



"The HeadLines"

Last Meeting : Club Forum

This week's meeting was a summary by The Board of planned projects and activities for this year, and how The Board will operate.

We have new projects in the pipeline such as, Indigenous support through the Melbourne Indigenous Transition School ([MITS](#)), The Youth Support Fund, Reading in Schools, Ethics Debate, Tree Planting, The [Lotus Education program](#) in Laos, our new Men's Shed and the Mongolia Exchange trial. We also plan to continue with existing activities such as Donations in Kind and the Rotary Health Research Fund.

New Project ideas are welcome. Each New Project will be presented in our Business Case document, please ask Gavan or myself about how to complete your submission. The Board is maintaining awareness of the need not to over-commit members, and the Club's budget.

Other Club News

Our Interact Club received a well-deserved District Citation for their recent work.

There was a successful [Days for Girls](#) sewing session last Tuesday.

Men's Shed: This Thursday, prior to our Club Meeting, is your opportunity for a first look at the Men's Shed. Drop in and have a look-
60 Buchanan St North Balwyn from 5.30pm.

ShelterBox Disaster Relief

There will, unfortunately at times, be natural disasters here or overseas that leave many people without immediate access to food and shelter.

Funding a [Rotary ShelterBox](#) is a tangible way that we can help.

A ShelterBox contains a tent for a family, blankets, water storage equipment, solar lamps, cooking utensils and kids' activity pack.

Visit [the website](#) to get fully informed. Rotarian support currently contributes an estimated 50% of ShelterBox donations. Around 5,000 rotary clubs worldwide have supported ShelterBox since it was launched.

The Quote

"In the end, we will remember not the words of our enemies, but the silence of our friends"; Martin Luther King Jr.

Rob Head

In the End, we will remember not the words of our enemies, but the silence of our friends.

Martin Luther King, Jr.



[Our Leadership](#)



RI President
Ian Riseley



DG 9800
Peter Frueh



AG Eastside
Jonathan Shepherd



President RCNB
Rob Head

MEETINGS THURSDAYS

6 for 6.30pm
Kew Golf Club
120 Belford Road Kew
3102
Ph.
9859 6848



Club Website:
[HERE](#)

See us on
Facebook:
[Click HERE](#)

Read The Networker: [Aug 2017](#) Issue 2



AUGUST ROTARY DOWN UNDER

[Click HERE](#)

Rotary
District 9800

Click for
[All District Events](#)

Rotary
Weekly [Click HERE](#)



The Fellowship Committee invites Rotarians and their partners, and especially new members, to attend a **Movie Night and Dinner** -

Venue: Palace Cinema, Whitehorse Road, Balwyn

Date & Time: **Friday September 8th, 2017**, with movie starting at 6.30pm. Group booking price of \$12/person

Movie: Tommy's Honour - about a father-son team who ushered in the modern game of golf. As Tom and Tommy (Scotland's Golf Royalty) fame grew, and they were touched by drama and personal tragedy.

Dinner: about 8.30pm at Colombo's, Whitehorse Road, Balwyn. A 2-course meal with coffee/tea for a set price of \$29.00/person.

Details: Maurie Walters or Russell Cooper.

Total Cost: \$41 per person payable prior to August 18th.

Monies will be collected from August 10th

Russell Cooper 0417 392 109

Maurie Walters 0438 005 820



August interact tech tips

1. How to take great photos on iPhone:

Target your shooting mode around your end result.

Apple's default camera app offers a variety of different modes for taking pictures, including panorama, square, and photo. It may seem like common-sense instruction, but I find

that it really helps to shoot in the mode you plan to publish for — for instance, when I'm taking pictures I want to post to Instagram, I shoot in square mode rather than shooting in photo mode and cropping the image afterward. It helps you better frame your picture, rather than trying to invent new framing after-the-fact.



2. Share Your Location When Taking an iPhone Photo

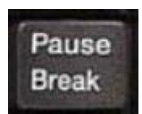
For IOS IPHONE (Apple) devices quickly share your location by pressing the blue dot, then tap Send My Location to let your friends know where your location is.

3. Tips for Keyboard Shortcuts when using your PC.



[The Windows key](#) + F opens a file and folder search.

The Windows key + Pause opens the system properties page to show you a quick rundown of your specs.



The Windows key + "," (that's the comma sign!) makes all current windows transparent, giving you a peek at the desktop as long as you hold down the Windows key.

Come and visit the Men's Shed on your way to Rotary this week.
60 Buchanan St North Balwyn from 5.30 pm.
AKA North Balwyn Community Men's Shed Incorporated.
It's Looking Great !



These photos were taken at the [Genghis Khan Monument](#) in Mongolia during the recent exchange trip. The students will be reporting to the RCNB membership this coming Thursday meeting. I encourage members attend to hear the student's feedback on their Mongolian experiences. Many thanks.
Estelle Kelly



GARDENING PROJECT 7th August 2017

GARDENING PROJECT 7th August 2017

Please volunteer where you can, there are plenty of opportunities, your involvement is greatly appreciated

Give me a call anytime - Peter Elliott 0419 417 334,

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 11/8 CGS	2.45 – 4.00pm	Colin Sharp	Findley Cornell
Sat 12/8 MLC	10.00am – 12noon	Rowan McClean	Tak Yukawa
Fri 18/8 CGS/X	2.45 – 5.15pm		
Fri 25/8 CGS/X	2.45 – 5.15pm	Greg Cribbes	Estelle Kelly
Sat 26/8 MLC	10.00 – 12 noon		Sam Hardikar
Fri 1/9 CGS/X	2.45 – 5.15pm	Greg Cribbes	
Fri 8/9 X	4.00 – 5.15pm	Greg Cribbes	
Sat 9/9 MLC	10.00 – 12 noon	Greg Cribbes	

This weeks Health Tip [Avoiding Traveller's diarrhoea](#)

Traveller's diarrhoea is not only hard to spell but also hard to manage when you are on a packed plane, train or bus! Symptoms can include.

- abdominal bloating, cramps and pain
- nausea
- urgency to go to the toilet
- loose, watery stools (faeces or poo) passed frequently
- mild temperature
- general malaise (weakness or discomfort).

To give yourself the best chance of staying healthy on holidays avoid high risk foods that may contain contaminants. Some high-risk foods that the wary traveller should avoid include:

- raw and peeled fruits and vegetables
- green leafy vegetables such as spinach and lettuce
- raw, rare or undercooked meats of any kind
- seafood, particularly raw or inadequately cooked shellfish or fish
- sauces and mayonnaises
- unpasteurised dairy foods, including milk
- food from street vendors
- any hot food that has been left long enough to cool
- food buffets.

Drinking Water

Take advice from travel guides and the locals or drink only bottled water or other sealed drinks.

- Boil tap water for at least five minutes before drinking it.
- Avoid any drinks that contain ice.
- Avoid using tap water to wash your fruit and vegetables.

Despite taking all these precautions travellers can still become ill from the gastrointestinal system's response to unfamiliar micro-organisms.

Club Diary

Saturday 12th August. Rotaract D9800 OurSpace

Rotaract Clubs of Swinburne, Gateway, Melbourne City and new provisional club Stonnington. Our Space welcomes everybody including friends, family, Rotarians and the wider community to enjoy a night of entertainment, celebration and delicious food.

Dinner, entertainment, 2 raffle tickets and contribution to Rotaract 9800 activities - \$50

Get Your Tickets Now

Sunday, August 27th: Partners' Afternoon Tea

2.00 pm – 4.00 pm at QPO, hosted by Ailsa Head.

Members; if you have not passed on the invitation sent out by E-mail to your Partner, please look for it and do so.

Partners: where our data base held your E-mail the invitation was sent only to you.

Please RSVP to Ailsa Head by 16th August to rahead@bigpond.com,

or 9387 1676 (msg. service) or mob. 0425 879279

Friday September 8th, 2017

Movie night at the Palace Cinema, Whitehorse Road, Balwyn **Tommy's Honour**

The movie starts at 6.30pm. Group booking price of \$12/person followed by dinner at Colombo's cost \$29/person

Total Cost: \$41/person payable prior to August 18th.

Monies will be collected from August 10th

Contact Russell Cooper 0417 392109 or Maurie Walters 0438 005 820

Friday 13th, Sat 14th & Sun 15th October

Camp Getaway Weekend Working Bee. Contact Greg Matthews for details

Friday 20th Oct, - Sunday 22nd Oct.

Albury Fellowship Weekend. Contact Nino Sofra for details

16-18 March 2018. District Conference

Warrnambool. Nino Sofra will announce more details later in the year.

21 -25 March 2018. [2018 Formula 1® Australian Grand Prix.](#)

Almoner Duties

For the next two weeks, please advise Rob Head or Peter Elliott of any almoner announcements: illnesses, births etc.

MEETING ROSTERS

Thursday 10th August

Speaker: Estelle Kelly, Bill Oakley and
Exchange Students
Host: Estelle Kelly
Topic: Mongolian Trip Reunion
Greeters: Greg Matthews, Neil Marshall
Setup: Peter Cleary, Tony Wells
Desk: Bernie Smith, Findley Cornell

Thursday 17th August

Speaker: Jane Pennington
Host: Jane Pennington
Topic: Solomon Islands Sewing Machine
Update
Greeters: Marcel Muntwyler, Anthony Stokes
Setup: Bronwen Dimond, Ian Richardson
Desk: Kinga Paulheim, Adrian Ranson

Thursday 24th August

Speaker: Mr. Harold Mitchell
Host: Ian Adams
Topic: Australia's Place in a Changing
World
Greeters: Bill Oakley, Findley Cornell
Setup: Ted Wilkins, Ian Adams
Desk: Duncan Ansell, Colin Sharp

Thursday 31st August

Speaker: Mr. Adam Craig Dale
Host: Bernie Smith
Topic: Cricket Now and Then
Greeters: John Rennie, Peter Cleary
Setup: Chris Flavelle-Smith, Joe Butler
Desk: Greg Matthews, Russell Turner

This week we have our Mongolian Short Term Exchange Leaders and Student Participants speaking to us about their adventures. It was a highly successful trip! (They all got home in one piece at least!)

Attendance:

Are you unable to attend the next meeting? Are you bringing a Guest or your Partner?

PRESENT!

E-mail Brian Hurnard

bhurnard@netspace.net.au ...or if you

know in advance fill in the attendance sheet at The Front Desk on a prior meeting night.

Celebrations

Birthdays:- Barbara Stokes; Peter Elliott;
Jane Pennington

Inductions:- Jack Liao 2011

Weddings:- Garth and Carol Symington



ROTARY CLUB OF NORTH BALWYN 2017/18

President: Rob Head

president@rotarynorthbalwyn.com.au

Vice President: Findley Cornell

vicepresident@rotarynorthbalwyn.com.au

Secretary: Gavan Schwartz

secretary@rotarynorthbalwyn.com.au

Treasurer: Greg Cribbes

treasurer@rotarynorthbalwyn.com.au

Grapevine: Peter Sutherland

petesutherland@bigpond.com

Noon Sat Weekly Deadline for submissions please.

APOLOGIES FOR CLUB MEETINGS

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies. and log into web-site; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Brian Hurnard
bhurnard@netspace.net.au with your personal message.
4. Phone 9819 7664 (leave a message if required). Mobile phone calls & SMS are not to be used.

Please apologise no later than 5pm on Tuesday.

North Balwyn Probus: Don Campbell .

<http://balwynnorthprobus.org.au>

North Balwyn Heights Probus:

Sue Mullarvey

yarramul@tpg.com.au 9857 4305, 0400 821 402

Greythorn Probus:

Meetings 10am 2nd Tuesday Monthly.
St Aidan's Church Hall, Duggan St, Balwyn Nth.9859 4941.

Boroondara Ladies Probus: Janet Eddy

jveddey@applewood.net.au

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**FIREWOOD
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Thanks to Chris Cross Landscape & Gardening Supply for their support of our Club through housing our 3 storage containers.



We thank Bread Street Bakery for their ongoing support of our BBQ Fundraising activity through their generous provision of bread supplies.



helloworld



Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.

Bendigo Bank

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.



The City of Boroondara is a great supporter of Rotary and we thank them for their most recent support with establishment of our North Balwyn Community Men's Shed