Week 17 22nd October 2015



# The Grapevine

#### IN SERVICE OF ROTARY

Our Leadership 2015/2016

#### The Presidential Proclamation

Community was well and truly the focus of this week's meeting with the three inspirational speakers presenting on the positive impact that our gardening project has on both the residents/owners of the gardens and also the students who carry out the work. This is a wonderful project involving our local community combined with our local schools. The benefits are not only in the gardening but also in the relationships built with the property owners and the experience given to the school students. Thank you to our 35 members who make our Rotary motto of Service Above Self a reality in this project.

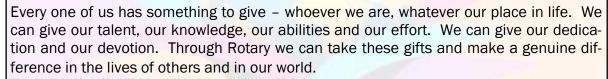


It was Purple Pinkie Day on 23 October which draws attention to the fight against polio. The purple pinkie is being used as the symbol of this campaign - when children are vaccinated against polio a purple mark is put onto their finger to show they have been vaccinated. One Australian started this campaign and what an impact it has had worldwide.



DG 9800 Julie Mason

Through our local projects we are being a gift to our local community and our Rotary International President's words are very apt:





Our time is now. It will never come again. Go and be a gift to the world.

President Jane



President RCNB Jane Pennington

#### Next Week's Speaker: MELBOURNE CUP NIGHT. Ms Waltraud Reiner

Our Guest Speaker, renowned milliner, Ms Waltraud Reiner, will speak to us on the importance of hats in particular and fashions in general. This will be a "must" for the ladies! Waltraud is intimately involved with "Hat Day" - Rotary Health Research's promotion of mental health and its awareness.

In addition to Waltraud, there will be a Racing Trivia Quiz (by table), plus the opportunity to take part in our Melbourne Cup Sweeps (\$5.00 per entry).

There will be prizes for the "best dressed" male and female racegoers as adjudged by an international panel of experts!

Remember - this dinner will be at Greenacres Golf Club, 51 Elm Grove, Kew East.

**MEETINGS THURSDAYS** 6 for 6.30pm **Kew Golf** Club 120 Belford Road Kew 3102 Ph: 61 3 9859 6848

#### Guest Speakers with Host Greg Cribbes - Gardening Project



Left to Right: Anna-Marie McGann Ignatian Service Coordinator Xavier; Greg Cribbes, RC North Balwyn Gardening Project Coordinator; Sue Heffernan Community Co-ordinator, MLC; Kirsty McDougall, Director Co-curricular, Camberwell Grammar.

The common theme from our panel is each School has a requirement of students to be involved with a Community Engagement Activity unrelated to School Curriculum. The Rotary Gardening Project has become a favourite for many of the students because it provides a social activity where they can engage with each other, the Community and Rotary Members.

The student benefit from these activates through greater awareness of the make-up and needs of community; appreciation of how much their involvement is needed and welcomed by recipients, and development of self management and organisation skills in choosing an activity, getting themselves there and participating in a meaningful way.

The co-operation of the local Schools and <u>Burke and Beyond</u> (who were unable to be part of our panel), make our Gardening Project a great success through endearing the elderly and those suffering hardship to all involved and through seeing their gardens get brought back under control.

This is our forth year of the Project and this year we have visited 153 properties and 35 members have volunteered. The Executive this year is Brian Hurnard, Geoff Haddy, Rowan McClean, John McBride and of course Greg Cribbes. Its great fun so help out anytime you feel like it.



A toast to The Gardening Project with Members and The Panel.

Mr. Marcel (Funny Money) Muntwyler.
Tonight it nickels and dimes.
Now where did they come from?



Vocation Visit to the
Melbourne Wholesale Fruit Vegetable & Cut Flower Market
Thursday 19 November

The Event

As part of our Vocation Program, we are planning to visit and view the business operations of the Melbourne Wholesale Fruit Vegetable & Cut Flower Market on the morning of 19th November 2015. There, we will be briefed by the CEO, tour the new facility and finish with a breakfast. Partners are most welcome

The event will start at the Market at 0500 and will conclude with a breakfast at around 0630.

If we get enough participants, we can arrange a bus to and from Epping.

Please respond to Colin Sharp on 0417 410 421 or at colinsharp@bigpond.com by COB 7th November 2015.

#### The Market

Melbourne Market is Victoria's wholesale fruit, vegetable and cut flower trading centre, one of six central fresh produce markets in Australia.

Operating from a new purpose built facility on a 60-hectare site at Epping, the Market provides the critical link between growers, wholesalers, retailers and the fresh produce supply chain.

More than  $4{,}000$  businesses use the Market as a base, buying and selling fresh produce in the early hours of the morning for distribution across Victoria and Australia.

Over 1,800 individual fruit and vegetable buyers, representing independent greengrocers, supermarkets, restaurants and food processors, source their produce direct from the Market. Many more receive deliveries and consignments from the Market.

Up to 120,000 square metres of warehousing space provides for the integration of supply chain logistics within the Market itself, and is the largest warehousing precinct of any central market in Australia.

#### At The Meeting

#### **Announcements:**

Rowan McClean:

#### Attention: Cobram-Barooga Fellowship Weekend

Friday night's dinner on 6 November has been booked at the Cobram Hotel Bistro for 6.30pm. For booking numbers confirmation with the hotel, please let Rowan McClean know if you are not going to attend this dinner.

Attention: 2016 District Conference in Bendigo

You need to register your attendance on the District website.

Our Club dinner will be held on Friday March 11, and Mr. Beebs restaurant has been booked for 6.30pm. Mr. Beebs is close to the CBD and within walking distance of our accommodation.

Our Club dinner clashes with the welcome cocktail party being conducted by the District Governor at the Conference venue. President Jane has discussed the matter with D.G. Julie, and she is happy for RCNB to have its club dinner that night.

Which event you attend is entirely your choice, but please let Rowan McClean know before the end of November if you will be attending the club dinner.

**George Verginis President of RC Kew:** George brought news our meeting from the President of the RC of Athens that the Syrian Refugee Crisis is the biggest refugee migration since World War 2 and the extent of the strain on Greece cannot be understated. They are unable to cope and implore us to assist in any way. The RC Athens is supporting the Rotary Clubs of Cos, Rhodes and Lesbo who are receiving thousands of refugees into their regions.

You can assist by attending the Big Greek Charity Dinner.

Fund will be forwarded to Greece.

Bring additional money for silent and live auctions. It will be a fun night. Book tables of 4, 6 or 10.

## Big Greek Charity Dinner



Fundraising, in conjunction with the combined Rotary Clubs of Athens will help provide urgent medical consumables for the benefit of the thousands of recent homeless refugees arriving in Greece!

Rotary Club of Kew

www.rotaryclubofkew.org.au

When: Friday 6th November 2015
Where: Yianni's Tavern, 840 High Street, Kew
(just down from Burke Road)

Time: 7:00pm till Midnight Cost: \$75.00 per head

Fundraising: Live and silent auctions RSVP: 4th November or until booked out

Bookings & Donations: <u>www.trybooking.com/163215</u>

Enjoy: Fabulous Greek food, with drinks included (Beer, Wine & Soft Drinks) PLUS live music

Contact: Carl Zammit on 0418 328 499 for dietary requirements and seating



#### The Christmas Raffle

It's on again folks and Peter Elliott and Lindsay Pegg are your coordinators.

Selling locations are as per previous years.

Differences are that the ticket price has increased to \$2.50 and the prize amounts have increased.

1st Prize \$2,500

2nd Prize \$1000 Shopping vouchers including a \$500 voucher form GAZMAN

3rd Prize \$250 Hamper

We need members support with this, our major club fund raising activity. It would be great if every member could commit to three time slots.

We kicked off well at Bunnings last weekend with \$500 worth of tickets sold.

We need more volunteers for this Friday at Dan Murphy's Kew and Woolworths Balwyn. Instructions and Roster Sheets have been sent to you by separate E-mail.

#### Rotary Gardens Project at 26th October 2015

Phew, gardening visits on each day last week, except Wednesday & Sunday, again delighted the residents on each occasion – terrific Rotary Community service, indeed.

I must again thank Sue, Anna-Marie and Kirsty for their insights into school Community Service activities they presented so well at our Rotary Gardening forum last Thursday evening – very enlightening.

The week ahead is somewhat quieter and thereafter, schools will be concentrating on exams/holidays rather than weeds/pruning's!!

As always, any nominations for future visits, queries or want to chat??

PLEASE call me. Cheers Greg CRIBBES Mob 0413 270403

Date and Who with	Ti		RCNB Supervisor	Assisted by	
Mon 26/10		Whenever pre 27/10 visit	David Cheney (mow)		
Tue 27/10 - RCNB		10.00 - noon	Greg Cribbes (Hard Rubbish)	Duncan Ansell, Rowan McClean	
Fri 30/10 - CGS/X		3.00 - 5.15pm	Geoff Haddy	Brian Hurnard, Tony Wells	
Thur 5/11 - RCNB		3.00 - 5.00pm	Greg Cribbes	Nino Sofra + one, please	
Fri 6/11 – CGS/X Last CGS/X for 2015		3.00 – 5.15pm	Geoff Haddy	Greg Cribbes + one, please	
Tue 10/11 - RCNB		10.00 – noon	Rowan?? (tbc)	Estelle Kelly	
Fri 13/11 - RCNB		3.30 - 4.30pm	Greg Cribbes	Tony Ho, John Gartlan	
Tue 17/11 - RCNB		10.00 – noon	Greg Cribbes	Garth?? (tbc) + one, please	
Tue 24/11 – RCNB (to be confirmed		10.00 – noon	Greg Cribbes	Greg Ross (tbc)+ one, please	
That's IT for 2015 Terrific Project!		A huge thank you!	See you in 2016 - GregC		



#### Upstream Challenge

It is on again!! I am leading the Bushrangers Team in the Upstream Challenge and we will be covering 20kms from Yarra Flats to Donvale on 14 November. This is a fundraiser for Fareshare, an organisation with whom we work. The Bushrangers Team members include Rotarians, family and friends. If you would like to support John and Chris Burley, me and the rest of the Team please go

to our Team page and check us out!! Heaps of thanks.

https://upstreamfoundation.org/groups/thebushrangers/members/

President Jane



#### The Board held its fourth meeting on 24 October:

Rowan attended the most recent meeting of Boroondara Cares and the outcomes from that meeting should set the direction for Boroondara Cares for the future.

Further funding is being sought for the Men's Shed.

Training is being arranged in the use of the Club's defibrillator.

Planning is progressing for the Golf Day in February. Sponsors and players are being sought.

Discussions are ongoing re the Multicultural Festival for 2016.

Trinity Grammar School has been con-

tacted to assist with the making of the DVD showcasing the Club as requested by District for the Conference.

The Club will not be hosting an Exchange Student as insufficient families are available.

Club Directories have been offered to our "Friends of Rotary" and many have been sent out.

The letterhead is being reviewed as stocks are nearly exhausted.

Nominations for office bearers for the next year are being received.

Jane Pennington

President, Rotary Club of North Balwyn

# **Board Report**



" That food processor is an add-on to my word processing software, in case I have to eat my words."

#### **Invitation from the Rotary Club of Camberwell**

World President Elect Ian Risely will be presenting at the Rotary Club of Camberwell on the topic the "The Future of Rotary",

Wednesday November 25

Conochie Hall, 2 Rochester Road, Canterbury 3126

6.00pm for 6.30pm

\$30 per head, Wine \$4.00 glass, *Please advise any dietary requirements* 

Attendances to President Anne Murphy, <a href="mailto:apmurphy@bigpond.net.au">apmurphy@bigpond.net.au</a>, 0419 470 405

When

2015 Rotary Foundation Paul Harris Breakfast

Tuesday Guest Speaker

24th Professor Kate Leslie,

November "To sleep, perchance to dream – what's really happening during general an-

aesthesia?"

Where
The RACV
Club Level
17 501

Professor Kate Leslie is a specialist anaesthetist and head of anaesthesia research at the Royal Melbourne Hospital. She is the chair of the Australian and New Zealand College of Anaesthetists (ANZCA) Clinical Trials Network and a member of the ANZCA Research Committee and ANZCA Foundation Board of

Bourke Governors.

Street
Melbourne
Kate has done extensive research in awareness and dreaming during anaesthesia

She is currently a chief investigator of a large trial looking at the effects of light and deep general anaesthesia on older patients having major surgery. Kate is a former president of ANZCA, a former chair of the Committee of Presidents of Medical Colleges and a recent recipient of the ANZCA Robert Orton Medal and the Australian Medical Association Woman in Medicine award.

(incl. GST) The Paul Harris Breakfast celebrates Paul Harris Fellow Recognition recipients and Foundation Alumni in Rotary District 9800. All Paul Harris Breakfast proceeds

RSVP 16th go towards Rotary Foundation programs.

November 2015 Thank you for your past support and we look forward to welcoming you again this year.

Time 7.15 FOR FURTHER INFORMATION PLEASE CONTACT:

for 7.30 Roy Garrett 0438 178 844 Email: roy@mingrit.com.au BOOK NOW

9.00am Download Flyer

AN EVENING WITH JOHN GERM; Rotary International President Elect 2016-17.

Come and join Rotary International President Elect John Germ and Judy in a spectacular Melbourne at Etihad Stadium. A unique opportunity to meet and understand John as the man and as the Rotarian.

As RI President Elect John will informally share with us his life and journey to Rotary President and give us an insight into his Rotary vision for 2016-17.

This will be a special opportunity for Club Presidents for 2016-17

but all Rotarians will enjoy the opportunity to join in this occasion.

Wednesday 18th November 6.30 pm for dinner at 7.00pm to 10.00pm Limelight Room, Level D, Gate 4, E/had Stadium, Docklands.

Cost: \$70 per person Two course dinner includes welcome drink on arrival Cash Bar available for your other drinks RSVP 2nd November 2015 Book early – it is easy to book and with only 250 attendees everyone can be close to the centre of the room. Parking at Etihad is \$15 flat rate – enter after 5pm. Dress: Jacket and Tie preferred Enquiries: Ian Salek 0418 176 493 or Peter Rogers 0412 537 534 Bookings <a href="https://www.trybooking.com/JFYK">www.trybooking.com/JFYK</a>

#### **NOTICE OF AGM**

#### ROTARY CLUB OF NORTH BALWYN Inc.

The Annual General Meeting of the Rotary Club of North Balwyn will take place at Kew Golf Club on Thursday 26th November 2015 starting at 6.40 pm.

#### Nominations close on Thursday 12 November 2015.

Audited Financial statements will be circulated to members prior to the meeting date. The Agenda for the meeting will be circulated at the close of nominations. Gavan Schwartz Secretary 2015/16

#### Conference







**Book Online Now** 



#### The Shrine Trip



E. J. AINGER

AUCTIONEERS &

"The North Balwyn Rotary Club Antiques Road Show"



Guest speaker at our Club Meeting on Thursday 26<sup>th</sup> of November (a partners' night) will be well known and respected auctioneer, Mr. John Ainger of E. J. Ainger Pty. Ltd. Auction Rooms, Bridge Road, Richmond.

To make this an interesting and successful night, we need the following:-

Members are asked to submit some "significant items" to be evaluated - such as silverware, ivory, glassware, ceramics, metalware memorabilia etc. (Items not required are jewellery, paintings, furniture or sporting memorabilia). We would like 6 or 7 items for John Ainger to discuss during

his address and a further number of general interest items for display.

Members are encouraged to bring along suitable items for the sub-committee (Joe Wells, Jim Romanis and Duncan Ansell) to consider on Thursday, 5<sup>th</sup> November and Thursday, 12th November at 5.30 pm at Kew Golf Club.

With your help, this will contribute to a memorable evening. Many thanks. Duncan Ansell, for the Fellowship Committee.



#### Geoff's Health Tip

#### Nuts are good but Walnuts are especially good.

In the days when I lived, as a teenager, in the family home, Sunday lunch was always a roast followed by apple pie. This was followed in the evening by a salad. One of my cherished memories was to see my mother cooking beetroot for the Sunday night salad. Beetroot was something I always enjoyed, even though in those days I did not know it was quite as healthy as it is now believed to be.

Recently, when studying a restaurant menu, I noticed 'Beetroot Salad'. The beetroot salad also contained walnuts and Greek cheese on a bed of rocket tossed with olive oil. The taste I enjoyed the most in the salad was not beetroot, rocket or the Greek cheese, but the walnuts.

Eating nuts as part of a healthy diet is generally recommended by all nutritionists, but walnuts have a special place as they are the only nut containing significant amounts of Omega-3 fats (6-8%), that have been shown to improve heart health.

There are other novel health benefits of walnuts as recently described by Korean scientists from the Ewha Woman's University in Korea. They discovered that walnuts significantly slowed the growth of colon cancer stem cells. Another study at the Uni-

versity of California concluded that it was the Omega-3 fats that are responsible for improved vascular function in postmenopausal women with high cholesterol.

A word of warning! Omega-3 fats oxidise and rancidify quickly. That is why you should buy walnuts in the shell and then crack them open only when required.

Geoff



#### Meeting No. 17 Thursday, 22nd October 2015

**Present:** Guest Speakers 3 Gardening Project Panel Members:- Kirsty McDougall - Camberwell Grammar,

Sue Heffernan - MLC and Anna-Marie McGann - Xavier;

NB Members 48

Visiting Rotarians 1 RC Kew Pres. George Verginis.

Guests 1 Belinda Wandabwa

MakeUps 15 Gardening Project :- Messes Bromley, Cheney, Cribbes (4), Haddy (2),

applied 4 to this week Hurnard (2), Magor, Matthews, Taylor (2) & Yukawa.

Meeting Attendance 86.9%

#### Absences for Rosters:

Tony Ho, Brian Lacy, Jack Liao, John McBride, Matthew Pauli, Garth Symington, David Willshire

#### Celebrations

Monday 26th October to Sunday 1st November

Birthdays: Anthony Stokes; Greg Matthews; Trish

Wilson

**Inductions:** John Gartlan; Greg Ross

Wedding Anniversaries: Jim and Carol Studebaker.





#### Rotary Club of North Balwyn CHARITY GOLF DAY

Friday 19th February 2016 Kew Golf Club 120 Belford Rd East Kew.

Proceeds to ROTARY CLUB OF NORTH BALWYN MEN'S SHED

#### **GREAT PRIZES TO BE WON**

#### Shotgun Start at 8.00 am

Briefing 7.15am prior to proceeding to hit off tee

Lunch: Post match with presentations included in entry fee. Drinks at bar prices.

<u>Ambrose Competition</u> – preferably, players will have GA Handicaps.

For all social and non-handicap players, a Handicap of 18 will be given.

#### In addition to PRIZES for 1st, 2nd and 3rd placed teams, there will be fun prizes on:

- 9<sup>th</sup> Fairway Longest Drive (on the fairway!!)
- 9<sup>th</sup> Fairway Straightest drive (beyond the tee!!)
- 11<sup>th</sup> /18<sup>th</sup> holes- nearest the pin (on the Green!!)

#### ENTRY FORM:

	<u>PLAYER</u>	<u>PHONE</u>	GOLF CLUB	<u>HANDICAP</u>	GOLF LINK No	<u>\$</u>
(1)						
(2)						
(2)						
(3)						
(4)						
(1)						
						TOTAL A
						TOTAL \$

#### Cost \$75.00 per player.

#### **PAYMENT OPTIONS**:

- \* Cheque to Rotary Club of North Balwyn to PO Box 135, North Balwyn 3104, or
- \* EFT to RCNB BSB 033 058 Account 123696 noting your 'Player 1 name' and 'Golf'.

Enquires: Greg Matthews 0419 597 780 or email: - greg1144@bigpond.net.au

With thanks to our Major Sponsor, our local travel agent

Helloworld Balwyn North Phone 9819 7173

lan Mollison – Managing Director, a member of the Rotary Club of North Balwyn.



How Beer Saved the World

John Rennie, John Magor

Larry Fitzpatrick, Bernie Smith

Geoff Steinicke

Greeters: Estelle Kelly, Matthew Pauli

#### **MEETING ROSTERS**

Topic:

Host:

Desk:

Set-up:

Thursday 29th October -Partners' Night

Melbourne Cup Celebration

NB: VENUE IS GREENACRES GOLF CLUB

Speaker: Mrs. Waltraud Reiner

Host: Greg Ross

Desk: Paul Fitz, Jim Romanis

Greeters: David Willshire, Geoff Steinicke Set-up: Brian Hurnard, Greg Matthews

Thursday 19th November

Thursday 5th November

Speaker: Vince Costanzo

Speaker: Snr Sergeant Dan Hilton

Topic: Victoria Police

Host: Findley Cornell

Desk: Peter Sutherland, Jim Romanis

Greeters: Bill Oakley, John McBride Set-up: Ian Adams, Duncan Ansell

Thursday 12th November

Speaker: Mr. Richard Fejer

Topic: Prosthetics
Host: Steven Greatorex

Desk: Adrian Ranson, Kinga Paulheim

Greeters: Tony Ho, Rowan McClean

Set-up: Chris Flavelle-Smith, Steven Greatorex

MAKE NOTES OF THESE DATES IN YOUR DIARY
See also <a href="http://www.rotarydistrict9800.org.au/notices">http://www.rotarydistrict9800.org.au/notices</a> and events future

	October	December			
Thursday 29th	Club Meeting—Partners' Night	Wed -Thursday	9th & 10th December		
	Celebration of Melbourne Cup Greenacres Golf Club		Variety Christmas Party		
Friday 30th	Halloween at Greythorn	Thursday 10th	Club Meeting—Partners' Night Celebration of Christmas		
	November				
Sunday 1st	Craft Market BBQ Camberwell Civic Centre	Saturday 12th	Event—Carols in the Park Macleay Park, Balwyn		
		Sunday 13th	Event—Carols at Servants		
Friday 6th to Sunday 8th	Fellowship & Golf weekend Cobram, Barooga		2016		
Saturday 14th	Upstream Challenge	Sunday 10th	January Event-Brunch 9:30-11:30 am Warren Glen Nursery		
Thursday 19th	Event—Fashion Fundraiser Blue Illusion, Balwyn		373 Ringwood Warrandyte Rd, Warrandyte		
Thursday 19th Visit to Melbourne Market		February			
Thursday 26th	Annual General Meeting Antiques Road Show Night	Friday 19th	Golf Day Kew Golf Club		
	(Partners Night)	Wednesday 10th The Johnston Collection visit  March			
	December				
Thursday 3rd	BBQ at Bunnings	Friday 11th District Conference - Club Dinner Saturday 12th - 13th District Conference Bendigo			
Friday 4th	Ladies Christmas Cake Stall				

#### **ROTARY CLUB OF NORTH BALWYN 2014/15**

President: Jane Pennington Vice President: Brian Hurnard Secretary: Gavan Schwartz

Secretary: Gavan Schwartz
Treasurer: David de Garis

<u>vicepresident@rotarynorthbalwyn.com.au</u> <u>vicepresident@rotarynorthbalwyn.com.au</u> <u>secretary@rotarynorthbalwyn.com.au</u>

treasurer@rotarynorthbalwyn.com.au

Web: <a href="https://www.rotarynorthbalwyn.com.au">www.rotarynorthbalwyn.com.au</a>
E-mail: <a href="mailto:info@rotarynorthbalwyn.com.au">info@rotarynorthbalwyn.com.au</a>

#### **Grapevine Editor Peter Sutherland**

petesutherland@bigpond.com

Submission by Noon Saturday please.



#### APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.

- 2. Click HERE to go to the Website
- 3. E-mail Hugo Goetze apologies@rotarynorthbalwyn.com.au
- 4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used. It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.

Please apologise no later than 5pm on Tuesday.

### **CONFERENCE 2016**





Be a gift to the world

## 12TH - 13TH MARCH | BENDIGO

#### **D9800 Probus**

North Balwyn Probus President 2015/16

Ken Mitchell: mitchellkv@gmail.com

North Balwyn Ladies Probus (Sect Jill Johnstone)

jilldj@melbpc.org.au

North Balwyn Heights Probus

(Sect Sue Mullarvey)

yarramul@tpg.com.au

**Greythorn Probus (**Sect Shirley Brangan)

daynaleigh1@bigpond.com

Tel: 03 9859 4941

#### **Aisin Toyota Sewing Machines**

Aisin have supported our Solomon Islands Project with multiple donations of Sewing Machines and Overlockers. If you are looking for the ideal practical gift consider the

Aisin Toyota range of Home Sewing Products

TOYOTA Home Sewing Products

Melbourne Vic 3025

Phone: (03) 8311 9110 www.sewing.aisin.com.au

Available at Spotlight Stores





Our Club Web Site www.rotarynorthbalwyn.com.au

Rotary International <a href="http://www.rotary.org/en">http://www.rotary.org/en</a>

#### **Support Our Sponsors**



66 Doncaster Rd, Balwyn North. Ph: 9819 7173





Australian Furniture (9460 1822) (Adrian Ranson)



Bakery (9890 0066) 22 Hamilton St Mont Albert 3127











Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102













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Cooper Street **Self Storage** 

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