



IN SERVICE OF ROTARY

[Our Leadership](#)
2015/2016

The Presidential Proclamation



An exciting meeting looking and planning for the future!!! Our President Elect Rowan McClean challenged us to think about the strengths of our Club and also some areas which we consider need attention. Discussions on the tables produced a range of good ideas, many of which are feasible to implement in the near future. The satisfaction of members with the Club was apparent while the suggestions made will only enhance what we already have. Rowan outlined the direction for the coming year and it was obvious we can look forward to another wonderful year.

It was my privilege to induct Carolyn Pethick as the latest member of our Club. Carolyn is well known to many of our Club members as we have worked with her in community events for many years. Welcome Carolyn and we know you will make a very good Rotarian.

Youth Services month concludes at the end of May and so just think - we might have a future Prime Minister in our Interact Club or a Noble Laureate in our Early Act Club. We just need to encourage and foster our youth and they will thrive which is exactly what our Rotary youth programs seek to assist them to do.

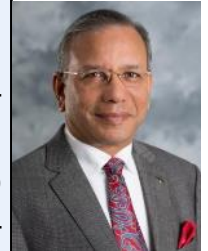
Some words to ponder about youth were said by Franklin D Roosevelt: "We cannot always build the future for our youth, but we can build our youth for the future."

However my favourite words come from Ogden Nash who said:

"You are only young once, but you can stay immature indefinitely."

This week go and Be a Gift to the World.

President Jane



RI President
K. R. Ravindran



DG 9800
Julie Mason



AG Therese
McKenney



President RCNB
Jane Pennington

MEETINGS

THURSDAYS
6 for 6.30pm
Kew Golf Club

120 Belford
Road Kew
3102
Ph.
9859 6848



Next Meeting **Thursday 2 June** Speakers: Days For Girls Team.

Host: Jane Pennington
Setup: Rowan McClean, Bill Oakley
Greeting: Adrian Ranson, Takao Yukawa
Desk: Brian Lacy, George Swanson

Carolyn Pethick was Inducted into our Club.

She will join the "Youth" Committee and was welcomed by Bronwen and Estelle.



Carolyn is well known to us through The Police Mentoring Program and her invaluable work when she held the position of Boroondara Police Community Liaison Officer.



Above: A "New Directions" night with information and planning for the New Rotary Year with Rowan McClean.

EVERY ROTARIAN EVERY YEAR (EREY)

Thank you to Members who have contributed to the EREY Program.

Our Club is making significant progress towards reaching the goal set by President Jane and our Board of achieving 100% EREY Membership this year.

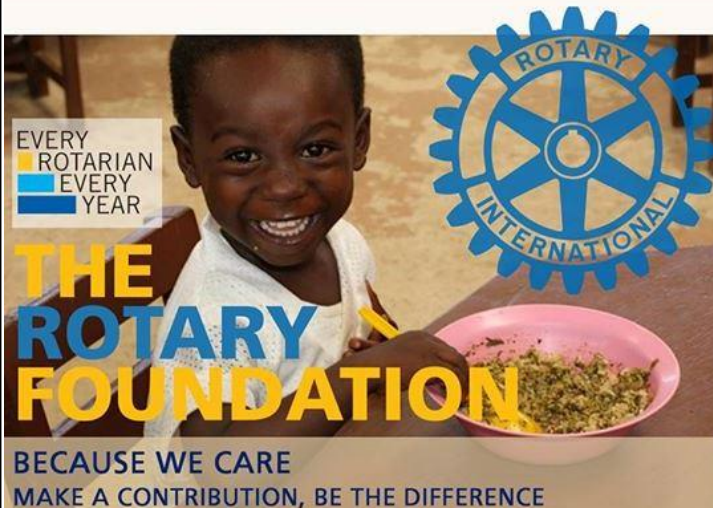
The Foundation Committee encourages Members who have not joined the EREY Program this year to give serious consideration to doing so in the final weeks of this Rotary Year.

It is through our support of this Program and our Foundation "The Rotary Foundation" that Rotary and individual Clubs are able to finance health, education and other humanitarian programs throughout the world to assist those in need and less fortunate.

Our Club has been well supported financially in many of our past and current humanitarian programs by the Rotary Foundation.

Please "Be a Gift to the World" by donating to the Every Rotarian Every Year Program of the Foundation to enable Rotary to continue to "DO GOOD IN THE WORLD".

Peter Cleary



Would the real Peter Wilson please stand up?

We heard from Peter, and Russell Turner and Paul Fitz to reflect on what it is like to be a member of North Balwyn.

Their views were to gain a perspective from a recent new member, a member from recent times and a Charter Member.

As they say "Life can only be understood backwards; but it must be lived forwards."

Members and Friends have been sent the One Page Plan and information about how they can input into the new North Balwyn activities.



Volunteering with Catering and Gardening activities is fun and rewarding. Give it a go !



Up and Coming Events 2016

Apologies to any Rotarians who have offered to assist and are not on the list.

Anybody who can help on these dates please email me at nsofra@bigpond.net.au Thank-you in anticipation Nino

Date	Event	Time	Time
26-Jun-16	Reclink Community Cup	AM Shift 9.00am-1.30pm	PM Shift 1.15pm - 6pm
SUNDAY	Elsternwick Park.	Peter Elliott	Peter Elliott
2 Shifts Required		Bill Oakley	Bill Oakley
		John McBride	Imre Lele
(NEED TO ORGANIZE CAR POOL)		Steve Greatorex	Geoff Steinicke
		Ian Richardson	Andy Steinicke
		Joe Butler	Brian Lacy
		Larry Fitzpatrick	Eileen Toohill
		Phil Francis	Marcel Muntwyler
		David Cheney	Need another 1
01-Jul-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
FRIDAY	256 Middleborough Rd	Bill Oakley	Peter Wilson
2 Shifts Required	Box Hill	Phil Francis	
		Need another 2	Need another 3
9th July 2016		AM Shift 9am-1.00pm	PM Shift 12noon - 4pm
MELBOURNE MINIATURES & DOLLHOUSE FAIR		Bill Oakley	Bill Oakley
	Mt Waverly Community Ctre,	Geoff Steinicke	Tak Yukawa(when needed)
	47 Millers Crescent	David Cheney (?)	Sanae Yukawa(when needed)
	Mt.Waverley	Jane Pennington (anytime)	
10th July 2016		AM Shift 9am-1.00pm	PM Shift 12noon - 4pm
MELBOURNE MINIATURES & DOLLHOUSE FAIR		Bill Oakley	Bill Oakley
	Mt Waverly Community Ctre,		Geoff Steinicke
	47 Millers Crescent		Eileen Toohill
	Mt.Waverley		David De Garis
29-Jul-16	BUNNINGS BBQ	AM Shift 8am-12noon	PM Shift 12noon - 4pm
FRIDAY	256 Middleborough Rd	Bill Oakley	Need another 4
2 Shifts Required	Box Hill	Need another 3	

GARDENING PROJECT

30th May 2016

Highlight of this week - 2 extendable Pruners/Loppers were donated by **BUNNINGS** - tremendous!!

Exam time for Students for 2 weeks before Gardening then resumes until the break. Going well.

BIG session last Friday saw soil from a large vege garden relocated around garden beds - phew!

A quiet reminder for Supervisors - please take safety gear, including First Aid kit to each session.

As mentioned last week, the Gardening executive seeks a new Co-coordinator after July 2016.

PLEASE, the highly successful Gardening Project needs your consideration of this asap - thanks.

Date and Who with	Time	RCNB Supervisor	Assisted by
Sat 28/5, Fri 3/6 and Sat 4/6	No Gardening due to Exams		
Fri 10/6 – X	4.00 - 5.15pm	Greg Cribbes	Tak Yukawa Jol Dunn
Sat 11/6 – MLC	10.00 - noon	Peter Elliott	Geoff Steinicke
Fri 17/6 - CGS	2.45 - 4.00pm	Brian Hurnard Garth Symington	Ian Richardson Tony Ho
Sat 18/6 - MLC	10.00 - noon	Steve Greatorex	Eileen Toohill
17/24 June to 11 July	SCHOOL BREAK		
Fri 15/7 - X	4.00 - 5.15PM	Greg Cribbes	Tony Hart
Sat 16/7 - MLC	10-noon	Greg Cribbes	Rob Head
Thur 21/7 - RCNB - special	pruning roses 10am with BUNNINGS equip- ment donated with thanks	Greg Cribbes	Marcel Muntwyler
Fri 22/7 - CGS/X	2.45 - 5.15PM	Jol Dunn + 1 please	
Fri 29/7 - CGS/X	2.45 - 5.15PM	Greg Cribbes	
Sat 30/7 - MLC	10-noon	Geoff Steinicke	
Fri 5/8 - CGS	2.45 - 4.00pm	need 3 please need 3 please	
Sat 6/8 - special - CGS 21students	10.00 - 1.00pm		
Fri 12/8 - CGS/X	2.45 - 5.15pm		
Sat 13/8 - MLC	10 - noon		
Fri 19/8 - CGS/X	2.45 - 5.15pm	Greg Cribbes	Ian Richardson
Fri 26/8 - CGS/X	2.45 - 5.15pm		
Sat 27/8 - MLC	10 - noon	Greg Cribbes	
Fri 2/9 - X	4.00 - 5.15pm		
Fri 9/9 - X	4.00 - 5.15pm	Greg Cribbes	Ian Richardson
16 Sept to 3 October	SCHOOL BREAK		
Happy to chat anytime		Greg Cribbes	Mob 0413 270403

5

NOTICE: Change of Venue for The Meeting of Thursday 14th July 2016.



CELEBRATING
50 YEARS
OF AUSTRALIAN ART 1966-2015

We will join Rotarians at the

[Camberwell Art Show.](#)

It's a Partner's Night!

Venue: Swinburne College, Burwood Road, Hawthorn.

(Parking available opposite The College, alongside Hawthorn Town Hall)

Time: 6.00 for 6.30 pm.

Format: Two course dinner, a glass of wine plus tea and coffee.

Also included is free entry to the show and includes an experienced guide.

The charge: \$30.00 per head.

Attendance: Please advise Hugo of apologies and guests.

NOTE: There will not be a dinner at Kew Golf Club on this night.

Details if attending the Art Show at other times.



DATES JULY 9-17, 2016
JULY 8 - Opening Night Preview
Swinburne University, Hawthorn

Camberwell Art Show
2016

Hours: 10.00am - 5.00pm (15 July 9.00pm).

Venue: Swinburne University Advanced Technologies Centre, 427 Burwood Road, Hawthorn 3122.

Cost: Adults \$10, Concession \$5, Seasonal Ticket \$25, Students (18 years old or younger and Swinburne) Free.

"Come and celebrate the conclusion of great year under current President Jane Pennington and welcome the new President Rowan McClean"

Saturday 25th June Club Changeover is an annual event where we celebrate the achievements of the Club and its members and also recognise the great efforts of the current President and welcome in the new President.

Dress up for a fun night to witness the passing of the baton between President Jane Pennington and President Elect Rowan McClean.

6.00 for 6.30pm at KGC, dress Black Tie.

\$55 includes a welcome drink, table wine, and two course meal.

[District Governor Changeover](#)

District Governor Julie Mason and Governor Elect Neville John and Rebecca invite us to join them in an afternoon of fun, fellowship and entertainment on **Sunday 26 June**.

11.30am for 12 noon, The RACV City Club, 17th Floor, 501 Bourke Street, Melbourne 3000

\$75 per person Parking Available on site \$21.40

Hosted by the Rotary Club of Central Melbourne - Sunrise, and supported by DESA Australia Pty Limited and the RACV City Club.

Reflecting on the year of 'Being a Gift to the World' and handing over to a year of 'Rotary Serving Humanity'.

Please advise [Rowan McClean](#) if you are planning to attend.

We had Fun at our Fellowship Night at Taos.



Thanks Don for organising a great selection of wines.

Note all the glasses are empty and Don is grinning!



... and we sang happy birthday to Jim Romanis.

Thanks Jack for a very special menu and a wonderful setting .

Get all the news from the Rotary International Conference [HERE](#)



No, they were not in distress - just having fun at the conference.

[Rotary District 9800](#) shared [Rotary District 9800 Governor's post](#).

[16 hrs](#) ·

Today's Walk for Peace in Korea featured our District's Rotarians from clubs including [Rotary Club of Melbourne Park](#), [Rotary Club of Essendon North](#), [Rotary Club of Balwyn Inc.](#), and [Wyndham Rotary](#), led of course by [Rotary District 9800 Governor](#)

Julie and Governor Nominee Peter.

Amazing the people you see at Walk for Peace in Seoul. So proud of Amanda, Himanshu, Rob and Nicole who are representing District 9800 as Young Leaders of the future. Even though there was an oops moment with the flag so many people loved the group from Down Under. Lots more fun to come!!

Geoff's Health Tip

Confused by 'Use By' and 'Best Before' ? - You are not alone.



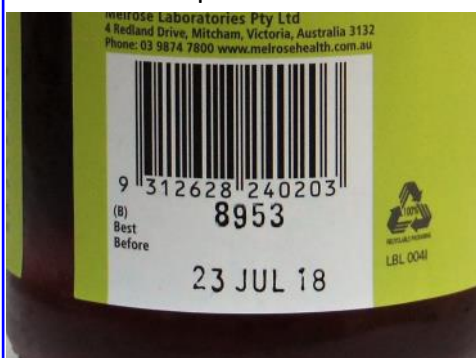
Once upon a time, deciding on whether a food was edible or not came down to sensory discretion. If it smelt bad, tasted bad or looked bad you 'threw it out'. But now, we have 'Use By', 'Best Before' or just the packaged date 'Pkd' or manufactured date 'Mfg Date' which together have created an \$8 billion a year food waste problem.

I think most people understand that 'Use By' provides a definitive date after which the particular food should not be eaten as it may constitute a health or safety risk, but 'Best Before' creates uncertainty especially if the food has not been stored as required by the manufacturer or processor. Again, foods that have a 'Best Before' of 2 years or more do not require a 'Best Before' label. This has caused problems as consumers are unsure whether the label has fallen off or somehow missed the applicator and, as a result, most processors of stable foods prefer to have a 'Best Before' label with a date beyond 2 years. For products with a 'Pkd' or 'Mfg Date', it's anybody's guess when the product should not be used.

According to [Food Standards Australia](#), "you can still eat foods for a while after the 'Best Before' date as they should be safe, but they may have lost some quality". This alone provides some uncertainty as you don't know what quality has been lost in the food and does it really matter – **maybe it does ?**

[Foods Standards Australia](#) again says, "foods that have a 'Best Before' date can still be legally sold after that date, provided it is fit for human consumption." The question then arises – **who decides** if it is fit for human consumption?

The best food processors run time and temperature trials on their products to determine 'Use By' and



'Best Before' dates for sensitive food products. They have excellent analytical equipment that measure such things as ingredient levels, rancidity, oxidation, bitterness and even smell. But there are many more food processors that decide the 'Best Before' date by guess work or previous history or what their competitors do.

In summary, the meaning of 'Use By' is quite clear, it means that you are not to consume this product past the date shown. On the other hand, products marked 'Best Before' should be safe up to the date shown, beyond the date you should always use sensory discretion - humans have developed a highly perceptive nose, well tuned taste

buds and eyes that can determine when food is unfit to eat. Products marked 'Pkd' or 'Mfg' probably have a "life" longer than 2 years, but sensory discretion is recommended.

Geoff



1		NORTH MEL...
2		SYDNEY
3		GEELONG
4		GREATER W...
5		WEST COAST
6		BULLDOGS
7		HAWTHORN
8		ADELAIDE
9		MELBOURNE

Guess Carlton are not holding the wooden spoon, nor Collingwood.

Time to find a Freo supporter in the membership sergeant!

10		PORT ADELA...
11		CARLTON
12		COLLINGWO...
13		ST KILDA
14		RICHMOND
15		GOLD COAST
16		BRISBANE
17		ESSENDON
18		FREMANTLE

MEETING ROSTERS

Thursday 2nd June

Speaker: Days For Girls Team
 Topic: Days For Girls
 Host: Jane Pennington
 Setup: Rowan McClean, Bill Oakley
 Greeting: Adrian Ranson, Takao Yukawa
 Desk: Brian Lacy, George Swanson

Thursday 9th June

Speaker: Belinda Wandabwa
 Topic: Member Autobiography
 Host: TBA
 Setup: Garth Symington, Ted Angleton
 Greeting: Robyn Stepnell, Jim Romanis
 Desk: Peter Cleary, Don Taylor

Thursday 16th June

Speaker: Mr. David Matthews
 Topic: Using Business To Achieve Positive Social Change
 Host: TBA
 Setup: Greg Matthews, Peter Elliott
 Greeting: Peter Sutherland, Ian Richardson
 Desk: David Cheney, Eileen Toohill

Saturday 25th June**Club Changeover**

Setup: Marcel Muntwyler, Imre Lele
 Greeting: Russell Turner,
 Belinda Wandabwa
 Desk: Geoff Haddy, Findley Cornell

Meeting No. 45**26th May 2016****Present:** Guest Speaker 1 PE Rowan McClean

NB Members 47

Guests 2 Carolyn Pethick - New Member Induction, Jol Dunn PNM III

Friends of Rotary 1 Tony Rule.

MakeUps 17 Gardening Project - Pegg, Garth Symington, Russell Turner.

Catering - Head, Magor, Oakley, Sofra, Studebaker, Taylor & Wells.

Meeting Attendance 80.3%

Absences for Rosters: Bott, Cooper, Haddy, Ho, Kehne, Lele, McBride,
 McDonald, Wilkins & Wilson.

Celebrations: Monday 30 May to Sunday 5 June

Birthdays: George Swanson
 Lyn Schwartz, John Burley and Brian Hurnard.
Induction Anniversaries: Ian Mollison 1997, Jane Pennington 1997,
 and Maurie Walters 2003.

Wedding Anniversaries: Anthony and Barbara Stokes**Birthday Boy!**

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future



Every Girl. Everywhere. Period.

Thursday 2 June.

"Days for Girls" - A Partner's Night to report of the progress of this Project and thank our supporters.

Tuesday 14 June: Celebration and commiseration of the folding of the RC of Boroondara. Details to be announced of Time and Place

Saturday 25th June

Club Changeover. Cheer out President Jane Pennington and cheer in President Rowan McClean.

6:00 pm for 6.30pm Kew Golf Club Belford Road, East Kew VIC 3102
(No Club meeting at KGC on Thursday 23rd June)



Sunday 26th June [Reclink Cup](#)

Raising awareness and funding to support Reclink Australia's programs for disadvantaged individuals. RCNB Catering Event

Sunday 26th June District 9800 Changeover

11.30am for 12 noon: The RACV City Club, 17/501 Bourke Street, Melbourne 3000
\$75 per person Parking \$21.40

Saturday and Sunday 9th and 10th July 2016 at the Mt Waverley Community Centre.
See the '[VAME show](#)' page for details.
RCNB Catering Event

Thursday 14th July

[Camberwell Art Show](#)

We are meeting there.

6.00- 6.30pm \$30 Swinburne College, Burwood Road, Hawthorn
No Meeting at KGC



CELEBRATING
50 YEARS
OF AUSTRALIAN ART 1966-2015

Friday 21st–Sun 23rd October Ballarat Fellowship w/e

Join us for a choice of golf, fellowship, historical sites, galleries, museums, the lake and gardens.
(Those not attending require a note from their parents to Rob Head)



Thursday 30th March to Sat 1st April 2017
Shepparton [2017 District Conference](#)

**2017 DISTRICT 9800
CONFERENCE**
SHEPPARTON - VICTORIA
30 MARCH - 1 APRIL

ROTARY CLUB OF NORTH BALWYN 2015/16**President: Jane Pennington**president@rotarynorthbalwyn.com.au**Vice President: Brian Hurnard**vicepresident@rotarynorthbalwyn.com.au**Secretary: Gavan Schwartz**secretary@rotarynorthbalwyn.com.au**Treasurer: David de Garis**treasurer@rotarynorthbalwyn.com.auWeb: www.rotarynorthbalwyn.com.auE-mail: info@rotarynorthbalwyn.com.au

Grapevine Editor Peter Sutherland

petesutherland@bigpond.com

Submission by Noon Saturday please.

**APOLOGIES FOR CLUB MEETINGS**

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze, hugogoetze@netspace.net.au with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



THE FOUR-WAY TEST

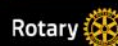
of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

MAY IS



"We cannot talk about the future without talking about children. They are our future." - PRIP James L. Lacy 1998-99



YOUTH SERVICE

www.rotary.org**D9800 Probus****North Balwyn Probus** President 2015/16Ken Mitchell: mitchellkv@gmail.com**North Balwyn Ladies Probus** (Sect Jill Johnstone)jilldj@melbpc.org.au**North Balwyn Heights Probus**

(Sect Sue Mullarvey)

yarramul@tpg.com.au**Greythorn Probus** (Sect Shirley Brangan)daynaleigh1@bigpond.com

Tel: 03 9859 4941



Be a gift to the world



ROTARY CLUB OF
NORTH BALWYN

Our Club Web Site
www.rotarynorthbalwyn.com.au

Rotary International
<http://www.rotary.org/en>

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