

Rotary Club of Brisbane High-Rise

HOT AIR

District 9600 Serving the Heart of Brisbane 26 June 2014



WENDY'S WISDOM

Last Friday night, with John and Louise Arvier, Noela Phillips and Nicole and I learned about and fundraised for AusHeal. We heard about work being undertaken in the DR Congo – not just to provide surgical assistance but to visit and train hospital staff for sustainable outcomes.

As folk committed to seeing and influencing positive work across the world I believe we should actively seek knowledge so we can maintain a balance about the positive and negative events that are happening. Spreading the word more widely about the positive is one way we can influence others to know the side of life that the media rarely take the time to highlight.

What a weekend we've just had. In Brisbane the blue sky weather was perfect. An opportunity to chat with friends, get in a bit of exercise, cherish family and maybe do some gardening. I was trying to explain to a friend living where it's currently cold and rainy just how fortunate Brisbanites are with the quality of the environment, the cleanliness, the clarity when we look out the windows and the never ending variety of choices we can make to live healthy lifestyles.

I'm well aware that exercise is essential. I've just visited my usually super fit son in law Tim. But really, this serious bike riding gig he's on is questionable. He did a 140k time trial yesterday morning and now, the muscles below his knees are in shock and he appears to be one of the most unfit men I've seen. A quote I've used a couple of times is the one that says 'every seven minutes, somewhere in the world, a person in an aerobics class pulls a hamstring'. In all areas moderation is important-just a thought.

ROSTER	26 June	3 July	10 July	17 July	24 July
Chair	Margo	Jacque	No meeting	Neil	Phil
Set Up	Jacque Neil	Neil Phil	Due to Change Over	Phil Rod	Rod Julie
Close Down	Phil Rod C	Rod C Julie Dahl	the following night	Julie Bryce	Bryce Jennifer E
Sergeant	Russell	Kit	iligiit	Rob	Greg

INTERNATIONAL TOAST

This week we toast Rotary Club of Pico Rivera in Southern California. They meet every Tuesday at 6.00pm at the Clearman's Steak and Stein restaurant. Sounds like it would be a good time for all!!!

GUEST SPEAKERS

26 June	SURPRISE	TBC
3 July	Wendy Protheroe	The year in review - Change over report

ATTENDANCE 19/6

MEMBERS: 34

GUESTS: 5

VISITING ROTARIANS: 1

PERCENTAGE OF MEMBERS

ATTENDED: 60%

APOLOGIES / GUESTS and MAKEUPS

NOTIFY OUR CLUB BY 1700 TUESDAY PRIOR TO THAT WEEK'S MEETING AT:

apologies@rotarybrisbanehighrise.com

make-ups@rotarybrisbanehighrise.com

Direct Debit

PREPAY FOR OUR MEETINGS. **EVENTS, SUBSCRIPTIONS AT:**

BSB 084-034

Account Number 559347857

ROTARY GRACE

O Lord and giver of all good, we thank you for our daily food. May Rotary friends and Rotary ways help us to serve you all our days.

ROTARY TRIVIA

1. Mottos

Each year Rotary has a motto that links all Clubs with a common focus.

This year it has been *Engage Rotary Change Lives*. Come along to change over dinner to find out our new motto. So when did these mottos start?

The first motto of Rotary International, "He Profits Most Who Serves Best," was approved at the second Rotary Convention, held in Portland, Oregon, in August 1911.



The phrase was first stated by a Chicago Rotarian, Art Sheldon, who made a speech in 1910 which included the remark, "He profits most who serves his fellows best." At about the same time, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, commented that the proper way to organize a Rotary club was through the principle his club had adopted-"Service, Not Self." These two slogans, slightly modified, were formally approved to be the official mottoes of Rotary at the 1950 Convention in Detroit- "He Profits Most Who Serves Best" and "Service Above Self." The 1989 Council on Legislation established "Service Above Self" as the principal motto of Rotary, since it best explains the philosophy of unselfish volunteer service.

2. Rotary Wheel Emblem Where did this wheel come from?

21 July

6.00pm

A wheel has been the symbol of Rotary since our earliest days. The first design was made by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization and Movement." Most of the early clubs had some form of wagon wheel on their publications and letterheads. Finally, in 1922, it was decided

that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians. Thus, in 1923, the present gear wheel, with 24 cogs and six spokes was adopted by the "Rotary International Association." A group of engineers advised that the geared wheel was mechanically unsound and would not work without a "keyway" in the centre of the gear to attach it to a power shaft. So, in 1923 the keyway was added and the design which we now know was formally adopted as the official Rotary International emblem.

DIARY DATES Date Event Details 11 July Change Over Dinner Polo Club

Stones Corner Club

If you have a Rotary event you want advertised in the Club Calendar please contact the Hot Air Editor at atillmanns@cplqld.org.au

Presentation of Art Show

Proceeds