





1 INTERNATIONAL TOAST



Today we toast the Rotary Club of New Philadelphia - USA. The club meets at 12:00 PM on Tuesdays. They are the founders of the Garden Harvest event through Grass Roots.

They are developing communal agriculture centers and shared camping and cookout locations to help build a tight-knit, well-nourished community.

FROM THE PRESIDENT – BARBARA LEDDY

We had another very inspiring speaker on ZOOM this week.

Kate Cox from the Hamlin Foundation zoomed in from Sydney with a presentation & some great videos of the work of the Hamlin Foundation in Ethiopia.

Australian Gynaecologist Catherine Hamlin left a legacy very few could match when she passed away last year. In 1974 Catherine with her husband Reginald, established a hospital in Addis Ababa Ethiopia to provide care for women who suffer from incontinence, physical impairment, shame, and marginalisation as a result of an obstetric fistula. It is the only hospital of its kind in the world dedicated exclusively to women with obstetric fistula.

Each year, Margot & Duncan have hosted a High Tea within our Club to raise funds for the Hamlin Foundation. This year they have set aside October 22 to this end. Please mark your calendars for this event as it is always quite a highlight for our Club & lots of fun drinking Duncan's spritzers. On September 1 we are hosting a visit from the District Governor, Tim Keeler. I am eager to have full attendance on this day so we can demonstrate to Tim the reason our Club has such a good name in the District. Also, I can recommend we hear Tim's message for his year as he is a very competent speaker with some great ideas. Tim will speak to the Board after the meeting so we can share our aspirations with him.

John Arvier has been in hospital after having had arthroscopies to both knees. He looks as fit as a fiddle & I'm sure he'll be back on deck with shiny new knees in no time. Get well soon, John!



QUOTE OF THE WEEK

Most people need love & acceptance much more than they need advice.

2 PROGRAM/GUEST SPEAKER	3 ROSTER			
Aug 25 Jayne Shallcross The Work of Rosies	ROSTER	25 AUG	1 SEPT	8 SEPT
	Chair	Andrew A	Jane A	Margot
Sept 1 Tim Keeler District Update	Set Up & Close	Jane A	Margot	Greg B
	Greeter	Margot	Greg B	Ann-Maree
Sept 8 Dr Jim Thompson Queensland Museum	Sergeant	Rob O	Greg P	John Arvier

ACKNOWLEDGEMENT

The Brisbane High Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present and emerging.

APOLOGIES & GUEST

Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting

apologies@rotarybrisbanehighrise.com

HOT AIR EDITOR cindy.kemp@strive-satisfied.com.au

DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

> BSB 084 -034 Account Number 559347857

ROTARY GRACE

For the Fellowship of Rotary we Give our thanks

Last Week's Meeting

Thank you to Kate for sharing further on the Hamlin Foundation and their amazing work. A draw from Sarah still has the Joker draw increasing.



Rotarians Out and About

Bryce has been out and about. He went on a street level Salvos trip to Fraser Island. He was with Andy, John, Paul, elder John, Nathan, Peter, and Robert. The Island was a cathedral of fish, lost glasses, dingoes, and lots of laughs and drama.

From Bryce: Special thanks to the commentary team who occupied the front seat of the car while I watched the days proceedings and talked about life and all the path it takes us on. The comedy of John, the spiritual Paul, and the elder John whose wise old owl impersonation was a great experience.



A RARE Opportunity

Sarah, Roly, Ann-Maree and Greg B and Steve helped at RARE on Saturday morning. They sorted books, packed hospital clothing, folded and rolled patient transfer sheets and sorted and labelled gear ready for packing in the containers in a few weeks.



RARE need our help. They are packing 2 x 40-foot containers - 1 each on Saturday, 3rd Sep and Saturday, 24th Sep from 8 am to about 1 pm. Please see if you can assist on those dates.



It's a WRAP!

Congratulations Andrew for completing the Larapinta Trail Charity Trek. He raised \$7,875.00 for GingerCloud Foundation which will be used to create a better life for kids, teenagers and young adults with autism and learning and perceptual disabilities. Thank you to everyone who supported this amazing cause!



Up and Coming Guest Speakers Great opportunity to invite guests



Jayne Shallcross, Chief Executive Officer Rosies, Friends on the Street

Can you imagine what it would be like if no one had said your name or looked you in the eye in the last three months?

Unfortunately, this is something that many people who are homeless, at risk of homelessness, or socially isolated experience.

Rosies aims to offer friendship and unconditional acceptance to those who are homeless, at risk of homelessness, or are experiencing social isolation or loneliness. Just as you would offer a cup of tea or coffee to a friend who was visiting your home, we do the same for our friends on

the street. Jayne is an experienced board member, with a strong focus on governance, strategy, and risk management, and significant experience as a senior executive in corporate and not-for-profit sectors nationally and internationally.

She is a Graduate Member of the Australian Institute of Company Directors and holds an MBA and a Bachelor's of Business (Finance and Economics). Jayne is also Deputy Chair, Chair of the Risk Committee, and member of the Finance Committee at Duchesne College (UQ).

Stories of Hope

Circuit Breaker Interview

Ann-Maree Bennett & Greg Beard watched on as Bryce Davies, our intrepid Podcaster, interviewed Matt Boulton, the creator of the Circuit Breaker program - here's their comments:



Matt Boulton offered practical solutions based on his personal, and later work experience, with domestic violence. There was a focus also on anger, whether unexpressed or unable to express in a non aggressive manner, as well as the issue around suicide and the number of men who die due to unresolved mental health issues and not being able to express their feelings.

We thought that, as High-Rise's strategic plan includes the issue of domestic violence, the podcast provided more than one option for the Club to be involved.

You can listen to the podcast: https://directory.libsyn.com/episode/index/show/brycedavies/id/24116199

Learn more about the Circuit Breaker program: https://circuitbreakercourse.net

The Hospital by the River



The Hospital By The River, by Dr Catherine Hamlin (with John Little) is a candid account of 60 years of service to women in Ethiopia suffering from obstetric fistula. Dr Hamlin weaves her own story together with the history of the hospital and that of her adopted country, Ethiopia.

Get your copy here: https://store.hamlin.org.au/products/thehospitalbytheriver

District News

Rotary International Convention



Venue: Melbourne, Australia Focus: Rotary International Convention

RSVP: Register at

https://convention.rotary.org/en/melbourne

High-Rise Fellowship Dinner



Regionalisation Webinar



You're invited to attend an information session about the future of Rotary in Australia, New Zealand and the Pacific Islands.

These webinars will be recorded and made available afterwards. Questions asked will be incorporated into the Frequently Asked Questions (FAQ) and answers section of the website: <u>creatingtomorrowrotary.org</u>



2022 ZONE 8 ROTARY & ROTARACT 'BETTER TOGETHER' CONFERENCE

Dear Rotary Member,

Early bird tickets are now available for all Rotaractors and Rotarians in Australia, New Zealand and across the Pacific to attend the Zone 8 Better Together Conference in Canberra from October 28-30. The conference will be held at the National Convention Centre Canberra and the Saturday night dinner at Old Parliament House.

The conference is set to be the first inperson zone event since the COVID-19 pandemic and is shaping up to be a celebration of all the best our Rotary family has to offer. This includes a range of excellent speakers and sessions across the weekend.



To purchase tickets, register for a Showcase booth, complete a breakout session expression of interest form or find out more about Canberra head to <u>https://conference.rotaryzone8.org/</u> today!

Cross Egypt Challenge

Cross Egypt Challenge is an international cross-country motorcycle and scooter adventure tour conducted throughout the majestic and fascinating Egypt. This amazing Rotary project started in 2011 for the purpose of promoting tourism to Egypt, and for the past 11 years, Rotarians and riders from over 50 countries took part in this unique and amazing challenge.



For more information on the cost of participation, or to register, please visit our website: <u>www.CrossEgyptChallenge.com</u> or our Facebook page: <u>www.facebook.com/CrossEgyptChallenge</u>. You can also download a copy of the Cross Egypt Challenge brochure with all season information, pricing, routes, etc. from this <u>link</u>.