



### President Report Meeting 1 2 July

Last week's terrific Changeover was a most memorable occasion for Jen & myself – again, a big thank you to all involved and congratulations to the various Members who were appropriately recognised with Paul Harris, Royce Abbey and Ron Carnell awards. Subsequently, Jane Pennington was awarded the District Governor Award by Grant Hocking as well. All very well deserved.

In my first (nervous) Thursday session, messages from Ian Mollison and Bob Glindermann were referred to by way of emphasising the impact of lockdown on individual businesses and people. In addition, I referred to the winning essay in our recent competition that appeared in last week's Grapevine from a Year 6 student for his outstanding perspective. In each case, an almost apologetic hope for a brighter future was a theme for us all to follow.

So what is RCNB doing right now?

1. Continuing our range of Community activities.
2. The Leadership team is compiling information to approve and then hopefully apply for successful Foundation Grants and/or Bendigo Bank Grants in areas such as Fire Relief, Homelessness and Indigenous hearing (following Amada Leach's powerful Zoom to us last week from Darwin).

Strengthening our Guest Speakers list in coming Thursdays to keep Members well informed.

Nevertheless, all Members are asked to think about and let us know of

- \* new avenues for Fundraising and
- \* additional Speakers for our Thursday meetings.

Our new Sergeant Kelly then introduced a thought provoking exercise for us all – good fun and I'm pleased to say, everybody passed. Thanks Estelle and we look forward to next week's session.

It was then our pleasure to hear from **AG Casey Tan** – a most enlightening presentation on his background, career and vast Rotary experience – RCNB is in great hands having our AG and DG of this calibre.

For next week, **Jason Mears** will be Zooming with us to tell of life after a successful organ transplant. Take it from me, Jason is an inspiration.

Have a great week – go open opportunities!!

President Greg Cribbes

### Our Leadership



RI PRESIDENT  
Holger Knaack



DG Phillip  
Archer



AG Eastside  
Casey Tan



President  
RCNB  
Greg Cribbes

**MEETINGS  
THURSDAYS  
6 for 6.30pm  
Kew Golf  
Club  
120 Belford  
Road Kew  
3102  
Ph.  
9859 6848**

### Club Diary

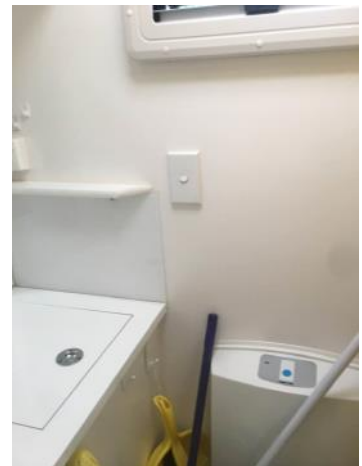
Camp Getaway weekend 16-18 October 2020

Fellowship Weekend 23–25 October 2020

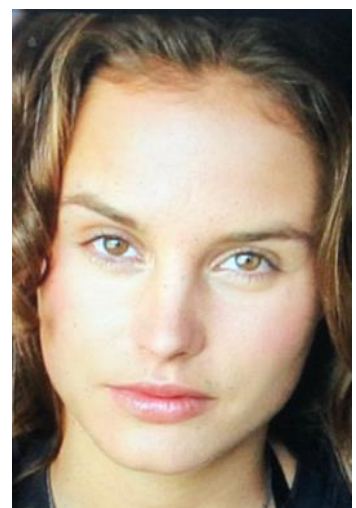
Read about Rotary in your area in The Progress Leader  
<http://leader.smedia.com.au/progress/>

**APOLOGIES FOR CLUB MEETINGS  
NOT REQUIRED UNTIL WE RETURN  
TO MEETING AT KEW GOLF CLUB**

Past President Peter Sutherland and wife Sally have headed north in their new caravan.



Greg Ross spoke about Elsa Schult-Gambard (now Elsa Sophie-Gambarg) who was hosted by RCNB in 1997-1998. Elsa became anorexic and returned 2 weeks earlier to Germany weighing 46 kilos. Elsa went on to study medicine but has become a well recognised film star in Europe. Her films include [Reclaim Your Brain!](#) (2007), [No More School](#) (2000) and [Der Wunschbaum](#) (2004).





## Message from the Editor

Greetings District 9800-ers. I'm delighted to take on the role of Networker Editor. I've been a journalist (ex-Age newspaper) and author (6 books) for more than 25 years and I'm a relative newcomer to Rotary; this is my third year but every day I'm inspired by what Rotary achieves. It's an exciting time for us all down under and I urge you to check out this [LINK](#) and learn more about what the centenary means for our future.

Now for a big thankyou shout-out to all the contributors who've helped me get this issue together, especially dynamo Club Service Director, Rowan McClean, and our effervescent DG, Philip Archer. For the future, I'd be thrilled to have the clubs send me stories featuring their top people and projects; in a word doc of course, with high-res photos attached. Please send to [networker@rotarydistrict9800.org.au](mailto:networker@rotarydistrict9800.org.au)

And now for something completely different; at the end of each Networker bulletin is a competition with terrific prizes to be won. Let's network!

**Jeanette Leigh, Rotary Club of North Balwyn**

**"Rotarians are the mainsprings of almost every kind of worthy endeavour."**

Paul Harris, My Road to Rotary

## Around the traps with the DG

Welcome everybody to the new Rotary year; a year that already presents unique challenges and vast scope for Rotary to initiate new projects, and to consolidate ongoing ones.

Rotary's theme this year is 'Rotary Opens Opportunities', which is timely given the peculiarities of the time we live in. However, as in the past, Rotary will recalibrate, adjust and go forward as people of action and agents of change.

The Centenary of Rotary is a time for immense celebration as well as a time for reflection on the 100 years of service, the challenges that have been overcome, and the decades-worth of wonderful Rotarians who've served our communities. But there still much to do and much excitement ahead.

On July 10 we'll launch the Centenary of Rotary at Government House in Canberra. I encourage you and your friends to join us online for a virtual celebration that spans the country ([BOOK HERE](#)) You'll meet our R100 Centenary Ambassadors as well as the Governor-General and Mrs Hurley as they initiate the launch.

I recently enjoyed some wonderful country hospitality when I visited the Rotary clubs of Rochester and Kyneton for their changeovers. Both clubs are enthusiastic, highly engaged and ready for the year ahead.

Finally, I want to take this opportunity to thank Leslie McCarthy, last year's Networker Editor, and to welcome Jeanette Leigh and her team to the first Networker of the year.

**Philip Archer**



## Club Service tool kit

### Opportunity knocks

Frequently, Rotary clubs are faced with a large range of project opportunities, but only have sufficient resources to accommodate some of them. It can be hard to decide what to support. Having a rational process in place to set priorities and demonstrate that decisions have been made logically, will not only assuage the disappointment of those whose suggestions aren't taken up, but form a guide to sensible decision making.

The Club Services Committee has a two-part tool to rank domestic and international opportunities. It consists of a set of questions/criteria that will enable you to consider the relative importance of aspects of the opportunity, and a matrix by which you can plot the opportunities against the criteria.

Questions such as, does the project fit with the strategic priorities of Rotary and our club, what are the financial and political risks, how critical and urgent is it to potential beneficiaries, and how many people are likely to benefit, form the first step to reaching a sound decision.

For instance, education for children and clean water provision are reflected in the hypothetical model as top priorities. Irrigation, while attractive, would in this case need significant investment that may be beyond the resources of the club, even with Rotary Foundation assistance. And more definitively, Rotary cannot be involved in constructing roads and housing because they're clearly the responsibility of national governments. Rotary must steer away from anything that might be seen as political interference.

Of course, the results will be largely subjective because judgement plays an important part in scoring, but the tool will enable clubs to make better decisions about what they should adopt.

Using this process for ranking local and international opportunities will allow for considerations of efficiency and effectiveness, and prevent you from doing the wrong thing very well.

Evaluation model [LINK](#)



North Balwyn Community Men's Shed was created as a collaboration between RCNB and Boroondara Council.

### Rotary tip

Don't forget to add the new year theme to your Rotary documents and electronic signatures. To download the logos click [here](#).





**From:** Anne Frueh  
**Date:** 3 July 2020 at 4:06:15 pm AEST  
**To,** [greg.cribbes@bigpond.com](mailto:greg.cribbes@bigpond.com)  
**Subject:** Camberwell Sunday Market

Good afternoon to our supporting clubs

The Camberwell Sunday Market Working Group had a very productive meeting with Nick Lund, City of Boroondara Pandemic Coordination and Leo Manca, City of Boroondara Health Department this afternoon.

The City of Boroondara representatives have no issues with the restart plan submitted by the CSMWG as it complies with all current Federal, State and Municipal regulations. This will remain a live document as regulations may change.

The requirement to adhere to density numbers will require the closure of a number of market entry points. Nick Lund will come back to the CSMWG with a plan for the closure of those. He will also work with us on the necessary signage.

The CSMWG has set the first Sunday in August as our target date.

If you have any queries feel free to contact me.

Regards

Anne Frueh

CSMWG

				
CAMBERWELL SUNDAY MARKET ROSTER – No 86				
<b>Sunday</b>	<b>6.45am – 10.00am</b>		<b>9.45am – 1.00pm</b>	
2-August	Greg Cribbes		Greg Cribbes	
9-August				
16-August				
23-August				
30-August				
6- September				
13-September				
20-September				
27-September				
4-October				
11-October				
18-October				
Add your name to the list Contact Geoff on <a href="mailto:gwsteinicke@bigpond.com">gwsteinicke@bigpond.com</a> mob 0418 175 130				
<b>EMERGENCIES</b>	If available		David Cheney 0417 355 370	
	If available		Adam Hillary 0412 191 413	
	If available		John Gartlan 98598559	
	If available		Tak Yakawa 0450 122 432	
Geoff Steinicke Mob 0418 175 130 email <a href="mailto:gwsteinicke@bigpond.com">gwsteinicke@bigpond.com</a>				
Also on our webpage at <a href="https://rotarynorthbalwyn.com.au/page/sunday-market">https://rotarynorthbalwyn.com.au/page/sunday-market</a>				

**Subject: Caravan update**

Ken Davis, brother of RC of Melbourne member Peter Davis, donated 14 caravans to be used by folks impacted by the summer bushfires. The caravans were formerly used for on site accommodation but had been in storage for some time prior to being donated. Supreme Caravans in Craigieburn were contracted to provide an overall refurbishment and get the vans to a level where they could be registered for on road usage.

Nine vans have been refurbished and delivered. Seven have gone to East Gippsland - Goongerah and Euroa First, with one to the area around Corryong and one to Kangaroo Island to assist with Blaze Aid work.

In all instances the final recipients have been identified through local Rotarians and on site case workers - the caravans are registered in the name of the recipient and become their property. Unfortunately there are still plenty of people who have lost their homes and are looking for accommodation so there is strong demand for the remaining five caravans.

A quote from one of the case workers in the bushfire areas " *XXX has been in a very bad way ... but you and your team helped make an immense difference for him and we know that the caravan turning up made a massive difference. We are sincerely, deeply, grateful to you both, and to your Rotary clubs.*"

Once corona lockdown restrictions eased we have been able to use Rotary volunteers ( thanks to Chris Finley, Bernie McIntosh, Robin Reid and Mev Connell ) to deliver the vans to either Bairnsdale or Wangaratta - this saves over \$500 in transport costs.

Funds for the refurbishment have come from donations provided by the RC's of Balwyn, Carlton, Prahran, Altona, Brighton and the Stonnington and Eastside clusters. Each of these club contributions was eligible for matching district grants. This wonderful generosity has raised enough money to pay for the refurbishment of about 12 caravans, so we are still looking for a few more dollars.

Attached is photo of a caravan being handed over by Rotarian Geoff Dining from Wangaratta and Rotarian Chris Finley.

For more information contact Jim Orchard 0452 639 329

Please feel free to circulate to anyone who maybe be interested - a good example of Rotary cooperation involving something like 20 different clubs.

**Birthdays and Anniversaries July 5 to July 11**

<b>Weddings:</b>	Anita and George Swanston
<b>Birthdays</b>	John Koa, Barry Cummings, Peter Cleary
<b>Inductions</b>	Nil



## THE SERGEANT'S SNIPPETS

WITH ESTELLE KELLY

For the July 9<sup>th</sup> meeting members are invited to submit a short description of

**"The most creative activity I have done during the Covid lockdown."**

Write 3-4 sentences. E.g. what the activity was, whose idea was it, how did it turn out etc?

We would love to hear your lockdown stories.

Email your submission to Estelle by MONDAY 6<sup>th</sup> July [ekelly2@optusnet.com.au](mailto:ekelly2@optusnet.com.au)

I will notify you by Wednesday July 8<sup>th</sup> If your submission is to be shared on the Zoom meeting the following day.

Have fun. Sergeant Kelly

The RCNB Annual Reports are getting themselves onto the website.

This is the link: <https://rotarynorthbalwyn.com.au/page/annual-reports>

## Second Bite Roster –July/Aug`20

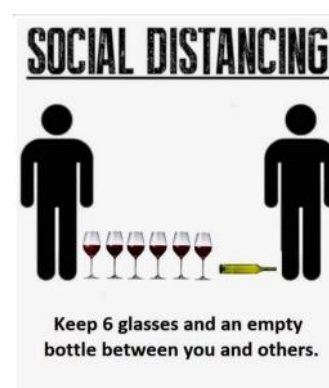
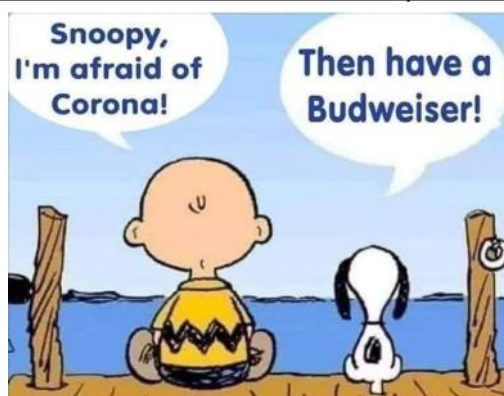
The Roster to collect food from 2nd Bite and deliver to Camcare.

Food is picked up from 2nd Bite between **8:15 and 8:45 am** every Thursday and delivered by **9:45 am** to Camcare.

Food is then sorted by Camcare staff for their 11:00 am distribution to the under privileged.

Please contact **Garth Symington** on mobile 0419 519 899

Date		Volunteer Driver	Team Members NOT available
9	July	Greg Cribbes	
16	July	Maurie Walters	
23	July	Garth Symington	
30	July	Don Taylor	
6	Aug		
13	Aug	Geoff Haddy	
20	Aug	Greg Cribbes	
27	Aug		





## You Don't Own The Kitchen

I had previously been thinking about trying my hand at cooking and with Judy arriving home from the rehabilitation centre mid January I thought it would be a good time to see if cooking appealed. After all, I had been developing products for the health food industry for the best part of 30 years, so why not adapt what I had learnt to domestic cooking.

First of all, I never liked working in 'cup' quantities - you can't standardise a cup! Why not grams and mls? So I purchased a set of laboratory scales - ahh I felt much more at ease. Then I purchased one of those Thai cutting blades. Beautiful to use but, as the shop-keeper said, "be careful, they are sharp!".

On the day Judy arrived home in her wheelchair everything was in order, welcoming flowers and get-well cards from the family and friends to read. After cups of coffee and cake, the subject moved to "what's for dinner"?.

It was late in the afternoon when I got some ingredients together and I looked up a recipe on Google that included all of them. This may not be the way cooks work, but it was very easy. Voila! Several suggestions popped up, so all you had to do is match the ingredients with the recipe and you're in business.

Starting on the recipe it soon became necessary to ask questions. With Judy positioned in the entrance to the kitchen to answer things I needed to know about the recipe, it soon became obvious that I was a novice. At the same time I had the feeling that I was not the rightful owner of the kitchen, I was just invited to use it and keep it in good order.

### Lessons learned

1. Don't be too creative. If your loved one has cooked simple but nutritious foods for you over 60 years, don't rush into recipes with a dozen ingredients.
2. Judy had saved hundreds of recipes in the past 6 decades. There is no index or catalogue but she knows where they are. Do not ignore these time-honoured recipes. Judy's 'Boiled Fruit Cake' is a Royal Show winner.
3. Make sure the herbs fit the usual pattern. If Coriander is in the recipe and has never been used because there is an aversion to its taste that goes back decades, look for something else.
4. Pre-warm the plates. Don't use the microwave if the plates do not have a 'Safe to Microwave' indication.
5. Don't make excessive quantities of anything, especially soup. Judge the quantity sufficient enough for a repeat serve a couple of days later.
6. Include plenty of greens with every meal to balance the carbohydrates included in rice and pasta.
7. Be prepared to adjust the recipe and try again.

Geoff

### Volunteering at Eva Tilley

The Eva Tilley Memorial Home, which provides residential aged care in North Balwyn, is seeking volunteers for the facility's in-house kiosk. Eva Tilley is a community based and community owned not-for-profit facility, which has been supported by Rotary over many years. RC North Balwyn's Gardening Program is a good example.

The Rotary Clubs of Balwyn and North Balwyn are represented on the Board of Eva Tilley (Clarke Ballard and Tony Wells) and support for the proposed volunteering program is being canvassed with other Rotary Clubs in the Eastside Cluster to determine interest in sharing the workload. Participants would be part of a large team.

The kiosk at Eva Tilley normally opens each weekday between 10am and 3.30 pm and is operated basically by a single person. However the details are flexible and open for discussion – options might be to share shifts or split them into morning and afternoon sessions.



The kiosk is located in a central open space at Eva Tilley and provides a basic service, including beverages and food, available for purchase. Preparing coffee is part of the role and training can be provided for those who have not used a coffee machine.

Participants would need to register as an Eva Tilley volunteer and undertake an induction program. There would also be a requirement for a police check and flu immunisation.

Those who might participate extends to Rotarians, our husbands, wives or partners and other friends of Rotary.

To be effective the program would require list of willing volunteers committed to the program and a coordinator to develop a roster and ensure continuity. It is suggested we might consider taking responsibility for operating the kiosk on one, or perhaps two days per week.

Rotary's support for Eva Tilley reflects one aspect of community service in our area and the RCNB Board believes the request from Eva Tilley is a "good-fit" for our service program and well worth consideration and implementation.

Please contact me if you have an interest and I can discuss the proposal in more detail.

Tony Wells  
[welstar@bigpond.com](mailto:welstar@bigpond.com)  
0400 077 647



## ROTARY INFORMATION

Rotary International	Website:-	<a href="https://www.rotary.org/">https://www.rotary.org/</a>
	Facebook:-	<a href="https://www.facebook.com">https://www.facebook.com</a>
	Twitter:-	<a href="https://twitter.com/Rotary">https://twitter.com/Rotary</a>
Rotary Australia	Website:-	<a href="http://rotaryaustralia.org.au">rotaryaustralia.org.au</a>
	Facebook:-	<a href="https://www.facebook.com/RotaryAroundAustralia/">https://www.facebook.com/RotaryAroundAustralia/</a>
	Facebook RDU:-	<a href="https://www.facebook.com/rotarydownunder/">https://www.facebook.com/rotarydownunder/</a>
	Twitter:-	<a href="https://twitter.com/rotaryaustralia">https://twitter.com/rotaryaustralia</a>
District 9800	Website:-	<a href="https://www.rotarydistrict9800.org.au/">https://www.rotarydistrict9800.org.au/</a>
	Facebook:-	<a href="https://www.facebook.com/rotarydistrict9800/">https://www.facebook.com/rotarydistrict9800/</a>
	Twitter:-	<a href="https://twitter.com/rotaryd9800?lang=en">https://twitter.com/rotaryd9800?lang=en</a>
	Networker:-	<a href="http://rotarydistrict9800.org.au/content/54/networker">rotarydistrict9800.org.au/content/54/networker</a>
Rotary Club of North Balwyn	Website:-	<a href="http://www.rotarynorthbalwyn.com.au">www.rotarynorthbalwyn.com.au</a>
North Balwyn Men's Shed	Website:-	<a href="http://www.northbalwynmensshed.com">www.northbalwynmensshed.com</a>
Find a Rotary Club:-		<a href="https://my.rotary.org/en/search/club-finder">https://my.rotary.org/en/search/club-finder</a>

### ROTARY CLUB OF NORTH BALWYN 2019/20

President: Greg Cribbes	<a href="mailto:president@rotarynorthbalwyn.com.au">president@rotarynorthbalwyn.com.au</a>
Vice President: Tony Wells	<a href="mailto:vicepresident@rotarynorthbalwyn.com.au">vicepresident@rotarynorthbalwyn.com.au</a>
Secretary: Gavan Schwartz	<a href="mailto:secretary@rotarynorthbalwyn.com.au">secretary@rotarynorthbalwyn.com.au</a>
Treasurer: Adam Hillary	<a href="mailto:treasurer@rotarynorthbalwyn.com.au">treasurer@rotarynorthbalwyn.com.au</a>
Grapevine: John McBride	<a href="mailto:jdmcb48@bigpond.net.au">jdmcb48@bigpond.net.au</a> <b>Noon Sat Weekly Deadline for submissions.</b>

North Balwyn Probus:	Michael Martin	<a href="http://balwynnorthprobus.org.au">http://balwynnorthprobus.org.au</a>		
North Balwyn Heights Probus:	Sue Mullarvey	<a href="mailto:yarramul@tpg.com.au">yarramul@tpg.com.au</a>	98574305	0400821402
Greythorn Probus:		<a href="http://greythornprobus.org.au">greythornprobus.org.au</a>	98594941.	
Boroondara Ladies Probus:	Janet Eddy	<a href="mailto:jveddey@applewood.net.au">jveddey@applewood.net.au</a>		

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Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.



**Bendigo Bank**

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

*Bakers  
Delight*