

### The Grapevine



Our Leadership

# Club Meeting 7 November RCNB Vocational Business Awards 2019

After Vocational Service Director Kinga Paulheim highlighted the importance of Vocational Service as an Avenue of Rotary Service and its relevance to each member representing their vocation, the two recipients of our Vocational Business Awards 2019 were introduced. The first, a local business for nearly three decades, was Signorelli's North Balwyn. The second, in its tenth year, was The Village Café.

In his response, Colin Signorelli reflected on a business that started in 1991 with his parents, himself and younger brother Dean. His father, now 75, still works at the shop and the staff has grown to 25, some employed for 20 years, others on a part-time basis, including their children on Saturdays. From simply fruit and veg at the start, the business changed direction and now includes gourmet products.





RI PRESIDENT

**Mark Maloney** 

DG Grant Hocking

Their clientele include adults who first shopped at Signorelli's as children. Colin and Dean's wives, Julie and Sandra, also both work in the very successful family enterprise. Colin finished by saying that while competition is a healthy thing, the number of fruiterers in Australia has diminished from 3,000 to less than 600. This is due to the very early hours involved which hold little appeal to younger people.

Samir from The Village Café then spoke animatedly about the importance of hard work in making a service industry successful. He and Lina have had nearly 34 years in the food experience business. They started in 1986 in Wonthaggi and married two years later. Then to Morwell for 11 years where they opened multiple businesses, including a successful Chinese restaurant. After time in Chirnside Park and Knox (running five cafes), Sam and Lina saw a site in North Balwyn with great potential, observing that the owners obviously didn't care about their customers, and they bought it. The success of The Village Café over the past nine years Sam attributed to the excellence of their staff, the skills of his wife and the goodwill of their customers. (He didn't mention the ability and charisma he has in his dealings with their many customers.)

and charisma he has in his dealings with their many customers.)

The questions that followed were answered brilliantly and honestly and provided further insight into why Signorelli's and The Village Café continue to be so successful in the North Balwyn neighbourhood.

the North Balwyn neighbourhood.

Our thanks to Greg Ross for the Meeting Report.



AG Eastside Barry Hickman



President RCNB Pete Sutherland

### **Club Diary**

Fellowship Weekend 15—17 November 2019
Ronald McDonald House Visit 27 November 2019
Ladies Christmas Fare Friday 13 December 2019
District Conference March 27—29 2020
Camp Getaway weekend 16-18 October 2020
Read about Rotary in your area in The Progress Leader
<a href="http://leader.smedia.com.au/progress/">http://leader.smedia.com.au/progress/</a>

### APOLOGIES FOR CLUB MEETINGS

Sign the "apology sheet" at the front desk if you know in advance.

Or E-mail to <a href="mailto-apologiesrcnb@gmail.com">apologiesrcnb@gmail.com</a>
Please apologise no later than 5pm on Tuesday.

MEETINGS THURSDAYS 6 for 6.30pm Kew Golf Club 120 Belford Road Kew 3102 Ph. 9859 6848

### President Pete's Report

Congratulations to all the Melbourne Cup Sweep Winners and to Bronwen and Peter Elliott for organising the night so well last week. Our Guest Speaker Bryan Martin picked three of the first 4 runners (but not the winner), so I hope you all took note!

### Maserati Drive Day at Sandown

Thanks Nino for towing the BBQ Trailer to Sandown and the team of Bill, Bev, JJ and Richo helping out. Rotaractor Josh Sofra was invaluable too. We had a great time despite the rain and we were pleased to be able to provide left over sausages to Servant's Mother Romana House in Kew.

### **Warburton Scout Chalet Committee**

At the last Board Meeting we are pleased to announce approval of a \$5,000 donation to the outdoor adventure Scout Chalet at Warburton. The funds will go towards construction of bike racks and Committee Member Brad Miles says "Indeed, once the bike racks are in place, we would welcome a visit from club members to come and inspect the facilities and perhaps enjoy a BBQ lunch with us (and perhaps even go for a bike ride!)".

### **Camberwell Sunday Market**

It's now official that we have been accepted to participate in a second shift at The Market beginning in January. Balwyn Rotary Club advised ... "We are very pleased that North Balwyn is willing to take on a second gate support shift at the Camberwell Sunday Market and we agree that this should take place. We thank the Rotary Club of North Balwyn for its ongoing and valuable assistance with the important task of gate support at the Camberwell Sunday Market".

### **Patchwork Quilters**

The Victorian Patchwork Quilters thanked us for our recent efforts.

"For us this was the perfect solution, as usually the Committee do the food preparation and serving which means they are very busy all weekend. Thank you again for your efforts and we all know the money is going to a good cause. Kindest regards, Maria Campbell".

Next Week at our meeting we will hear from two of our Members Peter Elliott and Garth Symington. We will also hold our AGM – as always – don't forget to indicate your attendance. <a href="mailto:apologiescrenb@gmail.com">apologiescrenb@gmail.com</a>

Have a great week in Rotary

President Pete

At the AGM this week I will propose a motion accepting the Financial Statements for FY19.

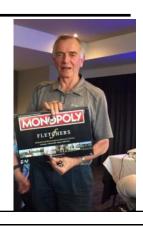
The Financial Statements have been on our website (in the 'Documents for Club Members' section <a href="https://clubrunner.blob.core.windows.net/00000014560/en-us/files/homepage/audited-accounts-2019/Signed-financial-statements-with-audit-report-attached.pdf">https://clubrunner.blob.core.windows.net/00000014560/en-us/files/homepage/audited-accounts-2019/Signed-financial-statements-with-audit-report-attached.pdf</a> ) since July.

Would Members review the Financials and if there are any questions about the accounts, please raise questions with me before the AGM in case research is required.

Thanks and all the very best

Adam Hillary Treasurer

Winners are grinners!! Imre Lele raffle prize at the Chance's Golf day. That's one Christmas present solved!



#### Around the club this week







Tony Wells and Larry Fitzpatrick at the Avalon Dirt Track event on Saturday night. They were well rugged up keeping warm while the editor was putting another log on the fire!!



### **Christmas Fare**

Outside the Commonwealth Bank, North Balwyn Village

## Friday, 13<sup>th</sup> December 2019

We are planning the Annual Christmas Fare. Are you able to help with baked goods, puddings, cakes, shortbreads, biscuits, chutneys, to tempt taste buds and decorate Christmas tables?

If you are able to help please deliver goods to Ian Mollison's office, Helloworld, 66 Doncaster Rd by 5:30pm Thursday 12th December.

This year funds raised will go to:

### Drought Relief: farm kids @ school.

Enabling students experiencing hardship due to drought to participate fully in their Educational Programs.

Drought Assistance- Educational Expenses including a Camps, Sports and Excursion Fund.

Many thanks for your support.

### **Enquiries to Bev Sofra**







Mob: 0438 567 861

### MONGOLIAN CULTURAL IMMERSION TRIP

**You are invited** to come and meet the 4 girls, 3 boys and 2 chaperones comprising the visiting group from Mongolia.



A Club Day has been organised to give you all the opportunity to meet, chat to and enjoy the company of our visitors.

So please put the date in your diary now!! - Sunday 12 January 2020.

At Clifford Park Scout Activity Centre, 7 Clifford Drive, Wonga Park.

Come from 10.30am onwards, stay for lunch and join in the activities until 4.00pm.

Contact Jane or Estelle for more information.



Clifford Park - Aussies teaching archery to Mongolians – January 2018

Editors note:- It was the Mongols who invented the Composite Bow that Gengkis Khan adapted as a weapon of war. Warriors could use the bow effectively while on horseback which was a major contributing factor to the Mongols conquering large tracks of the then known world.

The Mongol bow is rated as effective as the English long bow with a firing distance of 500 yards and accurate to 200 yards with armour piercing capability.

#### **MEETING ROSTERS**

Thursday 14 November

Greeters: Phil Wade, Maurie Walters

Setup Barry Cummings, John McBride

Desk: Geoff Steinicke, Jim Studebaker

**Annual General Meeting** 

**Speaker:-** Peter Elliott and Garth Symington

**HOST:-** Takao Yukawa **Topic:-** Autobiographies

Once the formalities of the AGM are concluded, it will be time to relax and listen to the stories of two of our members.

Thursday 21 November

Greeters: Ian Adams, Bronwen Dimond
Setup Joe Butler, Russell Cooper

Desk: Duncan Ansell, Sue McDonald

Speaker:- Mark Hunter

**HOST:-** Peter Downton

**Topic:-** Labours in the Vineyard

Mark Hunter (Peter Downton's nephew) will again expand our knowledge of wine from his experience in running the successful Sanguine Estate winery at Heathcote.

His winery did so well at the 2019 Heathcote Wine Show that The Halliday Wine Companion 2020 gives it a red 5-star rating, thereby placing Sanguine Estate in the top 8% of wineries reviewed in Halliday.

Thursday 28 November

**Greeters**: Andrew Sutherland, Rowan McClean

Setup David Cheney, Peter Cleary

Desk: Jagath Jayasinghe, John Koa

Speaker:- David Parer and Elizabeth Parer-Cook

HOST:- Geoff Steinicke

**Topic:** Filming "Wolves of the Sea"

"The Dragons of Galapagos"

"The World's Strangest Animal"

Wildlife film-makers, David and Elizabeth, will take us on their journeys in search of strange animals in far-flung places. David and Liz worked for the ABC Natural History Unit for 35 years, recording some of our planet's most spectacular wildlife.

David is the nephew of famous Australian war photographer, Damien Parer, shot dead by the Japanese in 1944.

Thursday 5 December

**Greeters**: Don Taylor, Ted Wilkins

**Setup** Steven Greatorex, Tony Hart

**Desk:** EstelleKelly, Brian Lacy

Speaker:- Greg Sheridan

**HOST:-** Geoff Haddy

**Topic:** God is Good for you.

Greg Sheridan is a senior journalist on "The Australian". He has been the foreign editor of that newspaper for the past 27 years with particular attention to Asia. He is an influential national security commentator and is frequently seen and heard on television and radio respectively. He has interviewed Presidents and Prime Ministers across the world. He is author of seven books including "God is Good for You", a defence of religious belief in a secular age.

Birthdays and Anniversaries between November 11 to November 17

Weddings: Nil Birthdays: Nil

Inductions: Colin Sharp

### Rotary D9800 Conference 2020 Registrations



D9800 Conference March 27th - 29th 2020 - to be held in the beautiful town of Bendigo. The heart of the Goldfields with an abundance of local attractions to tempt you to stay and explore.

LOCATION: Ulumbarra Theatre 10 Gaol Road, Bendigo, Victoria 3550

ROTARIANS and PARTNERS - (Early-bird Price available until 30/11/19) - \$300.00 FIRST TIME ATTENDEES - \$250.00 ROTARACTORS & EXCHANGE STUDENTS - \$200.00

For REGISTRATIONS go to <u>www.rotaryconference.org.au</u>

This online booking process is easily completed by accurately following the steps involved.

For ACCOMMODATION, our Club has reserved 20 rooms for 27/28 March 2020 and for those staying on 29<sup>th</sup> March 10 of these rooms have this extra night at **Quest Schaller Hotel.** 

Cnr. Bayner & Lucan Streets, BENDIGO – handy to the Conference Centre

Just call 4433 6100 and quote Rotary Club of North Balwyn

For FRIDAY NIGHT, our Club has booked The Bridge hotel which is a couple of blocks from the Schaller so an easy walk. <a href="www.bridgehotelbendigo.com.au">www.bridgehotelbendigo.com.au</a> 49 Bridge St, Bendigo. Be there around 6.15pm for pre dinners (coincidentally Happy Hour...) then dinner at 7.00pm.

Looking forward to seeing you all there. Jenny & Greg Cribbes Mob 0413 270403

### Boroondara Stroke Support Group

We are a support group of stroke survivors and their carers based in the eastern suburbs of Melbourne, Australia. Stroke can occur at any age, and survivors and their families may feel isolated by their stroke-related physical, mental, communication and social disabilities. The lives of the primary carers of stroke survivors may be severely impacted as well. We aim to provide support to stroke survivors, their carers and family members living in and around the Boroondara area. In doing so, we hope to become a 'bridge' that enables stroke survivors and their carers to safely make the transition from clinical care in hospital to community care, and to start rebuilding their post-stroke lives.



### Boroondara Stroke Support Group request to RCNB

It would be wonderful if you could ask your members if any of them would be interested in becoming members of our Boroondara Stroke Support Group Committee of Management.

As I think you know the BSSG is a very successful stroke group, with our own premises provided to us by the City of Boroondara - the Boroondara Community Stroke Hub, which is situated in the Senior Citizens Centre, 533 High St, Kew.

We are desperately needing people who have the time, energy, interest in helping the community and skills to join our committee, as we are all ageing (3 of us, including myself are in our 80th year!). Several of the committee are stroke survivors, while others are carers.

We are particularly looking for a person to take over the Membership role and also the collation and production of the quarterly Newsletter.

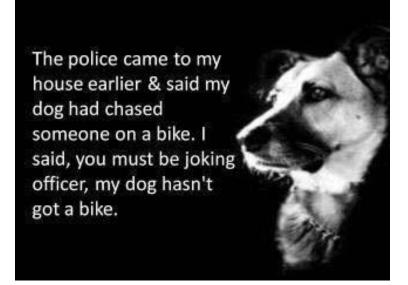
The committee meets fortnightly at the Hub on Mondays from 12.30 - 2.30pm. We could change the day to the same time on Friday if that would be more suitable to new members.

Please let me know if you feel anyone could be interested, or they could call me directly on 0417 054 511. We do have a website, which is currently being updated. It is www.bssg.org.au.

Thank you so much for offering to allow us approach your members - I have all my fingers and toes crossed!!

Warm regards Vivienne Harkness

This year went by so fast I didn't get a chance to lose weight.



## Geoff's Health Tip Be Brainwashed while Asleep

In 2012, a team of scientists from the University of Rochester USA, discovered a system the brain uses to remove accumulated waste in brain tissue.

It was revealed that the brain sporadically pumps cerebral spinal fluid through brain tissue, essentially flushing damaging waste out into the body's circulatory system. It was demonstrated that the brain washes away toxic proteins only during a specific phase of deep sleep.



Recent research also found significant associations between disrupted sleep patterns and the development of dementia and Alzheimer's disease.

The <u>most recent study of this kind</u> found a specific correlation between low levels of slow-wave sleep and greater accumulations in the brain of toxic proteins generally associated with Alzheimer's.

Because sleep often becomes increasingly lighter and more disrupted as we become older, the study reinforces and potentially explains the links between aging, sleep deprivation, and heightened risk for Alzheimer's disease.

In the search for a clearer causal understanding of this association between sleep disruption and dementia, a new study set out to identify if there is a certain phase of sleep specifically connected to the glymphatic system activity clearing the brain.

To examine this, researchers used six different anesthetic regimens on mice to stimulate a variety of sedated neural states.

Out of the six drug-induced states, one state in particular generated neural activity and heart rates most similar to that of a human in deep, slow-wave sleep. This particular sleep state also generated the best glymphatic system activity and, even more importantly, suggests a neural mechanism that could explain why this particular sleep phase can stimulate the brain cleaning process.

Maiken Nedergaard, M.D., D.M.Sc., at the University of Rochester Medical Center said "Sleep is critical to the function of the brain's waste removal system and this study shows that the deeper the sleep the better". "These findings also add to the increasingly clear evidence that quality of sleep or sleep deprivation can predict the onset of Alzheimer's and dementia".

### Geoff

### **EVA TILLEY MEMORIAL HOME**

The Rotary Club of North Balwyn has supported Eva Tilley for many years through membership of its Board of Management. A position will become available with the retirement of Ian Adams from the Board at the end of this year. Anybody interested in contributing to this form of community support may contact Ian for further information.

### **Boroondara Community Outreach**



### **Christmas Hamper Project**

Dear Members,

Last year Diane Goetze asked us to support the socially isolated at Christmas time by helping provide a Christmas gift of Toiletries and Food. This Christmas Hamper is a way of showing that people are thinking of them at this difficult time. The response last year was great and we wish to repeat it.

Items requested are Toiletries, non-perishable food and failing this, cash donations are always welcome!

Last year members asked local pharmacies and businesses for samples which was well received.

The Christmas Hamper Project aims to provide 497 hampers to the vulnerable in our community.

Each week from later in October, Hugo will have a box or basket at Club Meetings to collect the toiletry items for the men & women in Kew rooming houses.

Thanks in advance for your help.

Hugo and Diane Goetze

Meeting No.20	No.20 Thursday, 7th November 2019			
Present:		• • • • • • • • • • • • • • • • • • • •		
NB Members	50			
Guests	13	Signorelli Fruiterers - Colin & Julie, Dean & Sandra.		
		T <u>he Village Café</u> - Lina & Samir Freijah, Pauline & Dr Jim Ramos,		
		MO Rudic, Amalia Kogoi & Russell Turner.		
		PNM I Lyn Shiau, PNM III Cris Yudi - Rowan McClean.		
Meals	63	Booked 66, seating for 68.		
		Members Present 50 = 73.5%; Membership = 68.		
External Activities :	25	CAMBERWELL Sunday Market, 3/11 - Findley Cornell, Geoff Kneale;		
GARDENING PRO	GARDENING PROJECT - 25/10 Geoff Haddy & Tal Yukawal ; DIK 5/11 - Peter Sutherland ;			
2nd BITE delivery to CamCare, 7/11 - Garth Symington; FARESHARE 5/11 - Jane Pennington;				
MEN'S SHED 4/11 & 7/11, David Cheney, Peter Elliott (2), Tony Hart (2) & Greg Matthews (2);				
CATERING 31/10 Halloween - Jagath J, Nino Sofra, Rob Stewart, Don Taylor & Ted Wilkins.				
CATERING 2/11 Maserati Club - Jagath J., W Oakley, I Richardson, Nino Sofra, Josh Sofra,				
& Pete Sutherland. RC Melbourne South - Bill Oakley.				
Next Week's MEMBER absences - these 5 LOA plus 10 Apologies so far.				





31st October 2019

Dear Sponsors, RCNB Members and friends

### ROTARY CLUB OF NORTH BALWYN CHARITY GOLF DAY Friday February 21st, 2020

As we head into Summer again, the Rotary Club of North Balwyn is well advanced in organising the highly popular and successful Charity Golf Day for Friday February 21st, 2020 – just over 3 months away!!

In 2020, the proceeds for this event will once again fund our PhD student <u>Jacqueline Kuruppuas</u> as she completes her 3<sup>rd</sup> year research into Mental Health at Melbourne University. Jacqueline's greatest passion is improving the children's health and well-being. The Scholarship is provided through <u>Australian Rotary Health</u> who continues to align its funding and support to this vital community need.

We are seeking your support in being a **Sponsor**, **Player**, **or Contributor** in this year's North Balwyn Rotary Club's Charity Colf Day at Kew Golf Club. Our target fundraising is \$10,000. Details of how to contribute are attached/below. We look forward to your involvement and support.

All Event Sponsors will be invited to provide Promotional Materials, Vouchers or Product for inclusion in an Australian Rotary Health gift bag for all players. Your sponsorship will be widely promoted through all 66 clubs in our Rotary District 9800 and in our local community.

Friday 21st February 2020 – 8am Tee off
The Kew Golf Club
18hole Ambrose golf event
BBQ buffet lunch afterwards
Great opportunity to showcase your Company!!

A Committee Member of our Charity Golf Day for Mental Health team will comtact you shortly. Please consider being a part of this great event and we look forward to your support. We trust you see it this as a win-win opportunity. Please feel free to contact me if you have any questions.

Kind Regards

Greg Cribbes

Mob 0413 270403

President Elect, Rotary Club of Nth Balwyn



### Rotary Club of North Balwyn

### CHARITY GOLF DAY

Friday 21st February 2020

To be held at **Kew Golf Club** 120 Belford Rd East Kew.

### Proceeds to: - Mental Health Research - Australian Rotary Health Fund

### PLATINUM SPONSORS: - \$2,500

Includes 8 entries to the competition Lunch for 8 people (including 2 bottles of wine)
Advertising at a designated hole or by choice, around the practice green. (Signs to be provided by Sponsor)
Advertising in Club House on the day.
Complimentary advertising in our Club newsletter for 12 months.
A complimentary invitation to attend a Thursday dinner meeting.
An opportunity to address the entrants at lunch.

#### GOLD SPONSORS: - \$1,250

Includes 4 entries to the competition. Lunch for 4 people (including 1 bottle of wine)
Advertising at a designated hole. (Sign to be provided by Sponsor)
Acknowledged as a Sponsor at Lunch.
Advertising in our Club newsletter also in Club House on the day.
A complimentary invitation to attend a Thursday dinner meeting.

#### SILVER SPONSORS: - \$650

Includes 2 entries to the competition. Lunch for 2 entrants.

Acknowledged as a Sponsor at Lunch.

Advertising at a designated hole. (Sign to be provided by Sponsor)

#### BRONZE SPONSORS: - \$350

Includes 1 entry to the competition. Lunch for one entrant.

Acknowledged as a Sponsor at Lunch.

Advertising at a designated hole. (Sign to be provided by Sponsor)

All Sponsors will be invited to include promotional material / vouchers / product in a Gift Bag which will be handed to all players

**Enquiries**: Greg Cribbes 0413 270403 or email greg.cribbes@bigpond.com

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### Rotary Club of North Balwyn CHARITY GOLF DAY - ENTRY FORM

### Friday 21st February 2020 To be held at Kew Golf Club, 120 Belford Rd, East Kew.

### Proceeds to: Mental Health Research – Australian Rotary Health Fund

Great prizes for 1st, 2nd and 3rd placed teams, as well as fun prizes for Mens & Ladies for:

Longest Drive (on the 9th fairway!!) Straightest Drive (beyond the 9th tee!!) Nearest the pin (on the 11<sup>th</sup> & 14<sup>th</sup> Greens!!)

Please arrive by 7.15am for 7.30 am briefing prior to the 7.50am Shotgun Start The competition is Ambrose.

Please provide your Golf Australia (GA) Handicap. Social /non-handicap players will be given a handicap of 18.

Upon completion of your enjoyable round, a BBQ lunch is provided (included in the fee) during which all presentations and raffle draws will be made. Drinks are available at bar prices.

Cost per player is \$110.00. Tee Draw for the day will be made on Friday 14th February 2020 so enter ASAP

Sponsor (if applicable) .....

<u>Player</u>	<b>Phone</b>	Email Address	Golf Link No	Amount
(1)				\$
(2)				\$
(3)				\$
(4)				\$
PAYMENT OPTIONS:			TOT	AL \$

Cheque payable to Rotary Club of North Balwyn. Please attach cheque to this Entry Form & mail to: Rotary Club of North Balwyn, PO Box 135, North Balwyn 3104, or PREFERABLY

EFT your \$ to RCNB Service Account. Bendigo Bank, BSB 633 000 Account 146140785. Please include the word Golf & Name of Player (1) in the appropriate EFT Field. Best if you could then scan this Entry Form with all details completed and return to the email as below

Enquiries: Greg Cribbes – Mob 0413 270403 or eMail greg.cribbes@bigpond.com

### Second Bite Roster

The Roster to collect food from 2nd Bite and deliver to Camcare.

Food is picked up from 2nd Bite between **8:15 and 8:45 am** every Thursday and delivered by **9:45 am** to Camcare.

Food is then sorted by Camcare staff for their 11:00 am distribution to the under privileged.

Please contact Garth Symington on mobile 0419 519 899

Date		Volunteer Driver	Team Members NOT available
7	Nov	Garth Symington	
14	Nov	Geoff Haddy	
21	Nov	Steven Greatorex	
28	Nov	Maurie Walters	
5	Dec	Greg Cribbes	
12	Dec	Geoff Haddy	
19	Dec	Hugo Goetze	

### Catering Roster

Catering is one of major fundraising activities - help is always wanted!! so if you can help at any of the following, please

email: admin@rotarynorthbalwyn.com.au

16 November	Bunnings		8.30am to 12.00pm	12.00pm to 4.00pm	
Saturday	Middleborough Road	1	Jagath Jayasinghe	Bill Oakley	
Sitter on j	Box Hill	2	Bill Oakley	Marcel Muntwyler	
	Dox Him	3	Brian Lacy	Duncan Ansell	
		4	Don Taylor	Duncan / msen	
		5	Don Taylor		
30 November	Kew Christmas Party		5.00pm to 9.00pm		
Saturday	Kew Junction	1	Geoff Haddy 2		
·		3	·	4	
10 December	Bunnings		8.30am to 12.00pm 12.00pm to 4.00p		
Tuesday	Nunawading	1	Don Taylor	Eileen Toohill	
		2	Garth Symington	John Gartlan	
		3	Geoff Haddy		
		4			
16 December	Bunnings		8.30am to 12.00pm	12.00pm to 4.00pm	
Monday	Middleborough Road	1	Don Taylor		
	Box Hill	2	Marcel Muntwyler		
		3			
		4			
		5			
21 December	Bunnings		8.30am to 12.00pm	12.00pm to 4.00pm	
Saturday	Middleborough Road	1	Don Taylor	Jane Pennington	
	Box Hill	2	Greg Ross		
		3	Geoff Haddy		
		4			
		5			



## CAMBERWELL SUNDAY MARKET ROSTER - No 65

Sunday	6.45am – 1	10.00am	9.45am – 1.00pm		
17 November	Brian Lacy		Terry Keyhoe		
24 November	John Rennie	FROM		FROM	
1 December	Ian Richardson	JANUARY WE	Anthony Stokes	JANUARY WE	
8 December	Brian Thomas	REQUIRE 2	Jagath Jayasinghe	REQUIRE 2	
29 December	Greg Ross		Ted Wilkins		
5 January	Don Taylor		Tak Yakawa		
12 January	Sue McDonald	Greg Cribbes	Geoff Steinicke	Greg Cribbes	
19 January	Rowan McClean				
26 January	Andrew Sutherland		Marcel Muntwyler		
2 February	Estelle Kelly		Nino Sofra		
9 Feburary	Tak Yukawa				
16 February	Don Taylor		Eileen Toohill		
23 February	Garth Symington		Janie Pirret		
1 March	Jim Romanis		Barry Cummings		
8 March					
15 March					
22 March					
29 March					
EMERGENCIES	If available		Tony Wells 0400 077 647		
	If available		David Cheney 0417 355 370		
	If available		Adam Hillary 0412 191 413		
	If available		John Gartlan 98598559		
Geoff Steinicke Mob 0418 175 130 email gwsteinicke@bigpond.com					
A	Also on our webpage at https://rotarynorthbalwyn.com.au/page/sunday-market				

### **ROTARY INFORMATION**

Rotary International Website: <a href="https://www.rotary.org/">https://www.rotary.org/</a>

Facebook:- <a href="https://www.facebook.com">https://www.facebook.com</a>
Twitter:- <a href="https://twitter.com/Rotary">https://twitter.com/Rotary</a>

Rotary Australia Website:- <u>rotaryaustralia.org.au</u>

Facebook:- <a href="https://www.facebook.com/RotaryAroundAustralia/">https://www.facebook.com/RotaryAroundAustralia/</a>

Facebook RDU:- <a href="https://www.facebook.com/rotarydownunder/">https://www.facebook.com/rotarydownunder/</a>

Twitter:- <a href="https://twitter.com/rotaryaustralia">https://twitter.com/rotaryaustralia</a>

District 9800 Website; https://www.rotarydistrict9800.org.au/

Facebook;- <a href="https://www.facebook.com/rotarydistrict9800/">https://www.facebook.com/rotarydistrict9800/</a>
Twitter:- <a href="https://twitter.com/rotaryd9800?lang=en">https://twitter.com/rotaryd9800?lang=en</a>
Networker:- <a href="mailto:rotarydistrict9800.org.au/content/54/networker">rotarydistrict9800.org.au/content/54/networker</a>

Rotary Club of North Balwyn Website;- <u>www.rotarynorthbalwyn.com.au</u>

North Balwyn Men's Shed Website:- www.northbalwynmensshed.com

Find a Rotary Club: <a href="https://my.rotary.org/en/search/club-finder">https://my.rotary.org/en/search/club-finder</a>

#### ROTARY CLUB OF NORTH BALWYN 2019/20

 President: Peter Sutherland
 president@rotarynorthbalwyn.com.au

 Vice President: John Magor
 vicepresident@rotarynorthbalwyn.com.au

 Secretary: Gavan Schwartz
 secretary@rotarynorthbalwyn.com.au

 Treasurer: Adam Hillary
 treasurer@rotarynorthbalwyn.com.au

Grapevine: John McBride jdmcb48@bigpond.net.au Noon Sat Weekly Deadline for submissions.

North Balwyn Probus: Michael Martin <a href="http://balwynnorthprobus.org.au">http://balwynnorthprobus.org.au</a>

North Balwyn Heights Probus: Sue Mullarvey <u>varramul@tpg.com.au</u> 98574305 0400821402

Greythorn Probus: greythornprobus.org.au 98594941.

Boroondara Ladies Probus: Janet Eddy <u>jveddey@applewood.net.au</u>

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