



# HOT A

### 14 SEP 2023 | BASIC EDUCATION & LITERACY



### 1 INTERNATIONAL TOAST

St. Marylebone, Greater London, **England (Rotary Club)** 



(details on page 3)

### FROM THE PRESIDENT - DYLYS BERTELSEN

#### ... counting our many blessings at High-Rise

The Dan Buettner study of the world's centenarians in varied locations 'Live to 100: Secrets of the Bluezone' (streaming on Netflix) focuses on the correlations between healthy longevity and lifestyle practices.

It appears that - along with the expected givens such as diet and exercise - the common theme that keeps people going better for longer is a sense of community, experienced in face-based groups. Or, in modern parlance 'belonging to a tribe with a common purpose'.

ike Rotary. And especially like at Brisbane High-Rise where it goes way beyond that. Here, it's community but also about personal help and support. There are always some members going through difficult times. But equally, there are always others who are ready to help. And do. And in today's highpressure world, that's pretty special!

#### expanding understanding through the experiences of others

If you missed Gary Mortimer's visit to the Rotary breakfast last Thursday and would like to view his presentation, please click <u>here</u>.

### ... spreading the word on social media

Brisbane High-Rise rated a vote of thanks for our work with the Brisbane Rotary Art Show this week in a Facebook post from Rotaract Club of Brisbane Rivercity at Central Plaza. That was the latest in quite a groundswell of attention Rotary is attracting almost every day across social media.

If you'd like to keep a proverbial 'finger on the pulse' of our Club and many others across District 9260 - and help promote our cause in the process - you can easily follow us on Facebook <u>here</u> or on Rotary 9620's page <u>here</u>.

#### welcoming more new members

With Rotary soundly focused on individuals serving their community, our latest inductees Sorour Fattahi and Gary Dubickas are husband and wife. I don't recall that ever occurring before. Congratulations to you both and I'm looking forward to coming to know you better.

#### ... combining business with pleasure.

Nothing like a round of golf or two as a way of combining exercise with enjoyment of the great outdoors and - if you support Rotary fundraisers - doing good at the same time. Here are some multi-function golf (and other) functions worthy of your support in September worthy of your support https://rotary9620.org/upcoming

On the topic of dates to remember. The next Board meeting is Monday, 11 September, 2023. Yes, that's tonight! Updates and outcomes in next week's Hot Air.

And on Sunday, 1 October, 2023, we'll be having a special meeting (3pm - 5 pm) to discuss the pros and cons of the Rotary Projects for 2023-24, as suggested by our members. Come along, prepared to back your idea. Or to add weight to someone else's! Please send your RSVP to 24 me by September via dbertelsen@windsorgroup.com.au.

### PROGRAM/GUEST SPEAKER

**14 SEP** 

**Dr. Marie Perry** Principal - Ipswich Girls Grammar School

**Madonna King 21 SEP** 

Politics and the Media - The New

Dance

**28 SEP Ivan Frkovic** 

**Qld Mental Health Commissioner** 

### ROSTER

ROSTER	14 SEP	21 SEP	28 SEP
Set Up & Close	Roslyn M.	Rob O.	Gregory P.
Greeter	Rob O.	Gregory P.	Bill P.

### **ACKNOWLEDGEMENT**

Brisbane The High-Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present emerging. and

#### **APOLOGIES & GUEST**

Notify of attendance, guests and apologies by 5.00pm on Monday prior to the meeting

apologies@rotarybrisbanehighrise.com

HOT AIR EDITOR cindy.kemp@strive-satisfied.com.au

### **DIRECT DEBIT**

Pay for our meetings. fines, Joker Draw, events and subscriptions

> BSB 084 -034 **Account Number** 559347857

### **ROTARY GRACE**

For the Fellowship of Rotary we Give our thanks

### **Last Week's Meeting**

We had a fantastic time during last week's meeting with Gary Mortimer, who provided valuable insights into the six upcoming retail trends consumers can anticipate. Additionally, we proudly highlighted our outstanding contributions to the recent Brisbane Rotary Art Show and urged all members to actively promote our initiatives across our social media platforms.











### **Welcoming our New Members**



## WELCOME TO BRISBANE HIGH-RISE!

Welcome to our newest Brisbane High-Rise Rotarians, Gary Dubickas and Sorour Fattahi, inducted into the club on 7th September 2023.

### **Up and Coming Guest Speakers**

Great opportunity to invite guests

### SEPTEMBER 14, 2023

Dr Marie Perry has over 25 years' experience in education and over 15 years in a senior leadership position. She is Principal & CEO of Ipswich Girls Grammar School and previously Principal Methodist Ladies College in Perth. Marie's teaching experience is from - all grades P-12 and adult training too she is known as a leader in innovation and culture building, Marie is also a Director of AEIOU.

DR. MARIE PERRY

PRINCIPAL & CEO - IPSWICH GIRLS GRAMMAR SCHOOL



we toast the Marylebone, Greater London, England Rotary Club. The club meets at 12:00 PM every Monday.

provided The Rotary Club extensive support to Woman's organization an supporting women recover from domestic violence. Margaret Pollock offering guidance, consistent financial contribution of £2,000 aiding 6 women in accessing up to 18 counseling sessions, and additional funds raised at the Presidents Dinner through silent auction.

### International Toasts PHF for Josephine Leveritt



### Congratulations!

Another "Paul Harris Fellow" Recipient - Josephine Leveritt - in appreciation of tangible and significant assistance given for the furtherance of better understanding and friendly relations among peoples of the world.

## **ACTIVITY BOARD**

### **ROTARY BRISBANE HIGH-RISE**

Name of the Project	Person Responsible	Type of Activity	Date of Involvement
St Jude's School of Tanzania	Bill Philips	All involvement welcomed	
Mamba School	Bill Philips	All involvement welcomed	
Rotary Art Show	Bill Philips	Celebrating for 2023 - involvement welcome for 2024	July 1, 2024
<u>Ryla</u>	Greg Beard	Looking for sponsorship funds	September 1, 2023
<u>Rypen</u>	Greg Beard	Looking for sponsorship funds	September 1, 2023
Pride of Workmanship	Rosemary Meadows	Recommendations for outstanding service in our community	January 1, 2024

## OTHER COMMUNITY PROJECTS WITH ROTARIANS

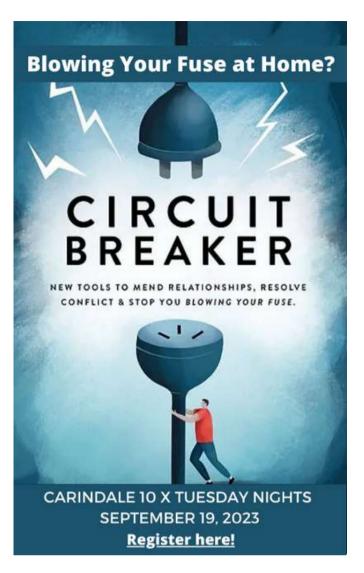
Name of the Project	Person Responsible	Type of Activity	Date of Involvement
<u>Ride West</u>	Russell Postle	Inviting participants and looking for sponsorship funds	April 1, 2024
Maheno School 150 year celebration	Russell Postle	Expressions Of Interest for 2025 trip	
Circuit Breaker Program	Steve Knight	All involvement welcomed	September 19, 2023



"If you would like to be involved in any of the above - please contact the Rotarian in charge. Additionally, if you have a project you would like to see here, please send submit details through email for approval and future inclusion"

### **Announcements**

### Circuit Breaker



### Brisbane Portrait Prize



### Foundation Recognition Dinner

# FOUNDATION RECOGNITION DINNER

8th November 2023 Brisbane Tatersall's Club 6:30PM - 10:00PM



PRIP BARRY RASSIN
Chair Rotary Foundation Trustees

Buy tickets <u>here</u>. Numbers are limited book early.

#### **Board Members**

TREASURER

### Board Members 2023–2024

PRESIDENT DYLYS BERTELSEN
PAST PRESIDENT BARBARA LEDDY

SECRETARY ANGELA TILLMANNS

MAJOR PROJECTS DIRECTOR BILL PHILLIPS
CINDY KEMP

COMMUNICATIONS DIRECTOR

GREG BEARD

YOUTH DIRECTOR

JANE ANDERSEN

MEMBERSHIP DIRECTOR

KYM MCCLUSKEY

MARKETING & BRAND DIRECTOR

LINDSAY MARSHALL

RUSSELL POSTLE
PARTNERSHIPS DIRECTOR

STEVE KNIGHT SERVICES DIRECTOR

SUSAN RIX SPEAKERS PROGRAMME DIRECTOR

WENDY PROTHEROE FOUNDATION DIRECTOR