERE](#)

Click for [All District Events](#)



Awards

Foundation [District Service Awards](#) to Sue McDonald (not present) for her work in East Timor, and to Garth Symington for his District work with the Foundation.



Above: The Royce and Jean Abbey Award was awarded to Beatrice Ko, and Right: The Ron Carnell Award to Hugo Goetze.



Left: A special Award to Immediate Past President Rowan: A copy of his [The Idlers Five](#) number 1 radio hit ; [Melborn and Sideny](#). Click the links to listen to Rowan's true talent.



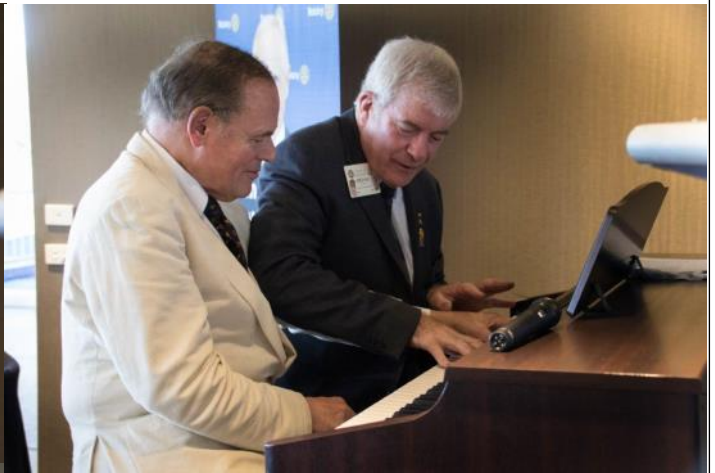
District Citation



Paul
Harris
Fellow
Awards
Yours
Truly, and
Gavan
Schwartz



We were entertained by world renowned pianist Alan Kogosowski and our own John Gartlan. Alan tried out his singing skills with a proposed new Club Song (The jury remains out) and fruitlessly tried to enlist a accompanist. The organ took a beating but enticed Alan to try some electro synthesised accompaniment much to his and our amusement.



Incoming President Rob handed the feather duster to outgoing President Rowan—and all the past Presidents waved theirs too in support of Rowan's fine year!

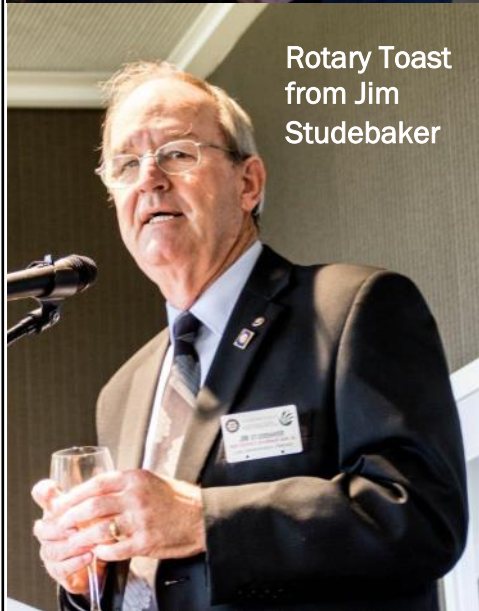




Stan and
Bev Hibbert



Moritz—only 2
weeks to go !



Rotary Toast
from Jim
Studebaker

....and below,
The Mongolian Short
Term
Exchange
group head-
ed off later in
the evening
from Melb.
Airport.

Sergeant
Shenanigans



SERVANTS COMMUNITY HOUSING BENEFITS WITH SUPPORT FROM RCNB

RC North Balwyn support has helped Servants Community Housing win a grant from Ikea to upgrade the dining and living area at Hamer Court, one of its three residences in Boroondara.

Members of the Club were recently invited, along with others, to participate in an “on-line” vote to secure support for Servants application to Ikea for the project.

The CEO of Servants, Amanda Donohoe says residents at Hamer Court will benefit greatly as a result of the grant from Ikea. She thanked RC North Balwyn for its support.

As part of our Community Service our Club has a close association with Servants and its programs which provide affordable housing for needy people in our Community.

The Club’s Gardening Program has also supported Servants, and a team recently spent time at Hamer Court tidying up.

Tony Wells



Please welcome new Rotary International President Ian Riseley, of the Rotary Club of Sandringham, Australia and his spouse, Juliet.

Welcome also incoming District Governor Peter and Anne Frueh.





GARDENING PROJECT 3rd July 2017

School holidays start this week, so a couple of weeks break before we get back into gear in. Please volunteer where you can, it is greatly appreciated

Give me a call anytime - Peter Elliott 0419 417334,

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 21/7 CGS/X	2.45 – 5.15pm	Garth Symington	Geoff Haddy
Fri 28/7 X	4.00 – 5.15pm		Estelle Kelly
Sat 29/7 MLC	10.00 – 12noon	Sam Hardikar	
Fri 4/8 CGS/X	2.45 – 5.15pm		
Fri 11/8 CGS/X	2.45 – 5.15pm		
Sat 12/8 MLC	10.00am – 12noon		

VALE DAVID GOLDSMITH

[GOLDSMITH, David M.](#) On June 25, 2017 at his home in Melbourne. Loved husband of Prue and father of Graham and Karen. David was Principal of Colenso High School from 1970 to 1979. He was also a noted Rotarian and was awarded a Paul Harris Fellowship by the Napier West Rotary Club. Messages to Unit 215, 1286 High Street, Malvern, Victoria 3144.

On Sunday June 23rd 2017 our Club lost a revered and much treasured retired member with the passing of David Moss Goldsmith PHF.

He resigned from the Club in June 2003, moved to Glen Iris and took up many other interests.

However, his health gradually deteriorated and the last two years became a series of steadily more debilitating medical challenges.

Our older members will recall the arrival in 1984 of David after his membership and past Presidency of the Napier Rotary Club, N.Z. The following year we quickly put his experience to good use by his appointment as Vice President and then deputed him to set up our own Rotaract Club – which he achieved in just four months. Later David led the committee that produced the excellent 'History of the RCNB – the First Twenty One Years.'

In spite of his commitments as the first Principal of the then newly extended Bialik College, David (and Prue) still found time to participate in all Club activities. His being a particular interest in those of a Vocational or Educational nature.

We knew David as a gentleman of integrity, the true embodiment of Rotary's Four Way Test and greatly respected by his many Rotary friends.

Brian Hurnard

MEETING ROSTERS

Thursday 6th July

Speaker: Member Biographies
 Geoff Kneale and Jeanette Leigh
 Host: Maurie Walters
 Greeters: Tony Hart, Kathleen McGuire
 Setup: John Magor, Tony Ho
 Desk: Maurie Walters, Don Taylor

Thursday 13th July

Speaker: Mr. Peter McCall
 Host: John Gartlan
 Topic: Beyond Blue
 Greeters: Takao Yukawa, Maurie Walters
 Setup: Adam Hillary, Brian Hurnard
 Desk: John Gartlan, Ted Wilkins

Thursday 20th July

Speaker: DG Peter Frueh
 Host: President Rob
 Topic: Priorities for 'Making a Difference'
 Greeters: Joe Butler, Yvonne Lyneham
 Setup: Findley Cornell, Bob Bromley
 Desk: Peter Downton, Steven Greatorex

Thursday 27th July

Speaker: TBA
 Host: TBA
 Topic:
 Greeters: Chris Flavelle-Smith, Marcel Muntwyler
 Setup: Phil Francis, Jeanette Leigh
 Desk: Adam Hillary, Rowan McClean

PRESENT! **Attendance:**
Are you unable to attend the next meeting? Are you bringing a Guest or your Partner?

E-mail Hugo Goetze. hugogoetze@netspace.net.au

...or if you know in advance fill in the attendance sheet at The Front Desk on a prior meeting night.

This week's meeting: *51 out of 81 attended our Changeover Lunch plus 37 Partners, 5 Alumni, 7 Guests our Exchange Student Moritz and Honorary Member Charter President Stan Hibbert with wife Bev.*

Many Members are holidaying overseas at present.

Cheers, Hugo

Celebrations

Birthdays: Russell Cooper, John Koa,
 Barry Cummings.

Inductions: Nil

Weddings: Bernie and Ursula Smith;
 George and Anita Swanson



Geoff's Health Tip**Olive Oil's key ingredient for preventing Alzheimer's Disease**

By now, most households will have a bottle of olive oil in their pantry. It wasn't always so, but it's fair to say that it was the influence of Italian immigrants arriving in Australia after 1945, who used olive oil in their cooking, that made it a popular oil for cooking in Australian households.

We now have [many Australian olive growers](#), especially in the South Australian Riverland and the irrigation area between the Murrumbidgee and Murray Rivers, producing quality table olives and olive oil.



Taste is now an important criteria for olive oil, and there are important technical qualifications such as 'extra virgin, virgin and pure'. However, there is another even more important qualification that is never mentioned on the label. It is the antioxidant content of the oil.

A recent study published in the [Annals of Clinical and Translational Neurology](#), conducted by researchers at Temple University in Philadelphia suggests that it is the olive oil component of the Mediterranean diet, **rich in antioxidants**, that promotes healthy brain ageing. "Our study is the first demonstration that extra virgin olive oil can beneficially affect memory, amyloid plaques, and tau pathology, the hallmark lesions in the brain of Alzheimer's patients."

From the consumer's point of view there is a hurdle that cannot be met until you taste the oil. You may have noticed that some olive oils give you a distinct 'bite' in the back of the throat whilst others are bland, even though they are labelled extra virgin. [The olive oil with the distinct bite contains the antioxidants, the bland oil does not.](#)

Freshly produced and bottled olive oil should contain more than 400ppm of antioxidants (mainly polyphenols). The antioxidant content reduces with age and exposure to light, until it is depleted. The full benefit of the antioxidants in olive oil are obtained by using freshly produced olive oil as the primary oil in cooking, salads, dips and vinaigrettes.

Geoff

Update on The North East Community Hub

North East Community Hub : Site: 2 Centre Way, Balwyn North.

Read the latest Project Bulletin JUNE 2017 #6 [HERE](#)

John McBride was present at the most recent official site visit and reports that there has been much progress made.



ROTARY CLUB OF NORTH BALWYN 2017/18

President: Rob Head

president@rotarynorthbalwyn.com.au

Vice President: Findley Cornell

vicepresident@rotarynorthbalwyn.com.au

Secretary: Gavan Schwartz

secretary@rotarynorthbalwyn.com.au

Treasurer: Greg Cribbes

treasurer@rotarynorthbalwyn.com.au

Grapevine: Peter Sutherland

petesutherland@bigpond.com

Noon Sat Weekly Deadline for submissions please.

APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into web-site; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze.
hugogoetze@netspace.net.au with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

Please apologise no later than 5pm on Tuesday.

North Balwyn Probus: Bruno Coniglio.

<http://balwynnorthprobus.org.au>

North Balwyn Heights Probus:

Sue Mullarvey

yarramul@tpg.com.au 9857 4305, 0400 821 402

Greythorn Probus:

Meetings 10am 2nd Tuesday Monthly.
St Aidan's Church Hall, Duggan St, Balwyn Nth.9859 4941.

Boroondara Ladies Probus: Janet Eddy

jveddey@applewood.net.au

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Thanks to Chris Cross Landscape & Gardening Supply for their support of our Club through housing our 3 storage containers.



We thank Bread Street Bakery for their ongoing support of our BBQ Fundraising activity through their generous provision of bread supplies.



helloworld



Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.

Bendigo Bank
Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

BOROONDARA
City of Harmony

The City of Boroondara is a great supporter of Rotary and we thank them for their most recent support with establishment of our North Balwyn Community Men's Shed

Club Diary

July 8-17 [Camberwell Art Show](#)

(Friday July 7th is the Gala Opening and Preview Night)

Book On-line \$55. Drinks. Canapes. Over 1,300 paintings.

Sunday, August 27 ; Partners' Afternoon Tea

2.00 pm – 4.00 pm at QPO, hosted by Ailsa (invitation to come)

Friday 13th, Sat 14th & Sun 15th October

Camp Getaway Weekend Working Bee. Contact Greg Matthews for details

Friday 20th Oct, - Sunday 22nd Oct.

Albury Fellowship Weekend. Contact Nino Sofra for details

16-18 March 2018. District Conference

Warrnambool. Nino Sofra will announce more details later in the year.

21 –25 March 2018. [2018 Formula 1® Australian Grand Prix.](#)

Saturday 12th August. Rotaract D9800 OurSpace

Rotaract Clubs of Swinburne, Gateway, Melbourne City and new provisional club Stonnington. Our Space welcomes everybody including friends, family, Rotarians and the wider community to enjoy a night of entertainment, celebration and delicious food. *Dinner, entertainment, 2 raffle tickets and contribution to Rotaract 9800 activities - \$50*