



Meeting Report

Our Speaker, Tim Webster, took us for a visual tour of the Victoria Market with photos and stories. Tim as a professional photography, started taken photographs in the market which led him to met "Market People". Their stories of involvement in the market included families over several generations.

There were stall holders that started working with their families before they were teenagers.

Following Tim's presentation, the discussion led to Nino and Ted Wilkins describing their personal connection to the Victoria Market.

Editor PS. Members may well remember a dark period in the Victoria Market which was the "Shotgun Murders" in the 1960's. My brother in law, as a graduate from police Academy in Glen Waverly, went under cover working at the Victoria Market. Following his testimonies in court, the police sent him interstate on paid leave for 3 months for his own safety during which he improved his surfing and fishing skills.

Vietnam Visit report by Rowan McClean

The recent trip was very successful and achieved:

- Introductions and familiarisation for Balwyn and Brighton Rotary clubs to two poor communities (their respective Boards are considering their adoption).
- Improved governance through measurement systems and standardised reporting formats, new banking arrangements, and the appointment of an auditor for Vietnam transactions.
- The engagement of two part-time project assistants.
- Delivery of two truckloads of plants and seedlings and expert training for the participating farming families in Minh Hac.
- Progress review of activities in Yen Luat.
- Review of needs in all four communities.
- Good bonding and fun for the participants.

Imre's experience and advice were very valuable for a range of important issues. There will be no unexpected costs for RCNB in 2018/19. The next major development will be the outcome in November of our application to the Australian Government for a grant to supply clean water to the new communities and to expand the agricultural project.



Our Leadership



RI President
Barry Rassin



DG 9800
Bronwyn
Stephens



AG Eastside
Barry
Hickman



President
RCNB
Nino Sofra

Club Diary

Oct 5-7 2018 Camp Getaway Working Bee 2018
Weekend 19-21 Oct Fellowship Weekend at Daylesford

December 2018 Fence repairs in Cobden.

February 15-17 2019 Multi-Districts Conference

Australian Grand Prix 11-17 March 2019

Read about Rotary in your area in The Progress Leader

<http://leader.smedia.com.au/progress/>

APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk at the prior meeting if you know in advance. Or E-mail to Hugo Goetze at hugogoetze@netspace.net.au or 9857 6701

Please apologise no later than 5pm on Tuesday.

MEETINGS
THURSDAYS
6 for 6.30pm
Kew Golf Club
120 Belford
Road Kew
3102
Ph.
Movie
Night 9859
6848

Garden Report

With third school term about to conclude and an abridged final term (early finish prior to exams) the Rotary Gardens Project is rapidly drawing to a close for 2018.

The weekend past saw our return to a long-standing client in Canterbury (thank you Greg Cribbes and Brian Hurnard) and to a small job in Surrey Hills (thank you Anthony Stokes and Ian Richardson). MLC have concluded for the term so next Saturday no students, but there's still a small job to do. Sam Hardikar and I would appreciate at least one more helper – please call me 0418 584 968.

After the school holidays (on Thursday 11 October) Rob Head and I would like at least two more to assist us barrow wood chips at a North Balwyn property where students have cleared garden beds and laid weed matting.

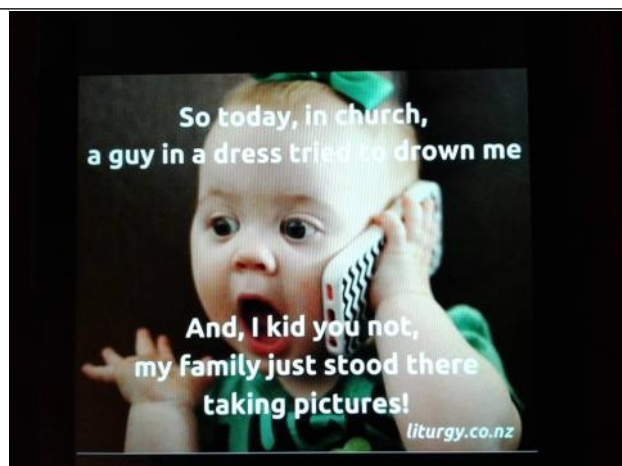
Geoff Haddy

Rotary Gardens Project

PLEASE HELP FILL IN THE BLANKS for sessions in the weeks ahead. The Gardens Project needs your help to supervise or assist on the following dates/times. This roster takes us to year end.

			Supervisor	Assisted by
Fri 14/9	XC	3.45-5pm	Imre Lele	Janie Pirret, Geoff Haddy
Sat 15/9	No school 3 or 4 RCNB only	10 – noon small job	Sam Hardikar	
			Geoff Haddy	
SCHOOL HOLIDAYS				
Thurs 11/10	4 RCNB only (barrowing woodchips)	1-3pm (or other time to suit volunteers)	Rob Head	
			Geoff Haddy	
Fri 12/10	XC	3.45-5pm	Geoff Kneale	Brian Hurnard
Sat 13/10	MLC	10 - noon	Marcel Muntwyler	Janie Pirret
Thurs 18/10	Special XC Yr12 9.00am – 1.00pm (at Eva Tilley)	Shifts TBC (max 2 hrs)	Geoff Haddy	Tak Yukawa
			Greg Cribbes	Geoff Kneale
			Estelle Kelly	Ian Adams (am)
Fri 19/10	CGS/XC	3 - 5pm		Ian Glenney
Sat 20/10	MLC	10 - noon	Sam Hardikar	
Fri 26/10	CGS/XC	3 - 5pm		Findley Cornell
Fri 2/11	CGS/XC	3 - 5pm		Ian Glenney
Fri 9/11	CGS/XC	3 - 5pm	Greg Cribbes	Ian Glenney

Please advise availability to Geoff Haddy ghaddy@bigpond.net.au



RYLA

DISTRICT 9800

ROTARY YOUTH LEADERSHIP AWARD

What is RYLA?

The Rotary Youth Leadership Award (RYLA) is a residential camp unlike any other. Over seven days, participants are immersed in a program centered around four key themes: Challenge by choice, diversity, community, and time out. We challenge young people - providing opportunities for personal growth and leadership development.



Dates for 2018:

Sunday 2nd to
Saturday 8th

December

Who runs RYLA?



RYLA is run entirely by young people, who have all been participants in the program. Our team are passionate about providing this year's participants with the same enriching experience.

"Within 24 hours, I knew I was in for a fantastic week"



"RYLA was such an eye-opening experience. The lessons learned and friends gained will stay with me forever."



RYLA

DISTRICT 9800

ROTARY YOUTH LEADERSHIP AWARD

Visit www.ryla9800.org.au for more information

Am I eligible?

Anyone who is aged 18 to 25 and lives, works, volunteers or studies within District 9800, or have a connection with a Rotary Club in District 9800. Head to www.rotarydistrict9800.org.au, follow the "Clubs" tab and enter your postcode to check your eligibility.



Who pays for RYLA?



ROTARY
SERVING
HUMANITY



Each candidate is sponsored by a Rotary Club from District 9800. This sponsorship covers all costs, including transport, meals and accommodation.

How do I apply?

Applications are accepted from May to November, and we encourage you to apply early to avoid missing out.

Fill in an application form from our website:
www.ryla9800.org.au.



"RYLA helped me trust in the strengths I have."



We encourage all applicants to contact their local Rotary Club regarding sponsorship. Our team will help to find you a sponsor club if you are yet to make contact.



YEA



GARDEN EXPO

22 & 23 Sep 2018**10AM-4PM****Location: Saleyard Surrounds**

Flat Lead Road, Yea - see website for directions

Only an hour from Melbourne!

Native & flowering plants
Garden sculptures
Motorised barrows & vehicles
Garden tools & Vegetable bins
Seedlings
Mulch, fertilisers & compost
Ride-on & push mowers
Nurseries
Designers & Contractors
Mulchers
Deciduous & Ornamental trees
Garden books
Plant Creche
Speakers Program
And much more.....

***FOOD & DRINKS
AVAILABLE!***

Entry \$5 for adults - kids FREE!

FREE PARKINGContact: yeagardenexpo@optusnet.com.au**www.yeagardenexpo.com.au**

MEETING ROSTERS

Thursday 13 September**Greeters:** Russell Cooper, Phil Francis**Set Up:** Rob Head, Terry Keyhoe**Desk:** Phil Wade, Sue McDonald**Speaker:** Julian McMahon**Host:** Geoff Kneale

Globally renowned as the advocate against the Death Penalty, Barrister Julian McMahon represented the Bali 9 and Australian Terrorists.

Julian McMahon was admitted to practice as a solicitor in 1992, and worked for Sly and Weigall and then the Office of Public Prosecutions. He was admitted to the Victorian Bar in 1998, and specialises in criminal and human rights law. He describes his Chambers as having a history of "looking after people who no-one else really wants to defend".

McMahon opposes the use of the death penalty internationally, and challenged Australian citizen Van Nguyen's execution by Singapore in 2005, along with Lex Lasry QC.

**Thursday 20 September****Greeters:** Steven Greateorex, Sam Hardikar**Set Up:** Imre Lele, Neil Marshall**Desk:** Geoff Kneale, Larry Fitzpatrick**Speaker:** Judge John Jordan**Host:-** Brian Thomas

As County Court Judge and with 40+ years experience in the courts, John will share many humorous stories from our legal system

GRAND FINAL NIGHT**Note:- Meeting changed to Wednesday night 26 September.****Wednesday 26 September****Greeters:** Tony Hart, Tony Ho**Set Up:** Rob Stewart, Maurie Walters**Desk:** Adrian Ranson, Duncan Ansell**Speaker:** Jeff Gieschen.**Host:-** Ted Wilkins

Jeff Gieschen is the former National Umpire Manager of the Australian Football League and played for Footscray

**MULTI-CLUB MEETING – Wednesday 14 November 2018****Guest Speaker Stephanie Woollard**

Stephanie Woollard is a Melbourne-born social entrepreneur, Rotary Foundation Peace Scholar and Rotarian who has created the international aid organisation 'Seven Women'.

Through education and enterprise, Steph has devoted more than a decade to changing the lives of over 5,000 disabled and marginalised women in Nepal.

She was recognised at the United Nations, New York with the Rotary International Responsible Business Award in 2016, followed by the Woman of the Decade Award at the Women's Economic Forum in New Dehli in 2017.

A key note speaker both nationally and internationally, we have the opportunity to hear the remarkable story of how the vision and inspiration of one person can make a difference on:-

Wednesday 14 November 2018 at Camberwell Rotary Club.**Frank Dennis Triple Classic – Final Results**

Jim Studebaker has had a final round net 69 to overcome a 4 shot deficit and take out the Frank Dennis Triple Classic. Jim finished three shots clear of Jim Welsh and four shots clear of Russell Burton.

Birthdays and Anniversaries between September 10 and September 16**Weddings:** Ala and Don Taylor**Birthdays:** Nadia Ranson, Stan Hibbert, John McBride**Induction Anniversaries:**

Geoff's Health Tips

We Grow Old Because We Stop Exercising

Do you feel that you are being dragged down, being compressed? Well you are – by gravity of course, but you have probably overlooked the need to have a stretch to undo this feeling of compression.

If there is one universal truth about stretching, it's that we should all do it, yet few of us actually do. Stretching is a natural and instinctive activity; it is performed by humans and many other animals (think cats). It is often accompanied by yawning, waking up from sleep, after long periods of inactivity or after leaving a confined space.

Keeping supple muscles and joints to maintain optimum range of movement is important for good health, so try the following daily routines to begin:

**Beginner's Stretches**

Overhead Stretch Stand with your feet shoulder-width apart. Interlace your fingers and extend your arms above your head, palms up. Take 10 slow, deep breaths, elongating the stretch on each exhale. Relax and repeat once more.

Torso Stretch (for lower back) Stand with your feet shoulder-width apart, and knees bent. With your hands at the small of your back, angle your pelvis forward while pointing your tailbone back slightly, feel the stretch in your back. Pull your shoulders back. Hold for 10 breaths, repeat once more.

Cat Stretch Get down on your hands and knees with your hands directly under your shoulders, your back flat, and your toes pointed behind you. Tighten your abdominal muscles, arch your back, and drop your head down so you're looking at your stomach. Hold for 10 seconds and breathe deeply. Now, lower your back until it's swayed, simultaneously raising your head. Hold for 10 seconds, and then return to the starting position. Repeat four times.

Feeling better and more alive? That's great!

Geoff

Meeting No.11

Thursday, 6th September 2018

Present:

Guest Speaker 1 Tim Webster - Evolution of the Vic Market community

NB Members 51

Guests 1 Ann Ellis (with guest speaker)
Members 74, Present = 51 = 68.9% ; LOA = 5,
Apol - 16 on time plus 2 NO SHOW

External Activities 27 2nd Bite delivery to CamCare - Hugo Goetze; DIK Bike Repairs - Peter Sutherland;

(Board Approved) Gardening Project - Peter Elliott, Geoff Haddy, Brian Hurnard, Ian Richardson, Geoff Steinicke & Garth Symington; Greg Ross - RC Frankston (6/9); Rowan McClean - RC Balwyn & RC Brighton; Vietnam Project - Rowan & Imre Lele;
Catering (Bunnings Box Hill) - John Gartlan, Sue McDonald, Bill Oakley and Garth Symington; Opening of Greythorn Hub - Bill Oakley, Jane Pennington, (+not listed)

Absences for Rosters: M .Behzadnia, B .Bott, P.Cleary, G. Cribbes, C. Flavelle-Smith, B. Ko, J. Liao, G. Ross, C. Sharp, R. Stewart, B. Thomas.



Registration is now Open

www.rotaryconference.org.au

REGISTER BEFORE OCTOBER 31ST

Early Bird
Registration

**TO WIN FREE REGISTRATION &
GALA DINNER FOR 2 PEOPLE
PLUS ACCOMMODATION FOR
TWO NIGHTS (UP TO \$500)**

Early Bird \$175,

New Rotarians \$125

(joined after July 1 2016)

AFTER NOVEMBER 30TH \$225

Conference Dinner \$110

GALA DINNER



Featuring the Baker Boys, a 9 piece band covering a wide variety of music
3 course meal, Open Bar plus surprises all night

WHAT ROTARY DOES!



As well as a fantastic Rotary Showcase there will be "three hands on projects" where you can pack emergency food for disaster relief, pack birthing kits or kits for the homeless in our communities.

Always a great fellowship opportunity

Further details www.rotaryconference.org.au

ROTARY INFORMATION

Rotary International	Website:-	https://www.rotary.org/
	Facebook:-	https://www.facebook.com
	Twitter:-	https://twitter.com/Rotary
Rotary Australia	Website:-	rotaryaustralia.org.au
	Facebook:-	https://www.facebook.com/RotaryAroundAustralia/
	Facebook RDU:-	https://www.facebook.com/rotarydownunder/
	Twitter:-	https://twitter.com/rotaryaustralia
District 9800	Website:-	https://www.rotarydistrict9800.org.au/
	Facebook:-	https://www.facebook.com/rotarydistrict9800/
	Twitter:-	https://twitter.com/rotaryd9800?lang=en
	Networker:-	rotarydistrict9800.org.au/content/54/networker
Rotary Club of North Balwyn	Website:-	www.rotarynorthbalwyn.com.au
North Balwyn Men's Shed	Website:-	www.northbalwynmensshed.com
Find a Rotary Club:-		https://my.rotary.org/en/search/club-finder

ROTARY CLUB OF NORTH BALWYN 2018/19

President: Nino Sofra	president@rotarynorthbalwyn.com.au
Vice President: Adrian Ranson	vicepresident@rotarynorthbalwyn.com.au
Secretary: Gavan Schwartz	secretary@rotarynorthbalwyn.com.au
Treasurer: Adam Hillary	treasurer@rotarynorthbalwyn.com.au
Grapevine: John McBride	jdmcb48@bigpond.net.au Noon Sat Weekly Deadline for submissions.

North Balwyn Probus:	Michael Martin	http://balwynnorthprobus.org.au		
North Balwyn Heights Probus:	Sue Mullarvey	yarramul@tpg.com.au	98574305	0400821402
Greythorn Probus:		greythornprobus.org.au	98594941.	
Boroondara Ladies Probus:	Janet Eddy	jveddey@applewood.net.au		

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Thank you Helloworld North Balwyn for your ongoing support of our Event Days and assistance with our Mongolia travel arrangements.



Bendigo Bank

Kew | Kew East

Bendigo Bank is a strong supporter of Nth Balwyn Rotary through its help with our Community Projects and Fund Raising.

