



## Meeting Report

Our Speaker was one of our own, PDG Greg Ross. Greg spoke about his career as an actor on stage and in television from the late 1960's through to present day.

Greg provided insider tales about well known personalities of stage, big screen and small screen who he worked with, which were informative and at times humorous.

Personal tragedy, hardship and regrowth was a fascinating story which Greg delivered with unashamed courage and honesty. Greg acknowledged Rotary and fellow Rotarians as being important to both he and his family in difficult times.

Again, this was an evening that will rank amongst the most memorable we have had at the Club.

## Camberwell Sunday Market.

North Balwyn is joining Balwyn, Camberwell, Yarra Bend and Canterbury to welcome the thousands of visitors to the Camberwell Sunday Market.

President Nino signed an agreement with David McFadyen, Chair Camberwell Sunday Market Board for the Club to participate in the Camberwell Sunday Markets helping collect entry donations at one of the six designated entry points.

There is no selling, only being a welcoming face. See page 2 for more information.

## Community Hub Opening.

A strong contingent of members were on hand on Saturday for the official opening of the new Community Hub facility at Trentham on the former RSL site. We had the BBQ trailer there cooking a range of well appreciated hot food on a day that was cool and at times inclement.

Federal MP Josh Frydenberg was present for the opening along with State MP Ian Smith, both of whom followed up with a sausage or two!!

## Rotaract Progress.

We have developed new flyers for distribution to potential Rotaractors. See pages 4,5 and 6 for copies. Feel free to print from these pages or contact John McBride for hard copies.



Wes wuz framed!!

## Our Leadership



RI President  
Barry Rassin



DG 9800  
Bronwyn  
Stephens



AG Eastside  
Barry  
Hickman



President  
RCNB  
Nino Sofra

## Club Diary

Sept 4 Interact Tech Training 4:30—5:30 pm

Oct 5-7 2018 Camp Getaway Working Bee 2018

Weekend 19-21 Oct Fellowship Weekend at Daylesford

December 2018 Fence repairs in Cobden.

February 15-17 2019 Multi-Districts Conference

Australian Grand Prix 11—17 March 2019

[Read about Rotary in your area in The Progress Leader](#)

## APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk at the prior meeting if you know in advance. Or E-mail to Hugo Goetze at




[hugogoetze@netspace.net.au](mailto:hugogoetze@netspace.net.au)

or 9857 6701

Please apologise no later than 5pm  
on Tuesday.

MEETINGS  
THURSDAYS  
6 for 6.30pm  
Kew Golf Club  
120 Belford  
Road Kew  
3102  
Ph.  
Movie  
Night 9859  
6848

## Sunday Camberwell Market

	<p>Since 1976, the weekly market has been luring patrons with vintage trinkets, knickknacks, and hot jam donuts. Founded by Balwyn Rotary, the market started with 48 stalls, and it has since grown to almost 400, with stallholders waiting weeks to secure a spot at the market. Treasure hunters can comb through second-hand clothes and records, antique toys, jewellery, artwork, keepsakes and a variety of odds and ends from dawn until midday in search of rare gems.</p>
	<p>North Balwyn is joining Balwyn, Camberwell, Yarra Bend and Canterbury to welcome the thousands of visitors to the Camberwell Sunday Market. We begin on Sunday 30 September and we are required to have one member starting at 7am and another at 10am.</p>
	<p>Entry to the market is free, but our job is to collect Donations at one of the six designated entry points. We will be instructed on all aspects of the Market's operation beforehand. Firstly, we expect <b>all</b> members to share in this project, there is no selling, only being a welcoming face. For this we expect to raise \$12,000 over 50 weeks.</p>

The roster is here so put your name down for one of the sessions between Sunday 30 September and 30 December.

The two dates which are exceptions are 16 and 23 December.

### Market Roster

Please email: [admin@rotarvnorthbalwvn.com.au](mailto:admin@rotarvnorthbalwvn.com.au) to put your name down for a shift or two or three.

Date	Month	First Shift 7am to 10am	Second Shift 10am to 1pm
30	September		
7	October		
14	October		
21	October		
28	October		
4	November		
11	November		
18	November		
25	November		
2	December		
9	December		
30	December		



### Garden Report

Last Saturday Camberwell Grammar School attended the second of their Year 11 special Community Service Days. With the help of around 20 students, one teacher, Geoff Steinicke, Ian Richardson and myself we made a huge difference at a property in Gardenia Rd, North Balwyn. Also busy last week-end were Peter Elliott and Brian Hurnard (guiding students from MLC) and Garth Symington and Friend of Rotary Ian Glenny with Xavier students at one of the BASScare properties.

**Now a desperate plea- we do need more members to step forward to supervise gardening**, and not leave it to others or to the last minute to nominate. We advise schools the week before who the supervisors will be.

Only a few sessions are scheduled before school holidays and there are gaps on 14<sup>th</sup>, 15<sup>th</sup> September. Then, in early October we need a small team of Rotarians to spread woodchips at a North Balwyn property. We've already laid weed matting, the client is borrowing money to buy woodchips, and we've undertaken to barrow them. It's not a hard job but we need volunteers for Thursday 11 October. Please help if you can.

Geoff Haddy

### Rotary Gardens Project

**PLEASE HELP FILL IN THE BLANKS for sessions in the weeks ahead. The Gardens Project needs your help to supervise or assist on the following dates/times. This roster takes us to year end.**

			<b>Supervisor</b>	<b>Assisted by</b>
Fri 7/9	CGS/XC	3 - 5pm	Greg Cribbes	Brian Hurnard, Geoff Haddy
Sat 8/9	MLC	10 - noon	Geoff Haddy	Anthony Stokes
Fri 14/9	XC	3.45-5pm		Janie Pirret
Sat 15/9	MLC	10 - noon		
<b>SCHOOL HOLIDAYS</b>				
Thurs 11/10	<b>4 RCNB only</b> (barrowing woodchips)	1-3pm (or other time to suit volunteers)		
			Geoff Haddy	
Fri 12/10	XC	3.45-5pm	Geoff Kneale	Brian Hurnard
Sat 13/10	MLC	10 - noon		Janie Pirret
Thurs 18/10	<b>Special XC Yr12 All day</b>	Shifts TBC (max 2 hrs) <b>6 RCNB pls.</b>	Geoff Haddy	Tak Yukawa
			Greg Cribbes	Geoff Kneale
Fri 19/10	CGS/XC	3 - 5pm		Ian Glenny
Sat 20/10	MLC	10 - noon		
Fri 26/10	CGS/XC	3 - 5pm		
Fri 2/11	CGS/XC	3 - 5pm		Ian Glenny
Fri 9/11	CGS/XC	3 - 5pm	Greg Cribbes	Ian Glenny

Please advise availability to Geoff Haddy [ghaddy@bigpond.net.au](mailto:ghaddy@bigpond.net.au)

For 18-30 year olds, Rotaract is a global organisation that empowers students and young professionals to create positive change in their local communities and around the world. Rotaract provides unique opportunities that assist its members in becoming the business and professional leaders of tomorrow.

Rotaract is about **HELP LEARN ENJOY**. We help those in need, learn through professional development opportunities, and enjoy social activities.

Global opportunities are many with Rotaract. With more than 210,000 Rotaractors worldwide, there are endless opportunities to engage socially, professionally or through community service on an international scale.

Contact Rotary Club of North Balwyn [admin@rotarynorthbalwyn.com.au](mailto:admin@rotarynorthbalwyn.com.au)

Have fun with Rotaract. Find out more at [www.rotaract.org.au](http://www.rotaract.org.au) Mobile 0409 257 770



**The Rotary Club of North Balwyn is keen to establish a Rotaract Club in Boroondara.**

Do you know of someone between 18 to 30 who is interested in helping to improve their local, national and international communities while enjoying social activities and achieving self development?

Please contact John McBride at [jdmcb48@bigpond.net.au](mailto:jdmcb48@bigpond.net.au) or Mobile 0409 257 770

**For more information:-**

Rotaract visit [www.rotaract.org.au](http://www.rotaract.org.au) and  Rotaract in Australia

North Balwyn Rotary Club <https://rotarynorthbalwyn.com.au> and  @RotaryNorthBalwyn

Rotary in Boroondara <https://www.rotarydistrict9800.org.au/>

Rotary International <https://www.rotary.org/>



**HELP**



**LEARN**



**ENJOY**

We acknowledge the Bendigo Bank Kew East for their support of this project





Rotaract is a global organisation that empowers students and young professionals to create positive change in their local communities and around the world. Rotaract provides unique opportunities that assist its members in becoming the business and professional leaders of tomorrow.

Sponsored by Rotary International, Rotaract Clubs across Australia are part of a worldwide organisation of 210,000 individuals in 9,100 clubs covering 170 countries.

Members engage in a wide range of activities including social, professional and community events. **Are you a young person making a difference in your community? Come and join us at a club near you!**

Rotaract Clubs are more than just community service groups. Each club is part of a global effort to bring peace and international understanding to the world. This effort starts at the community level, but it knows no limits in its outreach.

With more than 70 clubs spread across the country, Rotaractors in Australia excel in fundraising, social and professional development efforts. Consider becoming a Rotaractor to reap the benefits of connecting to one of the largest young leader networks in the world!

Rotaract is about **HELP LEARN ENJOY**. We help those in need, learn through professional development opportunities, and enjoy social activities.

#### MISSION

Rotaract has six goals:

1. Develop professional and leadership skills
2. Emphasise respect for the rights of others, based on recognition of the worth of each individual
3. Recognise the dignity and value of all useful occupations as opportunities to serve
4. Recognise, practice and promote ethical standards as leadership qualities and vocational responsibilities
5. Develop knowledge and understanding of the needs, problems and opportunities in the community and worldwide
6. Provide opportunities for personal and group activities to serve the community and promote international understanding and goodwill to all people

#### WHY JOIN ROTARACT?

Rotaract connects you to a network of business, professional, and community leaders to facilitate the development of your personal and professional skills. Clubs seek industry experts to share stories and guidance, invite motivational speakers to meetings, and regularly engage in workshops and training on personal growth areas including leadership and communication.

Through community and international service projects, Rotaractors help improve the lives of the people around them. The primary focus is on community service, from a couple of hours volunteering in your local area, to weeks building townships in third world countries. We support a range of organisations including Ronald McDonald House, the Cancer Council and Splash for Cash just to name a few.

Rotaract, suitable for 18 to 30 year olds, has a strong social aspect. Many clubs create awareness or fundraise through exciting social opportunities such as harbour cruises, sky diving or lawn bowls. Meetings are regularly held at the local pub or the unibar, making for a great environment to meet like minded people.

National and international Rotaract conferences allow you to:

- Share ideas and develop a global perspective
- Enhance your professional and leadership skills
- Network with young people from around the world
- Experience local customs
- Visit cultural attractions
- Meet other passionate young people united in their vision for a better world

Contact Rotary Club of North Balwyn [admin@rotarynorthbalwyn.com.au](mailto:admin@rotarynorthbalwyn.com.au) Mobile 0409 257 770





*"It's a real privilege to be part of Rotaract. Knowing that I'm in a world-wide organisation of young people who are making a difference in their communities truly inspires."*

- Ordinary Rotaractor



### Rotaract Facts

- There are more than 70 Clubs in Australia!
- Rotaract is part of the Rotary International network of 1.2 million volunteers!
- Rotaract supports Rotary's polio eradication program which has raised over US\$1 billion for immunisation efforts since 1988!
- Sign up online for our quarterly magazine RotarACTION AU—head to [rotaract.org.au](http://rotaract.org.au)



**Rotary** Club of North Balwyn

For more information about a Rotaract Club in Boroondara contact John McBride at [jdmcb48@bigpond.net.au](mailto:jdmcb48@bigpond.net.au) or Mobile 0409 257 770

**DO YOU LIKE  
MAKING A  
DIFFERENCE?**

*Then it's time to  
join Rotaract*



**HELP LEARN ENJOY**

**An empowering and positive  
organisation for young leaders**



### What Is Rotaract?

Rotaract is a global organisation that empowers students and young professionals to create positive change in their local communities and around the world. Rotaract provides unique opportunities that assist its members in becoming the business and professional leaders of tomorrow.

Sponsored by Rotary, there are 210,000 Rotaractors in 9,100 clubs in 170 countries.

Members engage in a range of activities including social, professional and community events.

### Help Learn Enjoy

Rotaract Clubs are more than just community service groups. Each club is part of a global effort to bring peace and international understanding to the world. This effort starts at the community level, but it knows no limits in its outreach.

With more than 60 clubs spread across the country, Rotaractors in Australia excel in fundraising, social and professional development efforts.

### Why Join?

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Through community and international service projects, Rotaractors help improve the lives of others. The primary focus is on community service, from a couple of hours volunteering in your local area, to weeks building townships in third world countries. We support a range of organisations including Movember, Kiva microfinance and Splash for Cash just to name a few.

Rotaract, suitable for 18 to 30 year olds, has a strong social aspect. Many clubs create awareness or fundraise through exciting social opportunities such as harbour cruises, sky diving or lawn bowls. Meetings are regularly held at the local pub or the uni-bar, making for a great environment to meet like minded people.



### Our Mission

Rotaract has six goals:

1. Develop professional and leadership skills
2. Emphasise respect for the rights of others, based on recognition of the worth of each individual
3. Recognise the dignity and value of all useful occupations as opportunities to serve
4. Recognise, practice and promote ethical standards as leadership qualities and vocational responsibilities
5. Develop knowledge and understanding of the needs, problems and opportunities in the community and worldwide
6. Provide opportunities for personal and group activities to serve the community and promote international understanding and goodwill to all people.

**Join a movement of exceptional  
individuals who are using their skills,  
talents and energy to help others.**





## MEETING ROSTERS

**Thursday 6 September**

**Greeters:** David Cheney, David de Garis  
**Set Up:** John Gartlan, Marcel Muntwyler  
**Desk:** Rowan McClean, Jim Romanis

**Speaker:** Tim Webster**Host:** Jeanette Leigh**Topic:** Melbourne's Queen Victoria Market

Melbourne's Vic Market is an Australian heritage gem, a place for everyone. For over a century and a half, generations of small traders have embraced the opportunities to make a living at this iconic market, cultivating healthy competition and innovation in an evolving cultural melange. Drawn from more than 100 interviews, Tim Webster explores the values and ideas within our city's heart.

**Thursday 13 September**

**Greeters:** Russell Cooper, Phil Francis  
**Set Up:** Rob Head, Terry Keyhoe  
**Desk:** Phil Wade, Sue McDonald

**Speaker:** Julian McMahon**Host:** Geoff Kneale

Globally renowned as the advocate against the Death Penalty, Barrister Julian McMahon represented the Bali 9 and Australian Terrorists.

Julian McMahon was admitted to practice as a solicitor in 1992, and worked for Sly and Weigall and then the Office of Public Prosecutions. He was admitted to the Victorian Bar in 1998, and specialises in criminal and human rights law. He describes his Chambers as having a history of "looking after people who no-one else really wants to defend".

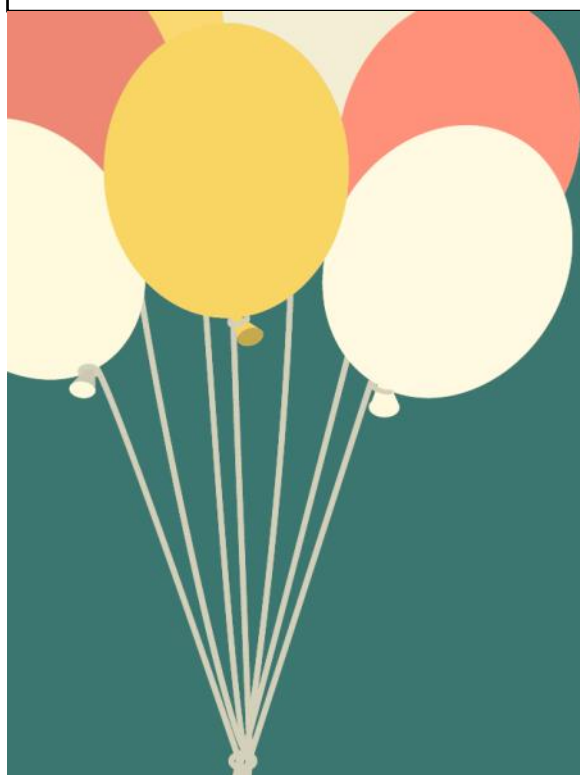
McMahon opposes the use of the death penalty internationally, and challenged Australian citizen Van Nguyen's execution by Singapore in 2005, along with Lex LasryQC.<sup>[9][10]</sup>

**Thursday 20 September**

**Greeters:** Steven Creatorex, Sam Hardikar  
**Set Up:** Imre Lele, Neil Marshall  
**Desk:** Geoff Kneale, Larry Fitzpatrick

**Speaker:** Judge John Jordan

As County Court Judge and with 40+ years experience in the courts, John will share many humorous stories from our legal system



## RC BALWYN'S 46TH BIRTHDAY

11th SEPTEMBER, 2018;

6:15pm-10pm

Greenacres Golf Club

51 Elm Grove, Kew

\$65 per head covers dinner, wine for tables and fabulous entertainment.

rsvp to Judith;

judela@bigpond.com by 10/9/18

Birthdays and Anniversaries between September 3 and September 9

**Weddings:****Birthdays:** Melissa Maitland-Smith and Sam Hardikar**Induction Anniversaries:** Beatrice Ko and Tony Wells

## Geoff's Health Tips

**'No Safe Limit': Even One a Day Increases Risks**

Last Friday evening many of us went to see 'The Book Club'. Whilst the film did not reach the critic's score of three stars out of a maximum of five, it was entertaining. The film explores how four lifelong friends' lives are turned upside down to hilarious ends when their book club tackles the infamous Fifty Shades of Grey. From discovering new romance to rekindling old flames, they inspire each other to make their next chapter the best chapter.



These book club meetings were a cosy affair with platters of food on the table and the ubiquitous glass of wine or spirits on every occasion. The free flowing alcohol certainly entered into their ability to stretch their imagination to take action to 'land their man' and ... enjoy a bit more of their remaining years.

But there is a catch ... the research centres of the world have done their sums and both the Centre for Alcohol Policy Research and the Global Burden of Diseases, Injuries and Risk Factors announced that alcohol remained a major contributor to Australia's burden of disease, with overwhelming epidemiological evidence that alcohol contributes to the development of specific cancers, in particular cancers of the neck and oesophagus, and an increase in the risk of breast cancer.

Among the population aged 15-49 years, alcohol use was the leading risk factor globally with the leading issues being tuberculosis, road injuries and self-harm.

**The increasing incidence of diseases positively associated with alcohol might come as a surprise to many people as there is a general lack of recognition among Australians that alcohol increases the risk of all-cause mortality.**

**For instance, a reporter interviewing a youth carrying a slab of beer on the subject replied "when one of my mates gets cancer I might think about it".**

**Geoff**

	<u>Meeting No.10</u>		Thursday, 30th August 2018
<b><u>Present:</u></b>			
	Guest Speaker	1	Greg Ross
	NB Members	39	
	Visiting Rotarians	3	Cath Stahel, Gill Merzvinskis, Lesley Hoy
	Partners	0	
	Guests	1	Kaye Gerlach
	Friends / Alumni	0	
	Meals Served	44	Members now = 74, 39 present = 53% ; LOA = 12, Apol - 18 on time.
			Booked 45
			Monthly stats (from "Club Attendance")
	External Activities		G. Haddy x 2, I. Adams, G. Cribbes, Sam Hardikar, R. Head, N. Sofra Camberwell Sunday Market Board
	(Board Approved)		
<b><u>Absences for Rosters:</u></b>	Tony Ho, Greg Cribbes, Peter Cleary, Beatrice Ko, Kinga Paulheim, Jim Romanis, Larry Fitzpatrick, Colin Sharp, Bob Bott, Chris Flavell-Smith		





**Registration is now Open**

[www.rotaryconference.org.au](http://www.rotaryconference.org.au)

**REGISTER BEFORE OCTOBER 31<sup>ST</sup>**

Early Bird  
Registration



**TO WIN FREE REGISTRATION &  
GALA DINNER FOR 2 PEOPLE  
PLUS ACCOMMODATION FOR  
TWO NIGHTS (UP TO \$500)**

**Early Bird \$175,**

**New Rotarians \$125**

(joined after July 1 2016)

**AFTER NOVEMBER 30TH \$225**

**Conference Dinner \$110**

## GALA DINNER



Featuring the Baker Boys, a 9 piece band covering a wide variety of music  
3 course meal, Open Bar plus surprises all night

## WHAT ROTARY DOES!



As well as a fantastic Rotary Showcase there will be "three hands on projects" where you can pack emergency food for disaster relief, pack birthing kits or kits for the homeless in our communities.

Always a great fellowship opportunity

Further details [www.rotaryconference.org.au](http://www.rotaryconference.org.au)

## ROTARY INFORMATION

Rotary International	Website:-	<a href="https://www.rotary.org/">https://www.rotary.org/</a>
	Facebook:-	<a href="https://www.facebook.com">https://www.facebook.com</a>
	Twitter:-	<a href="https://twitter.com/Rotary">https://twitter.com/Rotary</a>
Rotary Australia	Website:-	<a href="http://rotaryaustralia.org.au">rotaryaustralia.org.au</a>
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District 9800	Website:-	<a href="https://www.rotarydistrict9800.org.au/">https://www.rotarydistrict9800.org.au/</a>
	Facebook:-	<a href="https://www.facebook.com/rotarydistrict9800/">https://www.facebook.com/rotarydistrict9800/</a>
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	Networker:-	<a href="http://rotarydistrict9800.org.au/content/54/networker">rotarydistrict9800.org.au/content/54/networker</a>
Rotary Club of North Balwyn	Website:-	<a href="http://www.rotarynorthbalwyn.com.au">www.rotarynorthbalwyn.com.au</a>
North Balwyn Men's Shed	Website:-	<a href="http://www.northbalwynmensshed.com">www.northbalwynmensshed.com</a>
Find a Rotary Club:-		<a href="https://my.rotary.org/en/search/club-finder">https://my.rotary.org/en/search/club-finder</a>

### ROTARY CLUB OF NORTH BALWYN 2018/19

President: Nino Sofra	<a href="mailto:president@rotarynorthbalwyn.com.au">president@rotarynorthbalwyn.com.au</a>
Vice President: Adrian Ranson	<a href="mailto:vicepresident@rotarynorthbalwyn.com.au">vicepresident@rotarynorthbalwyn.com.au</a>
Secretary: Gavan Schwartz	<a href="mailto:secretary@rotarynorthbalwyn.com.au">secretary@rotarynorthbalwyn.com.au</a>
Treasurer: Adam Hillary	<a href="mailto:treasurer@rotarynorthbalwyn.com.au">treasurer@rotarynorthbalwyn.com.au</a>
Grapevine: John McBride	<a href="mailto:jdmcb48@bigpond.net.au">jdmcb48@bigpond.net.au</a> <b>Noon Sat Weekly Deadline for submissions.</b>

North Balwyn Probus:	Michael Martin	<a href="http://balwynnorthprobus.org.au">http://balwynnorthprobus.org.au</a>		
North Balwyn Heights Probus:	Sue Mullarvey	<a href="mailto:yarramul@tpg.com.au">yarramul@tpg.com.au</a>	98574305	0400821402
Greythorn Probus:		<a href="http://greythornprobus.org.au">greythornprobus.org.au</a>	98594941.	
Boroondara Ladies Probus:	Janet Eddy	<a href="mailto:jveddey@applewood.net.au">jveddey@applewood.net.au</a>		

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We thank Bread Street Bakery for their ongoing support of our BBQ Fundraising activity through their generous provision of bread supplies.



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**TRAVEL**  
**THE TRAVEL PROFESSIONALS**  
**BALWYN NORTH**



Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.



**Bendigo Bank**

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

