



MEETING REPORT

Our Guest Speaker, Alister Boyd, is the Grains Manager for the VFF, a rural association with 6000 members, and provided us with very interesting insights into the world of agriculture in Victoria.

Alister talked about :

- * There are many challenges facing farmers today. These include rising Port charges, stock theft, financial viability of grain trading businesses, limits to services provided by rural councils, Glyphosate usage and the capacity of rural infrastructure to handle current transport needs.
- * The need for farms today to be run as business operations, and for farmers to become drought-ready as our climate patterns change.
- * The gap between urban and rural areas in the understanding of life in farming and rural communities, together with media and education opportunities through VFF and others to 'bridge' this gap.

Alister also answered our many questions in an open and constructive manner, which added to our learning's about our rural communities.

CLUB GUESTS FROM ST ARNAUD

It was great to also have as our guests at this meeting Russell Steel [pictured right], Secretary of the St Arnaud Rotary Club, and Colin Coates [pictured below right], VFF director and property owner in St Arnaud. Both involved in our Drought Relief Project.

Both spoke briefly to the meeting, with Russell providing an insight into the situation of a farmer who on average has a \$5million asset vitally dependent on the weather, and Colin thanking the Club for its interest in and support for their community.

An example of challenges facing the area was cited by Russell from the local newspaper, stating.. *"Farmers are reporting worst harvest in 40 years but due to being defined by lines on a map rather than the fact they have had virtually no rainfall, these communities are not eligible for support from government"*.

Russell and Colin made the trip from and back to St Arnaud just for our meeting, and we greatly enjoyed the opportunity for the Club to meet them both.

Rob Head



Our Leadership



**RI President
Barry Rassin**



**DG 9800
Bronwyn
Stephens**



**AG Eastside
Barry
Hickman**



**President
RCNB
Nino Sofra**



Club Diary

Club Birthday Celebration 9 May 2019

Camp Getaway Working Bee 11–13 October 2019

Fellowship Weekend 15–17 November 2019

Read about Rotary in your area in The Progress Leader
<http://leader.smedia.com.au/progress/>

APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk at the prior meeting if you know in advance. Or E-mail to Hugo Goetze at hugogoetze@netspace.net.au or 9857 6701

**Please apologise no later than 5pm
on Tuesday.**

MEETINGS THURSDAYS

6 for 6.30pm
Kew Golf Club
120 Belford Road Kew
3102
Ph.
9859 6848

ST ARNAUD BOOKS DELIVERED!



A team from RC North Balwyn including Greg and Heather Matthews, Peter and Pat Cleary and Tony and Jo Wells delivered more than 500 books to St Arnaud in the Wimmera last weekend as part of the Club's Drought Relief Program.

The books were received for storage by Sheryl Morris at the Salvation Army store in St Arnaud, Sheryl is pictured with Greg Matthews and Jo Wells who sorted the books donated by members of our Club and other Rotary Clubs, including Albert Park and Kew.



The North Balwyn team later joined members of the RC St Arnaud for very enjoyable dinner. The fellowship reflected the strong bond that has developed between the two Clubs, which together are implementing the broad Drought Relief program.

The President of RC St Arnaud Greg Fithall thanked everyone associated with donating, collecting and sorting the books which are a resource for people in need, particularly younger people in the local community.

RC St Arnaud is now reviewing options on how to effectively make the books available

Tony Wells



Below is a request for help at DIK from Bob Glindemann.

Over the next 3 months, we will need some assistance at the store as at various times Laurie Fisher , David Dippie and Bob Glindemann will all be away taking some holidays.

Some of their dates overlap.

Laurie:- will be away from Friday April 19th returning Tuesday May 21st.

David:- will be away from Saturday June 1st returning on Saturday June 15th

Bob:- will be away from Thursday April 18th returning Wednesday April 24th and away from Tuesday May 21st and returning June 30th.

During this time can you spread the word?

"A couple of additional bodies each Tuesday and Thursday at DIK Somerville Rd West Footscray will be most appreciated as there are collections to be made and a number of containers to despatch."

We have at least 6 containers to consolidate and despatch.

Large collections from Sunshine Hospital and a nursing home at Caulfield are also scheduled.

Both have multiple hospital beds which we need for some of the containers coming up.

You can see here the over lapping periods in particular **but in any event, we need some extra hands on the Tuesdays and Thursdays**

Additionally in that period there are half a dozen Saturday Club visits/working bees.

So DIK is in for a very busy 3months from now to end June.

Bob will appreciate your advice of when **you** or some of your **fellow Rotarians and friends** may be available to lend a hand.

Call Bob on 0418 102 702 or

Laurie on 0428 550 574

e: dik.vic.rotary@gmail.com

TANZANIA DINNER

Our good friend David Winter and his wife Bev, long time supporters of our Rotary Club, put on a magnificent fundraiser for the Umoja Project in Tanzania.

Funds are being raised to buy a property and build a school for the disadvantaged youth in their local community in Tanzania. David and Bev had great support from Kooyong Secondary College and many community groups which is not surprising considering the seemingly endless support they give to the community.

A table of 11 North Balwyn Rotarians and partners came along to support David and had a fabulous night sampling the Tastes of Tanzania.

We also had the opportunity to purchase some African nik-naks made by the Umoja school community and to bid on some local wines which we were very fortunate to win.

The highlight of the night for us was when we were able to hand over a cheque for \$5000, which was gratefully accepted.



MEETING ROSTERS

Thursday 11 April
Greeters: Ian Adams, Bronwen Dimond
Set Up: Sam Hardikar, Terry Keyhoe
Desk: Adam Hillary, Jim Studebaker

Speaker:- Brian Lacy AO
Host:- Kinga Paulheim
Topic:- Autobiography

We are extremely proud of our member, Brian Lacy for his recent Australia Day Honour of Officer (AO) in the General Division of the Order of Australia. . Richly deserved.

Brian has practiced as a Solicitor, a Barrister and in 2001 was appointed as a Senior Deputy President of the Australian Industrial Relations Commission [AIRC].

Before being commissioned as a Senior Deputy President of the AIRC, Brian's private practice included extensive work in administrative law, equal opportunity and human rights, employment and industrial law.

Wednesday 17 April
Greeters: David de Garis, Larry Fitzpatrick
Set Up: Adam Hillary, Ian Mollison
Desk: Rowan McClean, Kinga Paulheim

Speaker:- No Speaker required
Host:-
Topic:-

Note:- This meeting is a change of date and will be held at The Hub Community Centre.

Wednesday 24 April
Greeters: Chris Flavelle Smith, Jeanette Leigh
Set Up: John Koa, Tony Hart
Desk: Jim Romanis, Anthony Stokes

Speaker:- No Speaker required
Host:-
Topic:-

Thursday 2 May
Greeters: Phil Francis, Rowan McClean
Set Up: Estelle Kelly, John Koa
Desk: Jim Studebaker, Rob Head

Speaker:- Leigh Woodgate
Host:-
Topic:- 7 Steps to Overcoming Adversity.

A champion jockey, Leigh's catastrophic fall was broadcast on national television.

With the racing world watching and fearing the worst,

Leigh survived and after 15 years repairing her shattered body and mind, Leigh's perseverance and dedication, is awe-inspiring. An inspirational and motivating evening as Leigh presents her "Australian Story" to overcoming adversity.

This is a Partner's night as we celebrate the Club's 39th Birthday

Thursday 2 May
Greeters: Beatrice Ko, Jim Romanis
Set Up: Findley Cornell, Don Taylor
Desk: Joe Butler, Bronwen Dimond

Speaker:- No Speaker required
Host:-
Topic:-

Birthdays and Anniversaries between April 8 to April 14

Weddings:

Birthdays: Chris Flavelle Smith, Carmel Francis, David Cheney, Marcel Muntwyler

Inductions: Peter Downton, Adam Hillary,

PARTY TIME!

The Rotary Club of North Balwyn turns 39
We've been very busy, now it's time to Party.
Put on your glad rags and kick up your
heels.

Sarah MacLaine and friends are coming to
entertain us.

Thursday 9th May 2019
6 for 6:30pm

Kew Golf Club
120 Belford Rd, East Kew

R.S.V.P. on 9857 6701 or
To Hugo Goetze hugogoetze@netspace.net.au

From the Editors Desk.

Continuing on from last week....

The conversation I had at Wellington Airport with Pam, whose role in Christchurch is head of the department delivering victim support services training, turned to the shock it brought to the New Zealand community.

The response by the New Zealand community in support of the Muslim Community has been outstanding and continues at all levels. What has been particularly outstanding is the events that secondary and university students have organised.

Pam and I exchanged the poignant moments we had experienced as the horror of the events unfolded.

The first for me was a gentleman in a wheelchair who had fled from the Al Noor Mosque and was being interviewed by a reporter. Farid Ahmed had seen friends shot and feared for many more of his friends and relatives. Farid was composed while answering the reporter's questions. This composure was again evident with a worshipper covered in the blood of a friend he helped from the Mosque.

Perhaps one of the greatest examples of grace and personal strength was exhibited by Salwa Mustafa in several interviews.

Khaled Mustafa and his family thought they had found safety in New Zealand after fleeing the bloody chaos of Syria only a few months ago.

Khaled, 44, and his two sons, Hamza, 16, and Zaid, 13, were praying at the Deans Ave mosque when the shooting began. Khaled's wife Salwa, received a call from 16 year old Hamza shortly after the shootings started.

He said 'Mum, there's someone come into the mosque and he's shooting us' and he was running with his brother who had been shot in his leg. After that I heard shooting and he screamed and after that I didn't hear him. 'I called Hamza, Hamza, and I can hear his little voice and after that it was quiet.'

"His phone was on, but I couldn't talk to him, after that someone picked up the phone and told me your son can't breathe, I think he's dead."

Meanwhile her husband was dead, with gunshot wounds.

"Our lives have completely changed," Salwa said from Christchurch Hospital where Zaid recovers from two gunshot wounds.

She said she did not feel anything for the alleged gunman.

"God will punish him, my son and my husband are in heaven now and we're going after them, we're going to follow them to the heavens."

Farid's wife was shot dead in the back after leading a group of children to safety, returning to the mosque to check on Farid because he was wheelchair bound. Despite the horror, Ahmed — originally from Bangladesh — still considers New Zealand a great country.

"I believe that some people, purposely, they are trying to break down the harmony we have in New Zealand with the diversity. But they are not going to win. They are not going to win. We will be harmonious."

The way the Muslim Community have responded to this most horrendous event has been nothing but exemplarily. Positive, well articulated responses in interviews, grace and composure without bitterness, has generated in a new perception of Muslim's, replacing previously held norms in New Zealand.

Pam and I both agreed that out of this adversity, barriers have been removed and the Muslim population has become more understood and therefore more accepted.



Geoff's Health Tip

Vitamin C is one Vitamin I find essential

Fortunately, we have people on our planet that set themselves apart from everyone else, in their ability to make observations of the cause and effect of changing circumstances.

One such person was James Lind, a Scottish naval surgeon, who in 1747 discovered that a nutrient in oranges or limes (now known to be Vitamin C) prevented scurvy. Another was Dr Tadeusz Reichstein of the Swiss Institute of Technology who observed that dogs, and most other animals (when stressed), can produce their own Vitamin C. Unfortunately, this ability is not available to humans, most primates, fish and some birds.

Of all Vitamins, Vitamin C is the most widely sold, and for several good reasons:

- * We were first made aware that Vitamin C was 'good for preventing colds, or at least reducing their severity,' and I can personally attest to that.
- * It has since been discovered that Vitamin C is a potent antioxidant with increasingly diverse uses in disease prevention and providing support to the immune system, thus promoting healthy ageing.
- * As an antioxidant, Vitamin C has been shown to prevent endothelial dysfunction (vascular thickening).
- * Vitamin C also alters fatty acid profiles and coagulation factors to prevent strokes and there is evidence that Vitamin C reduces cellular DNA damage, the first step in cancer initiation.
- * Research shows Vitamin C is essential for the growth and repair of our body's cellular tissue.
- * Vitamin C helps heal wounds and repair and maintain healthy bones, teeth, skin and cartilage.

My observation, based on taking **Vitamin C powder** for more than 35 years, shows it is important to take sufficient - half a teaspoon of Vitamin C powder dissolved in orange juice is a minimum ((half a teaspoon is equivalent to drinking the juice of 30 oranges).

Can you take too much? Yes, you can, and you will most likely get diarrhoea the next day. All this means is that you should reduce the dose for the next few days.



Geoff

From the Rotary Club of Highton

Two familiar faces!

Our guest speaker last week, (Thursday 28th March), was David Rowe.

The topic of David's presentation was ***What would Wilhelm think? A walk down memory lane of medical imaging***, and was a fascinating, thought-provoking and informative talk.

We are so pleased the Rowe family have moved to Geelong!

Best wishes to all at RCNB from Ros.



Hot Cross Bun Fund-Raiser

Buy your Hot Cross Buns from John Koa's *Bakers Delight* in North Balwyn Village and he will donate \$1.50 to the Club for each 6-Pack sold !



He has *Traditional, Apple & Cinnamon* and new *Cadbury's Dairy Milk Chocolate Chip Buns* and each cost \$7.50 per 6-Pack.



When you buy your buns just tell the *Bakers Delight* staff that you are from the North Balwyn Rotary Club.

Happy Easter.

Meeting No.38	Thursday, 4th April 2019
Present:	
Guest Speaker	1 Alister Boyd - Grains Group Mgr within Vic. Farmers Federation.
NB Members	48
Visiting Rotarians	1 Russell Steel - St Arnaud, & St Arnaud Resource Centre.
Guests	1 Colin Coates - Director of Vic. Farmers Federation
	Members Present 48 = 68.6% ; Membership = 70
	Apologies (on time) = 15, LOA = 4, late apologies = 2, No Show = 1
External Activities :	37 '2nd Bite delivery to CamCare - 4th April Garth Symington ;
(Board Approved)	<u>Fareshare</u> - Jane Pennington ; <u>RC Caulfield</u> 4/4 Bill Oakley;
	<u>Camberwell Sunday Market</u> , 31/3 Rob Head & Jania Pirret ; Days for Girls - Brian Thomas (2) ;
	<u>Schools Reading Project</u> - 26/3 Estelle Kelly, Bill Oakley, Janie Pirett, Eileen Toohill, & Phil Wade ;
	<u>Gardening Project</u> , 29 & 30/3 Ian Adams, Greg Cribbes, Rob Head, Tony Wells & Kris Walters ;
	<u>Aust. Rotary Health</u> 1/4 & 2/4 Greg Ross ; Rypen Camp 29-31/3 - Anthony Stokes (2) ;
	<u>Men's Shed</u> - David Cheney, Peter Elliott (2), Tony Hart (2) & Greg Matthews ;
	<u>Taste of Tanzania dinner</u> - Greg Matthews, Bill Oakley, Jane Pennington, Jim Romanis, Nino Sofra,
	Geoff Steinicke & Don Taylor ; <u>Maserati Club BBQ</u> 31/3 - Estelle Kelly, Greg Matthews, Bill Oakley,
	Jane Pennington & Nino Sofra. Plus Parents of students on Mongolian Exchange program.



CAMBERWELL SUNDAY MARKET ROSTER – No 32

Sunday	6.45am – 10.00am	9.45am – 1.00pm
14 April	Greg Cribbes	Ian Richardson
21 April Easter Sunday	Tak Yukawa	Janie Pirret
28 April	Kinga Paulheim	Estelle Kelly
5 May	Garth Symington	Eileen Toohill
12 May	Geoff Kneale	Geoff Steinicke
19 May	Don Taylor	Imre Lele
26 May	John Rennie	Russell Cooper
2 June	Neil Marshall	Nino Sofra
9 June	Estelle Kelly	Findley Cornell
16 June		Larry Fitzpatrick
23 June	Bill Oakley	Colin Sharp
30 June	Tak Yukawa	Brian Lacy
7 July		Marcel Muntwyler
14 July		
21 July		
28 July		
4 August		
11 August		

Please let me know as soon as possible if you are cancelling
 Geoff Steinicke Mob 0418 175 130 email gwsteinicke@bigpond.com

Second Bite Roster

The Roster to collect food from Second Bite and deliver to Camcare.

Date		Volunteer Driver	Team Members NOT available
11	April	Hugo Goetze	Geoff Haddy
18	April	Kris Walters	
2	May	Steven Greatorex	
9	May		
16	May	Greg Cribbes	
23	May		
30	May		
6	June		
13	June		
20	June		
27	June	Greg Cribbes	

Catering Roster

Catering is one of major fundraising activities - help is always wanted!! so if you can help at any of the following, please email: jane.pennington@bigpond.com

20 April	Bunnings		8.30am to 12.00pm	12.00pm to 4.00pm
Saturday	Middleborough Rd	1	Sarah Hurst	Don Taylor
	Box Hill	2	Sandy Jayasinghe	Brian Lacy
		3	Jagarth Jayasinghe	Bill Oakley
		4	Emily Rowling	
		5	Tess Rowles	
		6	Emily Melinyk	
	Eftpos Machine Manager		Bill Oakley	
25 April	ANZAC Day		5.30am to 9.30am	
Thursday	Doncaster RSL	1	Greg Matthews	4 Bill Oakley
	Doncaster Road	2	Jane Pennington	5 Nino Sofra
		3	Greg Cribbes	6 John Gartlan
			Barista: David de Garis	David Cheney
8 June	Bunnings		8.30am to 12.00pm	12.00pm to 4.00pm
Saturday	Middleborough Rd	1	Sarah Hurst	Pirozek Family
	Box Hill	2	Jagarth Jayasinghe	Pirozek Family
		3	Emily Rowling	Georgia Suddick
		4	Bill Oakley	Brian Lacy
		5		Bill Oakley
	Eftpos Machine Manager			
29 June	Bunnings		8.30am to 12.00pm	12.00pm to 4.00pm
Saturday	Middleborough Rd	1	Bill Oakley	Bill Oakley
	Box Hill	2		Brian Lacy
		3		Janie Pirett
		4		
		5		
	Eftpos Machine Manager			
13 July	Miniatures		8.30am to 12.30pm	12.00pm to 4.00pm
Saturday	Glen Waverley	1		
		2		
		3		
		4		
		5		
		6		
		7		
		8		

Rotary Gardens Project

This roster has been expanded to third term. Plenty of opportunities for volunteers.

Date	School	Time	RCNB Supervisor	Assisted by (1 or 2 pls.)
SCHOOL HOLS				
Fri 26 April	CGS, XC	3-5pm	R McClean	I Glenny
Sat 27 April	MLC	10-noon	S Hardikar	+ B Ormerod (C'care)
Fri 3 May	CGS, XC	3-5pm	G Haddy	I Glenny
Fri 10 May	CGS, XC	3-5pm	G Symington	I Glenny
Sat 11 May	MLC	10-noon		M Muntwyler, B Ormerod (C'care)
Fri 17 May	CGS, XC	3-5pm	G Cribbes	
Sat 18 May	MLC	10-noon		
Fri 24 May	CGS, XC	3-5pm	G Cribbes, G Symington	I Glenny, I Adams (at Eva T)
Sat 25 May	MLC	10-noon		
Fri 31 May	CGS	3-5pm	R McClean	I Glenny
Fri 14 June	XC	3.45 – 5pm	G Cribbes	I Glenny
SCHOOL HOLS				
Fri 19 July	CGS, XC	3-5pm	G Haddy	I Glenny
Fri 26 July	CGS, XC	3-5pm	G Symington	I Glenny
Sat 27 July	MLC	10-noon		T Yakawa
Fri 2 Aug	CGS, XC	3-5pm	R McClean	I Glenny
Fri 9 Aug	CGS, XC	3-5pm		I Glenny, I Adams (at Eva T)
Sat 10 Aug	MLC	10-noon		
Fri 16 Aug	CGS, XC	3-5pm		I Glenny
Sat 17 Aug (special)	CGS Spl	10-noon		
Fri 23 Aug	CGS, XC	3-5pm		I Glenny
Sat 24 Aug	MLC	10-noon		
Fri 30 Aug	CGS, XC	3-5pm		I Glenny
Sat 31 Aug (special)	CGS Spl	10-noon		
Sat 31 Aug	MLC	10-noon		
Fri 6 Sept	XC	3.45 – 5pm		I Glenny
Sat 7 Sept	MLC	10-noon		
Fri 13 Sept	XC	3.45 – 5pm		I Glenny
SCHOOL HOLS				

Please complete as circulated at meetings or advise availability to [Geoff Haddy](#)


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https://rotaryclubofmelbourne.org.au/news/33857/give-every-child-a-future-club-affle/?type_fr=720

Rotary

Club of Rochester



Incorporated No. A0021076T

An evening at -
The Heritage Court House
 Home of Rochester Rotary.

23 Moore Street, Rochester
 (Opposite Graeme Nelson Motors)

A invitation to join us
 At the legendary

PIE AND PORT NIGHT

Featuring local baked country fare, complimented with soothing beverages.

Saturday 4th May, 2019.

6:30pm for 7:00pm

\$30 per person. Early Bird.

\$35 after 30 April.

RSVP Friday 26th April (for catering purposes, thank you)

Direct credit payment to bank account - Rotary Rochester, BSB 633 000 A/c 1321 85521

Please label **Pie & Port** and your name and

email the names of attendees to:

: bryangriffiths4@bigpond.com

Or enclose payment with your snail mail reply.

Secretary (Pie & Port)

PO Box 74

Rochester 3561

*Would you like to come along?
 Bookings are open to reply now.*

Cut here

Attendance return for PIE and PORT

Number of persons attending at \$30 per person

Names:

.....
 Please indicate any specific dietary requirements

Not to be missed!

Rotary
District 9800



**BE THE
INSPIRATION**

FORUM DAY – Saturday 11 May 2019

Working Together to Address Homelessness

Corporate Membership and Raising Funds for Signature Projects

Calling all Interested Rotarians:

This is your invitation to a day of information sharing, learning and inspiration.

The day will be in two parts – you may attend both sessions or just one.

9.30am to 12.30pm: *Working Together to Address Homelessness*



This is your opportunity to network with members of other Clubs to discover what projects are currently being undertaken in the homelessness sphere and how Clubs could work together to address Homelessness in local communities. Come prepared to share your projects as well as gain information from others.

12.30pm – 1.30pm: *Lunch*

1.30pm to 4.30pm: *Corporate Membership & Raising Funds for Signature Projects*

Topic experts include:

- | | |
|-----------------------|--|
| • David Jones: | Sponsorships from Businesses & Corporates |
| • Leigh Wallace: | Philanthropic funding opportunities |
| • Gerrie Carr-MacFie: | Obtaining funds from Councils & Corporates |
| • Gary Goldsmith: | Online donations |
| • Philip Archer: | Corporate Membership & proforma sponsorship proposal |



The Details:

Date:	Saturday 11 May 2019
Venue:	DIK, Shed 39, 401 Somerville Road, Footscray West
Start Time:	9am for a 9.30am start
Cost:	\$12.00 which includes lunch
To book:	https://www.trybooking.com/BBTFI
Deadline:	Friday 3 May 2019
Questions:	To Jane Pennington secretary@rotarydistrict9800.org.au

You are invited to



Come and hear about Rotaract— a global organisation that empowers students and young professionals to create positive and lasting change in themselves, their local community and around the world. Partnering with Rotary International, the over 70 Rotaract Clubs across Australia are part of a worldwide organisation of 250,792 individuals in 10,904 clubs covering 184 countries.

Rotaractors are aged 18—30 and they:



HELP

Those in need



LEARN

Through professional development opportunities



ENJOY

Social activities

Does this sound like something you or someone you know would like to know more about?

If so, the Rotary Club of North Balwyn is working to establish a Rotaract Club in Boroondara and is inviting interested people to come, hear and learn about Rotaract from current Rotaract members.

You might be a student, an apprentice, working in an office, working outdoors, working for yourself, at home ...everyone is welcome.

The details for your diary:

Date: Tuesday 14 May 2019

Time: 7pm to 9pm Light refreshments will be provided.

Venue: Greythorn Community Hub, 2 Centre Way, Balwyn North

RSVP: To Jane Pennington by 10 May, admin@rotarynorthbalwyn.com.au

Questions: To Jane on 0408 402 555

We would love to see you then!!

For more information:

Rotaract: www.rotaract.org.au

Rotary North Balwyn: www.rotarynorthbalwyn.com.au

Rotary International: www.rotary.org



We acknowledge the Bendigo Bank East Kew for their support of this project.



Is the Entertainment Guide good value?



People have said, "What's the catch?" There is none. The book is the real deal.

Businesses offer discounts because they get the benefits of advertising. Often, they participate to support their local community.

As for the Entertainment Book, it earns money through the sale of books and digital memberships. Its key selling point is that it only distributes through charities.

The secret to making use of the book is to use it. I find many people feel pressured into buying a book to support a charity, and then are too embarrassed to redeem – or they forget.

For some people there is a social stigma to presenting a voucher, especially in front of other people.

My experience of using the vouchers is positive, and the new digital membership app makes it easier to use (plus I never forget it as it is on my phone).

A discount is only a bargain if you are spending money on something you need or want; it can be easy to fall into the trap of going after deals just to make a saving.

My tips for maximising savings with an Entertainment Book membership:

– You don't have to redeem everything in the book for it to be worthwhile – even if you are only recouping the cost of the membership you are collecting good karma by supporting a charity or cause in your community.

Order your book from Geoff Steinicke 0418 175 130 gwsteinicke@bigpond.com

THANK YOU FOR YOUR SUPPORT!
 Rotary Club of North Balwyn
 Geoffrey Steinicke
 0398578339
gwsteinicke@bigpond.com

ROTARY INFORMATION

Rotary International	Website:-	https://www.rotary.org/
	Facebook:-	https://www.facebook.com
	Twitter:-	https://twitter.com/Rotary
Rotary Australia	Website:-	rotaryaustralia.org.au
	Facebook:-	https://www.facebook.com/RotaryAroundAustralia/
	Facebook RDU:-	https://www.facebook.com/rotarydownunder/
	Twitter:-	https://twitter.com/rotaryaustralia
District 9800	Website:-	https://www.rotarydistrict9800.org.au/
	Facebook:-	https://www.facebook.com/rotarydistrict9800/
	Twitter:-	https://twitter.com/rotaryd9800?lang=en
	Networker:-	rotarydistrict9800.org.au/content/54/networker
Rotary Club of North Balwyn	Website:-	www.rotarynorthbalwyn.com.au
North Balwyn Men's Shed	Website:-	www.northbalwynmensshed.com
Find a Rotary Club:-		https://my.rotary.org/en/search/club-finder

ROTARY CLUB OF NORTH BALWYN 2018/19

President: Nino Sofra	president@rotarynorthbalwyn.com.au
Vice President: Adrian Ranson	vicepresident@rotarynorthbalwyn.com.au
Secretary: Gavan Schwartz	secretary@rotarynorthbalwyn.com.au
Treasurer: Adam Hillary	treasurer@rotarynorthbalwyn.com.au
Grapevine: John McBride	jdmcb48@bigpond.net.au Noon Sat Weekly Deadline for submissions.

North Balwyn Probus:	Michael Martin	http://balwynnorthprobus.org.au		
North Balwyn Heights Probus:	Sue Mullarvey	yarramul@tpg.com.au	98574305	0400821402
Greythorn Probus:		greythornprobus.org.au	98594941.	
Boroondara Ladies Probus:	Janet Eddy	jveddey@applewood.net.au		

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Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.



Bendigo Bank

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

*Bakers
Delight*