



President's Report Thursday 11th June – ZOOM Meeting

Dear Members,



Our last ZOOM Club Meeting saw 36 participants and we had our **first overseas Guest Speaker in David de Garis** speaking from his London apartment in COVID19 isolation. It was great to see David (with Nina present too at home) in London explaining the impact that COVID-19 is having on the London community and how his new role in the UK is going. David is a Director, Senior Economist with NAB, and is based in London as Manager, Head of London Branch United Kingdom.

David explained that NAB has been in London for 150 years and has 300 staff but no public branches. The services NAB UK offer are, global financial support, with expertise for the institutional banking market including Corporate Finance, Fixed Income Solutions, Trade Finance, Transaction Banking and Business Banking services.

David anticipated seeing a lot of family, making his accommodation a base for UK holidays. Unfortunately the Corona Virus has changed all that and whilst enjoying his new folding e-bike rides about London he is confined to quarters and working from home. David feels London is at least 2 weeks behind Melbourne with respect to the progress of the Pandemic and hopes the second peak will not be significant.

Thanks David for making history as our first live overseas correspondent presenting at our ZOOM meeting.

Next week we have an Interstate Guest Speaker – [Professor Amanda Leach from Menzies School of Health Research based at Royal Darwin Hospital.](#)



Amanda is Principal Research Fellow; Leader of the Ear Health Research Program, Child Health Division. Prof Leach leads a NHMRC Centre of Research Excellence in Ear and Hearing Health of Aboriginal and Torres Strait Islander children, and will relate to us some of her experiences and learnings in her field of study.

ZOOM is proving to be flexible medium!

First Ever ZOOM Action!

Continued on page 2

Our Leadership



RI PRESIDENT
Mark Maloney



DG Grant
Hocking



AG Eastside
Barry
Hickman



President
RCNB
Pete Sutherland

See you at our weekly Thursday 4pm Zoom Meetings

Use this recurring link <https://zoom.us/j/416185483>

Club Diary

Camp Getaway weekend 16-18 October 2020

Fellowship Weekend 23–25 October 2020

Read about Rotary in your area in [The Progress Leader](http://leader.smedia.com.au/progress/)
<http://leader.smedia.com.au/progress/>

APOLOGIES FOR CLUB MEETINGS

Sign the “**apology sheet**” at the front desk if you know in advance.

Or E-mail to apologiesrcnb@gmail.com

Please apologise no later than 5pm on Tuesday.

MEETINGS THURSDAYS

6 for 6.30pm

Kew Golf Club

120 Belford Road Kew
3102

Ph.
9859 6848

Continued from page 1



The Village Café. Proprietor Samir Freijah (winner of our recent Vocation Award), donated a breakfast or lunch for three valued up to \$100 in total. During furious silent bidding by the Chat Feature in ZOOM Jane Pennington ended up with highest bid at the close of our meeting. Therefore, if you ring Jane and be nice to her she might take you out for a meal! Thanks Samir, Jane and Nino for making this happen.

At The Village Cafe, the team take pride in their unmatched customer service. 7 days per week, they will make you feel right at home, whether you're popping in for a takeaway coffee, or settling in for a tasty afternoon treat. The delicious coffee is made with Di Bella blend coffee, and they have an extensive range of Tea Drop teas to entice you. There are meals for breakfast, brunch, and back to that tasty afternoon treat - the staff will let you know of the most delicious one out of a selection of quality cakes, sweets, muffins and biscuits.

News from Bunnings

Sue-Ean Lee & Jo Daws, Activity Organisers of Bunnings Box Hill were asked by Nino Sofra to review when they envisaged seeing store BBQs starting up again. Whilst there is no clear date for BBQ startups, they pledged their ongoing support for Rotary and our Club and generously donated some gardening supplies for us to auction at our next meeting!

Plan your winter and spring vegie garden!

We have two Raised Garden Beds wanting a new home rrp \$106 each. Rated 5 star you can't go wrong!

The Organic Garden Co 200 x 100 x 41cm Raised Rectangle Garden Bed - Woodland Grey



5 out of 5 stars. [Read reviews for The Organic Garden Co](#) [200 x 100 x 41cm Raised Rectangle Garden Bed](#)

We will Auction these at our next meeting – or contact Nino with a “BUY NOW” offer he can't refuse.

I hope to see you all this Thursday at 4pm at our last “ordinary” ZOOM meeting for the 2019-20 year before Changeover the following Thursday

President Peter

SAVE THE DATE

**NOW MORE THAN EVER,
ROTARY CONNECTS THE WORLD:**

**THE 2020 ROTARY
VIRTUAL CONVENTION**

20-26 June 2020 | Learn more at riconvention.org

Birthdays and Anniversaries between June 15 to June 21

Weddings: Nil

Birthdays Nil

Inductions Findley Cornell, Larry Fitzpatrick, Chris Flavelle-Smith, Joe Butler, David Rowe, John Magor, John Koa, Brian Lacy

Health information from Geoff Steinicke

How does the Corona Virus compare with the Influenza Virus in terms of GP Notifications, Hospitalisations and Deaths?

The statistical comparison is most interesting. Most of us would be very surprised at the total number of hospitalisations and deaths in Australia due to Influenza.

		Notifications ie., from your GP to the Health Department	Hospitalisations	ICU	Deaths
2019	Influenza	313,061	3,915	246	902
2020	COVID-19 to 24 May 2020	7,135	947	202	102
2020	Influenza to 24 May 2020	20,536	No figure	No figure	36

- Each year, the influenza virus changes and different strains can circulate in the population. The Health Department monitors which influenza viruses are circulating in the Asian winter and then vaccines of the four most prominent are prepared and combined in readiness for our 'flu season'. The Department also monitors the effectiveness of the vaccine and any resistance to antiviral drugs that has developed.
- Depending on the susceptibility of the population (50% of population are not vaccinated), the subtypes that are circulating and viral activity, the influenza season can be very different year to year.
- The flu and the corona virus look alike in many ways. Both cause fever and cough, and both can lead to pneumonia (with the corona virus, shortness of breath is another common symptom). They are also transmitted in the same manner through respiratory droplets, the particles expelled when someone who is sick, coughs, sneezes or breathes. It can also be transmitted through contact, shaking hands with someone who has touched their face, and then touching your own face, for example.

We tend to take for granted that having the flu is all part of winter's ills, and, if you succumb you isolate until you recover. However, in my opinion, the above figures suggest that in spite of vaccines, too many people are hospitalised and die.

A good question to consider is whether we should apply the same principles of distancing, wearing masks and limited socialising when the influenza viral load commences to rise, or accept the flu season as normal and tolerable.

Geoff

As a footnote. Perhaps it is not surprising that the restrictions applied during the corona pandemic have reduced the expected number of influenza notifications.

The RCNB Gardening team did its first post lockdown all-member job in Hawthorn this week



Rotary Club of North Balwyn Year 6 Essay Writing Competition 2020

'If I Could Change One Thing In The World'

Participating Primary Schools:

Balwyn North, Belle Vue, Boroondara Park, Greythorn, St Bede's.

Officeworks Gift Vouchers x 11

First prize ... \$1,000 = two \$500 vouchers (one for student, one for school)

Second prize ... \$500 = two \$250 vouchers (one for student, one for school)

Third prize ... \$300 = two \$150 vouchers (one for student, one for school)

Five encouragement prizes ... five \$100 vouchers (five for students)

Officeworks Presentation Certificates x 3

First prize certificate ... for winning student

Second prize certificate ... for runner-up student

Third prize certificate ... for third place student

Prize Winners

First ...	Student: Kevin Ch'ng <i>Reality</i>	School: Balwyn North Primary
Second ...	Student: Alecia Ong <i>Go Vegan</i>	School: Balwyn North Primary
Third ...	Student: Jemima Park <i>Homelessness</i>	School: Belle Vue Primary
Encouragement ...	Stephanie Abonyi <i>Self Doubt</i>	School: St Bede's Primary
Encouragement ...	Yee Lin Ang <i>Plastic</i>	School: Greythorn Primary
Encouragement ...	Riley Cheung <i>Human Greed</i>	School: Boroondara Park Primary
Encouragement ...	Grace Hester <i>Bullying</i>	School: St Bede's Primary
Encouragement ...	James Newell <i>Climate Change</i>	School: Greythorn Primary

Homelessness

By Jemima Park: 5/6G Belle Vue Primary School

As the golden sun starts to dip through the horizon, the feeling of dread flows through my weak body. My legs are aching from my day and I have nowhere to go. My stomach rumbles like an earthquake and the worry of where my next meal coming from consumes me. My barely covered feet scrape along the concrete ground as I search for a place to stay the night whilst also looking for somewhere I could get food from. My sore, tired eyes suddenly set on a dumpster behind a bakery. I sneak up and survey my surroundings to ensure there is no one watching and shove my hand in the dumpster. Whilst scavenging around I try my best to avoid any of the gooey, squishy or slimy stuff that are just going to make me stink more than I already do.

Then I saw it, the end of a stale loaf of bread. After devouring it like it was my last meal, I go back to find a resting spot before the sky turns pitch black like a raven covering the sky. The steps outside a public library will be more sanctuary tonight. The night is freezing and I can never get into a comfortable spot. My tossing and turning sleep is interrupted by a head light as bright as the sun shining right in to my face.

A person staggered out of their car and gave me \$5.00. My night was still uncomfortable, but this small gesture did something to warm my heart and spread a feeling of thankfulness in my bones. As I woke up the next morning, I was really tired and a bit cranky, but knew I had \$5 to buy something from the supermarket. On my long tiring walk to the supermarket, I walked past a shop with TVs in the window. They were playing all different kinds of shows. On one channel the news was playing and the headline was 'Helping homeless people in our neighbourhood'. All I heard from the segment was..."Can you please make sure you do what you can to help the unfortunate." I know the lady wasn't talking to me, but I felt that I had to listen to those words and had to help myself. With \$5 in my pocket, I felt this was a symbol of a new start. For the first time in a long time, I felt a flicker of hope.

This is an experience that no person should have, homelessness is inhumane and we must do what we can to cease it immediately.

Changeover Celebration

Rotary
Club of North Balwyn



You are invited to join Rotary North Balwyn as they celebrate a very different Changeover.



Come and celebrate how Rotary North Balwyn connected the world and now look forward to opening opportunities.



Date

Thursday 25 June 2020

Time

5.45pm for a 6pm start

Method

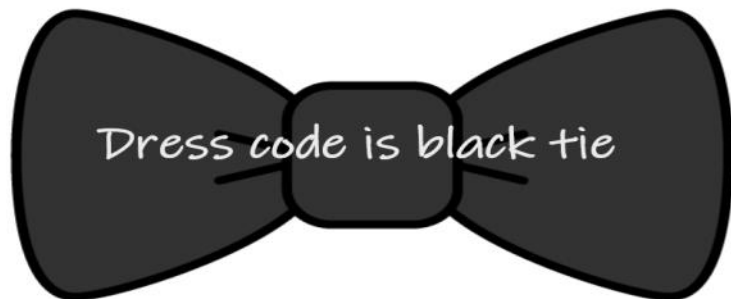
Via Zoom (electronically)

The link will be sent to you a few days before the event.



Have a glass ready for a celebratory toast

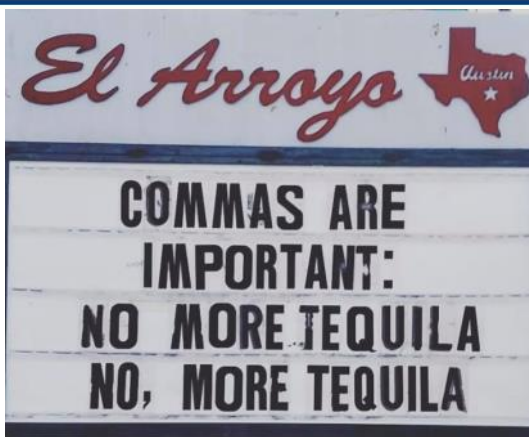
We would love you to join us as we farewell Pete and his team and welcome Greg and his team.



RSVP: To Jane Pennington at
Jane.Pennington@bigpond.com
Or 0408 402 555

By: 22 June 2020

This will ensure you receive the zoom link.
Any questions or concerns re zoom please contact Jane.



I promised myself I'd do things differently today so I'm sitting at the other end of my couch.



WITITUDES

Second Bite Roster –June/July/Aug`20

The Roster to collect food from 2nd Bite and deliver to Camcare.

Food is picked up from 2nd Bite between **8:15 and 8:45 am** every Thursday and delivered by **9:45 am** to Camcare.

Food is then sorted by Camcare staff for their 11:00 am distribution to the under privileged.

Please contact **Garth Symington** on mobile 0419 519 899

Date		Volunteer Driver	Team Members NOT available
18	June	Maurie Walters	
25	June	Colin Sharp	
2	July	Rob Head	
9	July	Greg Cribbes	
16	July	Maurie Walters	
23	July	Garth Symington	
30	July	Don Taylor	
6	Aug		
13	Aug	Geoff Haddy	
20	Aug	Greg Cribbes	
27	Aug		

Rotary
District 9800



ROTARY DISTRICT 9800 CHANGEOVER

DG Grant Hocking & DGE Philip Archer

Invite you to attend the District 9800 Changeover

ZOOM MEETING

SATURDAY 27th JUNE 2020

1.00 PM – 3.00 PM

Rotary
Australia & New Zealand



RSVP: 22nd June 2020

<https://www.trybooking.com/BJUIV>

Zoom link will be sent upon RSVP



**MULTI DISTRICT
AUSTRALIAN
VISIT BY 2019-2020
ROTARY INTERNATIONAL
PRESIDENT
MARK DANIEL MALONEY**

**Saturday June 20 at 11.00 am AEST
(10.30 am CST)**

**This unique opportunity is being offered to District 9520 (DG Tim Klar),
District 9780 (DG Rosanne Kava) and District 9800 (DG Grant Hocking).**

**Come and join us for this great opportunity to
hear from the RI President.**

Join Zoom Meeting

<https://us02web.zoom.us/j/81883114579>

Mark will speak about his reflections on his year as RI President and his view on the shape and future of Rotary in the current COVID-19 period and beyond. This will be followed by a short Q&A session.

Questions must be sent through to your respective DG by Thursday 18th June.

We may not get to ask all questions due to time constraints and will group similar questions to save time.

Biography: Mark Daniel Maloney, President 2019-20, Rotary Club of Decatur, Alabama, USA. Mark Daniel Maloney is a principal in the law firm of Blackburn, Maloney, and Schuppert LLC, with a focus on taxation, estate planning, and agricultural law. He represents large farming operations in the Southeastern and Midwestern United States, and has chaired the American Bar Association's Committee on Agriculture in the section of taxation. He is a member of the American Bar Association, Alabama State Bar Association, and the Alabama Law Institute.



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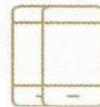
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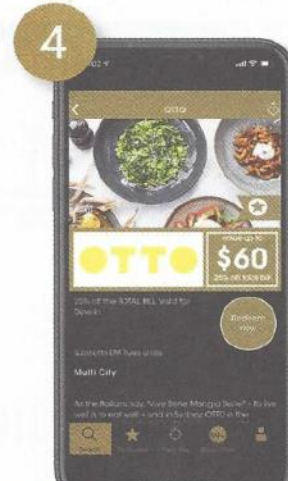


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Tap on each offer to **view full details**. New offers are updated weekly.



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Rotary Club of North Balwyn

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ROTARY INFORMATION

Rotary International	Website:-	https://www.rotary.org/
	Facebook:-	https://www.facebook.com
	Twitter:-	https://twitter.com/Rotary
Rotary Australia	Website:-	rotaryaustralia.org.au
	Facebook:-	https://www.facebook.com/RotaryAroundAustralia/
	Facebook RDU:-	https://www.facebook.com/rotarydownunder/
	Twitter:-	https://twitter.com/rotaryaustralia
District 9800	Website:-	https://www.rotarydistrict9800.org.au/
	Facebook:-	https://www.facebook.com/rotarydistrict9800/
	Twitter:-	https://twitter.com/rotaryd9800?lang=en
	Networker:-	rotarydistrict9800.org.au/content/54/networker
Rotary Club of North Balwyn	Website:-	www.rotarynorthbalwyn.com.au
North Balwyn Men's Shed	Website:-	www.northbalwynmensshed.com
Find a Rotary Club:-		https://my.rotary.org/en/search/club-finder

ROTARY CLUB OF NORTH BALWYN 2019/20

President: Peter Sutherland	president@rotarynorthbalwyn.com.au
Vice President: John Magor	vicepresident@rotarynorthbalwyn.com.au
Secretary: Gavan Schwartz	secretary@rotarynorthbalwyn.com.au
Treasurer: Adam Hillary	treasurer@rotarynorthbalwyn.com.au
Grapevine: John McBride	jdmcb48@bigpond.net.au Noon Sat Weekly Deadline for submissions.

North Balwyn Probus:	Michael Martin	http://balwynnorthprobus.org.au		
North Balwyn Heights Probus:	Sue Mullarvey	yarramul@tpg.com.au	98574305	0400821402
Greythorn Probus:		greythornprobus.org.au	98594941.	
Boroondara Ladies Probus:	Janet Eddy	jveddey@applewood.net.au		

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TRAVEL

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BALWYN NORTH**



Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.



Bendigo Bank

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

Bakers
Delight