



Dear Members
Welcome to 2010

At our first meeting for 2020 we enjoyed a BBQ at Kew Golf Club and heard from Members about Club activities over the Christmas break. We also had an address from Vincent Kelly who was our RYLA Candidate at last year's RYLA Camp.

Most importantly was the running of Mongolian return visit. Estelle Kelly and Peter Downton reported that all is going well and chaperone Byamba & Bolormaa attended the meeting. The contingent departs for Mongolia on Monday.

Vincent Kelly spoke to the meeting about his positive experiences on the recent RYLA camp and thanked the Club sincerely for sponsoring him on the camp.

We also received a thank you letter from Ned Lindenmayer who we sponsored to attend the "Big Camp" at Somers (Lord and Lady Somers Camp). Our Club sponsors a girl and boy each year as part of our youth program and it is a great Youth Development Program.

Geoff Kneale reports that Greg Matthews, Geoff Haddy, Rob Head and he conducted the Numurkah Drought Relief Town Hall briefing last Wednesday afternoon. The discussion went well and further planning will take place shortly.

Fire Relief.

Duncan noted that his preferred donation point at the [Bendigo Bank](#) has raised \$15 million dollars already! Rotarians have been offered several ways to donate and a District D9800 Fire Relief committee has been formed to keep us up to date. Our Jim Studebaker is a member. At the request of Balwyn RC we agreed to donate our contribution to the last two Camberwell Markets to the Bush Fire Relieve Appeal. The outcome of the last Market was \$6,700. Thank you to those who are volunteering on the roster.

Regarding individual donations to Fire Relief; below is a phrase of the current advice from BlazeAid. Please note the types of donations of immediate need.

BlazeAid base camps are everywhere in Australia - now 14 but growing to 50 from Kangaroo Island to the Queensland border after these fires (just google BlazeAid base camps to find one close to you) please consider driving it all up yourself or organising a truck to take all of what you and kind and generous Australians have given to others. We have hundreds of fire survivors without homes and the basic necessities of life (below) and because BlazeAid has up to 100% of farmers registered after Natural disasters, we get this precious cargo out EVERY day as we arrive to clean up and rebuild their properties!

•Keep these coming to ALL BlazeAid base camps-

Non perishable foods, ladies and men's toiletries, treats and snacks, flour, sugar, rice, pasta, long life milk, two minute noodles, tea, coffee, milo, first aid packs, fly spray, gladwrap, foil, tomato sauce, soap powder, dish-washing detergent, hand sanitiser, hand soap, shampoo, toothpaste, toothbrushes, cooking oil, tea towels, sponges/scouring pads, chux wipes, storage containers, jams, peanut butter, rubber gloves, Klip-It plastic storage containers for foods, tongs, garbage bags etc.

NO Clothes/ shoes

No furniture

No bedding

President Pete



Our Leadership



RI PRESIDENT
Mark Maloney



DG Grant
Hocking



AG Eastside
Barry
Hickman



President
RCNB
Pete Sutherland

Club Diary

Arnaud Harvest Festival 1 February
(Drought Relief Program)

District Conference March 27-29 2020

Miniatures July 11 -12

Camp Getaway weekend 16-18 October 2020

Read about Rotary in your area in The Progress Leader
<http://leader.smedia.com.au/progress/>

APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk if you know in advance.

Or E-mail to apologiesrcnb@gmail.com

**Please apologise no later than 5pm
on Tuesday.**

**MEETINGS
THURSDAYS**

6 for 6.30pm
Kew Golf
Club

120 Belford
Road Kew
3102

Ph.
9859 6848

From Our Member Rowan McClean

1. Community Representatives on Boards

Both the Stroke Foundation (based at Hamer Court in Kew) and Boroondara Park Primary School (North Balwyn) are seeking community representatives as Board members. These are important roles for the organisations and will help consolidate partnerships for Rotary North Balwyn

If members or friends are interested in either of these opportunities to serve our community, please contact Rowan McClean (0412 966 066).

2. Visits to Phu Tho Province Vietnam.

In February two teams will visit the poor communities we are supporting in North Vietnam.

Tony O'Brien (Rotary Balwyn) and Rowan McClean will work with our Hanoi-based allies to deliver furniture and equipment to schools and health clinics in three of the communities.

Drs. Mala Desai (Friend of Rotary North Balwyn) and Jim Cary (Balwyn Rotarian) will visit all four communities with Rowan and conduct education programs for community leaders, teachers and parents on the importance of dental care, hygiene and diet for the children. They will train local medical staff in the process of applying flouride paste to the teeth of young children and then work with them to treat about 400 kindergarten children. This is an exciting first initiative that will become a six-monthly sustainable process.

Trip reports will be circulated after the visits.

This is a great example of how Rotary connects communities

Rowan McClean

Farewell function for our Mongolian visitors was well attended by Club Members, host families and others who helped with events. In appreciation to those who had helped and hosted, gifts were presented from the Mongolian Visitors and our Club.



Around the Club:-



Brunch at Warren Glen was an enjoyable affair with good company, lovely weather and great service by the Warren Glen Staff. Our thanks to Don and Ala Taylor for organising the event.

At the Clifford Park Recreation Centre, the Mongolian visitors had a great time participating in the different activities .

A superb BBQ and salad lunch was organised under the guidance of Bill Oakley with the help of North Balwyn Rotarians and Friend of North Balwyn Rotary Reg Parsons.

Estelle’s moon boot isn’t the result of a skiing incident in Aspen but was the result of a cow stepping on her foot while showing the Mongolian visitors around a working farm.

Jim Romanis hard at work preparing the Rover Hut for the event.



“Our ARH Scholar Jacqueline Kuruppu has provided the Club with an interim report on her activities. Jacqueline will be attending the Golf Day and will also address the Club early this year. In the interim if anyone would like to read her report please contact Tony Hart.”

Second Bite Roster –Jan/Feb/Mar/April `20

The Roster to collect food from 2nd Bite and deliver to Camcare.

Food is picked up from 2nd Bite between **8:15 and 8:45 am** every Thursday and delivered by **9:45 am** to Camcare.

Food is then sorted by Camcare staff for their 11:00 am distribution to the under privileged.

Please contact **Garth Symington** on mobile 0419 519 899

Date		Volunteer Driver	Team Members NOT available
23	Jan	Maurie Walters	
30	Jan	Rob Head	
6	Feb	Greg Cribbes	
13	Feb	Steven Greatorex	
20	Feb	Garth Symington	
27	Feb	Geoff Haddy	
5	Mar	Greg Cribbes	
12	Mar		
19	Mar		
26	Mar		
2	April	Garth Symington	
9	April		
16	April		
23	April	Greg Cribbes	
30	April		

Meeting No.27	Thursday, 16th January 2020	
Present:	First Club Meeting in second half year	
"Guest Speaker"	Vincent Kelly - Report by our Sponsored RYLA attendee.	
NB Members	34	
Guests	2	Mongolian Chaperons Byamba & Bolormaa
Alumni / FofR	1	John Burley
Meals	38	Booked 42 No Shows = 7.
Members Present 34 = 50.7% ; Membership = 67 .		
External Activities	20	<u>CAMBERWELL Sunday Market, 29th Dec.</u> - Greg Ross & Ted Wilkins; <u>5th Jan.</u> - Duncan Ansell, Bill Oakley, Don Taylor & Tak Yukawa;
<u>12th Jan.</u> - Greg Cribbes (2), Sue McDonald & Geoff Steinicke; MEN'S SHED , resumes 20th Jan		
<u>2nd BITE delivery to CamCare</u> , 9th & 16th Jan.- Jim Studebaker ; FARESHARE - Jane Pennington;		
<u>CATERING, next on 23rd Jan.</u> - Servants Jazz Festival; <u>DIK</u> - Peter Sutherland ;		
<u>DROUGHT RELIEF VISIT TO NUMURKAH</u> , 15th & 16th Jan. - Geoff Haddy, Rob Head,		
Geoff Kneale & Greg Matthews ; <u>Rowan McClean</u> - visits to RCs Bacchus Marsh & Balwyn ;		
Absences next week.		
LOA 5, plus 11 apologies, plus 4 at Servants Jazz Festival.		

Geoff's Health Tip

The Smoking Ceremony

Last week I participated in the Aboriginal Heritage Walk at the Royal Botanic Gardens with the Mongolian students and their leader.

We had a young aboriginal male from one of the western Victorian tribes introduce us to the use of plants and herbs commonly used by his forbears, but especially his grandmother.

Through the history of aboriginal existence in Australia, healers used plants in tandem with precise ritual. Plants could be made into a poultice using animal fats for topical treatment of a variety of skin ailments, others were chewed, with some kept in a bolus in the mouth over many hours.



One particular plant added to a still area of water temporarily reduced the oxygen content which forced fish in the vicinity to rise to the surface where they could be easily gathered.

Walking through the gardens our guide showed us a surprising number of plants that yielded high levels of essential oil. Although the aborigines didn't have the technology to extract essential oils via distillation, other methods such as smoking ceremonies were widely used to apply the particular properties of aromatic plants in various healing methods,

Oil from plants such as *Malaleuca Alternifolia*, which we know as Tea Tree Oil, spawned an industry of global proportions. Tea Tee Oil is a superb antiseptic and one that I have used on cuts and abrasions over many years. Another is *Pittosporum angustifolium*, also known as 'Gumby Gumby', was involved in a significant number of traditional medicinal applications. The most common of these were related to the treatment of coughs and colds and eczema.

At the end of our tour we participated in the 'smoking ceremony'. There were four plant species used, one was acacia, another was the lemon scented eucalypt, I can't remember the other two, but each had a symbolic meaning - a welcome to visitors, for the young, for the elderly and to promote the well-being of their tribe. All of us found the smoke *was non-irritant, even refreshing with a hint of medicinal properties.*

It left me with the feeling that maybe there is more to this ancient aboriginal custom than we thought.

Geoff

Our Club is now extending our Drought Relief Program to a second area in Victoria, around Numurkah.

This photo shows some of the 33 community leaders in Numurkah who attended our briefing session sponsored by the local Rotary Club.

The Rotary Club and community are enthusiastic about our program, and we have the commitment of all nine targeted retailers to participate in our voucher program.

Rob Head (for DR committee)



Drought Relief Program (DRP) Update

This week our team of Geoff Haddy, Greg Matthews, Rob Head and Geoff Kneale presented in the drought stricken town of Numurkah. The purpose of the two day trip was to launch our second DRP program. Doubling our ongoing St Arnaud commitment, the Numurkah project is a community of double the size of St Arnaud and in more dire need of our support.

Numurkah is at the centre of the Victorian Dairy Industry – an industry simultaneously hot by drought, a collapse in the dairy industry (spiralling costs, diminished returns and negative overseas corporate influence), and now bush fires.

Our Wednesday Town Hall meeting was to launch our new program. The meeting was well attended by a broad representation of the community – CFA, CWA, District Hospital, Churches, schools, various farmers, dairy company representatives, councillors, etc.

Presenting ourselves as a unified Rotary team comprising Numurkah, Nth Balwyn and Balwyn, the purpose of the Town Hall meeting was to gain both an understanding of the pending launch of our DRP and to stir awareness, commitment and support within the whole community.

The next morning we signed up the selected retailers – grocery, pharmacy, school clothing and fuel stores. Our next step is to commence printing and distributing vouchers in February. Following that will be our commencement of planning for a community event mid-year – perhaps another highly successful “Comedy Festival”.

SUKIN COSMETICS –

Late last year, we were offered a large range of high quality ladies cosmetics. Great thanks to Jane Pennington!

We have now delivered these goods to -

- *50% to St Arnaud - through CWA/St Arnaud Rotary to mothers in drought affected areas - pre Christmas;
- *25% to Numurkah District Hospital to ladies as part of mental health and maternity welfare - distributed 2 weeks ago via Rotary club of Numurkah;
- *Balance to – Women in Farming which is a network of dairy farming women stricken by the drought and infrastructural changes in the dairy industry that has seen a vast majority of family dairies collapse;
- *Numerous boxes were given to the Numurkah Community House.

Regards Geoff Kneale

A request for assistance

From: Kirstin Jenkins <kirstinajenkins@hotmail.com>

Sent: Tuesday, 7 January 2020 3:10 AM

To: admin@rotarynorthbalwyn.com.au

Subject:

Hi,
My name is Kirstin and I am a single mum of a two month old baby. I was talking to my maternal health nurse and she suggested I contacted the local rotary club.

I was wondering if someone would be able to assist me with getting my licence? I would just need someone to take me for drives so I can get some confidence with driving before I go to my licence.

It's currently pretty hard to get around with a baby and no car. I'm not sure if this is something you offer but it would be much appreciated if you could let me know.

I don't have a car so if it is possible I would need to use someone's car if that's okay and I would need to bring my daughter as well. I have a car seat though.

Many thanks, Kirstin

MEETING ROSTERS

Thursday	23 January	Speaker:- Andrew Sutherland And Hugo Goetze
Greeters	J Jayasinghe, Duncan Ansell	
Setup	Geoff Kneale, Rowan McClean	Host:- Jagath Jayasinghe (J.J.)
Desk:	John McBride, Eileen Toohill	Topic:- Autobiographies

One youthful third-generation Rotarian and one not-so-youthful but invaluable and highly esteemed Rotarian will entertain us with their stories. This evening promises to be up there with all the best of past autobiographies.

Thursday	30 January	Speaker:- Sandi Givens
Greeters	Kinga Paulheim, Sam Hardikar	Host:- Jane Pennington
Setup	Sue McDonald, Greg Matthews	Topic:- Relay for Life
Desk:	Neil Marshall, Nino Sofra	

Sandi Givens is an inspirational volunteer guiding the Manningham Relay for Life which is an exciting and moving overnight experience that raises vital funds for the Cancer Council's research, prevention, information and support services. The Rotaractors have met Sandi because they had a team in the 2019 Relay for Life and are keen to repeat in 2020.



Thursday	6 February	Speaker:- Paul McDonald
Greeters	Joe Butler, Tony Hart	Host:- John Rennie
Setup	Marcel Muntwyler, Ian Richardson	Topic:- Justice for our Wards of State
Desk:	Jeanette Leigh, Jim Romanis	

Paul McDonald is head of Anglicare and has been agitating for the age at which wards of the state lose government financial support to be raised from 18 to 21. The day before Paul speaks to us, he is meeting the Victorian Treasurer, Tim Pallas, to discuss this very issue.



Thursday	13 February	Speaker:- Matt Maudlin
Greeters	Bronwen Dimond, Larry Fitzpatrick	Host:- Tony Wells
Setup	Adam Hillary, John Gartlan	Topic:- Ping Pong-a-Thon, a not for profit organisation seeking to combat human trafficking and exploitation of young people in South East Asia.
Desk:	Terry Keyhoe, Greg Ross	

Birthdays and Anniversaries between January 17 and 23 January

Weddings:	Sam and Winita Hardikar
Birthdays	John Gartlan, Adrian Ranson, Karen Fitzpatrick
Inductions:	Gavan Schwartz

2020 RCNB Gardening Schedule					
Date	School	Time	Supervisor	Assisted By	
Friday Feb 7	XC	3.45-5pm			
Friday Feb 14	XC	3.45-5pm			
Friday Feb 21	XC	3.45-5pm			
Sat Feb 22	MLC	10 am>Noon			
Friday Feb 28	XC	3.45-5pm			
Friday Mar 6	CGS/XC	2.45-5pm			
Sat March 7	MLC	10am>Noon			
Friday Mar 13	CGS/XC	2.45-5pm			
Sat March 14	MLC	10am>Noon			
Friday Mar 20	CGS/XC	2.45-5pm			
Sat March 21	MLC	10 am>Noon			
	School Holidays				
Fri April 17	CGS/XC	2.45-5pm			
Sat April 18	MLC	10 am>Noon			
Fri April 24	CGS/XC	2.45-5pm			
Fri May 1	CGS/XC	2.45-5pm			
Sat May 2	MLC	10 am>Noon			
Fri May 8	CGS/XC	2.45-5pm			
Fri May 15	XC	3.45-5pm			
Sat May 16	MLC	10 am>Noon			
Fri May 22	CGS/XC	2.45-5pm			
Fri May 29					
Fri June 5					
Fri June 12	CGS/XC	2.45-5pm			
Fri June 19	CGS	2.45-4.00 pm			
	School Holidays				



The Blue Line

A Happy New Year to all. It has been a busy period for all emergency services with the fires across Victoria and a significant number of police from within Whitehorse and inner east being deployed to assist working in high risk locations for excessive periods of times. I am sure your thoughts and best wishes are with the fire fighters and other emergency services assisting as well as the effected communities.

I recently met with Neighbourhood Watch and we discussed the forgotten art of engraving your prize possessions. This may include tools, bicycles or anything that you wish to record. NHW have the engravers available so if you're interested please contact your local NHW who can assist in the process. If you do engrave I recommend you use V followed by your driver's licence number as this is easily identifiable and traceable. If you have small valuable items that you wish to record I recommend you take a photograph of it along with a description. By doing this it will hopefully assist if it is either lost or stolen and if recovered aid in the return to the rightful owner.

Thank you for your ongoing support and I look forward to a safe and rewarding 2020.
Campbell Mill - Inspector - Whitehorse Local Area Commander

(Editor – we suggest you place a ruler or coin next to your precious smaller items to show size).

Rotary Club of Yea 2020 Art Show

Rotary



"the best little Art Show in the country"

Daily 25th Jan
to 27th Jan
10AM to 5PM

Closing Day
28th Jan
10AM to 3PM

Opening Night
24th Jan 2020
7.30 pm - \$20



French Theme

ENTRANCE **\$5**
Children Free

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www.yearotary.org.au

Catering Roster 2020				
23rd Jan2020	Servants Jazz Night		5 pm. To 8.30pm	
	Servants			
		1	Tony Wells	4 Greg Matthews
		2	Nino Sofra	5 Garth Symington
		3		6 Geoff Stiniecke
1 February	Summer Music Festival			
Saturday	St James Park		5.30pm to 9.00pm	
		1	Nino Sofra	5
		2	Bill Oakley	6
		3		7
		4		8
8th February	Summer Music Festival			
Saturday	Greythorn Park		5.30pm to 9.00pm	
		1	Nino Sofra	5
		2	Bill Oakley	6
		3		7
		4		8
15th February	Summer Music Festival		5.30pm to 9.00pm	
Saturday	Canterbury Gardens			
		1	Nino Sofra	5
		2	Jane Penington	6
		3		7
		4		8
28th Feb, 2020	BUNNINGS BOXHILL		8:30am to 12:00pm	12:00pm to 4:00pm
FRIDAY	Middleborough Rd			
		1	Don Taylor	5
		2	Nino Sofra	6
		3		7
		4		8

Could you please send all Rotary emails to abstokes@bigpond.com

With Regards,

Barbara Stokes
 Q A Director
 STOKES and BELL Pty Ltd
 Ph: +61 3 9933 8488
 Fax: +61 3 9933 8499
www.stokesandbell.com.au



CAMBERWELL SUNDAY MARKET ROSTER – No 75V2

Sunday	6.45am – 10.00am		9.45am – 1.00pm	
19 January	Rowan McClean	Maurie Walters	Peter Elliott	John Magor
26 January	Andrew Sutherland	Jane Pennington	John McBride	Jane Pennington
2 February	Estelle Kelly	Rob Head	Nino Sofra	Adam Hillary
9 February	Tak Yukawa	Kinga Paulheim	Ian Mollison	Mary George
16 February	Don Taylor	Ian Richardson	Eileen Toohill	Brian Lacy
23 February	Garth Symington	Ted Wikins	Janie Pirret	Imre Lele
1 March	Jim Romanis	Greg Matthews	Barry Cummings	
8 March	Tak Yukawa		Adam Hillary	
15 March	Estelle Kelly	Greg Cribbes	Terry Keyhoe	Greg Cribbes
22 March	Neil Marshall	Rowan McClean	Janie Pirret	Geoff Haddy
29 March	Nino Sofra		Findley Cornell	
5 April	Tak Yukawa		John Rennie	
12 April	Rob Head			
19 April		Greg Cribbes		Greg Cribbes
26-Apr				
3-May	John Rennie			
10-May				
17-May				
F1 Grand Prix 12-15 March District Conference 27-29 March				
EMERGENCIES	If available		David Cheney 0417 355 370	
	If available		Adam Hillary 0412 191 413	
	If available		John Gartlan 98598559	
	If available		Tak Yakawa 0450 122 432	
Geoff Steinicke Mob 0418 175 130 email gwsteinicke@bigpond.com				
Also on our webpage at https://rotarynorthbalwyn.com.au/page/sunday-market				

Showcase your Project at District 9800 Conference 2020!

This is an amazing opportunity for your members to experience rotary beyond your club. A chance to see and experience some of the wonderful projects and programs that are being undertaken throughout our district, throughout our country and indeed throughout the world.

D9800 Conference 2020 Showcase will be held in the school gymnasium adjacent to the Ulumbarra Theatre - an ideal location for us to explore possibilities and opportunities all whilst enjoying our breaks from the Conference.

Does your club have a project that you would like to promote throughout the district? Registrations are now open for you to come on board, attend Showcase 2020 as an exhibitor and join in the fun of D9800 Conference 2020 where we will be enjoying *Conversation, Connection, Collaboration and Celebration*.

<https://www.trybooking.com/book/sessions?eid=512765>

ROTARY INFORMATION

Rotary International	Website:- https://www.rotary.org/ Facebook:- https://www.facebook.com Twitter:- https://twitter.com/Rotary
Rotary Australia	Website:- rotaryaustralia.org.au Facebook:- https://www.facebook.com/RotaryAroundAustralia/ Facebook RDU:- https://www.facebook.com/rotarydownunder/ Twitter:- https://twitter.com/rotaryaustralia
District 9800	Website:- https://www.rotarydistrict9800.org.au/ Facebook:- https://www.facebook.com/rotarydistrict9800/ Twitter:- https://twitter.com/rotaryd9800?lang=en Networker:- rotarydistrict9800.org.au/content/54/networker
Rotary Club of North Balwyn	Website:- www.rotarynorthbalwyn.com.au
North Balwyn Men's Shed	Website:- www.northbalwynmensshed.com
Find a Rotary Club:-	https://my.rotary.org/en/search/club-finder

ROTARY CLUB OF NORTH BALWYN 2019/20

President: Peter Sutherland	president@rotarynorthbalwyn.com.au
Vice President: John Magor	vicepresident@rotarynorthbalwyn.com.au
Secretary: Gavan Schwartz	secretary@rotarynorthbalwyn.com.au
Treasurer: Adam Hillary	treasurer@rotarynorthbalwyn.com.au
Grapevine: John McBride	jdmcb48@bigpond.net.au Noon Sat Weekly Deadline for submissions.

North Balwyn Probus:	Michael Martin	http://balwynnorthprobus.org.au		
North Balwyn Heights Probus:	Sue Mullarvey	yarramul@tpg.com.au	98574305	0400821402
Greythorn Probus:		greythornprobus.org.au	98594941.	
Boroondara Ladies Probus:	Janet Eddy	jveddey@applewood.net.au		

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We thank Bread Street Bakery for their ongoing support of our BBQ Fundraising activity through their generous provision of bread supplies.



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TRAVEL

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BALWYN NORTH



Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.

Bendigo Bank

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

