



Rowan's Reflections

Another fun bowling night, thanks to Ian Mollison and the [North Balwyn Bowls Club](#). More than 70 members and friends enjoyed a carvery meal and exhibited their skills on the bowls green.

Boroondara [Mayor Philip Healey](#) spoke to us about Community Service priorities in Boroondara and some of the challenges created for local government by the three tier government system. Council has conducted a community consultation process to inform rate payers of their new 10 year plan, and are delighted with the number of submissions received.

Mr. Healey acknowledged the excellent role played by Rotary in Boroondara, and congratulated our Club on our activities.

Without the opportunity to display my own limited bowls skills, I joined Adrian Ranson, Tony Wells and Jessica Gretton at a farewell party for Matt Maudlin as his 17 year reign as CEO of Servants comes to an end. Matt has been superb in this role and he gave a great farewell speech. The rumours of what he is moving on to indicate that we have not heard the last of him. We also wish Amanda Donohoe a successful transition to leadership of this valuable partner organisation.

We have been busy this year *Serving Humanity* and the lawn bowls night was a very relaxing pause in the process.

Next week we will hear from The Boroondara Stroke network. I am aware that several people credited their state of health (and even survival) to the Club's blood pressure testing efforts in the North Balwyn shopping centre in recent years. It will be interesting to hear about the support provided to local survivors of stroke.

See you then if not before. Have a great week!

President Rowan

Our Leadership 2016/2017



RI President
John F. Germ



DG 9800
Neville John



AG Eastside
Jonathan Shepherd



President RCNB
Rowan McClean

MEETINGS

THURSDAYS
6 for 6.30pm
Kew Golf Club

120 Belford
Road Kew
3102

Ph.
9859 6848





The Mayor of Boroondara, Councillor Phillip Healey, was guest speaker at our Bowls Night. Whilst unusual to have a speaker at this social event, it was an opportunity for the Mayor to see the beginnings of the Men's Shed – a large concrete slab ready for the next stage of development. In a broad ranging talk on the impressive array of Council activities, particularly community facilities including the proposed North East Community Hub, he thanked all Rotarians for their community service work. He encouraged us to participate in the Council's major survey of priorities, as part of the development of a 10-year plan. Questions were necessarily cut short to enable the bowls to commence but that did not stop a queue of keen members/partners lining up afterwards to talk with the Mayor. It seems we are all interested in trees, traffic, and housing!



LINEN SUPPLIED FOR SERVANTS COMMUNITY HOUSING

The Rotary Club of North Balwyn has delivered 200 sets bed linen and 200 towels to Servants Community Housing, which provides safe and affordable housing for people in need in the City of Boroondara .

The quality linen had been transferred to the Donations In Kind Store in Footscray from mining operations in Western Australia where it was no longer required at "fly-in fly-out" mining facilities because of the downturn in the industry.

The CEO of Servants, Amanda Donohoe said the linen and towels will be shared between Servants three residences in Boroondara and will help fulfill an ongoing need. She thanked Rotary, the Donations in Kind store and the RC North Balwyn for arranging the donation.

Amanda Donohoe is pictured receiving the linen with RC North Balwyn Rotarians Larry Fitzpatrick, on the tray of the truck, Greg Matthews and Tony Wells.



Rotary
DOWN UNDER

10
EARTH HOUR TURNS

The Aussie success story that became a global phenomenon

GOBABYGO!
Adapted toy cars getting children with impaired mobility on the move

CLUB CONFIDENTIAL
THIS MONTH WE FOCUS ON... ROTARY PROMOTED IN THE COMMUNITY

BRAINS NOT BRAUN
USING TIME AND RESOURCES WISELY TO MAKE A TARGETED DIFFERENCE WITH BIG IMPACT

MARCH 2017
ISSUE 592

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<http://digitaledition.rotarydownunder.com.au/?iid=151270#folio=1>

Click on the link above to read your RDU on-line.

2017-2018 THEME
ROTARY:
MAKING A DIFFERENCE

Meanwhile: somewhere else in the world Elaine is lost on a glacier. Luckily John dropped bread crumbs.



Greetings of joy from the Hapi Isles!

We received all the bicycles, oil and the tools all together in the container. We are truly grateful - our teachers and our students.

Many of our students, boys and girls are learning to ride the bikes. They are all happy and excited. We highly encourage our students to learn biking to enhance balance and confidence in themselves. Every afternoon, they use the bikes in our school compound. It is quite a spectacle to see our young people learning something new. We try to take care and maintain the bikes so that they are fully functional.

Thank you to the generous people of Australia and The Rotary Club of North Balwyn. May our heavenly Father bestow abundance of blessings and good health to all of you.

with prayers,

Father Albert



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Rotary Club of North Balwyn

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The Melbourne Entertainment Guild Testimonials

Margaret and Ted Wilkins recommend the Entertainment Guide-

"Margaret and I have recommended the Entertainment Book to our family and friends for many years and will continue to do so. We have given it to friends as a gift. Theatre and Art lovers can get two tickets for the price of one for Opera Australia and Melbourne Theatre Company performances. Savings on one evening will more than recoup the purchase price of the book, not to mention the savings that can be made when taking grandchildren to Sovereign Hill or the Aquarium.

The 25% savings offered by the Fine Dining section is also very worthwhile. To cap it off our Rotary club retains 20% of the purchase price from every book sold. Please put us down for another book this year Geoff."

Judy and Geoff also recommend the Entertainment book-

"Judy and I use the Entertainment Book fairly regularly. We have been to Di Palma's several times, and recently we discovered Estivo - a great little restaurant, also in High St. Kew. You know you only have to use your Entertainment card twice to recover the cost of the book. I don't recommend the digital option because you can't quickly look at all the options, and having the book in the car is a reminder to use it when you can."



Club of North Balwyn

GARDENING PROJECT

6th February 2017

The Community Service Garden Project is all set to go this Fri/Sat – again, thank you to all those who are volunteering. It'd be really helpful if you could all check your diaries for opportunities in March and April, thanks.

Give us a call anytime - Peter Elliott 0419 417334, Greg Cribbes 0413 270403. .

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 10/3 – CGS/X	2.45 – 5.15pm	Garth Symington	Greg Cribbes
Fri 17/3 – CGS/X	2.45 – 5.15pm	Geoff Haddy	Ian Glenn
Sat 18/3 – MLC	10.00 – noon	Marcel Muntwyler	Larry Fitzpatrick
Fri 24/3 – CGS/X	2.45 – 5.15pm	Geoff Haddy	Findley Cornell & Greg Cribbes
Sat 25/3 – MLC	10.00 – noon	Rob Head	Tony Hart
Mon 3/4- RCNB	TBA		
Fri 21/4 CGS	2.45 – 4.00	Greg Cribbes	Geoff Haddy

Farm & Road Safety Expo

[Rotary Club of Rochester](#)

The Rotary Club of Rochester will hold their 19th annual Farm and Road Safety Expo on Tuesday 15th August 2017.

The aim of the day is to expose students and adults to the dangers of the farm and road. The students in turn will pass on the message to their parents and carers. Ideally, adults will be attending to receive the message 'first-hand'.

I am writing to ask your Club members if they are able to help with encouraging members / clients / businesses to attend the Expo. We need exhibitors to demonstrate the safety aspects, in the following areas – quad bikes, motor bikes, fire-arms, plastic lined channels, chain saws, work safe, augers, to name but a few areas of danger on the farm or on the road.

Exhibitors who have attended in the past includes: several divisions of the Police Force; the CFA including their stop, drop and roll activity; the SES who demonstrate the jaws-of-life; the local Pony Club for horse safety; the Marine service for water safety; the local hospital and many others.

Our general clientele are primary students who we rely on to go home and pass on the safety message to their parents. However, if we were to have exhibitors in the above areas for safety it would help to encourage the secondary schools to attend and also more adults.

Between 600 and 1,000 students attend the Expo on the day with teachers and parents from schools in the Campaspe, Greater Bendigo, Greater Shepparton and Murray



Advertising reaches further than Rochester and these schools via newspapers and radio.

The Rotary Club of Rochester FARSE Committee will offer any businesses or organisations with sponsorship of \$500 or more to have their logo placed on all correspondence and handouts. There is also the offer of joint naming rights to the event for a donation of \$3,000 or more.



2017 FORMULA 1 ROLEX AUSTRALIAN GRAND PRIX

Members (especially New Members) take note of the following. Our Club has for many years (21) catered for the Marshalls at the Grand Prix. Over the years the format of our activities and catering responsibilities has increased due to the great work put in by our GP committee and volunteers.

Activities this year include.

Wednesday 15 March - BBQ for the Contractors setting up prior to the event.

Thursday 23rd March through to Sunday 26th March

Catering for the [Minardi Two Seater F1 Team](#)

-Early Start (4.30AM) to provide a dozen or more Egg and Bacon Rolls for the Minardi Pit Crew.



Thursday 23rd March through to Sunday 26th March

Catering for The Marshalls

-There are hundreds of Marshalls who begin arriving at the track at about 7am for a briefing before each days events. They are volunteers from all over the world and we provide breakfast to all of them prior to their daily briefing. Our catering is a hectic early session which comes to an abrupt halt at the commencement of the Marshalls Briefing.



-BREAKFAST TEAMS MEET IN CAR PARK BEHIND FLETCHERS REAL ESTATE AT 6AM



Thursday 23rd March through to Sunday 26th March

Lunch Time BBQ at Shannons Historic Display

-A sensational collection of vehicles from overseas and all around Australia will be on hand and sure to offer a rare opportunity to be seen on track and up close!

- This is a hectic sausage sizzle inside the general area catering for Drivers of the Shannons Historic Display and The Public.

- LUNCH TEAMS Meet in The Car Park in North Balwyn at 9.30 am

Sunday 26th March:

Pack up and Help with Putting gear away at our Containers at CHRIS CROSS Nursery

This event is a major Club Fund Raiser and we need as many volunteers as possible.

Geoff Steinicke 0418 175 130 and Nino Sofra 0409 506 226 are managing the Roster.

Please complete the Safe Food Handling Course to assist us meet our obligations to Grand Prix Corporation for this event.

This event has major exposure to The Public and being a major International Event it comes with huge responsibilities to play our part with precise execution as our activities become part of the event timing.

The Bonuses: You get a general pass to the event! You can stay and watch if you wish.

You get to rub shoulders with The Marshalls who are volunteers from all around the world

You get to see celebrities—drivers, the event mascot, etc

You get to see the thrilling air force acrobatics with the Roulettes and Airforce Jet Fighters.

But the best of all—It's a great day out with your Fellow Rotarians!

Geoff's Health Tip

[Bigger Health Gains Possible from Broad Taxes on Unhealthy Foods](#)

Major health-care benefits could be gained and billions of dollars in health-care costs saved with a package of taxes and subsidies that target unhealthy foods while promoting healthier options.

[Linda Cobiac](#) from the School of Population and Global Health at the University of Melbourne has calculated that 500,000 life-years and over \$4 billion could be saved by a combination of taxes on sugar, salt and fat alongside a fruit and vegetable subsidy.



The study adds to the growing evidence of large health benefits and cost-effectiveness in using taxes and regulatory measures to influence the consumption of healthy foods.

It is not the first time in Australia that a tax on unhealthy foods has been suggested. We have had a tax on tobacco for many years, so why not a tax on unhealthy foods?

Some countries have already introduced a tax on sugar-sweetened beverages and confectionery through a sales tax (in the USA) or an import duty (in Fiji). Denmark and Hungary implemented taxes on a wider range of foods and drinks based on the levels of fat, sugar and salt.

[In 2014, Mexico introduced a 10% tax on sugar-sweetened beverages.](#) *The taxed beverages account for 70% of the sugars added to the Mexican diet. After 12 months, there was a 5% decrease in purchases of taxed foods, after two years there was a 9.7% reduction with no change in the purchase of untaxed products.*



While food taxes and subsidies are not currently on the political agenda in Australia, there is recurrent interest in broadening the goods and services tax, which would lead to price changes on a wide range of food and drink products.

No doubt, there will be considerable opposition to the introduction in Australia of taxes on unhealthy foods. I have read that six people comprise the sugar lobby, of which five are ex-government employees. It will be interesting to see how this all turns out.

Geoff

MEETING ROSTERS

Thursday 9th March.

Speaker. Vivienne Harkness
 Boroondara Stroke Support Network
 Host: Tony Hart
 Greeters: Bernie Smith, Robyn Stepnell
 Setup: David Rowe, Larry Fitzpatrick
 Desk: Tony Wells, Phil Francis

Thursday 16th March.

Speaker. Ms. Marie Briggs
 Benefits of Community Banking
 Host: Greg Cribbes
 Greeters: Neil Marshall, Ted Wilkins
 Setup: Imre Lele, Takao Yukawa
 Desk: Steven Greatorex, Greg Matthews

Thursday 23rd March.

Speaker. Mr. Rick Tudor
 Melbourne Indigenous Transition School
 Pathways for Aboriginal students
 Host: Jim Studebaker
 Greeters: Peter Cleary; Sam Hardikar
 Setup: Ian Mollison; Russell Cooper
 Desk: David Rowe; Garth Symington

Thursday 30th March.

Speaker. Assoc. Prof. [Sunil Bhar](#)
 Chair Department of Psychological Sciences
 Swinburne University of Technology
 Host: Rowan McClean
 Greeters: John Gartlan, Neil Marshall
 Setup: Peter Wilson, Geoff Kneale
 Desk: Ian Adams, Ted Angleton

Information Technology tip. Keyboard Short Cuts.

A keyboard shortcut is a command executed with your keyboard instead of the mouse and the drop down options from your application tool bars.

It is often a faster way to navigate as it is universal for all computer programs running Windows.

For example: instead of using your mouse to navigate ->file ->Print

Try pressing **Ctrl and P** on your key board

If you wish to copy and paste text: Instead of using the mouse select **Copy and Paste**; highlight the text or item to be copied and press **Ctrl and C** on your Keyboard: To **Paste** press **Control and V**.

Want to “undo” a mistake or action on Windows? Hit **Ctrl Z**.

Want to **flip between open Programs** : Hit **Alt + Tab**

Want to **Lock your screen** when leaving your computer? **Windows Logo Key + L**

Want to hide your work and **goto the Desktop**? **Windows logo key + D**

Want to **zoom your screen**? Try pressing **Windows Logo Key and then + or -**

Have fun! There are hundreds of key board actions which you may find useful.



Go on Do it!

Press the Windows Logo Key and D and see what happens!

<https://support.microsoft.com/en-au/help/12445/windows-keyboard-shortcuts>

Once you get the hang of it you will find yourself using the keyboard more often than the mouse for many simple operations because its faster and easier than using the mouse.

Celebrations

Birthdays: Bob Bott, Colin Sharp, Eileen Toohill, Helen Rennie

Inductions: Adrian Ranson 2008, Brian Hurnard 1996,
 Geoff Haddy 2005

Weddings: Greg and Heather Matthews,
 Ted and Ivy Angleton, Findley and Dianne Cornell



MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

Sunday 19th March: [Classic Cars and Asian Art Collection; Lunch with Wine Tastings.](#)

RSVP 13th March Trybooking.com/OORR

Factory 1, 16 Rosemary Crt Mulgrave. 12 Noon

An initiative of RC Glenferrie with proceeds to Boroondara Family Network.

Thursday, 6th April: Vocational Visit to [Walter and Eliza Hall](#) Dinner will be at the Parkville Hotel, 43 Royal Parade, Parkville (which is nearby) 8.00 p.m. - 2 courses at a cost of \$39.00. N.B. No Meeting at KGC.



Walter+Eliza Hall
Institute of Medical Research

DISCOVERIES FOR HUMANITY

Thursday, 27th April: 8.30 am to 4.00 pm.

Bus Lunch and Beleura Guided tour all for \$60

Contact David Cheney to secure your seat on the bus.



ROTARY CLUB OF NORTH BALWYN 2016/17

President: Rowan McClean president@rotarynorthbalwyn.com.au
Vice President: Bill Oakley vicepresident@rotarynorthbalwyn.com.au
Secretary: Gavan Schwartz secretary@rotarynorthbalwyn.com.au
Treasurer: Greg Cribbes treasurer@rotarynorthbalwyn.com.au
Grapevine: Peter Sutherland petesutherland@bigpond.com Noon Sat Weekly Deadline

North Balwyn Probus: Bruno Coniglio <http://balwynnorthprobus.org.au>

North Balwyn Heights Probus: Sue Mullarvey yarramul@tpg.com.au; 9857 4305, 0400 821 402

Greythorn Probus: Meetings 10am 2nd Tuesday Monthly

St Aidan's Church Hall, Duggan St, Balwyn North. 9859 4941

Boroondara Ladies Probus: Janet Eddy jveddey@applewood.net.au

APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze. hugogoetze@netspace.net.au with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



MARCH DESIGNATION IS



Rotary



monthly
themes

MARCH Water and Sanitation month
APRIL Maternal and Child Health month
MAY Youth Service month
JUNE Rotary Fellowships month
AUGUST Membership and New Club Development month
SEPTEMBER Basic Education and Literacy month
OCTOBER Economic and Community Development month
NOVEMBER Rotary Foundation month
DECEMBER Disease Prevention and Treatment month
JANUARY Vocational Service month
FEBRUARY Peace and Conflict Prevention/Resolution month



ROTARY CLUB OF
NORTH BALWYN

Our Club Web Site
www.rotarynorthbalwyn.com.au

Rotary International
<http://www.rotary.org/en>

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