





1 INTERNATIONAL TOAST

16 FEB 2023 | PEACE AND CONFLICT PREVENTION / RESOLUTION

H()T A



Today we toast the Rotary Club of Duluth - Georgia. The club meets at 7:30 AM every Wednesday. In 2019-20, Rotary clubs provided millions of meals through the Feed 10 Million initiative. District 6910 in Northern

Georgia provided over 2 million meals in the second year of the initiative, working with the USDA's Farmers to Families Food Box program to address food waste during COVID-19. The district provided organization, volunteers, and local connections, while the government paid for the food.

FROM THE PRESIDENT – BARBARA LEDDY

How does one put Roly Sussex's intoxicating message into words?

The Club was mesmerised by Roly's presentation on 'The Language of Pain' this week. Roly Sussex is Emeritus Professor of Applied Language Studies at the University of Queensland & he took great pleasure in presenting his message.

I guess the crux of his commentary was that the language of pain has many different forms & extremes from culture to culture. Messages of pain are therefore quite different to interpret & he demonstrated examples via the many languages in which he is proficient. It is therefore quite a task to interpret pain for Doctors working outside a particular culture. Roly speaks 6 languages fluently & can read in 20.

It was sheer pleasure to hear the words of such an expert and he has offered to present us with Chapter two at a later date. The popularity of the meeting was shown by the attendance of partners & friends of members wanting to hear & meet the amazing Professor. No one was dis-

appointed. Don't miss Chapter 2! Thanks to Dylys for arranging to get Roly to our meeting....another first class choice.

When I joined High Rise in 2010, Kit Bennetts was President. At that time, there was a world disaster of calamitous proportion (I can't remember 'what' or 'where'). Kit commented to his friend Lindsay Marshall that it was a shame that we had no means of collecting a from list Club donation members spontaneously, to help the cause. Never to be beaten, Lindsay grabbed a paper serviette from the table & someone's pen & Voila! there began the signature HR serviette appeal. We produced a healthy donation which produced a wonderful feeling of collegiate satisfaction in the Club. More have been done since.

That memory made a huge impact on me & has stayed with me ever since.

While I was watching the news recently, I watched horrified as the images of the rescue effort of the terrifying Earthquake in Turkey &

2 PROGRAM/GUESI SPEAKER	3
16 FEB Russell Vine	R
Cross River Rail	Cł
23 FEB Fellowship Meeting	Se
02 MAR Susan Rix	Gr
Paul Harris Fellow (PHF)	Se

3 ROSTER

ROSTER	16 FEB	23 FEB	02 MAR
Chair	Bill L	Rosemary	Kym
Set Up & Close	Cindy K	Kym	Rosemary
Greeter	Rosemary	Roslyn	Roslyn
Sergeant	Greg P	John Arvier	Kit B

ACKNOWLEDGEMENT The Brisbane High Rise

Rotary Club acknowledges the First Nations people as the original inhabitants of

the land we are on today and honours their Elders

and

past, present emerging.

APOLOGIES & GUEST

Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting

apologies@rotarybrisbanehighrise.com

HOT AIR EDITOR cindy.kemp@strive-satisfied.com.au

DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

> BSB 084 -034 Account Number 559347857

ROTARY GRACE

For the Fellowship of Rotary we Give our thanks

FROM THE PRESIDENT – BARBARA LEDDY

Syria appeared before me. Feeling helpless to help, my mind went back to Kit & Lindsay & another serviette appeal gave birth. Clearing the idea with Lindsay, I claimed 2 white paper serviettes from home & the wonderful result of enough funds for 5 Shelter Boxes eventuated.

I must thank Lindsay for his support, for managing the donations on the day & for forwarding our details on to Shelter Box Australia. Our club has been thanked sincerely by both Mike Greenslade, CEO of ShelterBox Australia Disaster Relief & DGE Paul Roger. Our effort has been described as both amazing and humbling. My sincere thanks to you all for making my 'imagination' a reality & for your amazing generosity, so together we all "Imagined Rotary". Thanks too, to Kit & Lindsay for sowing the seed!



The future depends on what you do today — Gandhi

Last Week's Meeting

An enriching morning was spent with esteemed High Rise members at the club breakfast meeting, graced by the presence of the highly regarded Emeritus Professor of Applied Language Studies, Roly Sussex.

A captivating discourse on 'The Language of Pain' left us all enlightened and entertained.

















Up and Coming Guest Speakers

Great opportunity to invite guests



Russell Vine

Cross River Rail

Russell is an experienced and accomplished senior marketing professional with an infectious passion for understanding how large scale organisations can better achieve their core communication objectives.

He has an impeccable track record of delivering successful outcomes for some of Australia's largest corporations and institutions and he is motivated above all by the idea that tackling today's fast moving, post-digital communications landscape should result only in the most innovative and forward thinking of solutions. With experience developing comms and marketing for a wide variety of organisations in both the public and

private sector. He adds value most when he is working across strategy planning, paid media advertising, social media marketing, direct marketing, corporate comms, stakeholder engagement, brand identity/design and all forms of integrated digital.

Free Community Seminar



- new tools for calm conflict
- from anger to intimacy
- win-win strategies for peace at home

Thur Feb 23 6:00pm-7:30pm Carindale QLD NAYBA HopeVentures

Rotary is excited to invite members to this seminar to better understand anger and how it impacts our lives and also to explore how rotary can support the fight against DV by addressing the issues early - well before they escalate into violence.

This event is a partnership with a men's group called Men's Walk and Talk that Bryce attends each week

https://menswalkandtalk.com.au/

We will be joined by Matt Boulton who will present the Keeping Your Cool Community Seminar.

If you've ever lost your temper at home, then said regrettable things to the people you love, then this free community seminar is just for you. Seminar presenter Matt Boulton is the author of Changing Tools, and The Circuit Breaker program, relationship and former а and angermanagement counsellor. Matt understands the pain and embarrassment a bad temper can cause; having endured his own painful marital separation 28 years ago. In this seminar, Matt will share the practical tools and strategies he's been using for over 22 years to help people control their temper, resolve conflict and find new levels of peace, trust and intimacy in their relationships.

Date and time: Thursday 23 February 2023, 6:00 pm - 7:30 pm Location: HopeHub, Level One, Westfield Carindale (Near Rockwear) Bookings via EVENTBRITE

Fundraising Dinner

Trekking in the Himalaya

TREKKING IN THE HIMALAYA FUNDRAISING DINNER 22 FEBRUARY 2023

RONCOS LEAGUES CLUB

30 PM FOR 7.00 PM

BY CIAN O'BROLCHÁIN



Have you ever thought what it would be like to climb Mt Everest? Or even to tackle one of the lower mountains? How thrilling it would be? How Dangerous? How you would feel having achieved that?

Well, you can hear first-hand what it is like from someone who has done it, when Cian O'Brolcháin gives an enthralling presentation on his climb to the top of the world, at a dinner on Wednesday 22 February at the Broncos Leagues Club in Red Hill. Yes, he has been there.

Cian is a Director of World Sherpas a company which arranges treks in the Himalaya and also helps those who wish to climb the mountains there, including Mt Everest. He is passionate in his desire to help the Himalayan Sherpa Community, especially the community of Simigaun Village. The Sherpas depend very much on tourism for their economy and because of COVID and travel restrictions their economy has been heavily hit in recent times.

The proceeds from the evening then will go towards helping the Simigaun Community and in particular towards providing educational materials for its school - a very worthy cause.

Tickets are \$110 and through the link below you can register and purchase them.

https://rotarysouthbrisbane.org.au/trekking-the-himalaya/			
Presentation:	Trekking in the Himalaya		
By:	Cian O'Brolcháin		
Where:	Broncos Leagues Club, Fulcher Road, Red Hill		
When:	Wednesday, 22 February 2023		
	6.30 pm for 7.00pm		
Tickets:	\$110		

When making a bank transfer don't forget to insert your surname in the Reference line. Even better, send a confirmatory e-mail.

Come along and experience the thrill and challenges of climbing the highest mountain in the world, knowing you are also supporting a community still recovering from the devastating earthquake of a few years ago.

And if you wish, you can also make a direct tax-deductible donation. See instructions on the registration document.

Announcements



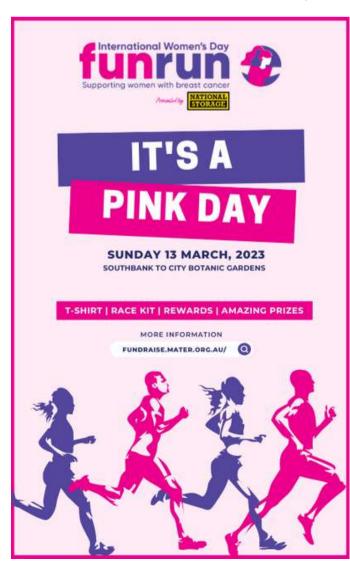
Felix Mollel was recently inducted into the Arusha Rotary Club. The induction ceremony was attended by many members of the club, including those who had the privilege of meeting Felix and his wife Nembris during a recent trip.



PRIDE OF WORKMANSHIP AWARDS

PLEASE TALK TO TALK TO CHRIS WARREN

International Women's Day Fun Run



TEAM NAME

Rotary High Rise

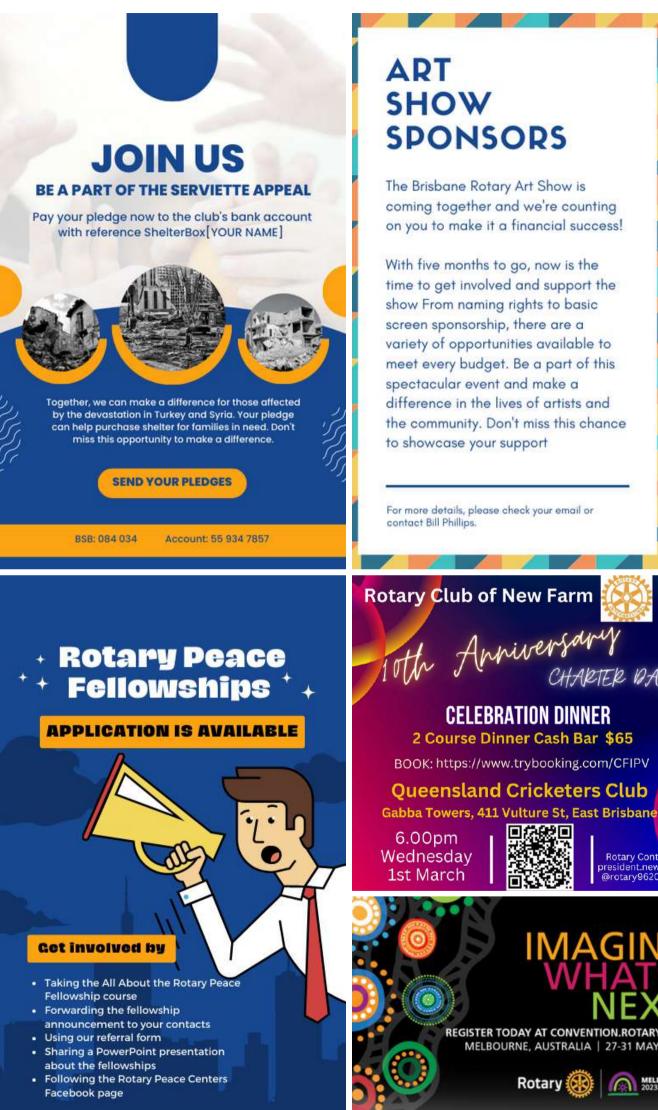
With our help, Mater Chicks in Pink are able to care for many women with breast cancer by providing them with practical support, and fund research into making treatments more effective, so fewer lives are lost.

You could help by making a donation

https://fundraise.mater.org.au/s/4348/70637/e

Together we can make sure no woman feels alone when going through breast cancer.

Announcements



APPLY HERE

https://www.rotary.org/en/our-programs/peace-fellowships

SHOW **SPONSORS**

The Brisbane Rotary Art Show is coming together and we're counting on you to make it a financial success!

With five months to go, now is the time to get involved and support the show From naming rights to basic screen sponsorship, there are a variety of opportunities available to meet every budget. Be a part of this spectacular event and make a difference in the lives of artists and the community. Don't miss this chance to showcase your support

For more details, please check your email or contact Bill Phillips.



2 Course Dinner Cash Bar \$65 BOOK: https://www.trybooking.com/CFIPV **Oueensland Cricketers Club**

Wednesday



Rotary Contact president.newfarm @rotary9620.org



Rotary (R)

