



## IN SERVICE OF ROTARY

Our Leadership  
2015/2016

### The Presidential Proclamation



A very special meeting this week when we focused on the Days for Girls project and specifically the Team's trip to the Solomon Islands.

Left: Team members Bev Sofra, Sally Sharp, Sally Sutherland and I presented on how this project has evolved and our time at Henderson in The Solomon Islands.

Our meeting numbers were bolstered by many partners attending along with some of our sponsors, whom we were able to acknowledge and thank for their generosity.

We also welcomed our own Assistant Governor Therese McKenny (R.C. Altona), Assistant Governor of D9780 Rosanna Kava (Swan Hill), Rotarians from Glenferrie, Hawthorn and Port Melbourne and some Girl Guide Victoria members. A huge thank you to everyone who attended and made the evening so enjoyable.

Congratulations to Ian Mollison who received a PHF+1 for all his work for the Club over a great many years. Mention Ian's name and we all think of his generous sponsorship of events, use of his office space, donation of flights and work behind the scenes that many members do not see at all. A very well deserved Award.



The Solomon Islands, named after the wealthy Biblical King Solomon, is a country very different from Australia. It comprises six major islands and over 900 smaller islands, located east of Papua New Guinea and approximately a three hour flight from Brisbane. The capital is Honiara on the island of Guadalcanal. Many people may know that name for the pivotal role it played in the Second World War. The country gained its independence in July 1978 from Great Britain. The population is approximately 600,000 with 94% being Melanesian. And just for interest their Coat of Arms depicts a crocodile and shark. The country's motto is "To Lead is to Serve". A wonderful country and one our Club has a very special relationship with.

This week go and Be a Gift to the World.

*President Jane*



**RI President**  
K. R. Ravindran



**DG 9800**  
Julie Mason



**AG Therese**  
McKenny



**President RCNB**  
Jane Pennington

### MEETINGS

**THURSDAYS**  
6 for 6.30pm  
Kew Golf Club

120 Belford  
Road Kew  
3102  
Ph.  
9859 6848



Next Meeting Thursday 9 June

Speaker: Belinda Wandabwa (Member Autobiography)

Host: Joe Butler

Setup: Garth Symington, Ted Angleton

Greeting: Robyn Stepnell, Jim Romanis

Desk: Peter Cleary, Don Taylor



### Days For Girls

Tonight's Guest Speakers were our team who visited The Solomon Island's Salesian Sisters Girl's Hostel at Henderson to introduce and promote Days for Girls.



Brian and Bev Thomas, (left) who have been instrumental in sourcing Aisin Sewing Machines and keeping them in good repair at Henderson were recognised.

Kerry Bean from Ionians was thanked for their donation;

Carolyn Walker and Sandra Plunkett from the Days for Girls Camberwell Group were present and

Therese McKenney, Assistant Governor D9800 was also present to show her support.

Ricardo and Suzanne Krauskopf from Donations in Kind and the R.C. of Port Melbourne were thanked for their assistance with the container shipments to The Solomons.

The Sister's Development Centre caters for women who have had minimal formal education. Courses are offered in basic literacy and numeracy, textile studies, computing, cooking, catering, floral art, human development and Christian values.

Three who completed the course are now offering a similar 'life skills' program for females in Malaita. Two others have set up a dressmaking/tailoring business in Honiara. The women acknowledge that the Centre gave them the possibility of acquiring skills and gaining self-confidence. This enabled them to find good employment, help their families and assist others.



One of the thrills of being a Rotary President is when you can recognise a Club Member for outstanding achievement.

Congratulations to Ian Mollison who received a PHF with one sapphire tonight in recognition of his hard work, sponsorship of projects, assistance with travel, use of his office space, and support over many years which often went unseen.

Ian and I were inducted on the same night in 1997!

A wonderful and very deserving recipient.

**Volunteering with Catering and Gardening activities is fun and rewarding. Give it a go !**



## GARDENING PROJECT

6th June 2016

No Gardening last week due to Student exams, but we resume on Friday 10th June, as below.

Appreciate if you could call me to **nominate for July sessions** - weeks away but helps planning...

Another reminder that the Gardening executive seeks a new Co-coordinator after July 2016.

**PLEASE**, the highly successful Gardening Project needs your consideration of this asap - thanks.

Date and Who with	Time	RCNB Supervisor	Assisted by
Sat 28/5, Fri 3/6 and Sat 4/6	<b>No Gardening due to Exams</b>		
Fri 10/6 - X	4.00 - 5.15pm	Greg Cribbes	Tak Yukawa Jol Dunn
Sat 11/6 - MLC	10.00 - noon	Peter Elliott	Geoff Steinicke
Fri 17/6 - CGS	2.45 - 4.00pm	Brian Hurnard Garth Symington	Ian Richardson Tony Ho
Sat 18/6 - MLC	10.00 - noon	Steve Greatorex	Eileen Toohill
17/24 June to 11 July	<b>SCHOOL BREAK</b>		
Fri 15/7 - X	4.00 - 5.15PM	Greg Cribbes	Tony Hart
Sat 16/7 - MLC	10-noon	Greg Cribbes	Rob Head
Thur 21/7 - RCNB - special	pruning roses 10am	<b>Need 1 please</b>	Marcel Muntwyler
	with <b>BUNNINGS</b> equipment donated with thanks		
Fri 22/7 - CGS/X	2.45 - 5.15PM	<b>Need 1 please</b>	Jol Dunn + <b>1 please</b>
Fri 29/7 - CGS/X	2.45 - 5.15PM	Greg Cribbes	<b>Need 2 please</b>
Sat 30/7 - MLC	10-noon	Geoff Steinicke	<b>Need 1 please</b>
Fri 5/8 - CGS	2.45 - 4.00pm		
Sat 6/8 - special - CGS 21students	10.00 - 1.00pm	<b>need 3 please</b>	<b>need 3 please</b>
Fri 12/8 - CGS/X	2.45 - 5.15pm		
Sat 13/8 - MLC	10 - noon		
Fri 19/8 - CGS/X	2.45 - 5.15pm	Greg Cribbes	Ian Richardson
Fri 26/8 - CGS/X	2.45 - 5.15pm		
Sat 27/8 - MLC	10 - noon	Greg Cribbes	
Fri 2/9 - X	4.00 - 5.15pm		
Fri 9/9 - X	4.00 - 5.15pm	Greg Cribbes	Ian Richardson
16 Sept to 3 October	<b>SCHOOL BREAK</b>		
	<b>Happy to chat anytime</b>	<b>Greg Cribbes</b>	<b>Mob 0413 270403</b>



Volunteering with Catering and Gardening activities is fun and rewarding. Give it a go !

Date	Event	Time	Time
01-Jul-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
FRIDAY	256 Middleborough Rd	Bill Oakley	Peter Wilson
2 Shifts Required	Box Hill	Phil Francis	Estelle Kelly
		Need another 2	Need another 3
9th July 2016		AM Shift 9am-1.00pm	PM Shift 12noon - 4pm
MELBOURNE MINIATURES & DOLLHOUSE FAIR		Bill Oakley	Bill Oakley
	Mt Waverly Community Ctr	Geoff Stienicke	Tak (when needed)
	47 Millers Crescent	David Cheney (?)	Sanaaya (when needed)
			(need another 2)
10th July 2016		AM Shift 9am-1.00pm	PM Shift 12noon - 4pm
MELBOURNE MINIATURES & DOLLHOUSE FAIR		Bill Oakley	Bill Oakley
	Mt Waverly Community Ctr,		Geoff Stienicke
	47 Millers Crescent	(need another 4)	Eilleen Toohill
	Mt.Waverley		David De Garis
29-Jul-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
FRIDAY	256 Middleborough Rd	Ken Maxfield	Jim Studebaker
2 Shifts Required	Box Hill	Greg Cribbes	Ian Richardson
		Garth symmington	Ted Wilkins
		Need another 1	Need another 1
01-Oct-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
SATURDAY	256 Middleborough Rd	Need another 4	Need another 4
2 Shifts Required	Box Hill		
1st Sept 2016	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
Thursday	256 Middleborough Rd	Nino Sofra	
6.00pm-8.00pm	Box Hill		
15-Dec-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
Thursday	256 Middleborough Rd		
2 Shifts Required	Box Hill		
22-Dec-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm

**NOTICE: Change of Venue for The Meeting of Thursday 14<sup>th</sup> July 2016.**



**CELEBRATING  
50 YEARS  
OF AUSTRALIAN ART 1966-2015**

We will join Rotarians at the  
Camberwell Art Show.

**It's a Partner's Night!**

**Venue:** Swinburne College, Burwood Road, Hawthorn.

(Parking available opposite The College, alongside Hawthorn Town Hall)

**Time:** 6.00 for 6.30 pm.

**Format:** Two course dinner, a glass of wine plus tea and coffee.

Also included is free entry to the show and includes an experienced guide.

**The charge:** \$30.00 per head.

**Attendance:** Please advise Hugo of apologies and guests.

**NOTE:** There will not be a dinner at Kew Golf Club on this night.

Details if attending the Art Show at other times.



**DATES JULY 9-17, 2016**  
**JULY 8 - Opening Night Preview**  
**Swinburne University, Hawthorn**

**Camberwell Art Show  
2016**

**Hours:** 10.00am - 5.00pm (15 July 9.00pm).

**Venue:** Swinburne University Advanced Technologies Centre, 427 Burwood Road, Hawthorn 3122.

**Cost:** Adults \$10, Concession \$5, Seasonal Ticket \$25, Students (18 years old or younger and Swinburne) Free.

**"Come and celebrate the conclusion of great year under current President Jane Pennington and welcome the new President Rowan McClean"**

**Saturday 25th June Club Changeover** is an annual event where we celebrate the achievements of the Club and its members and also recognise the great efforts of the current President and welcome in the new President.

Dress up for a fun night to witness the passing of the baton between President Jane Pennington and President Elect Rowan McClean.

**6.00 for 6.30pm at KGC, dress Black Tie.**

**\$55 includes a welcome drink, table wine, and two course meal.**

**MOVIE LUNCHEON.**

Palace Theatre, Balwyn:-

Monday, 25<sup>th</sup> July 2016 at 11.00 am.

"Love and Friendship"

\$17.00 per head, includes lunch.

[www.palacecinemas.com.au/movies/lovefriendship](http://www.palacecinemas.com.au/movies/lovefriendship)

All welcome.

Fellowship Committee.

**From Rosie at Fareshare**

Dear volunteers,

**Our May results – the best yet!**

The start of a new month means we review where we were last month. The results are stupendous! In May, we had our best month on record. **Our staff and volunteers in the kitchen cooked up 109,219 meals, and our warehouse and driving crews redistributed 72,768 more and rescued 59 tonnes of food!**

A round of applause for all – a truly tremendous effort.

And in the (social) media, good news as well



Our resident Communications guru Lucy Farmer reported that we had **12,000 views on the website** – the first month ever we have surpassed 10,000.

We also recorded **nearly 6000 views on our Facebook page** and **YouTube of our new volunteer video** – another record by some margin.

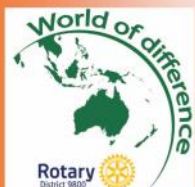
And elsewhere, due to National Volunteer Week, the Feed Melbourne Appeal and the RACV Partnership launch at the Abbotsford garden, we had great stories to tell and as a result **we had 11 external media stories**.

So we smashed that too!

**"Rotary Serving Humanity"**

President-elect John Germ announces his 2016-2017 theme.

*"I believe everyone recognizes the opportunity to serve Rotary for what it truly is: not a small opportunity, but a great one; an opportunity of a lifetime to change the world for the better, forever through Rotary's service to humanity."* — RIPE John Germ

**January 2017 tour filling fast with 13 or 16 day options**

Experience an authentic blend of Cambodian culture and immersion in local village communities. Rotary has enabled Cambodian rural to develop and schools to flourish. Be part of the monitoring and continuing assessment of the projects.

New projects are being developed and rolled out. Project leader Rithy will supervise the local workers in our participation in these projects. We will assist and also teach some dental and hygiene lessons.

Enjoy comfortable accommodation. Meals are fully catered. With safety our prime concern Rotary insurance will be there, Rotarians Rithy our guide and for the last time join Bronwyn as tour leader.

Interested? visit [www.wod.org.au](http://www.wod.org.au)

[info@wod.org.au](mailto:info@wod.org.au)



Find us on Facebook

[facebook.com/WODHT/](https://www.facebook.com/WODHT/)

**Contact information:**

**Bronwyn Stephens**

Project Chair "World of Difference"

**Phone** 0410324537

[www.facebook.com/WODHT/](https://www.facebook.com/WODHT/)

**Website** [www.wod.org.au](http://www.wod.org.au)

**RAWCS Project 1/2012-2013**

**\$4199** 13 days **OR**

**\$4599** 16 days

early bird discount rate \*\*\*

**Visit the Website  
for all the details  
HERE**



### Geoff's Health Tip

#### If you suffer from dry eyes - eat more fish



Omega-3 fatty acids from sardines, salmon, tuna and mackerel may wipe out dry eye syndrome, according to new research. Dry eye syndrome affects up to one-third of the world's population, causing itchy, stinging eyes and sensitivity to light. If left untreated, it can impair vision, and in extreme cases, cause blindness.

Researchers at the Advanced Eye Centre in Chandigarh, India, gave 60 patients with untreated moderate dry eye disease either a daily dose of omega-3 fatty acids or a Vitamin E placebo for 12 weeks. The study's authors wrote that improvements were "statistically significantly greater" in the patients who received the omegas. The researchers also found that the patients who received the omegas experienced significant improvement in contrast sensitivity, the ability to distinguish increments of light and dark which is critical for night driving.

Dr. David Allamby, a laser eye surgeon and medical director at London's Focus Clinic, said: "A quarter of patients who visit ophthalmic clinics report symptoms of dry eye." Explaining the science, he said our 'lacrimal' glands, almond-shaped glands found next to the bone on the upper side of the eyes, provide watery tears to create a film across the eyes. Other glands in the eyelids need omega-3 fatty acids in order to produce oil which floats across the eye surface when you blink, acting like cling film, keeping in the tears and reducing evaporation. Dr Allamby commented, "If omega-3 supplements increase your chances of getting home safely, that's surely a reason for upping your intake."

*Geoff*



*Where you're part of the community*

Thanks for supporting the Eva Tilley Knitters.

The outcome of the residents' knitting street stall was \$866.60. Not bad for four hours selling at North Balwyn Village!

Cheers and thanks, Ian Adams

## MEETING ROSTERS

### Thursday 9th June

Speaker: Belinda Wandabwa  
 Topic: Member Autobiography  
 Host: Joe Butler  
 Setup: Garth Symington, Ted Angleton  
 Greeting: Robyn Stepnell, Jim Romanis  
 Desk: Peter Cleary, Don Taylor

### Thursday 16th June

Speaker: Mr. David Matthews  
 Topic: Using Business To Achieve Positive Social Change  
 Host: Larry Fitzpatrick  
 Setup: Greg Matthews, Peter Elliott  
 Greeting: Peter Sutherland, Ian Richardson  
 Desk: David Cheney, Eileen Toohill

### Saturday 25th June

**NO Meeting Thursday June 23**

### Club Changeover

Setup: Marcel Muntwyler, Imre Lele  
 Greeting: Russell Turner, Belinda Wandabwa  
 Desk: Geoff Haddy, Findley Cornell

### Thursday 30th June

Speaker: TBA  
 Topic: TBA  
 Host: TBA  
 Setup: Geoff Haddy, Tony Hart  
 Greeting: Ted Wilkins, Geoff Steinicke  
 Desk: Peter Cleary, George Swanson

### Meeting No. 46

### 2nd JUNE 2016

<b><u>Present:</u></b> Guest Speaker	0	Leader Bev. Sofra - Days for Girls Team visit to Solomon Islands.
NB Members	47	
Visiting Rotarians	6	AG Therese McKenny - Altona; AG Rosanna Kava - Swan Hill; Richardo & Suzanne Krauskopf - Port Melb. & DIK; Anne Scott - Hawthorn; Helena Wimpole - Glenferrie.
Guests	7	Kerry Bean, Gilbert & Shirley Farrow, Sandra Plunkett, Brian & Bev Thomas and Carolyn Walker
Wives/Partners	25	
MakeUps	18	Gardening Project : Greg Cribbes (2) + Colin Sharp. Catering : Bunnings BBQ - Cribbes, Magor, Oakley, Richardson, Sharp, Sofra, Sutherland ; Servants 30th Birthday - Rob Head, John Magor, Greg Matthews, Oakley, Ranson, Sofra & Wells. PE Rowan McClean - Cluster Meeting; AG Adrian Ranson - RC Brighton Beach.
Meeting Attendance	79.7%	
<b><u>Not Available for Rosters:</u></b>		Bob Bott, Russell Cooper, Geoff Haddy, Imre Lele, Sue McDonald, Imre Lele, Greg Ross, Rob Stewart, Peter Wilson

### **Celebrations: Monday 6 June to Sunday 13 June**

**Birthdays:** Sally Sharp

**Induction Anniversaries:** Rowan McClean 2008, Greg Cribbes 2015

**Wedding Anniversaries:** Hugo and Diane Goetze;

Adrian and Nadia Ranson.



MAKE NOTES OF THESE DATES IN YOUR DIARY

See also [http://www.rotarydistrict9800.org.au/notices\\_and\\_events\\_future](http://www.rotarydistrict9800.org.au/notices_and_events_future)

**Tuesday 14 June:** Celebration and commiseration on the folding of the R.C. of Boroondara. Details to be announced of Time and Place

**Saturday 25th June**

**Club Changeover. Cheer out President Jane Pennington and cheer in President Rowan McClean.**

**6:00 pm for 6.30pm** Kew Golf Club Belford Road, East Kew VIC 3102  
(No Club meeting at KGC on Thursday 23rd June)



**Sunday 26th June** Reclink Cup

Raising awareness and funding to support Reclink Australia's programs for disadvantaged individuals. RCNB Catering Event

**Sunday 26th June** District 9800 Changeover

11.30am for 12 noon: The RACV City Club, 17/501 Bourke Street, Melbourne 3000  
\$75 per person Parking \$21.40

**Saturday and Sunday 9th and 10th July 2016** at the Mt Waverley Community Centre.  
See the 'VAME show' page for details.

RCNB Catering Event

**Thursday 14th July**

Camberwell Art Show

We are meeting there.

6.00- 6.30pm \$30 Swinburne College, Burwood Road, Hawthorn  
No Meeting at KGC



CELEBRATING  
**50 YEARS**  
OF AUSTRALIAN ART 1966-2015

**Monday, 25th July**

**MOVIE LUNCHEON. Love and Friendship**

Palace Theatre, Balwyn 11.00 am. \$17.00  
per head, includes lunch.

[www.palacecinemas.com.au/movies/lovefriendship](http://www.palacecinemas.com.au/movies/lovefriendship)



**Friday 21st—Sun 23rd October** Ballarat Fellowship w/e

Join us for a choice of golf, fellowship, historical sites, galleries, museums, the lake and gardens.

(Those not attending require a note from their parents to Rob Head)



**Thursday 30th March to Sat 1st April 2017**  
**Shepparton** 2017 District Conference

**2017 DISTRICT 9800  
CONFERENCE**  
SHEPPARTON - VICTORIA  
30 MARCH - 1 APRIL

» INTERNATIONAL  
EDITION

# Rotary

## DOWN UNDER



# ROTARY REVS ITS ENGINE IN CIPPSLAND

*Lardner Park Motorfest  
taking fundraising to  
pulse-raising heights*

► SEE PAGE 18

**BUCKING  
THE TREND**  
YOUNG  
PROFESSIONALS  
FLOCK TO  
BURLEIGH HEADS

**AUSTRALIAN  
NATIONAL  
BUSKING  
CHAMPIONSHIPS**  
TAKING MUSIC  
AND ROTARY TO  
THE STREETS OF  
REGIONAL  
AUSTRALIA

**JUNE  
2016**  
ISSUE 584

\$5. Per Approach  
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Photo by David Anderson (left)



<http://digitaledition.rotarydownunder.com.au/?iid=142238#folio=1>  
JUNE ROTARY DOWN UNDER IS OUT! CLICK ON THE LINK TO READ ON-LINE



## ROTARY CLUB OF NORTH BALWYN 2015/16

**President: Jane Pennington**

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**Vice President: Brian Hurnard**

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**Secretary: Gavan Schwartz**

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**Treasurer: David de Garis**

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**Grapevine Editor Peter Sutherland**

[petesutherland@bigpond.com](mailto:petesutherland@bigpond.com)

Submission by Noon Saturday please.



### APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze, [hugogoetze@netspace.net.au](mailto:hugogoetze@netspace.net.au) with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



### THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

MAY IS



"We cannot talk about the future without talking about children. They are our future." - PRIP James L. Lacy 1998-99

Rotary

YOUTH SERVICE

[www.rotary.org](http://www.rotary.org)

### D9800 Probus

**North Balwyn Probus** President 2015/16

Ken Mitchell: [mitchellkv@gmail.com](mailto:mitchellkv@gmail.com)

**North Balwyn Ladies Probus** (Sect Jill Johnstone)

[jilldj@melbpc.org.au](mailto:jilldj@melbpc.org.au)

**North Balwyn Heights Probus**

(Sect Sue Mullarvey)

[yarramul@tpg.com.au](mailto:yarramul@tpg.com.au)

**Greythorn Probus** (Sect Shirley Brangan)

[daynaleigh1@bigpond.com](mailto:daynaleigh1@bigpond.com)

Tel: 03 9859 4941



Be a gift to the world



ROTARY CLUB OF  
NORTH BALWYN

Our Club Web Site  
[www.rotarynorthbalwyn.com.au](http://www.rotarynorthbalwyn.com.au)

Rotary International  
<http://www.rotary.org/en>

## Support Our Sponsors



66 Doncaster Rd, Balwyn North.  
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**CHRIS CROSS**

Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102



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balwyn north

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warehouse

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