



# HOT AIR

13 APR 2023 | MATERNAL & CHILD HEALTH



## 1 INTERNATIONAL TOAST



Today we toast the Rotaract Club of Chuquiago Marka - Bolivia. The club meets at 12:00 PM every Saturday. The club has sponsored community events since 2016 to fund ocular prosthetics for young eye cancer patients. Their food festival drew 4,000 people and raised \$700 for the program while boosting salteñas companies recovering from COVID-19 lockdowns.

## FROM THE LAST WEEK

Our Easter Breakfast was colourful and enjoyable, a lovely way to spend the morning before the Easter long weekend.

Our Rotarians attended decked out in their "Easter Bonnets" with ready smiles, creating a lovely atmosphere. Check out our fantastic photos. Bill was our best bonnet winner of the day.

Dyls, our Easter Bunny, although unwell - decorated our Easter tables beautifully, thank you Dyls. We had an Easter Bilby plenty of chocolate and wonderful fellowship.

To complete our cosy meeting we had two Easter Quizzes - which kept everyone on their toes and scrapping their brains for answers to unusual questions.

Looking forward to seeing you all this week for another wonderful meeting.

**PS. What do you call the Easter Bunny the day after Easter?**

*Eggshausted.*

## 2 PROGRAM/GUEST SPEAKER

**13 APR Strategic Planning Survey**

**20 APR Interview - Racing & Business**  
Peter Tighe

**27 APR Aim Lab**  
Stephen Pronk

## 3 ROSTER

ROSTER	13 APR	20 APR	27 APR
Chair	Yvonne	Steve S	Angela
Set Up & Close	Steve S	Angela	Zanthia
Greeter	Angela	Zanthia	Craig
Sergeant	Rob O	Kit B	Greg P

### ACKNOWLEDGEMENT

The Brisbane High Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present and emerging.

### APOLOGIES & GUEST

Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting

[apologies@rotarybrisbanehighrise.com](mailto:apologies@rotarybrisbanehighrise.com)

HOT AIR EDITOR  
[cindy.kemp@strive-satisfied.com.au](mailto:cindy.kemp@strive-satisfied.com.au)

### DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

BSB 084 - 034  
Account Number  
559347857

### ROTARY GRACE

For the Fellowship of Rotary we Give our thanks

# Rotary Meeting

Happy Easter from our Rotary Club! Our members had a blast at our Easter Breakfast, complete with festive hats, delicious treats, and fun quizzes. Shoutout to Bill for winning the best bonnet award and Dyllys for the beautiful table decorations.



# Next Meeting

Strategic Planning Survey

## STRATEGIC PLANNING SURVEY

THURSDAY >

13 APRIL 2023



## Anzac Project

# VOLUNTEER NEEDED

We are looking for those that can assist with setup and management of the Anzac Day Service

**JOIN US!**

Please see Russell or Lindsay if interested.



## Prioritising love over hate

Responding to Anzac Day

**WORDS** Bryce Davies

Every year on 25 April in Australia, hundreds of memorial services take place to remember and reflect on the sacrifices made by our service men and women in war.

At the crack of dawn, hundreds of thousands of people gather in cities, towns and remote locations around the country to pay their respects. A bugle sounds out in the pre-dawn darkness, and men and women with medals and slouch hats gather and remember.



Bryce and his wife, Sue, played an active role at a recent Anzac Day service on K'gari (Fraser Island).

It's often a very emotional day, and it always surprises me how many enthusiastic people, young and old, make it a priority to get out of bed at a ridiculous hour to attend these dawn services. As a Salvo pastor, I've been attending Anzac Day services for many years and I always feel honoured to participate.

Often my task is to pray or to present a short reflection. It's a formal occasion,

and the only time each year that I get fully kitted out in my Salvo uniform, complete with a cap and even a tie.

“

**My reflections at Anzac Day services are always about our responsibility to be decent human beings ...**

”

During the COVID-19 lockdowns, we gathered on our driveway at dawn, lit a fire in a fire pit, shared a few thoughts and prayers, and played The Last Post. Bugles rang out all over the neighbourhood. It was a lovely experience.

### **UNIQUE COMMEMORATIONS**

Later that day, I went on a special trail run to help celebrate a friend's birthday. This group is slightly crazy, and we were all required to wear tutus and colourful clothes for the birthday celebration. As it was Anzac Day, I packed a trumpet and my Salvo cap in my running pack, and we had a little ceremony on a bridge. My friend who was having the birthday cried, not just because of my average bugle playing, but because something of the power of the Anzac spirit and the love and sacrifice we made to surprise her had touched a chord.

# Reflection at Anzac Day

15 APRIL 2023

MY STORY

A year later I was on K'gari (Fraser Island) at a place called Happy Valley where there is a World War I hospital shipwreck – the SS Maheno – on the beach.

The High Rise Rotary Club in Brisbane, where I have been a member for many years, had invited me to “bless” the sailboats at their annual Anzac Day service beside the ship. K'gari is a three-hour drive from Brisbane and requires a ferry crossing and some serious four-wheel driving to get to. You would think this would be a tough place to pull in a crowd, but 1100 people turned up.

There were Australian Army jeeps and a hummer. We even had a flyover from a Super Hornet jet and a massive transport plane. It was an amazing experience.

I'm not a fan of war and cringe at the senseless killing and seemingly obscene expenditure on weapons and military infrastructure. I am horrified by the number of veteran suicides in Australia since the start of the war in Afghanistan in 2001 – and the 46 lives lost on the battlefield during that period.

## CARING FOR EACH OTHER

There is nothing to celebrate here. My reflections at Anzac Day services are always about our responsibility to be decent human beings and to share our resources and care for each other generously and sincerely.

As a nation we'll do this more and more if, as individuals, we make this the prevailing culture. It all seems a bit overwhelming to make any difference between nations, so there is a temptation to do nothing.

My wife Sue and I support families in Papua New Guinea and we have a lot of warm and friendly connections there. The poverty and suffering in that



Bryce after the Anzac Day service, with the wreck of the SS Maheno in the background.

country is significant and our support is a drop in the ocean but there are half a dozen families there who vouch for the kindness of Australian because an Aussie couple helps them feed their kids. It's harder to go to war when people are kind to you.

We are an incredibly prosperous and blessed people in Australia. Surely as a nation, we can prioritise love over hate.

*Bryce Davies is a Salvation Army officer (pastor) based in Brisbane. To listen to his Stories of Hope podcast, go to [brycedavies.libsyn.com](https://brycedavies.libsyn.com)*



Scan here for more stories of hope.

# RYEP

## Rotary Youth Exchange Program

by **Greg Beard**  
Youth Director



Brisbane High-Rise has been involved with the ROTARY YOUTH EXCHANGE PROGRAM, over many rewarding years. It is a program that offers an enormous opportunity for students between the ages of 15 and 19 to experience and study in another culture.

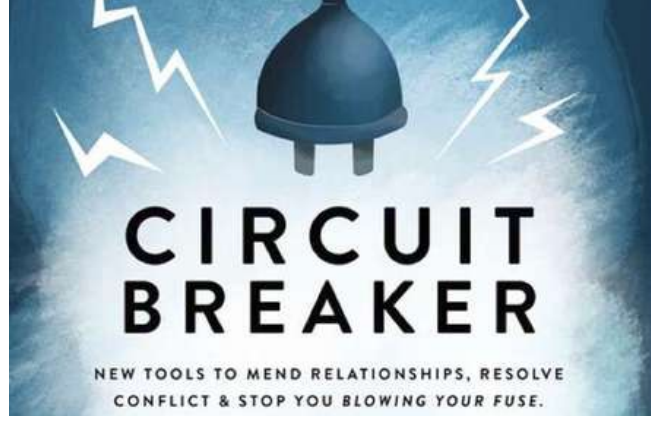
Exchanges last for up to a year. Usually in July our Australian participants will head overseas and then in January Overseas students will arrive in Australia. (so ideally they match a full school year) Covid had put an end to the program for a while

and unfortunately our exchange student at the time, Hannah Albury, had to come home early. However it is about to restart. Our first opportunity will be to accept an inbound student next January and potentially send a student out around July 2024.

If anyone is interested knowing more about this amazing program please speak to Greg Beard. You may know someone that the club might nominate as our outgoing student or even, be involved in helping to host an inbound student for a period of time.

The District website is still to be updated post covid, however there great information at the Australian Rotary website : <https://ryea.org.au/>

# Circuit Breaker Report



We kicked off the first session of the ten week Circuit Breaker course last Tuesday 28 March at Carindale Salvos, and it was a great success. 4 guys came and Julie, my co-facilitator, and I were off and running.

The session started with introductions and an opportunity to briefly hear why each participant wanted to be involved. Straight away the guys openly shared about their anger problems and the ways this was impacting their key relationships. They all genuinely wanted to be there and were engaged and listening intently.

Next we watched the Video where Matt Boulton shared the first session. A really helpful tool is the anger / listening graph. The angrier we get the more that the important message we are trying to deliver is not heard - the opposite outcome we are hoping for by getting angry. Then we discussed the strategy of time out - walking away to cool down and never trying to resolve a conflict under the influence of anger.

There was a palpable sense of relief and hope amongst the participants as a significant step towards dealing with this destructive force in their lives was taking place.

This is such an important issue in our society, and it was great to be involved in giving some real support to the guys in attendance. Early intervention is key and so much more effective than trying to pick up the pieces after things get out of hand.

High-Rise is testing the water with this course. It's so effective and needed and I am keen to see many more of these courses running into the future - the start of something. We have funded the facilitator's workbooks and incidentals like tea and coffee, and have the option to also assist participants who struggle to pay the \$43 cost for the participant's workbook, to ensure that nobody misses out.

## Rotary Nomads

## Donation for NZ

YOU'RE INVITED TO THE

*8th*

CHANGEOVER OF THE  
**ROTARY E-CLUB OF AUSTRALIA NOMADS**

*Wednesday*  
21 JUNE, 2023

2.30 PM FOR 3.00 PM  
CHANGEOVER CEREMONY

DRESS: CASUAL - INTERNATIONAL THEME

**COST: \$30**  
covers a Tuesday morning get together breakfast & Wednesday's Changeover raffle tickets & prizes

Ingenia Holiday Park, Gordon Young Drive, South West Rocks NSW 2431  
02 6566 6264 | southwestrocks@ingeniaholidays.com.au  
RSVP BY 14 JUNE, 2023

**REGISTER**

After registering, please transfer payment of \$30 per person to

- Rotary Nomads
- BSB 015220
- Account No 429420294
- Details: your SURNAME plus the word 'ROCKS'
- e.g. Smith ROCKS

## Donations for NZ Flood Appeal

How to Donate to the NZ Flood Appeal through Rotary Australia World Community Service (RAWCS)

- Go to the RAWCS website Home Page
- Click on EXPLORE PROJECTS
- On Page 1 of the projects list, you will see Project No. 60-2022-23: New Zealand Floods (RARF)\*\* Rotary Australia Relief Fund
- Click on 60-2022-23
- Scroll down to click on Donate Now and/or Details
- Follow prompts for payment
- Receipt will be issued for tax deductibility.

# RARE Working Bee Report

as shared by Bryce Davies

On Saturday the 1st April, 8 intrepid Rotarians headed out to Slacks Creek to assist other Rotarians from local clubs to sort medical equipment, rearrange the warehouse systems and for Lindsay, fold nappies with the elderly. All part of a terrific program called RARE. (Rotary Australia Repurposing Equipment)

Ros headed up the team and we really enjoyed the camaraderie and fun of the day. It was hard work, but the cause of supplying practical goods for use in poor counties all around the world was very rewarding. Things like medical supplies, books, birthing packs and infants clothing were in plentiful supply and needed sorting and distribution. We had a delicious morning tea and there was plenty of good hearted banter. It was great to meet Rotarians from other clubs and feel part of something bigger than ourselves. We highly recommend getting involved next time there is an opportunity.

Funny picture description. Rolly lending Bill a hand.



## RFDS Light the Lanterns

**LIGHT THE LANTERNS**  
An RFDS Celebration

**13 May 2023**

Royal International Convention Centre (RICC)  
600 Gregory Terrace, Bowen Hills QLD 4006  
6:30PM - 12:00AM  
Enquiries: [events@rfdsqld.com.au](mailto:events@rfdsqld.com.au)



**ATTENTION ALL CLUB MEMBERS**

We have upcoming presentation vacancies and are looking for volunteers

**IF YOU OR SOMEONE YOU KNOW IS INTERESTED, PLEASE CONTACT DYLYS ASAP.**





# Announcements

## Fellowship Dinner

ROTARY BRISBANE HIGH RISE

# FELLOWSHIP

*Dinner*



**MARU**  
157 ELIZABETH ST, BRISBANE CITY QLD 4000  
FRIDAY, MAY 5, 2023 | 6:30 PM

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**\$40/PERSON**

## Rotary Peace Fellowship

# Rotary Peace Fellowships

**APPLICATION IS AVAILABLE**



**Get involved by**

- Taking the All About the Rotary Peace Fellowship course
- Forwarding the fellowship announcement to your contacts
- Using our referral form
- Sharing a PowerPoint presentation about the fellowships
- Following the Rotary Peace Centers Facebook page

**APPLY HERE**  
<https://www.rotary.org/en/our-programs/peace-fellowships>

## Donation Drive

# DONATE READING GLASSES

↓



**We need your support!**

Noela is off on a trip to Tanzania in May to attend the graduation of the Club's sponsor student, Irene. She will be making a detour via Uganda to a little village called Nkuringo. We along with a few other members have been supporting a little school in this village. The glasses will be distributed to people within the village.

## Tree Planting



# SAVE THE DATE

Annual Community Tree Planting

Mansfield - 23rd April, 2023