ROTARI

The Grapevine

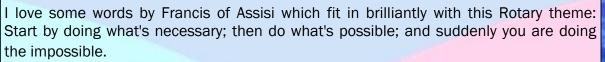


<u>Our Leadership</u> 2015/2016



The Presidential Proclamation

The Rotary International theme of Economic and Community Development was show-cased through the presentation by Rowan, John and Scott on the work being undertaken in Minh Hac in Vietnam. RCNB has been involved in this community for more than five years and the tangible benefits for the community have been clearly demonstrated through physical projects such as the community centre and education for the children. We look forward to further involvement.



Rotary believes community development encompasses giving people a hand up rather that a hand out and this is what our international projects have done in Vietnam as well as in the Solomon Islands and Bali.

I have done some community development work in India when I was working there for the Girl Guides and it is incredibly rewarding to see results when you help give people a hand up. It can also have its very funny moments. I worked with women's groups and one project we did was to get the ladies to make soft toy elephants to be sold to visitors to India. I have to admit it was a struggle now and then to ensure our toy elephants ended up with four legs and a trunk. Often one leg got left off if the ladies ran out of fabric – so a slightly different looking elephant!!!

For the next seven days please Be a Gift to the World

President Jane

Next Week's Speakers: "Rotary Community Services - Community perspectives"

Our enthusiastic Gardening Project Team has invited representatives from our Contact Schools and Service Provider to give updates on objectives, how, why, when of their organisation's participation in this and other Community Service activities. An opportunity to hear the grass-root stories from key, on-the-ground participants, followed by questions.

The Panel (hosted by Greg Cribbes) includes: Denise Shaw – Burke & Beyond; Sue Heffernan – MLC. ; Kirsty McDougall – Camberwell Grammar; Anna-Marie McGann – Xavier College.



KI President K. R. Ravindran



DG 9800 Julie Mason



McKenney



President RCNB Jane Pennington

MEETINGS THURSDAYS 6 for 6.30pm Kew Golf Club 120 Belford Road Kew 3102 Ph: 61 3 9859 6848

At The Meeting

Announcements:

Rowan McClean:

Attention: Cobram-Barooga Fellowship Weekend

Friday night's dinner on 6 November has been booked at the Cobram Hotel Bistro for 6.30pm. For booking numbers confirmation with the hotel, please let Rowan McClean know if you are not going to attend this dinner.

Attention: 2016 District Conference in Bendigo

You need to register your attendance on the District website.

Our Club dinner will be held on Friday March 11, and Mr. Beebs restaurant has been booked for 6.30pm. Mr. Beebs is close to the CBD and within walking distance of our accommodation. Our Club dinner clashes with the welcome cocktail party being conducted by the District Governor at the Conference venue. President Jane has discussed the matter with D.G. Julie, and she is happy for RCNB to have its club dinner that night.

Which event you attend is entirely your choice, but please let Rowan McClean know before the end of November if you will be attending the club dinner.



Support for Vietnam

Rowan McClean, John Burley, Chris Burley, Scott Pepin (RC Bacchus Marsh) and Rachael Nguyen (translator and financial advisor), all of whom have been in Vietnam visiting the communities we support in Phu Tho Province, attended the club meeting on 15 October.

John and Rowan discussed progress in Minh Hac, and expressed their delight with the visible evidence of club support, particularly at the Community Centre and in the kindergarten

and schools. The community Centre has been paved and is installing a kitchen and toilets. The kindergarten has new roofing and has been provided with two rice cookers and funding to enable 20 very poor children to attend for the first time. In the schools, furniture, books, fans and audio-visual equipment have been installed by means of club support.

John also observed the progress he noticed in just 12 months, where the people themselves have begun new activities. New commercial ventures have sprung up, a farm has been considerably expanded and, based on the success of the Community Centre we helped fund with our Interact club, five other districts in Minh Hac, from limited resources, have commenced their own centres as focus points for community activities.

There were one or two matters not mentioned in the presentation because of time constraints. Trang, the student that Bill Oakley and our Club have jointly funded at University has graduated, and is undertaking an

internship in Tourism and Hospitality. We are also exploring an idea for English Language Training linking Balwyn High School with Minh Hac Secondary school.

The assistance being provided by RC Bacchus Marsh to the community of Yen Luat is already showing results, with improved educational access and infrastructure improvements.

The bottom line is that we are extremely pleased with progress in Phu Tho Province, and so are Provincial officials and community leaders.



Anh, a sponsored child in Minh Hac, with her grand-mother and sponsor outside their one room house.

Rowan

Guest Speaker Mr. Paul Geyer



AUSTRALIAN INSTITUTE of COMPANY DIRECTORS

Last Thursday evening we received and excellent presentation from Paul Geyer who is the Victorian manager of the Australian Institute of Company Directors. Paul has extensive experience on Boards and has successfully managed three start-up companies. He was able to convey in a clear and entertaining manner the importance of good governance, of having a strategy and of understanding directors' responsibilities. He also explained the distinction between the roles of directors and managers. Colin Sharp did an excellent job as host.

Read more about Paul and AICD HERE

Hello Supporters of Camp Getaway!

What a weekend! You may have noticed that we didn't call for local Volunteers for this weekend. There were 25-30 keen Rotarians and Partners from North Balwyn R/C in attendance starting Friday afternoon. Tasks undertaken were -

Grounds

The 3 septic tanks were located and excavated with all the inspection openings and pit lids raised to ground level by boxing and pouring new risers. This means the tanks have seen the light of day for the first time in 40 or so years, and we no longer have to guess where the tanks may be, when they need pumping out. The outfall line from the bottom tank was cleared of the choke. Tree stumps were dug out

New Kitchen

- The sewer, gas, hot and cold water was completed
- The electrical work was completed including 3 phase power point
- The lagging for the hot water pipes was furthered
- The new cupboards were strengthened to take all the crockery and installed
- The kitchen was sanitised and washed out
- All the crockery, cutlery, pots and pans and trays were taken from the old kitchen and sorted out, cleaned, and put in the new kitchen, anything chipped or cracked was discarded. The partners were responsible for this mammoth task
- All the appliances were cleaned and installed
- The big table was installed "what a job"
- The former carport was dismantled and the temporary fence was re-instated
- The columns for stage 2 were grouted under the baseplates
- The external cladding was removed from the old kitchen
- All the electrical circuits wiring was removed from the old kitchen
- Fridges moved to new position after new power point was installed
- Roof iron trimmed back to suit new extension

Scaffolds dismantled and stacked in container

General

• Gardens were weeded and tidied; Roofs and gutters were cleaned and much more!

Our sincere thanks must go to the Nth Balwyn partners for catering for the weekend. The food was delicious and plentiful. We were treated like Royalty. There were too many Nth Balwyn people to name so thank you for your support, also thanks to plumbers Tim Ryan, Andrew McNicoll Bendigo Gas Parts and Service P/L, Graeme Neivandt, Wayne Smith, John Flood and Garry Gunnell and electrician "Sparkey Clarkey" Steve & Robyn Clarke.

Leon Scott (Kitchen rebuild Coordinator/Manager)







In Memorial — Bill Thackray



Bill Thackray, one of our long standing members, passed away on 12 October.

He was a member of our Club for 26 years and we will miss him.

After growing up in Whitehorse Road in Surrey Hills, and finishing his Secondary Schooling at Scotch College, Bill went onto Swinburne Institute to become a Civil Engineer. Bill worked for the City of Port Melbourne for 42 years; the last two decades as Deputy City Engineer; he loved playing sport, including football for many years at the Balwyn Football Club and later, tennis.

Bill married Hazel in 1949, raised two daughters Noella and Lyn, who have provided six grandchildren and six great grandchildren. Bill has lived in North Balwyn since 1964.

A Rotarian initially with Melbourne South, he then joined the new Rotary Club of Port Melbourne where he served as President and Bill was awarded a Paul Harris Fellow at North Balwyn in honour of his outstanding Service to Rotary.

Bill was an intelligent man who had a dry, witty sense of humour and who was thoughtful, reliable and caring. Until his recent issues with ill health, he and Hazel were wonderful and active members of the Rotary North Balwyn family.

Vale Bill.

NOTICE OF AGM

ROTARY CLUB OF NORTH BALWYN Inc.

The Annual General Meeting of the Rotary Club of North Balwyn will take place at Kew Golf Club on Thursday 26th November 2015 starting at 6.40 pm.

Nominations close on Thursday 12 November 2015.

Audited Financial statements will be circulated to members prior to the meeting date.

The Agenda for the meeting will be circulated at the close of nominations.

Gavan Schwartz Secretary 2015/16



Nino Needs Help

Friday 23 Oct Bunnings Box Hill 4-6 volunteers for morning and afternoon (8.30 am to 12 noon and 12 noon to 4pm) 2 raffle ticket sellers also required..



Friday 30th Oct Halloween at Greythorn

BBQ outside Jürgen's shop 4pm onwards.

Two volunteers on BBQ duty plus two Tin rattles plus two people to hand out lollies.

Plus two or more Christmas raffle sellers.



Rotary Gardens Project at 19th October 2015

A very busy week just completed despite overcast weather – a BIG week ahead. Enjoy!!!! As always, any nominations for future visits, queries or want to chat??

PLEASE call me. Cheers Greg CRIBBES Mob 0413 270403

Data			RCNB Sup	er-	Assisted by
Mon 19/10 Xavier (16+4)		00 - 0pm	visor Greg Cribb	es	Assisted by Bob Bromley 10- 12noon Greg Matthews – 11-3pm Geoff Haddy
Tue 20/10 - RCNB	2.0 5.0	0 – 0pm	Greg Cribb (mow)	es	David Cheney (mow)
Thu 22/10 - RCNB	3.3 5.0	0 – 0pm	Brian Hur- nard		Don Taylor
Fri 23/10 - CGS/X	5.1	0 – 5pm	Geoff Hado	dy	Bob Bromley, John Burley
Sat 24/10 - MLC	10. noc	00 – on	Greg Cribb	es	Estelle Kelly, Rob Head
Tue 27/10 - RCNB	10. noc	00 - on	Greg Cribb (Hard Rub bish)	es -	David Cheney (mow), Duncan Ansell, Rowan McClean
Fri 30/10 - CGS/X	3.0 5.1	0 – 5pm	+		++
Sat 31/10 - MLC Last MLC for 2015	10. noc	00 – on	+		+
Thur 5/11 - RCNB		0 – 0pm	Greg Cribb	es	Nino Sofra
Fri 6/11 – CGS/X Last CGS for 2015		0 – 5pm	Geoff Hado	dy	Greg Cribbes
Tue 10/11 - RCNB	10. noc	00 – on	Rowan?? (tbc)		+
Fri 13/11 - X	4.0 5.1	0 – 5pm	+		Tony Ho
Tue 17/11 - RCNB (to be confirmed	10. noc	00 – on	Greg Cribb	es	Garth?? (tbc) +
Fri 20/11 – X	4.0 5.1	0 – 5pm	+		+
Tue 24/11 – RCNB (to be confirmed	10. noc	00 – on	Greg Cribb	es	++
Fri 27/11 – X Last X for 2015		0 – 5pm	Greg Cribb	es	Tony Ho
That's IT for 2015		rific ject!	A huge thank you	ı!	See you in 2016 - GregC









Rotary Club of Boroondara in association with Interact Club: Camberwell Grammar School

Presents A TRIVIA EVENING SATURDAY 21ST NOVEMBER 2015 6.30PM FOR 7.00PM

Camberwell Grammar School PERFORMING ARTS CENTRE FOYER

55 MONT ALBERT RD CANTERBURY (ENTER GATE 5)

BYO FOOD AND DRINK: TABLES OF 6 + QUIZZES, GAMES, SILENT AUCTION, FUN

BOOKINGS: http://www.trybooking.com/164759

\$15.00 per person (\$90 per table)

All proceeds raised will go to the 'WE CAN'T WAIT' Foundation, providing sanitary needs for Indian girls to enable them to attend school.



Vocation Visit to the Melbourne Wholesale Fruit Vegetable & Cut Flower Market Thursday 19 November

The Event

As part of our Vocation Program, we are planning to visit and view the business operations of the Melbourne Wholesale Fruit Vegetable & Cut Flower Market on the morning of 19th November 2015. There, we will be briefed by the CEO, tour the new facility and finish with a breakfast. Partners are most welcome.

The event will start at the Market at 0500 and will conclude with a breakfast at around 0630.

If we get enough participants, we can arrange a bus to and from Epping.

Please respond to Colin Sharp on 0417 410 421 or at colinsharp@bigpond.com by COB 7th November 2015.

The Market

Melbourne Market is Victoria's wholesale fruit, vegetable and cut flower trading centre, one of six central fresh produce markets in Australia.

Operating from a new purpose built facility on a 60-hectare site at Epping, the Market provides the critical link between growers, wholesalers, retailers and the fresh produce supply chain.

More than 4,000 businesses use the Market as a base, buying and selling fresh produce in the early hours of the morning for distribution across Victoria and Australia.

Over 1,800 individual fruit and vegetable buyers, representing independent greengrocers, supermarkets, restaurants and food processors, source their produce direct from the Market. Many more receive deliveries and consignments from the Market.

Up to 120,000 square metres of warehousing space provides for the integration of supply chain logistics within the Market itself, and is the largest warehousing precinct of any central market in Australia.

Geoff's Health Tip

Drinking Black Tea is associated with Fewer Fractures in Older Women



Recently, Dr Richard Prince from the University of Western Australia presented a poster to the American Society for Bone and Mineral Research suggesting that black tea, with or without milk, is associated with a lower risk of bone fracture in older women.

You might remember, two weeks ago I wrote an article on the serious problem of unexpected falls of the elderly, especially if there is a fracture. In this most recent study, Dr Prince and co-workers were examining the records of 1000 women with a mean age of 75, who participated in the Calcium Intake Fracture Outcome Study, when they discovered that

participants who drank at least three cups of tea a day had a 34% lower risk of developing a serious osteo-porotic fracture and a 42% lower risk of developing a hip fracture.

Dr Prince said, "previous studies, including their own, had demonstrated a beneficial effect of tea, a major source of dietary flavonoids, on bone structure". "In Western Australia about half of the elderly women already drink three or more cups of tea a day, but young people drink less." "In the USA it would be very difficult to persuade the elderly to shift away from coffee to tea, but in Poland, tea is much preferred to coffee."

Of course, the Calcium study was not designed to prove cause and effect of tea drinking on fracture risk, but future research might show how the long term effect of drinking tea compares with taking therapeutic agents for fracture prevention.

Geoff

Meeting No. 16		Thursday, 15th October 2015				
Present: Guest Speaker	1	Paul Geyer - Victorian State Manager AICD				
NB Members	50					
Visiting Rotarians	1	RC Bacchus Marsh, PE & Intl Dir Scott Pepin				
Guests	2	Belinda Wandabwa, Rachael Hguyen.				
Partners	2	Chris Burley & Bev Sofra.				
MakeUps	35	Camp Getaway - R. Cooper, B. Cummings, P. Elliott, C. Flavelle-Smith,				
applied 2 to this week L. Fitzpatrick, G. Haddy, I. Lele, G, Matthews, K. Maxfield, L. Pegg, G. Ros						
and 3 to previous weeks		C. Sharp, N. Sofra, J. Studebaker & T. Wells.				
	Gardening Project - G. Cribbes, B. Hurnard, J. Magor, R. McClean,					
M. Muntwyler, G. Schwartz & G. Steinicke.						
Jane Pennington - RC Balwyn, Anthony Stokes - RYPEN C'tee.						
Absences for Rosters:						
Joe Butler. Tony Ho.		Brian Lacy. John McBride. Matthew Pauli. Garth Symington				

Celebrations

Monday 19th October to Sunday 25th October

Birthdays: Bill Oakley; Ala Taylor; David de Garis; Joanne Huang

Areta Hurnard

Inductions: Duncan Ansell 2001 Wedding Anniversaries: Nil





Rotary Club of North Balwyn CHARITY GOLF DAY

Friday 19th February 2016 Kew Golf Club 120 Belford Rd East Kew.

Proceeds to ROTARY CLUB OF NORTH BALWYN MEN'S SHED

GREAT PRIZES TO BE WON

Shotgun Start at 8.00 am

Briefing 7.15am prior to proceeding to hit off tee

Lunch: Post match with presentations included in entry fee. Drinks at bar prices.

<u>Ambrose Competition</u> – preferably, players will have GA Handicaps.

For all social and non-handicap players, a Handicap of 18 will be given.

In addition to PRIZES for 1st, 2nd and 3rd placed teams, there will be fun prizes on:

- 9th Fairway Longest Drive (on the fairway!!)
- 9th Fairway Straightest drive (beyond the tee!!)
- 11th /18th holes- nearest the pin (on the Green!!)

ENTRY	FORM:
-------	-------

	<u>PLAYER</u>	<u>PHONE</u>	GOLF CLUB	<u>HANDICAP</u>	GOLF LINK No	<u>\$</u>
(1)						
(2)						
(2)						
(3)						
(4)						
						TOTAL \$

Cost \$75.00 per player.

PAYMENT OPTIONS:

- * Cheque to Rotary Club of North Balwyn to PO Box 135, North Balwyn 3104, or
- * EFT to RCNB BSB 033 058 Account 123696 noting your 'Player 1 name' and 'Golf'.

Enquires: Greg Matthews 0419 597 780 or email: - greg1144@bigpond.net.au

With thanks to our Major Sponsor, our local travel agent

Helloworld Balwyn North Phone 9819 7173

lan Mollison – Managing Director, a member of the Rotary Club of North Balwyn.



Melbourne Cup Celebration

NB: VENUE IS GREENACRES GOLF CLUB

Brian Hurnard, Greg Matthews

Thursday 29th October - Partners' Night

Paul Fitz, Jim Romanis

Greeters: David Willshire, Geoff Steinicke

MEETING ROSTERS

Host:

Desk:

Set-up:

Thursday 22nd October

Speakers: Gardening Project Panel

Topic: Gardening Project Report

Host: Greg Cribbes

Desk: Don Taylor, Bob Bott

Greeters: Russell Cooper, Maurie Walters

Set-up: Greg Dimopoulos, Ted Wilkins

Thursday 12th November

Speaker: Mrs. Waltraud Reiner

David Cheney

Speaker: Mr. Richard Fejer

Topic: Prosthetics

Host: Steven Greatorex

Desk: Adrian Ranson, Kinga Paulheim

Greeters: Tony Ho, Rowan McClean

Set-up: Chris Flavelle-Smith, Steven Greatorex

Thursday 5th November

Speaker: Vince Costanzo

Topic: The History of Brewing and the Rise of

Craft and Micro Brewing.

Host: Geoff Steinicke

Desk: John Rennie, John Magor Greeters: Estelle Kelly, Matthew Pauli

Set-up: Larry Fitzpatrick, Bernie Smith

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices and events future

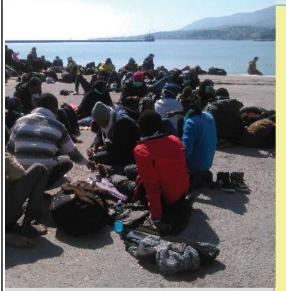
Friday 23rd	October BBQ at Bunnings		December		
111100 2010	BBQ at Barringo	Wed -Thursday	9th & 10th December		
Thursday 29th	Club Meeting—Partners' Night Celebration of Melbourne Cup		Variety Christmas Party		
Friday 30th	Greenacres Golf Club Halloween at Greythorn	Thursday 10th	Club Meeting—Partners' Night Celebration of Christmas		
November					
Sunday 1st	Craft Market BBQ	Saturday 12th	Event—Carols in the Park Macleay Park, Balwyn		
,	Camberwell Civic Centre	Sunday 13th	Event—Carols at Servants		
Friday 6th to Sunday 8th	Fellowship & Golf weekend Cobram, Barooga		2016		
Suriday Otti	Cobrain, Barooga		January		
Saturday 14th	Upstream Challenge	Sunday 10th	Event—Brunch 9:30—11:30 am Warren Glen Nursery		
Thursday 19th	Event—Fashion Fundraiser Blue Illusion, Balwyn		373 Ringwood Warrandyte Rd, Warrandyte		
Thursday 19th	Visit to Melbourne Market		February		
Thursday 26th	Annual General Meeting Antiques Road Show Night	Friday 19th	Golf Day Kew Golf Club		
	(Partners Night)	 Wednesday 10th	The Johnston Collection visit		
December		1			
			March		
Thursday 3rd	BBQ at Bunnings	Friday 11th	District Conference - Club Dinner		
Friday 4th	Ladies Christmas Cake Stall	Saturday 12th -	13th District Conference Bendigo		
1		I			

ACTIVITIES FOR YOUR CONSIDERATION

Big Greek Charity Dinner



Fundraising, in conjunction with the combined Rotary Clubs of Athens will help provide urgent medical consumables for the benefit of the thousands of recent homeless refugees arriving in Greece!



Rotary Club of Kew

www.rotaryclubofkew.org.au

When: Friday 6th November 2015

Where: Yianni's Tavern, 840 High Street, Kew

(just down from Burke Road)

Time: 7:00pm till Midnight Cost: \$75.00 per head

Fundraising: Live and silent auctions

RSVP: 4th November or until booked out

Bookings & Donations: www.trybooking.com/163215

Enjoy: Fabulous Greek food, with drinks included (Beer, Wine

& Soft Drinks) PLUS live music

Contact: Carl Zammit on 0418 328 499 for dietary requirements and seating



Variety needs help with volunteers for their Children's Christmas Party.

Over many years D9800 Clubs have assisted.

If you can assist:

https://www.variety.org.au/VIC/Get-involved/Volunteer/

WE NEED YOU!

The annual Variety Children's Christmas Party is in it's 29th year of helping make Christmas special for sick, disabled or disadvantaged children around Victoria.

This year, to help streamline the registration process we're asking all our volunteers to submit their applications online.

Join us on 9th & 10th December 2015 at the Melbourne Convention & Exhibition Centre and help us make Christmas special for children in need.

If you have any queries about the Variety Children's Christmas Party (including queries about the application process) please email us at volunteer@varietyvic.org.au

*Please Note: You must hold a valid Victorian Working With Children Check in order to be admitted to the event on either day. No Card = No Entry



ROTARY CLUB OF NORTH BALWYN 2014/15

President: Jane Pennington Vice President: Brian Hurnard Secretary: Gavan Schwartz

ecretary: Gavan Schwartz
Treasurer: David de Garis

<u>vicepresident@rotarynorthbalwyn.com.au</u> <u>vicepresident@rotarynorthbalwyn.com.au</u> <u>secretary@rotarynorthbalwyn.com.au</u> treasurer@rotarynorthbalwyn.com.au

Web: www.rotarynorthbalwyn.com.au
E-mail: info@rotarynorthbalwyn.com.au

Grapevine Editor Peter Sutherland petesutherland@bigpond.com
Submission by Noon Saturday please.



APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.

- 2. Click **HERE** to go to the Website
- 3. E-mail Hugo Goetze apologies@rotarynorthbalwyn.com.au
- 4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used. It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.

Please apologise no later than 5pm on Tuesday.

CONFERENCE 2016







12TH - 13TH MARCH | BENDIGO

D9800 Probus

North Balwyn Probus President 2015/16

Ken Mitchell: mitchellkv@gmail.com

North Balwyn Ladies Probus (Sect Jill Johnstone)

jilldj@melbpc.org.au

North Balwyn Heights Probus

(Sect Sue Mullarvey)

yarramul@tpg.com.au

Greythorn Probus (Sect Shirley Brangan)

daynaleigh1@bigpond.com

Tel: 03 9859 4941

Aisin Toyota Sewing Machines

Aisin have supported our Solomon Islands Project with multiple donations of Sewing Machines and Overlockers. If you are looking for the ideal practical gift consider the

Aisin Toyota range of Home Sewing Products

TOYOTA Home Sewing Products

Melbourne Vic 3025 Phone: (03) 8311 9110

www.sewing.aisin.com.au

Available at Spotlight Stores





Our Club Web Site www.rotarynorthbalwyn.com.au

Rotary International http://www.rotary.org/en

Support Our Sponsors



66 Doncaster Rd, Balwyn North. Ph: 9819 7173





Australian Furniture (9460 1822) (Adrian Ranson)



Bakery (9890 0066) 22 Hamilton St Mont Albert 3127











Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102













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