



IN SERVICE OF ROTARY

[Our Leadership](#)
2015/2016

The Presidential Proclamation

A special treat this week at our meeting with our own member, Belinda, speaking about her life both in Africa before she came to Australia and then subsequently in Adelaide and Melbourne. Everyone was interested with plenty of questions so well done Belinda.

It was sad to say goodbye to Don and Brenda Bowden as Don is retiring from the Club but will remain a Friend of Rotary. He has given exemplary service for more than 25 years, the last 14 in our Club. We wish them both well for the future.

June is the Rotary International month of Fellowship. Fellowship – it is not a word that I think is commonly used and I had only come across it through Rotary. So I checked it out in my trusty Oxford Dictionary, (yes I still have one of those at home), which tells me that fellowship is participation, sharing, community of interest, companionship, friendliness.

If we look back in history fellowship was the original thought that had struck Paul Harris prior to him founding Rotary. In his words:

I was sure that there must be many other young men who had come from farms and small villages to establish themselves in Chicago ... Why not bring them together? If others were longing for fellowship as I was, something would come of it.

So Paul Harris went on to found Rotary on this premise and so fellowship became a cornerstone of Rotary.

In conclusion our Rotary International President has said:

Rotary makes the world not poorer but richer, replaces despair with hope, raises up those whom fate has brought low and is a gift to many while allowing each of us to be a gift to the world.

So this week please do go and

Be a Gift to the World

President Jane



RI President
K. R. Ravindran



DG 9800
Julie Mason



AG Therese
McKenney



President RCNB
Jane Pennington

MEETINGS

THURSDAYS
6 for 6.30pm
Kew Golf Club

120 Belford
Road Kew
3102
Ph.
9859 6848



Next Meeting **Thursday 16 June**

Speaker: Mr. David Matthews Using Business To Achieve Positive Social Change

Host: Larry Fitzpatrick

Setup: Greg Matthews, Peter Elliott

Greeting: Peter Sutherland, Ian Richardson

Desk: David Cheney, Eileen Toohill

Our Meeting in Pictures



Don and Brenda Bowen announced their retirement from active membership after many years service. They will continue to be with us as Friends of Rotary.



Guest Speaker Belinda Wandabwa; telling us about home in Kenya and travels to Australia for education, employment and friendship and ongoing support of her home community and family run school.

Pics: Joe Butler and Belinda as Host and Speaker; Belinda with Juba Sinkala and left with supporters Rebecca and Paul Riungu.

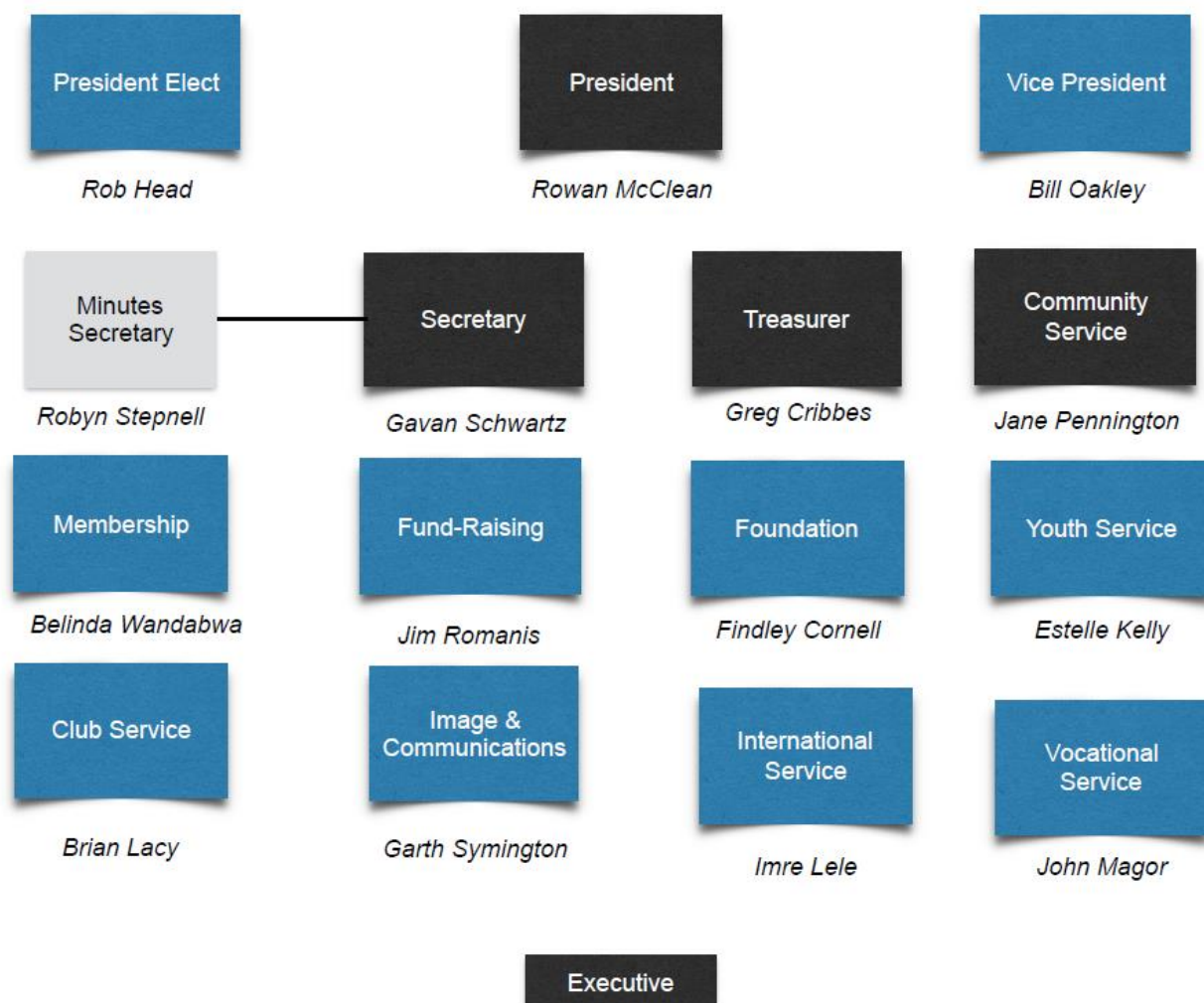
The best apology for Change Over yet. The Birds have flown the Coop

Unfortunately Ann and I will be apologies for Changeover. We are flying out to the USA on 23rd June to see our friend Marcia Dion Loughman inducted as DG in Pennsylvania and intend to spend 3 weeks travelling around the eastern USA from New Orleans to Rhode Island (4th July celebrations at a winery in Newport) to catch up with friends and see a bit of new territory.

Hope the changeover goes smoothly for all and that Rowan gets a great start to his year! No doubt John Gartlan will summarise Jane's year with his usual aplomb – pity we can't be there to share with everyone but the USA awaits! Enjoy and take care.

Rotary North Balwyn Board

2016/2017



Above is the Board structure for the next Rotary Year.

Change Over



Date: Saturday 25th June at 6.00 for 6.30 p.m.

Venue: Kew Golf Club , 120 Belford Road, EAST KEW.

Cost: \$ 55.00 per person – includes two course meal and a welcome drink on arrival.

Dress: Black tie preferred



Payments: by cheque made out to Rotary Club of North Balwyn

P.O. Box 135 North Balwyn 3104

- or -

EFT to BSB 033058 Account # 123688 (Please ensure you add your name)

Please wear your PH medals/badges and any other regalia relating to Rotary.

RSVP: by 16th June 2016 – to Rowan McClean at rowanmcclean@gmail.com

(Please advise of any special dietary requirements with your acceptance)



The Bombers have won the spoon this week.

Come on Freo!

The Art Collector's Wife

A New York attorney representing a wealthy art collector called and asked to speak to his client, "Saul, I have some good news and, I have some bad news."

The art collector replied, "I've had an awful day; let's hear the good news first."

The lawyer said, "Well, I met with your wife today, and she informed me that she invested \$5,000 in two pictures that she thinks will bring a minimum of \$15-20 million. I think she could be right." Saul replied enthusiastically, "Well done! My wife is a brilliant businesswoman! You've just made my day. Now I know I can handle the bad news. What is it?"

The lawyer replied, "The pictures are of you with your secretary."



Ian Adams is a volunteer at [FareShare](#) and CEO of FareShare [Marcus Godinho](#) asked Ian to share this correspondence with us.

Hi Ian,

I hope this finds you fit and well. I have just penned an informal two page update for our major supporters, which I hope you find heart-warming ... and evokes a little pride in North Balwyn's generous backing of FareShare. This year, in a nutshell ... :

- Our volunteers are cooking more meals than ever before - packed full of meat and vegetables. May equaled our record of 109,000 meals cooked in a month.
- 790 people now volunteer with us on a regular basis ... and 3,000 school students a year.
- Our two kitchen gardens are producing vegetables.
- And we are looking to establish a modest warehouse to back up our push to cook two million meals a year ... in the western suburbs, close to many of our food donors and biggest charity partners.

Very best wishes ... and THANK YOU for your support Ian, Marcus

Marcus Godinho

Chief Executive Officer

Web www.fareshare.net.au



Volunteering with Catering and Gardening activities is fun and rewarding. Give it a go !



GARDENING PROJECT

13th June 2016

Last week of Term coming up this week, then the Gardening Project has a break until mid-July.

Appreciate if you could call me to **nominate for July sessions** - weeks away but helps planning...

Geoff Haddy will be Caretaking the Gardening Coordinator role for a few weeks - who thereafter??

PLEASE, the highly successful Gardening Project needs YOUR consideration of this asap - thanks.

Date and Who with	Time	RCNB Supervisor	Assisted by
Fri 17/6 - CGS	2.45 - 4.00pm	Brian Hurnard	Ian Richardson
		Garth Symington	Tony Ho
Sat 18/6 - MLC	10.00 - noon	Steve Greatorex	Eileen Toohill
17/24 June to 11 July	SCHOOL BREAK		
Fri 15/7 - X	4.00 - 5.15PM	Greg Cribbes	Tony Hart
Sat 16/7 - MLC	10-noon	Greg Cribbes	Rob Head
Thur 21/7 - RCNB - special	pruning roses 10am	John Gartlan	Marcel Muntwyler
	with BUNNINGS equipment donated with thanks		
Fri 22/7 - CGS/X	2.45 - 5.15PM	Need 1 please	Jol Dunn + 1 please
Fri 29/7 - CGS/X	2.45 - 5.15PM	Greg Cribbes	Brian Hurnard
			Garth Symington
Sat 30/7 - MLC	10-noon	Geoff Steinicke	Need 1 please
Fri 5/8 - CGS	2.45 - 4.00pm		
Sat 6/8 - special - CGS 21students	10.00 - 1.00pm	need 3 please	need 3 please
Fri 12/8 - CGS/X	2.45 - 5.15pm		
Sat 13/8 - MLC	10 - noon		
Fri 19/8 - CGS/X	2.45 - 5.15pm	Greg Cribbes	Ian Richardson
Fri 26/8 - CGS/X	2.45 - 5.15pm		
Sat 27/8 - MLC	10 - noon		
Fri 2/9 - X	4.00 - 5.15pm		
Fri 9/9 - X	4.00 - 5.15pm	Greg Cribbes	Ian Richardson
16 Sept to 3 October	SCHOOL BREAK		
Happy to chat anytime Greg Cribbes Mob 0413 270403			

Catering Rosters: Please see separate E-mail send to all Members and Friends

Respond to Nino with your preferred dates and times.

[Nino Sofra <nsofra@bigpond.net.au>](mailto:nsofra@bigpond.net.au)





CELEBRATING
50 YEARS
OF AUSTRALIAN ART 1966-2015

NOTICE:

Change of Venue for The Meeting of Thursday 14th July 2016.
[Camberwell Art Show](#). And Partner's Night

Venue: Swinburne College, Burwood Road, Hawthorn.

(Parking available opposite The College, alongside Hawthorn Town Hall)

Time: 6.00 for 6.30 pm.

Format: Two course dinner, a glass of wine plus tea and coffee.

Also included is free entry to the show and includes an experienced guide.

The charge: \$30.00 per head.

Attendance: Please advise Hugo of apologies and guests.

NOTE: There will not be a dinner at Kew Golf Club on this night.

Geoff's Health Tip

Choking on food is life threatening – here's what you should do

If you are having a nice meal at a restaurant and you notice an adult guest gasping for breath and unable to talk, you need to act very quickly. In all probability there is some food lodged in the person's trachea or wind-pipe.

The universal signs for choking are:

- inability to talk
- difficulty breathing
- inability to cough forcefully
- skin lips and nails turning blue
- loss of consciousness.

What should you do? The **Red Cross** recommends a “**five and five**” approach to delivering first aid:

Give 5 back blows. First deliver five back blows between the patients shoulder blades with the palm of your hand.

Give 5 abdominal thrusts. Perform five abdominal thrusts - also known as the Heimlich manoeuvre – see below.

Repeat each 5 times until the blockage is dislodged.

The **American Heart Association** only recommends the abdominal thrust Heimlich manoeuvre, which is performed as follows:

Stand behind the person. Wrap your arms around the waist.

Make a fist with one hand. Position the thumb just above the navel.

Grasp the fist with the other hand. Press hard into the abdomen with a quick upward thrust as if trying to lift the person up.

Perform a total of 5 abdominal thrusts. If the blockage still isn't dislodged repeat the set.

For patients that are pregnant or obese, move your fist up to just below the rib cage.

Geoff



MEETING ROSTERS

Thursday 16th June

Speaker: Mr. David Matthews
 Topic: Using Business To Achieve Positive Social Change
 Host: Larry Fitzpatrick
 Setup: Greg Matthews, Peter Elliott
 Greeting: Peter Sutherland, Ian Richardson
 Desk: David Cheney, Eileen Toohill

Saturday 25th June**NO Meeting Thursday June 23****Club Changeover**

Setup: Marcel Muntwyler, Imre Lele
 Greeting: Russell Turner, Belinda Wandabwa
 Desk: Geoff Haddy, Findley Cornell

Thursday 30th June

Speaker: TBA
 Topic: TBA
 Host: TBA
 Setup: Geoff Haddy, Tony Hart
 Greeting: Ted Wilkins, Geoff Steinicke
 Desk: Peter Cleary, George Swanson

Thursday 7th July

Speaker: TBA
 Topic: TBA
 Host: TBA
 Setup: Greg Ross, Bronwen Dimond
 Greeting: David Cheney, Hugo Goetze
 Desk: Ian Richardson, Jim Studebaker

Meeting No. 47**9th JUNE 2016**

Present: Guest Speaker 0 Belinda Wandabwa - an Autobiography.
 NB Members 49
 Wives/Partners 3 Brenda Bowden, Heather Bromley & Ala Taylor.
 Guests 3 Juba Sinkala, Rebecca and Paul Riungu, all guests of Belinda
 MakeUps 15 Rowan McClean & Adrian Ranson - DLT ; Ken Maxfield at RCs of
 Seymour & Glenferrie ; Jane Pennington, Bill Oakley & Jim Studebaker
 at Foundation Dinner ; Garth Symington - District Foundation ;
 Gardening - Cribbes (2), Hurnard, Lacy, McClean, Matthews & Sofra.
 Meeting Attendance 80.9%

Absences for Rosters:

Bob Bott, Russell Cooper, Jurgen Kehne, John McBride

Sue McDonald, Nino Sofra, Rob Stewart, Don Taylor, Peter Wilson

Celebrations: Monday 13 June to Sunday 19 June**Birthdays:** Tony Hart; Maurie Walters**Induction Anniversaries:** Chris Flavelle -Smith 2006; Larry Fitzpatrick, 2002; Findley Cornell, 1995; Joe Butler, 2005; Don Taylor, 2005; John Magor, 1987.**Wedding Anniversaries:** Nil

MAKE NOTES OF THESE DATES IN YOUR DIARY

See also http://www.rotarydistrict9800.org.au/notices_and_events_future

Saturday 25th June

Club Changeover. Cheer out President Jane Pennington and cheer in President Rowan McClean.

6:00 pm for 6.30pm Kew Golf Club Belford Road, East Kew VIC 3102
(No Club meeting at KGC on Thursday 23rd June)

**Sunday 26th June** [Reclink Cup](#)

Raising awareness and funding to support Reclink Australia's programs for disadvantaged individuals. RCNB Catering Event

Sunday 26th June District 9800 Changeover

11.30am for 12 noon: The RACV City Club, 17/501 Bourke Street, Melbourne 3000
\$75 per person Parking \$21.40

Saturday and Sunday 9th and 10th July 2016 at the Mt Waverley Community Centre.
See the '[VAME show](#)' page for details.

RCNB Catering Event

Thursday 14th July[Camberwell Art Show](#)

We are meeting there.

6.00- 6.30pm \$30 Swinburne College,
Burwood Road, Hawthorn
No Meeting at KGC



CELEBRATING
50 YEARS
OF AUSTRALIAN ART 1966-2015

Monday, 25th July

MOVIE LUNCHEON. Love and Friendship
Palace Theatre, Balwyn 11.00 am. \$17.00
per head, includes lunch.

www.palacecinemas.com.au/movies/lovefriendship

**Friday 21st–Sun 23rd October Ballarat Fellowship w/e**

Join us for a choice of golf, fellowship, historical sites, galleries, museums, the lake and gardens.

(Those not attending require a note from their parents to Rob Head)



Thursday 30th March to Sat 1st April 2017
Shepparton [2017 District Conference](#)

2017 DISTRICT 9800
CONFERENCE
SHEPPARTON - VICTORIA
30 MARCH - 1 APRIL

ROTARY CLUB OF NORTH BALWYN 2015/16**President: Jane Pennington**president@rotarynorthbalwyn.com.au**Vice President: Brian Hurnard**vicepresident@rotarynorthbalwyn.com.au**Secretary: Gavan Schwartz**secretary@rotarynorthbalwyn.com.au**Treasurer: David de Garis**treasurer@rotarynorthbalwyn.com.auWeb: www.rotarynorthbalwyn.com.auE-mail: info@rotarynorthbalwyn.com.au

Grapevine Editor Peter Sutherland

petesutherland@bigpond.com

Submission by Noon Saturday please.

**APOLOGIES FOR CLUB MEETINGS**

1. Sign the "apology sheet" at the front desk at the prior meeting if you know in advance.
2. Click [HERE](#) for apologies, and log into website; select My Menu; Meeting Attendance/Apologies and Make-Ups; Select meeting date; Add Apology to this meeting; and send.
3. Or E-mail Hugo Goetze, hugogoetze@netspace.net.au with your personal message.
4. Phone 9857 6701 (leave a message if required). Mobile phone calls & SMS are not to be used.

It is important to advise absences, guests attending, and partners attending. This is needed as the Kew Golf Club needs to know how many are attending each week to ensure we have the correct number of places set, meals provided and service staff employed. The Rotary Club incurs charges if we overestimate numbers attending. A meal may not be available if additional people attend to that advised.



THE FOUR-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

June is



Rotary Fellowships Month

www.rotary.org**D9800 Probus****North Balwyn Probus** President 2015/16Ken Mitchell: mitchellkv@gmail.com**North Balwyn Ladies Probud** (Sect Jill Johnstone)jilldj@melbpc.org.au**North Balwyn Heights Probud**

(Sect Sue Mullarvey)

yarramul@tpg.com.au**Greythorn Probud** (Sect Shirley Brangan)daynaleigh1@bigpond.com

Tel: 03 9859 4941



Be a gift to the world



ROTARY CLUB OF
NORTH BALWYN

Our Club Web Site
www.rotarynorthbalwyn.com.au

Rotary International
<http://www.rotary.org/en>

Support Our Sponsors



66 Doncaster Rd, Balwyn North.
Ph: 9819 7173



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(Adrian Ranson)

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Bakery
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22 Hamilton St
Mont Albert 3127

CHRIS CROSS

Garden Supplies (9859 2666) 1575 Burke Rd Kew East 3102



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