The Rotary Club of North Balwyn

ROTARD

Week 5 2nd August 2015



The Grapevine

IN SERVICE OF ROTARY

Our Leadership 2015/2016

The Presidential Proclamation

I am forever thankful that I was born in Australia and given the benefit of a good education and the opportunity to attend University. Our guest speaker this week showed us the opposite to our society – a community in northern India which lacks basic amenities. We do live in the lucky country and are fortunate to have all the benefits our society offers us and our community.

Run Melbourne was a great success!! Our Team consisted of Rotarians, friends and Interactors. We walked the course and raised funds for Servants Community Housing. My thanks to John McBride who assisted with setting up, super early (4am), shopped and then cooked the bbq. My thanks also to all the Rotarians who sponsored me and the Servants Team – just on \$40,000 was raised which is a fantastic result. Thanks heaps!! We have already been asked to participate next year, so watch this space for details!!

Service is the cornerstone of Rotary and RCNB members give so much while living our motto "Service Above Self". This motto was confirmed in 1989 as the principal motto of Rotary because it conveys the philosophy of unselfish volunteer service. There is also a second Rotary motto "One Profits Most Who Serves Best". This was originally adopted in 1911 with the wording "He Profits Most Who Serves Best" and modified in 2004.

I finished our meeting with some words from Mother Teresa:

"The Simple Path, Silence is Prayer, Prayer is Faith, Faith is Love, Love is Service, The Fruit of Service is Peace".

Just remember this week to "Be a Gift to the World".

President Jane

PS I would like to invite our wider Rotary family to our first Partners Night of the year. This will be on our regular meeting night on Thursday 13 August, usual time, usual place. I would love to see as many of you as possible there.

NEXT WEEK'S SPEAKER:- Gus Balbontin

From Rotary Exchange Student To Running One Of The Most Loved Brands In The World, Gus Balbontin

Gus came to Australia from Argentina as a Rotary Exchange student.

He says that he 'grew up in the middle of nowhere in Argentina' and 'if it wasn't for Rotary, he would not be where he is today'.

Gus Balbontin masterminded and led the most significant re-structure in Lonely Planet's history without impacting revenues and putting the company back in the black after decades of struggle.

He launched many products at the Lonely Planet, including apps and the first ever iPad e-book.

Gus also saw the oldest standing travel forum grow from 6,000 monthly subscriptions to 10,000 along with seeing significant increases in all social engagements with the brands across the world, earning accolades for the efforts and regularly used as the benchmark.



RI President K. R. Ravindran



DG 9800 Julie Mason



McKenney



President RCNB Jane Pennington

MEETINGS THURSDAYS 6 for 6.30pm Kew Golf Club 120 Belford Road Kew 3102 Ph: 61 3

9859 6848

This week at the club......















As our speaker for the night, Tamara Cannon told us about "The World's Toughest Walk to School" in one of the poorest areas of India nestling in the mountainous regions of the Himalayas bordering Nepal and Pakistan. Lille Fro is a charity that Tamara established to provide schooling for children in the region.

Families trek for a week to bring their children to the school as they recognise that education provides a way for their children to break out of their poverty cycle.

The wilderness and associated dangers of the area was illustrated by land slide that damaged a school and resulted in Lille Fro moving into disaster relief mode to support the isolated community.







The meeting was an away meeting held at the Greenacres Golf Club which was enjoyed by all. Bernie Smith was caught in the act of extolling the virtues of the meal he was about to demolish!

Hawthorn Craft Market









Bob Bromley and Bill were doing the cooking while Ian Richardson was supervising!!! It was such a windy and freezing day on Sunday at the Craft Market that Richo had to hold the tent down to stop it blowing away! A job that he excelled out!! Then the team rigged up a rope that tied the tent to the esky.

President Jane bought them coffee to keep their spirits up along with Presidential support on the day.

President Jane commented:- "Gosh, had to come home and thaw out it was soooo cold. A big thank you to Bill, Bob and Richo for being there and providing this service for our Club."

Rotary Gardens Project at 2nd August 2015

Two quite successful Gardening jobs were completed last week – on Friday with Camberwell Grammar/Xavier crews and on Saturday, despite the clouds keeping the MLC crew away.

My thanks as always to John McBride, Estelle Kelly, Ian Richardson, Duncan Ansell and my wife Jenny for their valuable time.

The plan ahead is below. PLEASE, PLEASE consider nominating for a role, especially on 7th & 8th August (yes, the end of this week) and then 14th & 15th August. For organising reasons, it is a must NOT to have to wait until our Meeting on Thursday night to be chasing people for the next day.

Any nominations, queries or want to chat?? PLEASE call me.

Cheers Greg CRIBBES Mob 0413 270403

Date	Time	RCNB Supervisor	Assisted by
Thur 6/8	Say 12.45pm	Greg Cribbes	Bob Bromley (small binning, tidy-up job)
Fri 7/8	3.00 – 5.15pm	Greg Cribbes	Brian Hurnard
Sat 8/8	10.00 - noon	Tony Hart	
Thur 13/8	From 11.15am	Peter Elliott	Greg Matthews Small pruning & tidy-up job
Fri 14/8	3.00 - 5.15pm	Greg Cribbes	
Sat 15/8	10.00 - noon	8	<u> </u>
Thur 20/8	From 2.00pm	8	Smallish job in North Balwyn
Fri 21/8	3.00 - 5.15pm	Greg Cribbes	8
Sat 22/8	10.00 - noon	8	8

DINE OUT AT AMICI'S RESTAURANT.

FRIDAY 21 AUGUST 2015

6.30 FOR 7 PM.

726 Burke Road CAMBERWELL '

COST: \$ 35.00 p.p. - INCLUDES Bruschetta & Pagnotta CHOICE OF 4 MAINS,

TEA OR COFFEE, CHOICE OF 2 DESSERTS AND CORKAGE. BYO (WINE ONLY)

If interested contact BOB BROMLEY before 14 August 2015 bbromley3@bigpond.com or 0417 773 548

The food is wholesome and fresh, cooked daily using produce available at the time of the year. Recipes are uncomplicated, easy and quick to prepare, the servings are generous, and the prices always low. The atmosphere in a Trattoria is informal - noisy, busy, sometimes hot, but always friendly and welcoming!!!



Important Anniversaries

Monday 2nd August to Sunday 9th August

Birthdays: Jo Wells

Inductions:

Wedding Anniversaries: Garth and Carol Symington



So what are the "Away Members " doing......



















NOVEMBER FELLOWSHIP WEEKEND AT COBRAM

From President-Elect Rowan McClean:-

Those people going to Cobram who have not paid a \$100 deposit need to transfer the amount to

RCNB BSB 033 058 Acct 123688

Please ensure your name shows and that the description is Cobram.

ROTARY CLUB OF NORTH BALWYN Golf Day at Kew Golf Club Friday 23rd October

Please note that there has been a change of dates

Only \$80 per round with lunch and prizes included!

Shotgun start!

For a successful event, we need 140 starters. Also looking for Gold, Silver and Bronze Sponsors for each hole.

Contact Bill Oakley 0419 504 201 email:- billoakley1@bigpond.com for more information



Weather is wonderful. Highs of 30C and down to 12C at night for comfortable sleeping. The geography is something to behold - we live on such an awe inspiring continent. Gotta do this more often.

We are camped up at a homestead outside Katherine, beautiful spot on a river (with

Met a lot of interesting fellow travellers and have made a few friends. Car and caravan performing better than I expected but it is still early days.

Thinking of you all, missing golf and RCNB.

Just roasting a small leg of lamb and vegetables on our WeberQ. Better open a bottle of red.

Best to all

Jim and Carol Studebaker

G'day Macca [aka Skinny] and fello caravaners

We are still loving our Grey Nomad Outback tour and have now hit the coast to catch up with friends and go sailing on the Whitsundays.

We have hired a 37 footer and leave tomorrow for a week. It's a case of spending the kids Inheritance but as they say "you only live once".

The weather is forecast to be about perfect after a concerning very windy period on our arrival.

We have just come in from Carnarvon Gorge - the fun starts after a 5 km walk and

rock hops over a river - not for the unfit. We did 14km day one, and 8 km day 2 and then I died and needed a couple of rest

days LOL!

I was surprised/amazed/stunned at how many coal mines there are between Emerald and Airlie Beach - us Victorians have no idea.

Say hello to everyone at home.

Gilligan [aka Peter Sutherland]









For members who maybe do not have offspring or anyone else collecting earn and learn stickers, Bronwen Dimond would love to have them to go towards North Balwyn Primary School.

So please do shower her with stickers!!!!

Many thanks.

President Jane



This week is Homelessness Prevention Week (3-9 August).

This annual, national event raises the awareness of homelessness and its surrounding issues.

At the last census, 380 people in the City of Boroondara reported that they were homeless. Homelessness is more than sleeping rough. It's about a safe, secure and a stable place to sleep tonight.

This year – the Boroondara Housing and Homelessness Network–have come together to raise the awareness of homelessness in our community.

We need your help to get the message out for this week.

There are heaps of resources on our website https://iehealth.org.au/HPW/ which you are welcome to download and use – including:

- Free downloads of our infographic
- Web and email banners to include in your signature block
- Template letters for you to write to local MPs, State and Federal Ministers

What you can do?

- Add the banner to your email signature for the week
- Talk to your clients
- Get social via social media using the following hashtags:-
 - #HPW2015.
 - #homelessnessmatters or
 - #endhomelessness
- Display the infographic in your workplace
- Use the template letter to write to our local MP, State and Federal Minister

Eva Tilley Memorial Home Inc.

After being on the board of Eva Tilley for the past sixteen years, I have decided to retire and move aside for a younger person.

North Balwyn Rotary has been represented on the board for over twenty years by the late Max_Hunter, Alison Adams, Delina Schembri- Hardy and me.

I would very much like to see this association continue, and would welcome enquiries from either our members or their partners.

No particular skills are required, but an interest in aged care, fund raising and public relations would be appropriate, together with some administrative experience. A commitment for at least five years' service is expected.

Currently there are five men and four women on the board, but three of the men (including me)are retiring at the November AGM.

There are two meetings per month - one board and one committee meeting, usually late Monday afternoons.

If you are interested, please contact me direct for further information, a visit to Eva Tilley at 1100 Burke Road, North Balwyn and an introduction to our board president.

In conclusion, I must add that such an involvement will prove to be exceptionally rewarding.

Many thanks for your interest.

David Cheney

ROTARY CLUB OF NORTH BALWYN VESTS

As shown and modeled at last weeks meeting, here is how to buy a vest. Great value at \$26



ROTARY VESTS ORDER FORM



Imagine this is navy blue.....

Colour	Navy Blue			
Embroidery	The Rotary Wheel and our Club name on the left hand side, in yellow.			
Cost	\$26.00			
Order	Please return this form to Jane. (hard copy or email)			
Payment	Cheque payable to the "Rotary Club of North Balwyn" or Direct deposit into the RCNB bank account. BSB: 033 058 Account Number: 123688 Account Name: Rotary Club of North Balwyn Admin Account Please put reference: Your name and Rotary Vest			

Please indicate how many of the size you would like to order.

Mens

Small	Medium	Large	XL	XXL	XXXL	XXXXL	XXXXXL
55cms	57.5cms	60cms	62.5cms	65cms	67.5cms	70cms	72.5cms

This is the measurement across the chest if the garment was folded flat.

Ladies

8	10	12	14	16	18	20	22

Meeting No. 04 Thursday, 30th July 2015

Present: The World's Toughest Walk to School.

NB Members 43

Visiting Rotarians 1 Ngaire Cannon Hawthorn

Guests 2 Speaker Tamara Cannon, Andre Prado [RYLA Attendee sponsored by RCNB]

MakeUps 5 Adrian Ranson - Boroondara Cares meeting

Tony Hart, Geoff Haddy, John McBride, Rob Head All at Gardening

Meeting Attendance TBA

Absences for Rosters: Including Leave of Absence

The dates given when applying are the first & last days not available (not meetings).

Don Bowden Bob Bott Joe Butler Barry Cummings Larry Fitzpatrick
Hugo Goetze Steven Greatorex Tony Ho Sue McDonald

Greg Matthews Marcel Muntwyler Geoff Steinicke Jim Studebaker

Peter Sutherland Garth Symington Bill Thackray

Latest Developments in Health Technology [Geoff is on leave]

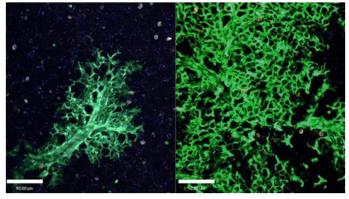
Respiratory diseases such as bronchitis, emphysema and asthma are extremely prevalent, with more than 35 million sufferers in the US alone. Now, a team from the Weizmann Institute of Science has worked to create a new treatment for repairing damaged lung tissue, using the procedure for bone marrow stem cell transplantation as a template.

Key to the research is the similarity between stem cells in the lung and those in bone marrow. In both cases, the cells are located in specialized, provision-filled compartments, rather than being distributed throughout the tissue. The team began work on the assumption that existing knowledge of transplanting bone marrow stems cells might be relevant when working with the lungs.

To see if the treatment was effective when working with damaged lungs, the researchers first obtained embryonic stem cells in their 20th to 22nd week of development. Harvesting cells at this young age is deemed optimum, as they've not yet completed the process of differentiation, and are more effective at regenerating damaged tissue than older stem cells. Working with mice suffering with damaged lungs, the team then cleaned out the specialized compartments, and introduced the embryonic stem cells to the tissue.

After some six weeks, the cells had formed into normal lung tissue, significantly healing the damaged tissue and notably improving the rodents' breathing.

In light of the successful tests, the team will continue its research, and will work to pinpoint the ideal dosage of drug required to ensure that the host doesn't reject the transplanted stem cells. In the long run, the goal is to cultivate a bank of lung tissue that can be used as a resource for embryonic stem cells, making it easier to carry out the treatment in the real world.



The transplanted stem cells are seen on the left after six weeks, and on the right after 16 weeks

MEETING ROSTERS

Thursday 6th August

WEEK 5

Speaker Gus Balbontin

Topic From Rotary Exchange to saving one

of Australia's iconic businesses

Host: Ian Mollison

Desk: Greg Cribbes, Greg Ross

Greeters: David Willshire, Greg Cribbes

Set-up: Gary O'Connor, Ted Wilkins

Thursday 20th August

Speaker Steve Sammartino

Topic The Great Fragmentatic

Host: TBC

Desk: Bernie Smith, Ian Adams

Greeters: Peter Elliott, Anthony Stokes

Set-up: Matthew Pauli, Maurie Walters

Thursday 13th August Partners Night

Speaker Michael Redding

Topic Wheelchairs for Vietnam

Host: Tony Hart

Desk: Brian Hurnard, Chris Flavelle-Smith

Greeters: Ted Angleton, Marcel Muntwyler

Set-up: Peter Cleary, Estelle Kelly

Thursday 27th August

Speaker Philip Archer

Topic Membership

Host: Russell Cooper

Desk: Duncan Ansell, Colin Sharp

Greeters: Don Bowden, Tony Hart

Set-up: Tony Ho, Ted Wilkins

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

August

Thursday 13th Club Meeting

Partner's Night

Friday, 21st Event- Dine-Out Dinner at Ameci's

726 Burke Road, Camberwell 6.30 for 7.00 pm

Friday 28th BBQ at Bunning's

September

Sunday 6th Craft Market BBQ Camberwell Civic Centre

Thursday 17th Bus tour to Australia Garden

Cranbourne \$35 per head (excludes lunch etc

October

Thursday 1st Club Meeting—Partner's Night

Celebration Grand Final & visit by District Governor

Friday 23rd Golf Day

Key Golf Club

Sunday 4th Craft Market BBQ

Camberwell Civic Centre

October

Friday/Sunday 9/11 Camp Getaway Weekend

Friday 23rd BBQ at Bunning's

Thursday 29th Club Meeting—Partner's Night

Celebration of Melbourne Cup

November

Sunday 1st Craft Market BBQ

Camberwell Civic Centre

Friday/Sunday 6/8 Fellowship & Golf weekend

Cobram, Barooga

Saturday 14th Upstream Challenge

Thursday 19th Event—Fashion Fundraiser

Blue Illusion, Balwyn

December

Thursday 3rd BBQ at Bunnings

Friday 4th Ladies Christmas Cake Stall

Thursday 10th Club Meeting—Partner's Night

Celebration of Christmas

Saturday 12th Event—Carols in the Park

Macleay Park, Balwyn

Sunday 13th Event—Carols at Servants

January

Sunday 10th Event—Brunch 9:30—11:30 am

Warren Glen Nursery

373 Ringwood Warrandyte Rd, Warrandyte

2016

March 12/13 District Conference Bendigo

ROTARY CLUB OF NORTH BALWYN 2014/15

President: Jane Penninghtonpresident@rotarynorthbalwyn.com.auVice President: Brian Hurnardvicepresident@rotarynorthbalwyn.com.auSecretary: Gavan Schwartzsecretary@rotarynorthbalwyn.com.auTreasurer: David de Garistreasurer@rotarynorthbalwyn.com.au

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jdmcb48@bigpond.net.au

Submission by Noon Saturday please.

APOLOGIES FOR CLUB MEETINGS

- 1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
- 2. Click **HERE** to go to the Website
- 3. As Hugo is on leave, Peter Elliott will be taking apologies apologies@rotarynorthbalwyn.com.au
- 4. Phone 9857 7502 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending as Peter lets the Kew Golf Club know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending.

A meal may not be available if additional people attend to that advised.

CRAZY AIRPORTS

Gisborne Airport, New Zealand

This North Island airport is one of the few in the world that has a railway line running through its runway.

Both the railway and the airport are active, so lets hope they are precise about their scheduling.



D9800 Probus

North Balwyn Probus President 2015/16 Ken Mitchell: mitchellkv@gmail.com

North Balwyn Ladies Probus (Sect Jill Johnstone)

jilldj@melbpc.org.au

North Balwyn Heights Probus

(Sect Sue Mullarvey)

yarramul@tpg.com.au

Greythorn Probus (Sect Shirley Brangan)

daynaleigh1@bigpond.com

Tel: 03 9859 4941

Boroondara Ladies Probus (Sect Janet Eddy)

jveddey@applewood.net.au

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Our Club Web Site www.rotarynorthbalwyn.com.au

Rotary International http://www.rotary.org/en

Support Our Sponsors



66 Doncaster Rd, Balwyn North. Ph: 9819 7173





Australian Furniture (9460 1822) (Adrian Ranson)



Bakery (9890 0066) 22 Hamilton St Mont Albert 3127







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