The Grapevine



Week 8 23rd August 2015



IN SERVICE OF ROTARY

The Presidential Proclamation

I was thrilled to welcome Vince Taskovski as our newest Friend of Rotary and present him with his dinner badge. Our Friends of Rotary fill a vital spot in our wider Rotary community and we welcome them to functions, meetings and events.

Our two members of Interact, Iris and Jenni, were fantastic. They came to tell us a little of what the Interact Club has been doing and wow, the Club has been very active including a recent pizza day at Balwyn High School where 120 pizzas disappeared in under 30 minutes with over \$700 being raised!!

We have been focusing on membership as it is Rotary International's membership month. Club membership is the cornerstone of Rotary as it is the Clubs which form the organisation. The strength of the individual Clubs rests with the connections it has to those who support the Club - our Friends of Rotary, our family members, our community all of whom provide us with expertise, goodwill, back up and opportunities to give service.

Membership is more than just wearing the badge. It is giving to the Club, becoming involved in projects and activities, connecting with other members and having fun. It has taught me some skills and currently is giving me plenty of practice in public speaking. I've discovered a few things I am very bad at - I will never make a good salesperson - I am no good at selling raffle tickets!! I am not too bad at cooking sausages and am learning very fast how to manage the Club website.

So in the next week, go out and seek, how you can be

"A gift to the world"

A gift is a present, something you share With those all around you, no matter where So in the next seven days give what you can in a myriad of ways Don't keep your presence furled but

"Be a gift to the world"

Reminder: "Days for Girls" information session Saturday 29 August 2015. RSVP President Jane by Wednesday 26 August 2015. See notice page 8 below for details.

NEXT WEEK'S SPEAKER: Philip Archer, District Director Membership - "Rotary Membership"

Philip Archer (RC Southbank) has been the Rotary Public Image Coordinator (RPIC) for Australia for the last three years. He has completed his role on the 30th June 2015. Philip has been appointed to the role of one of the Co Project Leads of the Regional Membership Development Plan for Australia, New Zealand and the South Pacific. He joins Noel Trevaskis, Jessie Harman and Malcolm Lindquist in this critical role across the region.

The role of the RPIC plays a major part in the development of membership in the region. Philip has been involved in all areas of membership and has contributed enormously to the success of the membership plan for the region.

Our Leadership 2015/2016



RI President K. R. Ravindran



DG 9800 Julie Mason



AG Therese



President RCNB Jane Pennington

MEETINGS THURSDAYS 6 for 6.30pm **Kew Golf** Club 120 Belford **Road Kew** 3102 Ph: 61 3

9859 6848

President Jane has provided the following update of the RCNB Board Business in Hand:

The Board held its second meeting for this year and a summary of the business in hand is as follows:

- An application has been submitted to the State Government for a grant to go towards the Men's Shed and a response is awaited.
- The next meeting for Boroondara Cares was scheduled for 21 August but unfortunately had to be postponed until October.
- We will continue our involvement with the Hawthorn Craft Market (cooking a BBQ) at the Market and this will be reviewed at the end of the year.
- Logistics for and training on the new defibrillator are being finalised.
- The new date for the Golf Day is 19 Feb 2016 at Kew Golf Club.
- The Café Romeo Special Offer on food purchases is continuing. (Thank you very much Jurgen).
- A sub committee is meeting to consider details surrounding the Multicultural Festival for February 2016.
- All invoices have been issued for membership fees for this Rotary year.
- All dinner badges for Friends of Rotary will be presented at a Club meeting.
- It was agreed to promote the Raffle proceeds as being for "local community projects" such as Boroondara Family Network and others. The new display boards will be used for this purpose.
- Further sites are being explored for the gardening project. It is also to be presented more as a community activity, introducing youth to the concept of community support.
- The Youth Committee is reviewing all the Rotary programs in which we participate. Youth Exchange options are being considered.
- The Fundraising Committee is looking for opportunities to gain more revenue from current activities; eg sell other items at the Bunnings BBQ.
- New banners are being considered, in line with the District "look and feel".

If anyone would like further details about Board deliberations please do contact me. President Jane.

Pizza Frenzy!!!!



On Tuesday Balwyn High School's Interact Club ran a 'Pizza Frenzy' to raise funds for their club. They purchased 120 Pizzas and in 15 chaotic minutes sold the lot, making about \$700 in the process. Estelle Kelly led our support team of Jo and Tony Wells, Areta and Brian Hurnard and Geoff Steinicke.

At Thursday's meeting Estelle Kelly introduced Interactors Iris Hechong and Jenni Chong who described the projects they have been pursuing. These have included a visit to Servants, holding the "Pizza Frenzy" at Balwyn High School and a Teacher and Student talent show called "It Takes Two" which raised \$150 and which was donated to Wheelchairs for Vietnam.

"The Great Fragmentation: And Why the Future of All Business is Small" Steve Sammartino



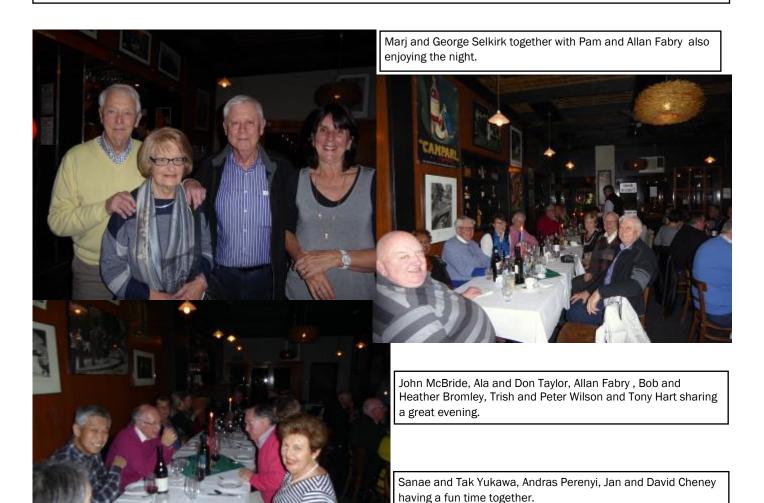
Our Speaker for the night, Steve presented a stimulating presentation "The Great Fragmentation: And Why the Future of All Business is Small".

Steve described how the production of goods and services has moved from local and individual production in pre industrial revolution times, through to the centralisation of the industrial revolution and now returning to the individual through the empowering capabilities of technology.

Maurie Walters thanked Steve with a great deal of humour.

Fellowship Fun at Amici's

A wonderful night at Amici's Restaurant on Friday evening last. With many thanks to the Fellowship Committee for arranging a great occasion.



Rotary Gardens Project at 23rd August 2015

Thank goodness for some favourable and warmer Gardening weather this past week – 3 good sessions:

Thursday's handy tidy-up at Forbes Place by Rowan and Bob Bromley- the resident was most grateful as always.

Friday's third visit to Ajax St – thanks to the tireless Camberwell and Xavier crews being supervised by last week by Geoff H, Brian H, and Ian R, this property is now nearing completion for further Gardening.

Saturday's delightful tidy-up of a Unit in Barkers Rd, somewhat 'let go' due to health issues. "Rent-a-crowd" of myself, Jen, Libby and Rowan were ably supported by two MLC students to please the resident.

A big thankyou again to everybody involved. This week's special mention is to all of the various Drivers who ferry the students to the properties - we couldn't be effective without you.

As mentioned last week, Fellow Rotarians are well aware that we are closely liaising with CamCare, the Council and other organisations to urgently source additional properties.

In the past few days, we have received two referrals which are looking "the goods" but we really, really need a lot more to maintain the momentum of this wonderful Community Service.

Any nominations, queries or want to chat?? PLEASE call me.

Cheers Greg CRIBBES Mob 0413 270403

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Date & Who with	Time	RCNB Supervisor	Assisted by				
Fri 28/8 - CGS/X	3.00 - 5.15pm	John McBride Brian Hurnard	John Burley, Rob Head				
Sat 29/8 - MLC	10.00 - noon	Greg & Jenny Cribbes	Peter Elliott				
Fri 4/9 - X	4.00 - 5.15pm	Greg Cribbes	Russell Cooper, Don Taylor				
Sat 5/9 - MLC	10.00 - noon	Rowan McClean	9				
Thur 10/9	"special"						
Fri 11/9 - X	4.00 - 5.15pm						
Thur 17/9 to Thur 8/10	No Sessions	School Holidays	<u> </u>				
Fri 9/10 - X	4.00 - 5.15pm	Greg Cribbes					
Sat 10/10 - MLC	10.00 – noon						
Fri 16/10 - CGS/X	3.00 - 5.15pm						
Sat 17/10 - MLC	10.00 - noon						
Mon 19/10 Xavier (16+4)	10.00 - 3.00pm	Greg Cribbes	Bob Bromley 10-12noon Greg Matthews – 11-3pm Geoff Haddy				
4							

Up and coming Catering Events

Apologies to any Rotarians who have offered to assist and are not on the list.

Anybody who can help on these dates please email me at nsofra@bigpond.net.au

Thank-you in anticaption Nino

Date	Event	Equipment	Food	Check	SOT	Manpower	
28-Aug-15	Bunnings BBQ	cooking Utensils	400 Sausages		done	Nino Sofra	
Friday	Middleborough Rd	Float	24 loaves bread			Bill Oakley	
8am - 4pm			15kg onions			4 more required	
			Soft drinks			2 shifts needed	
						8am-12noon	
						12noon - 4pm	
03-Sep-15	Bunnings Family night BBQ	supplied	Supplied		done	Nino Sofra	
Thursday	Middleborough Rd					Rob Stewart?	
6.00pm - 8pm						1 more required	
05-Sep-15	Bunnings BBQ	cooking utensils	500 Sausages		done	Nino Sofra- all day	
Saturday	Middleborough Rd	Float	32 loaves bread			Reg Parsons am	
8am-4.30pm			20kg onions			6 more required	
			Soft drinks			2 shifts needed	
						8am-12noon	
						12noon - 4pm	
05-Sep-15	Bunnings Cake Stall	small fridge	cakes		done	Jo Wells	
Saturday		Float	Biscuits			Bev Sofra	
			jams			4 more required	
			muffins			2 shifts needed	
						8am-12noon	
						12noon - 4pm	
06-Sep-15	Camberwell Craft Market	Small marquee	100 Sausages		done		
Sunday	Camberwell Civic Centre	1 BBQ's	8 loaves of bread			3 helpers needed please	
8am - 2 pm		2 trestles	3kg onions				
		Float					
		Trailer					

A note for your diary: Wednesday, 10th February 2016 at 12.00pm.

Visit to The Johnston Collection, East Melbourne. (Limited to 22 persons). \$23 per person.



ROTARY CLUB OF NORTH BALWYN Golf Day at Kew Golf Club

Postponed!!!! Please note a change of date to Friday 19th February 2016



Welcome back Hugo!!

Hugo has asked that we pass on his heartfelt thanks to Peter Elliott for maintaining the "System" and "suffering the slings & arrows of some delinquent members". Hugo also wished to express his sincere thanks to Peter for maintaining our good relations with KGC in his handling of the weekly meal bookings, and keeping the club attendance records. Thanks also from the Grapevine team for keeping us up to date with the weekly attendance details!

Important Anniversaries

Monday 24th August to Sunday 30th August

Birthdays:

Inductions: Bill Thackray, Ian Adams.

Wedding Anniversaries:- Alison & Ian Adams, Lis & Geoff Haddy, Elaine & John Magor



HELP WANTED!

BUNNINGS BBO - FATHER'S DAY

Saturday 5th September 2015

We have an opportunity to have a stall at the Club's BBQ at Bunnings on 5th September. We are looking to sell \$5.00 packets or plates of biscuits, slices, cupcakes etc. Proceeds will be added to the Christmas Fare (4th December) and donated, as suggested by President Jane, to the Boroondara Family Network. **Please phone and let me know if you can help** -9859 3725 or email to welstar@bigpond.com
Your support would be very much appreciated.

Jo Wells

How about a relaxing cruise?.....



FREE CRUISE INFORMATION EVENING

Are you dreaming of a cruise holiday? Join helloworld for our FREE cruise information evening and speak to the experts about all things cruise.

Whether you're a seasoned cruise traveller or have never cruised before, you'll learn all you need to know to book your cruise holiday of a life time.

WHEN:

Tuesday 25th August 2015 | 6:00 to 9:00pm

WHERE:

North Balwyn Bowls Club, 60 Buchanan Avenue, Balwyn North

WIN:

Go in the draw to WIN a \$1,000 credit towards your next cruise!*
"Conditions pooly please ask us for details."

Places to this event are limited, so register quickly so you don't miss out. Contact your local helloworld store listed below to register.



helloworld Ashburton
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helloworld Camberwell
© 03 9963 1280 © camberwell@helloworld.com.au

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helloworld Surrey Hills
© 03 9830 0055 © surreyhills@helloworld.com.au











URGENT URGENT URGENT

Our next Movie/Luncheon is planned for Wednesday, 9th September 2015. 11.00 am Palace Theatre, Balwyn. Cost \$14.95 for movie and luncheon. Film to be shown is

"A Walk in the Woods"

starring Robert Redford, Nick Nolte and Emma Thompson - a great cast.

Please contact Don Taylor (donaldtaylor5@bigpond.com) asap if you wish to attend.

For those attending, please pay \$14.95 per head either to Don Taylor (in cash) or direct bank credit to BSB 033058 Account 123688, ref your name & "movie"



A WALK-IN-WOODS

A WALK IN THE WOODS

Director: Ken Kwapis

Main Cast: Robert Redford, Nick Nolte, Emma Thompson

An adaptation of Bill Bryson's best selling memoir, A WALK IN THE WOODS follows Bryson (Redford) as he returns to the US after two decades in England, where he endeavours to reconnect with his homeland by hiking the 2200 mile Appalachian Trail. Dismayed by his ludicrous venture, Bill's wife (Thompson) insists he find a travel companion to accompany him on his journey. The only person Bill is able to convince is an old friend, Stephen Katz (Nolte), a wise-cracking recovering alcoholic and semi-reformed womanizer who is grossly out of shape and arguably out of his mind. As the two men set off into the wilderness, they encounter hilarious characters, wild animals and life-threatening situations that will test the limits of their friendship – or end.





Jane Pennington, the President of the Rotary Club of North Balwyn

Invites you to an

Information Session

to learn about the international program, Days for Girls



Michelle Gates, the Victorian Coordinator for Days for Girls will conduct this Information Session.

This is your opportunity to learn about the program and how we might participate and support this vital work.

Come and hear Michelle, enjoy a cup of tea / coffee and meet like minded people.

The Practical Details

Date: Saturday 29 August 2015

Time: 1pm for a 1.30pm start

The finish time will be no

later than 3.30pm.

Venue: North Balwyn Uniting Church

17 – 21 Duggan St North Balwyn

North Balwyn

RSVP to: Jane Pennington

Jane.Pennington@bigpond.com

Phone: 0408 402 555

By: Wednesday 26 August 2015

Please do contact me if you have any questions or would like more information.

I look forward to welcoming you then.

With hest wishes

Rotary

Jone

Club of North Balwyn

What is Days for Girls?

Every girl in the world deserves education, safety, and dignity. We help girls gain access to quality sustainable feminine hygiene and awareness, by direct distribution of sustainable feminine hygiene kits, by partnering with nonprofits, groups and organizations, by raising awareness, and by helping communities around the world start their own programs. Thanks to a global grassroot network of thousands of volunteers and supporters on 6 continents, we have reached women and girls in 75+countries on 6 continents. It's working. You can help us reach the rest.

Imagine...

What if not having sanitary supplies meant DAYS without school, DAYS without income, DAYS without leaving the house? Girls use leaves, mattress stuffing, newspaper, corn husks, rocks, anything they can find...but still miss up to 2 months of school every year. It turns out this issue is a surprising but instrumental key to social change for women all over the world. The poverty cycle can be broken when girls stay in school.

Visit to Australia Garden at Cranbourne Thursday, 17th September 2015.

The Fellowship Committee has arranged a visit to the **Australia Garden** at Cranbourne on Thursday, 17th September 2015.

The Garden is one of Australia's most outstanding facilities and one of which we can be extremely proud.





The program for the day is:-

- The day will commence at 9.15 am when the chartered bus will leave Macleay Park, Belmore Road, North Balwyn.
- 10:30 am Arrive at the Gardens with time for a coffee in a private area in the on-site café.
- 11.00 am Conducted tour of the gardens via a leisurely stroll through the gardens along level, sealed pathways.
- 12.30 pm Return to café to allow time to purchase your lunch in a private area in the café.
- 1.30 pm Time for further garden viewing with tractor pulled carriages (the Transporter) - hop-on/hop-off stops along the way.
- 3.00 pm Leave Gardens by bus for return to North Balwyn.
- 4.00 pm Macleay Park return.

The cost of the day will be \$35.00 per person (includes bus fare, Gardens entrance, Garden Tour and tractor transporter).





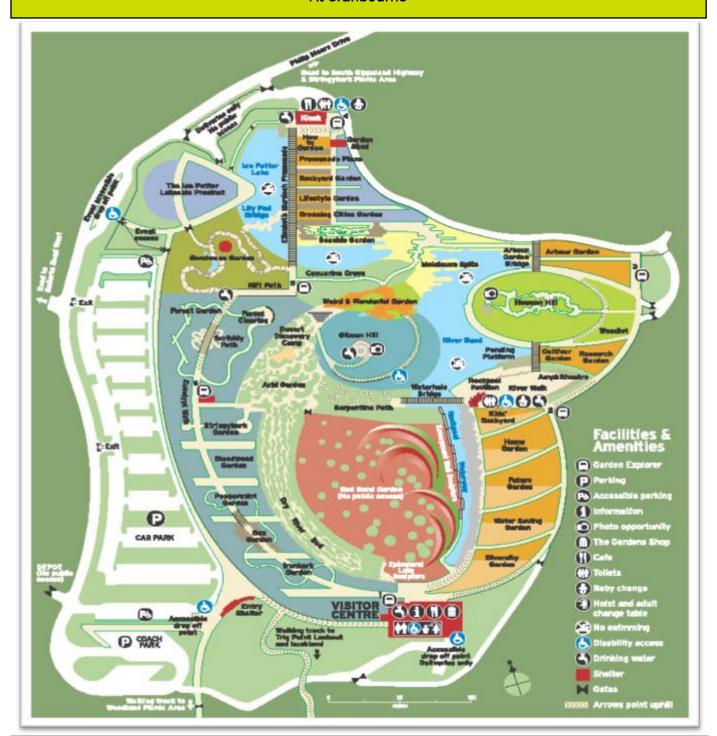
Morning tea/coffee and lunch may be purchased at the Garden's Café.

There are 15 places left for this lovely outing!!

Contact David Cheney to reserve your place on mobile 0417 355 370

or by email cheneydk@bigpond.net.au

Map of The Australian Garden At Cranbourne



NOVEMBER FELLOWSHIP WEEKEND AT COBRAM

From President-Elect Rowan McClean:-

"Cobram Barooga Fellowship and Golf Weekend: Call for Your Response

Even if you have previously advised us, could all members and/or partners going on the weekend please let us know if they plan to take the bus tour on Saturday 7 November by emailing President elect Rowan on <rowanmcclean@gmail.com> Please advise by 28 August 2015.

There have been a few changes in attendees, and we need to decide on the size of the bus we need to hire, whereas the paddle steamer on Sunday has fixed passenger capacity but plenty of it!

The bus tour will visit interesting historic and gastronomical venues in the area for most of the morning, and the song 'The Wheels on the Bus go Round and Round' has been banned by a consensus of grandparents." RMcC



Rotary Club of North Balwyn CHARITY GOLF DAY

Friday 19th February 2016

To be held at **Kew Golf Club** 120 Belford Rd East Kew.

Proceeds to ROTARY CLUB OF NORTH BALWYN MEN'S SHED

GREAT PRIZES TO BE WON

Shotgun Start at 8.00 am

Please arrive between 7.15am - 7.30 am for briefing before proceeding to allocated tees.

Upon completion of your enjoyable round, lunch is provided (included in the fee) during which all Presentations will be made. Drinks are available at bar prices.

<u>The COMPETITION is Ambrose</u> – preferably, players will have GA Handicaps.

For all social and non-handicap players, a Handicap of 18 will be given.

In addition to PRIZES for 1st, 2nd and 3rd placed teams, there will be fun prizes on:

- 9th Fairway Longest Drive (on the fairway!!)
- 9th Fairway Straightest drive (beyond the tee!!)
- 11th /18th holes- nearest the pin (on the Green!!)

ENTRY FORM:					
PLAYER	PHONE	GOLF CLUB	HANDICAP	GOLF LINK No	<u>\$</u>
(1)					
(2)					
(3)					
(4)					
				TO	ΓAL
					=====

Cost \$75.00 per player. PAYMENT OPTIONS:* Cheque to Rotary Club of North Balwyn – to PO Box 135, North Balwyn 3104, or EFT to RCNB – BSB 033 058 Account 123696 noting your 'Player 1 name' and 'Golf'.

President Rick Preston of the Rotary Club of Boroondara, has passed on this invitation to listen to their "special guest" speaker, Andrew Blowers, on Tuesday Night 1st September 2015.

Andrew Blowers is a former NZ - All Black rugby union player & currently Player Welfare and Community Relations Coordinator for the Melbourne Storm.

Rick has advised that this is a "low cost" night, being part of the club's normal meeting structure. Drinks are at bar prices. Members who have a passion for the Rugby code and sport in general, are invited to come along.

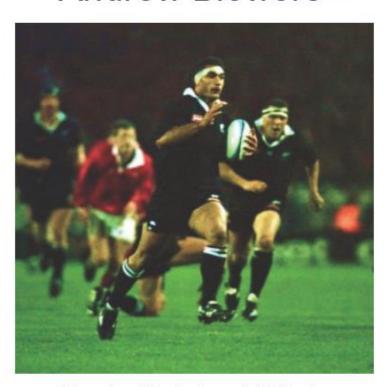
RSVP details are on the flyer



We'd like to invite you to the Rotary Club of Boroondara to hear our special guest speaker....



Andrew Blowers



International Rugby Legend, All Black,
Player Welfare & Community Relations Coordinator for
The Mighty Melbourne Storm.

Hotel Kew, 99 High Street, Kew (Upstairs) Tuesday 1st of September, 7.00 for 7.30pm \$10.00 (Supper included)



http://www.boroondararotary.org

RSVP to Andy Brown abrown@invocare.com.au

Meeting No. 07

Thursday, 13 August 2015

Present:

NB Members 53 Visiting Rotarians

Guests Guest Speaker Steve Sammartino. Vince Taskovski, guest of Russell

Cooper and now a Friend of Rotary

Friends of Rotary

MakeUps TBA

Interact Guests 2 Iris Hechong, Jenni Chong

Partners -Meeting Attendance TBA

Absences for Rosters: Including Leave of Absence

The dates given when applying are the first & last days not available (not meetings).

Bob Bott Peter Sutherland

Tony Ho Sue McDonald Jim Studebaker

Garth Symington Bill Thackray

Geoff's Health Tips

Breakfast protein is the key to weight loss and a healthier life



Keeping trim should be our intention. This applies especially to the elderly as our mechanisms slow down and we burn fewer calories, but for many, the quantity of food calories eaten does not change, resulting in the well named 'spare tyre'.

According to Dr Heather Leidy, Assistant Professor in the Department of Nutrition, University of Missouri, USA, eating a high protein breakfast and reducing the high protein evening meal is the answer to winning the battle of the bulge. "Compared to skipping breakfast or no breakfast, a high-protein breakfast led to increased daily satiety and decreased evening food cravings."

Research shows that adults require between 65 to 75 grams of protein each day. The usual protein consumption pattern is 10 grams for breakfast, 10 grams for lunch, 5 grams for snacks and 50 grams for dinner. If the pattern was altered to 25-30 grams for breakfast there would be a feeling of fullness that would last well past morning snacks, then 10 grams for lunch and 40 grams for dinner.

A typical high protein breakfast

Slice high protein bread 40 grams = 5 grams protein Cup of tea or coffee = 0 protein Special K or Rolled Oats 60 grams = 10 grams protein Milk 20 mls = 1 gram protein Greek style yoghurt 40 grams = 2 grams protein **Almonds** = 1 gram protein 5 grams Egg 60 gram = 6 grams protein Total protein 25 grams

The net effect of a high protein breakfast would result in a net reduction of 400 calories a day which leads to reduced fat mass. Since research shows that consumers think breakfast should be mostly about nutrition and least about taste it should be possible to amend your current breakfast to increase protein consumption, eliminate snacks and have reduced protein dinners to maintain a healthy weight.

Geoff

MEETING ROSTERS

Speaker

Topic

Host:

Desk:

Set-up:

Thursday 27th August Speaker

Philip Archer **Topic** Membership

Host: Russell Cooper

Desk: Duncan Ansell, Colin Sharp

Greeters: Don Bowden, Tony Hart

Tony Ho, Ted Wilkins Set-up:

Thursday 17th September

Thursday 3rd September

Daniel Cairnes

Colin Sharp

Building Futures

Rob Head, Ken Maxfield

Greeters: Greg Matthews, Jurgen Kehne

Larry Fitzpatrick, Joe Butler

Speaker TBC Topic **TBC**

Host: **TBC**

Desk: Sue McDonald, Bob Bromley

Greeters: Rob Stewart, Peter Wilson

Ted Angleton, Rowan McClean Set-up:

Thursday 10th September

Speaker TBC **TBC Topic TBC** Host:

Desk: Lindsay Pegg & John Burley

Greeters: Russell Cooper & Kinga Paulheim

Bill Oakley & John McBride Set-up:

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

August

BBQ at Bunning's Friday 28th "Days for Girls" Saturday 29th

North Balwyn Uniting Church

September

Thursday 3rd **BBQ Bunnings Family Night** Saturday 5th

Bunnings Cake Stall

BBQ at Bunning's

Sunday 6th Craft Market BBO

Camberwell Civic Centre (Father's Day)

Wednesday 9th Movie/Luncheon

11:00 am Palace Balwyn

Thursday 17th Bus tour to Australian Garden

Cranbourne \$35 per head

(excludes lunch etc)

October

Thursday 1st Club Meeting—Partner's Night

Celebration Grand Final & visit by

District Governor

Sunday 4th Craft Market BBO

Camberwell Civic Centre

Friday/Sunday 9/11 Camp Getaway Weekend

Friday 23rd BBQ at Bunning's

Thursday 29th Club Meeting—Partner's Night

Celebration of Melbourne Cup

November

Sunday 1st Craft Market BBO

Camberwell Civic Centre

Friday/Sunday 6/8 Fellowship & Golf weekend

Cobram, Barooga

Saturday 14th Upstream Challenge

Event—Fashion Fundraiser Thursday 19th

Blue Illusion, Balwyn

December

Thursday 3rd **BBO** at Bunnings

Friday 4th Ladies Christmas Cake Stall Thursday 10th Club Meeting—Partner's Night

Celebration of Christmas

Saturday 12th Event—Carols in the Park

Macleay Park, Balwyn

Sunday 13th **Event—Carols at Servants**

2016

January

Sunday 10th Event—Brunch 9:30—11:30 am

Warren Glen Nursery

373 Ringwood Warrandyte Rd,

Warrandyte

February

Friday 19th Golf Day

Kew Golf Club

Wednesday 10 The Johnston Collection visit

March

March 12/13 District Conference Bendigo

ROTARY CLUB OF NORTH BALWYN 2014/15

President: Jane Penninghton
Vice President: Brian Hurnard
Secretary: Gavan Schwartz
Treasurer: David de Garis

president@rotarynorthbalwyn.com.au
vicepresident@rotarynorthbalwyn.com.au
vicepresident@rotarynorthbalwyn.com.au
treasurer@rotarynorthbalwyn.com.au

Web: www.rotarynorthbalwyn.com.au
E-mail: info@rotarynorthbalwyn.com.au

Acting Grapevine Editor John McBride

jdmcb48@bigpond.net.au

Submission by Noon Saturday please.

APOLOGIES FOR CLUB MEETINGS

- 1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
- 2. Click **HERE** to go to the Website
- 3. Hugo is back !!! E-mail Hugo Goetze apologies@rotarynorthbalwyn.com.au
- 4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

 It is important to advise absences, guests attending, and partners attending as Hugo lets the Kew Golf Club know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending.



Buying tickets into space has typically been the reserve of governments and billionaires, but if you want to send your name on an interplanetary jaunt NASA might now be able to accommodate you. The space agency is now accepting submissions from members of the public who'd like their names recorded on a silicon microchip and shuttled to the Red Planet onboard the InSight Mars lander launching next year.

This is not the first time NASA has offered such a service. Last December, 1.38 million names flew on a chip aboard an unmanned test flight for the Orion spacecraft, which will carry astronauts into deep space on Orion Exploration Mission-1 that is expected to launch no later than

2018. Participants are given "frequent flier" points that provide them with alerts of future missions and a "boarding pass" in appreciation of their support of NASA.

InSight is scheduled to launch from Vandenberg Air Force Base in California in March 2016, and will be the first planetary mission to launch from the US west coast. The stationary lander is based on NASA's Phoenix lander, which set down at the Martian North Pole in 2008, and is designed for a 720-day primary mission near the Martian equator.

It has a robotic arm for placing instruments, including hammering a heat-flow meter up to 15 ft (4.5 m) into the ground. Its purpose is not only to study Mars, but also to gain insights into the formation of rocky planets in the inner Solar System. People can submit their names for inclusion on the flight to NASA until September 8.

Please note an email correction for the Club Directory for John Thwaites (Friend of Rotary and Past President)

The correct email is - jcthwaites1@gmail.com

D9800 Probus

North Balwyn Probus President 2015/16 Ken Mitchell: mitchellkv@gmail.com

North Balwyn Ladies Probus (Sect Jill Johnstone)

jilldj@melbpc.org.au

North Balwyn Heights Probus

(Sect Sue Mullarvey)

yarramul@tpg.com.au

Greythorn Probus (Sect Shirley Brangan)

daynaleigh1@bigpond.com

Tel: 03 9859 4941

Aisin Toyota Sewing Machines

Aisin have supported our Solomon Islands Project with multiple donations of Sewing Machines and Overlockers. If you are looking for the ideal practical gift consider the

Aisin Toyota range of Home Sewing Products

TOYOTA Home Sewing Products

Melbourne Vic 3025 Phone: (03) 8311 9110 www.sewing.aisin.com.au

Available at Spotlight Stores





Our Club Web Site www.rotarynorthbalwyn.com.au

Rotary International http://www.rotary.org/en

Support Our Sponsors



66 Doncaster Rd, Balwyn North. Ph: 9819 7173





Australian Furniture (9460 1822) (Adrian Ranson)



Bakery (9890 0066) 22 Hamilton St Mont Albert 3127











Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102











GAZMAN

Cooper Street **Self Storage**

GAZMAN.COM.AU