PRESIDENT GREG'S UPDATE

1 October 2020

I was thrilled to welcome members, partners, colleagues and especially the cream of the St. Arnaud Rotary Club, Greg Fithall, Colin Coates, and Russell Steel who have avoided the 3-hour one-way trip to our meeting on Thursday evening.

Last week, I chatted about where we have been together and where we are heading as a Club.

It was indeed gratifying to hear positive feedback from members during the week who took time out to read last week's presentation (albeit 3 pages....) in the Grapevine.

A recap:

<u>Committee Membership Guide</u>. Any feedback?? As always, happy to chat over any suggestions.

Covid-19 compliance arrangements and protocols as we "possibly" get relief from lockdown. Any suggestions to AdamH or myself?? There may be some after our Guest Speaker, Dave Burt.

October End Polio Walk with Rotaractors - this is simply walking during October (which we are all doing anyway) and all walkers/donors support the Rotaract Team in the District End Polio effort by raising some funds so why not join us? To date \$856 has been raised of the goal of \$1000 but it is only 1st October (and we want to smash that goal!!).

I mentioned last week that our plans for journeying to **Camp Getaway and Bright weekends are looking shaky**. Well, Camp Getaway is now rescheduled to October <u>2021</u> and <u>Bright will now be 27/28/29</u> November this year.

Date for DG visit – DG Philip Archer will attend a Zoom Cluster Meeting of North Balwyn, Balwyn, Camberwell, and Canterbury on **Wednesday 28th October at 6.30pm** – please all, try to attend. The plan is for RCNB to still meet the following night as normal.

Heading toward our **AGM on 19th November**, all Directors are giving consideration to their individual portfolios for the future, succession plans and recruitment of fresh thinking. Secretary Gavan will shortly have more details for all Member consideration as well....

Charity Golf Day in Feb 2021 – who knows?? The decision to go/no go will be reviewed by the next Board. It is possible a 'cut-down' event is still 'possible' sometime, depending on lockdown at Kew Golf Club.

At his stage, the **GP at Albert Park** is proceeding in March/April 2021 and our GP Committee are meeting on Monday 5th October to sort thru all the volunteer and catering requirements, such as they can be, even at this early stage.

Sergeant Estelle hosted the Snippet's segment with Brian Lacy teasing us as to "Who Am I".

Geoff Kneale hosted Russell Steel giving an incredibly positive update on the prosperity around St. Arnaud. Rusty and his team cannot thank RCNB enough for bringing the rain and enjoyment back to the area. Our pleasure \bigcirc

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President Greg hosted our Guest Speaker, Dave Burt. In keeping with our thinking about the way forward, Dave from https://sportandlifetraining.com.au/ spoke to us about **Re-entry into the Community after Covid.** The SALT website gives a great summary of what Dave and his team offer:

'Throughout the COVID-19 pandemic, **SALT** has been working to help provide the community with the tools and strategies to cope mentally with the challenges of isolation, working from home, loss of tribe etc. During the first lockdown we ran free lunchtime weekly seminars available to anyone who was interested.

Moving into an easing of restrictions and the promise of significant re-engagement **SALT** turned their attention to designing sessions that would, in smaller groups, help people deal with the changes forced upon us by COVID-19 and cope with the impact.

The result was **Re-Connect** for sporting clubs and teams and **Re-Emerge** for businesses. These sessions are based on the research that shows that after a traumatic life event a percentage of people are able to learn from the experience and emerge not with Post Traumatic Stress but with Post Traumatic *Growth*. Our aim is to help as many people as possible find the way to thrive post COVID-19'.

The reminders are:

- Barry Cumming's funeral on Friday 2nd October, most capably hosted by Greg Ross.
- Last week's Board de-brief notes and way forward are for your continued information.
- If you can take over the handling of Egg/Sanitiser sales from Nino, please call me. To date, Nino's food sales have put over \$1000 into our Fundraising coffers.
- End Polio Walk has just started on 1st October never too late to register/sponsor.
- Our Raffle #2 will be drawn next Thursday ticket sales up to Wednesday evening are welcome.
- Next week is a Fellowship Meeting followed by Gavan hosting Susan Lowe to present an 'Education Perspective' during these challenging times. The week after, Adam H hosts Tom Rochford from Bendigo Bank. PLEASE, our Speaker Program presents high calibre speakers BUT the Club needs you to step up and nominate a Speaker of your choice going forward. Much appreciated.

Have a great safe week, stay well and Open Opportunities as lockdown eases......

President Greg