



## Bill's Banter

Our Leadership  
2016/2017



Our traditional pre Grand Final Night was a great night full of fun and fellowship. Over 100 members, partners and guests attended to hear two wonderful speakers - Ian Shaw - historian and author who talked about football in the early days and leading up to the 1945 Grand Final Bloodbath between Carlton and South Melbourne. Then we heard from Hawthorn football legend Peter Knights about playing in Hawthorn's golden era under their three legendary coaches from that period - John Kennedy, David Parkin and Allan Jeans. Both gave passionate, entertaining and informative speeches.

Thanks go to the following, David Cheney for organising such a wonderful Fellowship event, Bronwen Dimond and Eileen Toohill for the decorations, Bob Bott for securing Peter Knights, and getting a signed Hawthorn football Guernsey, Russell Turner for turning on his magical charm to auction the jumper, to Jo Wells for topping the bidding and securing the jumper, and to Tony Wells for doing his usual well honed and highly polished performance in the role of Host.



Thanks also to Ian Shaw and to Peter Knights' wife Angela for taking on the extra duties of judging the competition for the best dressed lady and man. Congratulations to Elaine Magor and to Adrian Ranson. Thanks also to Ian Shaw who donated two signed copies of other books he has written. By the time you read this you will know who has won the Grand Final, and elsewhere in Grapevine will be the winners of Winner and Margin tipping competition

This week we continue to raise funds through catering with two barbecues over the week end - one at Masters and one at Bunnings.

Next week we have a night dedicated to youth mental health with our Raise the Lid on Mental Health night. Please come adorned in your best, most preposterous hat, and participate in the Hat Quiz. You'll need a few dollars to enter in the Hat Competition or a few dollars to pay the fine for not wearing a hat! What we raise will go to help ARHRF (Australian Rotary Health Research Fund) in its efforts to fund research into youth mental health. The following day we will be at Bunnings in Hawthorn shaking cans and raising funds for ARHRF's "Lift the Lid on Mental Health" week.

October will see progress on our Men's Shed with a working bee on Tuesday 18th October to move a wonderful donation of tools and equipment we have secured for the Shed. See Bernie Smith about this. There is also progress on our Solomon Islands projects with a working bee on Thursday 20th October at DIK to load and pack our container. If you can help with this give your name to Nino.

There'll be plenty of opportunities in the coming weeks for you to all demonstrate:-

Rotary Serving Humanity: Have a great week: *Bill Oakley*, Acting President.



**RI President**  
**John F. Germ**



**DG 9800**  
**Neville John**



**AG Eastside**  
**Jonathan Shepherd**



**President RCNB**  
**Rowan McClean**

### MEETINGS

**THURSDAYS**  
6 for 6.30pm  
Kew Golf Club

120 Belford  
Road Kew  
3102  
Ph.  
9859 6848



Tonight's speakers were Hawthorn Football Club legend [Peter Knights](#) and Author, Ian Shaw.

Peter spoke of his football career and fortune at having been coached under three [Football Hall of Fame](#) legends in John Kennedy, David Parkin and Allan Jeans and the wisdom and leadership they imparted to him and the Team.

Ian is author of [The Bloodbath: The 1945 VFL Grand Final](#) and a walking encyclopedia of football anecdotes and history.

Ian donated two of his other titles for us to raffle at another time and lamented that like himself, if you want a copy of *The Bloodbath* you will need to go on-line and buy one of the few left available.

Peter Knights assisted Bob Bott secure a signed Hawthorn Football Club Guernsey with an authentication certificate which gave us great entertainment when it was auctioned by Russell Turner with furious bidding to achieve a great fund raising outcome for The Club.

Peter's wife Angela and Ian judged and awarded the prizes for the Best Dressed Lady and Man in the room of about 100 guests who had a great night.





Rotary Clubs of Victoria have partnered with us in support of the [Lift The Lid](#) campaign, which aims to raise funds to significantly increase research into mental illness prevention.

Check out this video featuring Rotarian Tony Jorm and more, which talks about the campaign in detail.

This date coincides with [Hat Day for Mental Health Research](#), so we encourage all to wear a hat and make a donation to your local Victorian Rotary Club in support of this wonderful initiative on Friday 7 October.

For further details or to donate online, visit our website:

<https://www.facebook.com/AustralianRotaryHealth/videos/1175479759165460/>



**\*\*\*\*NOTE\*\*\*\***

At our Club meeting on 6 October (This Week) we will feature hats in all shapes and sizes. So come prepared!!



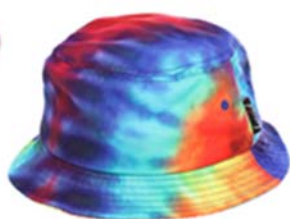
There will be a hat competition with a very appropriately named wine as the prize. So find something interesting, different and exciting to cover your head with. *(Yes even the wine bottles are sporting hats!!)*

There will be a hat quiz on the tables with yet more wine as the prize – (do remember that the judges are open to bribery and corruption!!)

Donations to the Lift the Lid campaign will be sought.

Bring your partner, bring your wife, bring your friends and help us raise some funds for this worthy cause.

Please remember to let Hugo know if you are bringing guests as we want to make sure they have a seat.....(and something to eat!)



## The Treasurer on holidays.

Greg sending his best wishes



### Footy Grand Final Tip-pers

Margin - 22 points.  
1<sup>st</sup> - Geoff Dwyer.  
\$100 Correct prediction!

2<sup>nd</sup> - 3 people equal  
2nd 3 points away:  
\$50 each

Vince Taskovski  
Peter Sutherland  
Rob Head

### [Boroondara Cares](#)

A meeting of the Boroondara Cares Forum was held on Friday 16th September 2016 from 1.00 pm in the Blackwood Room, City of Boroondara, Inglesby Road, Camberwell.

Minutes are attached to your Grapevine E-mail this week for your information.

### [Melbourne Cup Dinner Meeting - Thursday 27th October 2016](#)

Special Guest: Peter Hutchinson



Born and educated in England, the son of champion international jockey Ron.

Came to Australia in 1983 and was apprenticed to Colin Hayes at Lindsay Park.

Leading apprentice first year riding 1984/85 in South Australia. Took over as number one rider for Lindsay Park from the injured Jim Courtney in 1989 and was the leading jockey in South Australia the following two years (1989/90, 90/91).

Moved to Melbourne in 1991 to ride as number two jockey for David Hayes and had great success at Group level the following few years, the most memorable being the 1993 Caulfield Cup on Fraar.

The winner of around 900 races (approx. 50 at Group and Listed level) and with wide international experience including winners in Britain, Europe, Hong Kong, Macau and Malaysia.

Retired from the saddle at the end of the 2001/02 season only to return in 2008.

Finally retired from riding after badly breaking a leg New Year's Eve, 2012.

### **LIFT THE LID MONEY COLLECTION 7TH OCTOBER**

Anyone interested in collecting at a local railway station please contact me for collection tins and collection tag.

You should also take your club name tag.

Also a reminder for those collecting at Bunnings to not forget your name tag

I will have your volunteer collector tag to give you at Bunnings.

JIM ROMANIS





# Can you help?

The Rotary Club of North Balwyn

## CHRISTMAS FARE

83 – 85 Doncaster Road, North Balwyn 3104  
(outside the Commonwealth Bank)  
Puddings, Cakes, Mince Pies,

**FRIDAY 9TH DECEMBER 2016**  
**9.00 AM - NOON**



Supporting Community Projects & Days for Girls

Please contact Bev Sofia or Jo Wells for further information.

**Jet**  
**ROTARACT DISTRICT 9800**  
**MELBOURNE ACES OPENING NIGHT**  
THIS SUMMER AT MELBOURNE BALLPARK

**3RD BASELINE CLUB PACKAGE INCLUDES**

WATCH PRE-GAME WARMUPS/BATTING PRACTICE  
MEET & GREET PLAYERS  
PRE-GAME OUTFIELD INVOLVEMENT  
BLOCKED OFF SEATING IN DESIGNATED AREA  
PARTICIPATE IN BENDIGO BANK BASEBALL  
BUDDIES DURING NATIONAL ANTHEM  
ORGANISED ONFIELD GROUP PHOTO  
VISIT DURING GAME FROM OUR MASCOT  
IN GAME PA ACKNOWLEDGEMENTS  
CEREMONIAL FIRST PITCH FROM  
A MEMBER OF YOUR GROUP  
INCLUSION DURING IN-GAME PROMOTIONS

**PRICING**

**\$25 per person**  
**\$200 for 10 tickets**  
includes hot dog, drink &  
souvenir plus involvement in  
group benefits for Opening Night

**Group Information**

Date: Friday 18 November 2016  
Time: 5:30pm outside main gate  
for pre-game/onfield involvement  
Game starts at 7:30pm.  
Book your tickets at  
[www.rotaract9800.org.au/baseball/](http://www.rotaract9800.org.au/baseball/)  
Email contact: [drrr@rotaract9800.org.au](mailto:drrr@rotaract9800.org.au)

**Venue: Melbourne Ballpark, Merton St, Laverton**

District 9800  
**Rotaract**  
Rotary Club Partner

**Help  
Learn  
Enjoy**

We look forward to seeing you at Melbourne Ballpark!

[melbourneaces.com.au](http://melbourneaces.com.au)



In August this year our Guest Speaker was Peter Martin speaking on The Little Community with a can-do attitude.

Geoff and Judy Steinicke visited the mural work at Brim recently.



GARDENING PROJECT

2nd OCTOBER 2016

Club of North Balwyn

We are asking Members and Friends to fill only eight vacancies before students go on leave. It has been a great year for the Gardening Project and student participation has been terrific. Can you help Brian on Friday 14/10 for a final effort at the Royal Talbot (1 required), or help Greg C and Estelle for a special session with Xavier students on Monday 17/10 (2 required). If you are not going to the Fellowship Weekend don't leave Findley on his own on Friday 21 October (2 required). And after that there are spots to fill on Friday 28 October (2 required) and on Friday 4 November (1 required). Being the 'growing season' further requests are coming in from needy clients. If the work is urgent and not too big your help may be sought for some RCNB only sessions before year end.

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 7/10-X	4.00 – 5.15pm	Greg Cribbes	Tony Hart
Sat 8/10 – MLC	10 - noon	Rob Head	Estelle Kelly
Fri 14/10 – X	4.00 – 5.15pm	Greg Cribbes	Eileen Toohill
and on the same day			
Fri 14/10 -CGS @ Royal Talbot	2.45 – 4 pm	Brian Hurnard	
Sat 15/10 - MLC	10 - noon	Marcel Muntwyler	Tak Yukawa
<b>Mon 17/10 - X</b>	9.30am – 2.00pm	Greg Cribbes	Estelle Kelly
<b>(Spl with Xavier)</b>			
Fri 21/10 – CGS/X	2.45 – 5.15pm		Findley Cornell
(Fellowship weekend)			
Sat 22/10 – MLC	10 - noon	Greg Cribbes	Lindsay Pegg
Fri 28/10 – CGS/X	2.45 – 5.15pm		
Fri 4/11 – CGS/X	2.45 – 5.15pm	Greg Cribbes	Rowan McClean

After 4/11 until February **SCHOOL BREAK**

Please do not leave this to others. This successful Community Service depends on you to supervise the gardening activity and to assist, but only well within your own physical limitations. Your primary role is to supervise students. Please advise your availability to Brian Hurnard (0414 985 779) or Greg Cribbes (0413 270 403) or add your name to this roster at the Thursday meeting.

**Nino has been outstanding in his efforts to secure more and more barbeques!  
Please help out When and Where you can.  
Rosters have been E-mailed to Members - contact Nino!**



These photos are from The Masters Hardware Store BBQ. Jane asking "Do you want Cheese with that"?



### Geoff's Health Tip

From small beginnings amongst health conscious European migrants, Australia's daily consumption of yoghurt has grown considerably. At present, 16% of the population regularly drink yoghurt, of which 70% is flavoured. In less than ten years Greek style yoghurt has grown to be the favoured variety.

In a recent presentation at the American Society of Bone and Mineral Research 2016 Annual Meeting, it was reported that in a study of 733 healthy postmenopausal women who eat at least one serving of yoghurt a day, such women have a lower body mass index, and better bone health than women who never consume yoghurt.



[Dr. Emmanuel Biver](#) from the Geneva University Hospital, Switzerland, told attendees, "Yoghurt is a source of nutrients, in particular calcium and protein, but it also contains fermented products and probiotics, all of which are beneficial for bone health".

It is arguable that the effects observed could have been because women were more physically active and/or because of protein in the yoghurt, but the researchers controlled physical activity and they did the best they could for adjusting total protein. There is also the possibility that women who consume yoghurt live a healthier lifestyle than those who never consume yoghurt. Having taken all these possibilities into consideration the researchers concluded that the bacteria in yoghurt might have beneficial effects.

It was concluded that bacteria, contained in high-quality yoghurt, may have a favourable influence on gut microbiota, which is now implicated in a wide range of benefits including skeletal health. The researchers plan to explore this hypothesis further.

Geoff

Read more [HERE](#)

This photo highlights a very special day for the Salesian Sisters and the Rotary Club of North Balwyn - accepting 4 new Aisin Overlockers supporting the wonderful work of the Salesian Sisters at Mother Mazzarello House - Henderson, Solomon Islands.

We thank all at Aisin Australia for the courtesies extended to Bev Sofra, Bill Oakley and myself and of course Bev and Brian Thomas who have been great supporters over many years of our projects in the Solomon Islands.

The four new Aisin Overlockers will provide that much needed assistance to develop their sewing skills

Bob Bott



Above: Brian at our meeting last week putting it out there for The Swanies.

## MEETING ROSTERS

<b>Thursday 6th October</b> Speakers: Mr. Gabe Hau Topic: Stop Violence in Families Host: Jane Pennington Setup: Peter Cleary, Brian Hurnard Greeting: Beatrice Ko, Peter Wilson Desk: Peter Sutherland, Ian Richardson	<b>Thursday 13th October</b> Speaker: Jacyl Shaw Exchange Student 1988 Topic: A new birthplace for the 'ideas boom' Host: Geoff Steinicke Setup: Jack Liao, Steven Greatorex Greeting: Bob Bromley, David Rowe Desk: Phil Francis, George Swanson
<b>Thursday 20th October</b> Speakers: Greg Cribbes; Colin Sharp Topic: About Club Governance Host: Bill Oakley Setup: Larry Fitzpatrick, Ian Adams Greeting: Ian Mollison, Anthony Stokes Desk: Garth Symington, Phil Francis	<b>Thursday 27th October Cup Eve Dinner</b> <b>Partner's Night</b> Speaker: (Jockey) Mr. Peter Hutchinson Topic: THEME NIGHT Spring Carnival Host: TBA Setup: TBA Greeting: TBA Desk: TBA

**Meeting No.14**

Thursday, 22nd September 2016

**Present:**

Guest Speakers	2	Ian Shaw and Peter Knights
NB Members	45	
Wives/Partners	19	
Visiting Rotarians	10	AG Jonathan Shepherd. From RC Balwyn: Kevin Walsh, George Vallence, Bob Batrouney, Henry Brockman, Peter Frueh, Mary Harman, Judith Lahey, Gayle Vernon, Gavin Wayland.
Friends & Alumni	8	Ron & June Phillips, Don & Brenda Bowden, Anne & Graeme Bird, Geoff Dwyer, Vince Staskovski.
Guests	10	Angela Knights (wife of Peter), Michael & Tammy Shepherd (AG), Michael & Claire Bimms (Fitz), Lorraine & Brian Chappel (Bott), Bev & Brian Thomas (Bott), Sam Dixon (Goetze)..
Prosp. New Members	2	Mark Cambridge & Neil Marshall.
Exchange Student	1	Moritz Ellermann
Other Activities (Board Approved)	15	<b>Gardening Project</b> - Duncan Ansell, Steven Greatorex & Greg Matthews, <b>Catering</b> - Ian Richardson, Nino Sofra, Rob Stewart & Pete Sutherland; John Rennie - RC Sorrento.

**Celebrations: Monday 3rd October to Sunday 9th October**

**Birthdays:** Belinda Wandabwa, Tony Wells,  
Garth Symington, Fran Butler.

**Induction Anniversaries:** Nil

**Wedding Anniversaries:** Jürgen and Di Kehne



MAKE NOTES OF THESE DATES IN YOUR DIARY

See also [http://www.rotarydistrict9800.org.au/notices\\_and\\_events\\_future](http://www.rotarydistrict9800.org.au/notices_and_events_future)

Friday 7th October [Lift the Lid on Mental Illness](#)

..and [Hat Day](#) ..and tin rattlers required for Bunnings Hawthorn.



Friday 21st—Sun 23rd October **Ballarat Fellowship w/e**

Join us for a choice of golf, fellowship, historical sites, galleries, museums, the lake and gardens.

(Those not attending require a note from their parents to Rob Head)



Thursday 27th October 2016 - **PARTNERS NIGHT**

**MELBOURNE CUP MEETING**

.... with **Special Guest**

[Peter Hutchinson](#)



Saturday 19 November 2016, **BOROONDARA PARK PRIMARY SCHOOL FAIR** 3pm to 8.15 pm .40 Almond Street, North Balwyn

Boroondara Park Primary School's Fun Fair is back bigger and better than ever this year.

**Set up and pack up volunteers required.**

Times: 12 noon to 2.45pm (Setup) and 8.00pm – 10.00pm (Pack- up)

RSVP to: Jane Pennington ([Jane.Pennington@bigpond.com](mailto:Jane.Pennington@bigpond.com))



**Friday 9th December:**

Christmas Fare: 9am to noon in North Balwyn Village



**Saturday 17th December: Carols in The Park**

Macleay Park, Cr Belmore and Buchanan Ave, Balwyn North

Presented by the North Balwyn Inter-Church Council with support of the Boroondara Council and us!



Friday 10<sup>th</sup> February 2017 **Rotary Golf Day** Kew Golf Club

7.30am start for 128 Players with a shotgun start .

Sponsors are being sought! More news shortly!!



Saturday, 18<sup>th</sup> February 2017. **TRAMBOAT LUNCHEON CRUISE**

Sail from Victoria Harbour, down the Lower Yarra and up the Maribyrnong River The Fellowship Committee.

[www.tramboat.com.au](http://www.tramboat.com.au)



2017 DISTRICT 9800  
**CONFERENCE**  
SHEPPARTON - VICTORIA  
30 MARCH - 1 APRIL



Connecting Communities - Serving Humanity

**Please note: Rob Head has booked-out a nice compact motel for our Club very close to the**

**Conference venue.**

See Rob for accommodation details.

Registrations are now open!

Early Bird Discounts apply.

Goto [www.rotaryconference.org.au](http://www.rotaryconference.org.au) to register.

## ROTARY CLUB OF NORTH BALWYN 2016/17

**President: Rowan McClean**

[president@rotarynorthbalwyn.com.au](mailto:president@rotarynorthbalwyn.com.au)

**Vice President: Bill Oakley**

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**Secretary: Gavan Schwartz**

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**Treasurer: Greg Cribbes**

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[petesutherland@bigpond.com](mailto:petesutherland@bigpond.com)

Submission by Noon Saturday please.



### APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze. [hugogoetze@netspace.net.au](mailto:hugogoetze@netspace.net.au) with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.

Please apologise **no later than 5pm on Tuesday.**



### THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

OCTOBER IS



### D9800 Probus

**North Balwyn Probus** President 2015/16

Ken Mitchell: [mitchellkv@gmail.com](mailto:mitchellkv@gmail.com)

**North Balwyn Heights Probus**

Secretary Sue Mullarvey [yarramul@tpg.com.au](mailto:yarramul@tpg.com.au)

Phone: 613 9857 4305 Mobile: 0400 821 402

**Greythorn Probus**

Meets on the second Tuesday of each month at 10am in St Aidan's Church Hall, Duggan St, Balwyn North.

Tel: 03 9859 4941

**Boroondara Ladies Probus**

(Secretary Janet Eddy)

[jveddey@applewood.net.au](mailto:jveddey@applewood.net.au)



ROTARY CLUB OF  
NORTH BALWYN

Our Club Web Site  
[www.rotarynorthbalwyn.com.au](http://www.rotarynorthbalwyn.com.au)

Rotary International  
<http://www.rotary.org/en>



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Mont Albert 3127



**FLETCHERS**



**CHRIS CROSS**



CITY OF  
**WHITEHORSE**



**the village**  
balwyn north

Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102



**baumgartners**



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warehouse



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AND your  
community



**BOROONDARA**  
City of Harmony



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Tao's Restaurant  
Reservation: (03)9852-0777  
201 Bulleen Road, Bulleen, Vic 3105  
E-mail: tao.reservation@gmail.com  
http://www.taosrestaurant.com.au



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