





1 INTERNATIONAL TOAST



Today we toast the Rotary Club of Chennai Riviera - India. The club meets at 7:30 AM every Saturday. The club supports 17 deserving table tennis athletes, ages 7 to 12, from underserved families. The club provides coaching, breakfast, and a work-

out space, aiming to improve their skills and provide opportunities for a better life. To fund the training, they organized a successful tournament, generating \$2,700 in entry fees.

FROM THE PRESIDENT – BARBARA LEDDY

Last week we had an interesting interview with Sarah Peitch, one of the newer members of the Club. It was great to find out about Sarah's past & learn how she has changed career direction since meeting her husband. Sarah and her husband work in the insurance industry, underwriting for clients needing direction with all types of insurance. She was asked about the wisdom of working & living with the same person & laughingly, she advised against it. She has decided to do more study to fit herself more ably for her role. Sarah has a desire to do good in the community & cites this as one of the reasons she joined Rotary. It was an interesting & amusing conversation & we all benefited in getting to know Sarah better.

The St Jude's Cocktail Party is well in the planning stage and the committee are aiming to get 120 people attending. Please start offering your support by inviting friends & family to the event. Don't forget the beautiful raffle of the Tanzanite ring. Books of tickets are available from Bill Phillips at meetings. We hope to make the night buzz & dazzle to show what we are capable of as a Club. Lots of fun, I expect!

Bill & Angela are exploring ways to get a District grant to finish work on the Mamba School from the District Coffers mentioned by the AG Syd Owen when he visited. Bill would like to refurbish the teachers accommodation at the school. Hopefully, their application will be successful & Bill can take another team to Tanzania to check it out.

Our Membership Director, Jane Andersen and her committee, are in the process of writing a procedure to be used when a new member has been identified. It is still in draft form and will be presented to the Board for approval at the next meeting. It is quite comprehensive and should stand well for the future...thank you Jane!

QUOTE OF THE WEEK

Don't frown – you never know who is falling in love with your smile.

- 18 MAY Matthew & Lara Life in the Cayman Islands
- 25 MAY Lisa Ward Ethnic Communities Council of Queensland
- 01 JUN Ivan Frocovic QLD Mental Health Commissioner

ACKNOWLEDGEMENT

APOLOGIES & GUEST

The Brisbane High-Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present and emerging. Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting

apologies@rotarybrisbanehighrise.com

HOT AIR EDITOR cindy.kemp@strive-satisfied.com.au

3 ROSTER

ROSTER	18 MAY	25 MAY	01 JUN
Chair	Roly	Andrew	Jane
Set Up & Close	Andrew	Jane	Margot
Greeter	Jane	Margot	Greg B
Sergeant	Greg P	John Arvier	Rob O

DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

BSB 084 -034 Account Number 559347857

ROTARY GRACE

For the Fellowship of Rotary we Give our thanks

Rotary Meeting

Last week's meeting with the Rotary Club High-Rise members was both enjoyable and meaningful. We had the pleasure of interviewing Sarah Peitch, who expressed her aspirations to pursue further studies and create a positive impact in the community, inspiring her to join Rotary. The conversation was engaging and insightful, providing us with a deeper understanding of Sarah.







Big Lunch out in London with Emilie

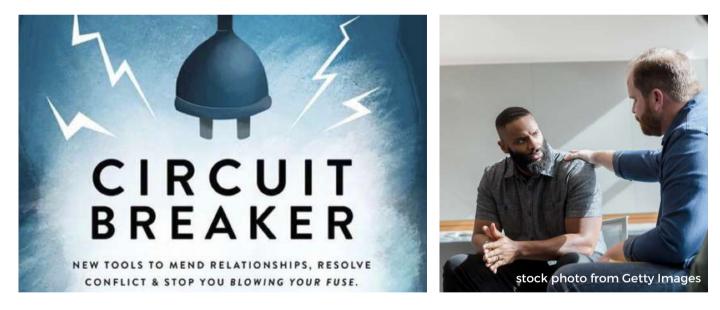
Check out these photos from Big Lunch in London after the thrilling Coronation. Emilie, who traveled all the way from Denmark to join the event, sends her warm regards to all the High-Risers. Currently managing an aged care facility, she is also pursuing her MBA with a specialization in Innovations in Health Care. Exciting times ahead for Emilie!



Next Meeting



Circuit Breaker Report



The circuit breaker course has now entered its fourth week and the participants are warming up to each other and sharing truthfully about their lives. Independent of the important material we are learning, this is a great support to men who are often reluctant to be honest and vulnerable. We are becoming mates.

We have a growing understanding now of how anger impacts our relationships and how we can use the strategy of a time out whenever we feel it is getting out of hand. Relationships can flourish if both people know they are safe to discuss anything and be truthful without the risk of angry outbursts.

An example of the value we are experiencing is that one of the participants was unable to attend a session and made sure he contacted me and made the time to watch the session with me at a local café. After going through the 30 minute video teaching session together he was very honest and self aware of how his anger had demonstrated itself over the week. We were able to discuss and apply the strategies of the course in a very real way. This is great progress.

Nearly half way through - there are 6 more sessions to go.

Brisbane Rotary

ART SHOW

Update on Brisbane Rotary Art Show by Bill Phillips

Planning for the relaunch of the Art Show is progressing well; we are getting towards the pointy end of the project with less than two months to go before the event is staged.

Entries by artists close off at the end of May. Our Curator, Simone, is happy with the entries to date; as of the 8th May there were 164 entries. We can display about 350 pieces of art; normally entries are in the 700: vicinity of those entries not on display will be available for sale online. Of note Simone is very happy with the standard of art pieces already entered.

There are three key issues to emphasise if we are to successfully stage the 2023 Brisbane Rotary Art Show:

Club Involvement

We need full Club involvement in the receiving (15th July) and dispatch (22nd July) of the art works. The volunteer roster will be available shortly. Please do what you can; it is a case of all hands on deck.

Opening Night

Opening Night is on Monday 17th July; this is a wonderful event in Club activity. Not only are we asking all members and partners to attend but also please extend the invitation to your friends and anyone in vour network. We are aiming for an attendance of 300. Reserve the date; tickets will be on sale shortly.

Sponsorship

Sponsorship: High - Rise is leading the way in the generation of sponsorship \$'s. The financial success of event the is highly dependent on the level of sponsorship generated. Pleaser this some give thought; you will know in companies people willing to support an event such as this. There are all sorts of sponsorship options available. Please either approach direct or give us the introduction. We need your help in this vital area.

We are well on the way towards the reestablishment of the Rotary Art Show as a feature event in the Brisbane art scene. Great for artists and great for Rotary!

Salvos Red Shield Appeal



FOR MORE INFO AND WAYS TO DONATE VISIT digitaldoorknock.salvationarmy.org.au/bryce-davies



THE SCIENCE EXPERIENCE



A program aimed at exposing students (years 9 & 10) to the breadth of science opportunities in universities.

The Science Experience was started by the Rotary Club of Doncaster and Monash University back in 1990. Since then Rotary Clubs around Australia have become involved in identifying and helping to send students on the program.

The program is now run by Science Schools Foundation, with Rotary represented on its' Board. Rotary clubs around Australia continue to have the opportunity to sponsor local students on their locally held programs.

The next Experience that this club might support is a three day Combined Brisbane program, UQ, QUT and Griffith Nathan. 16–18 January 2024 "Treble your science experience by attending three of the largest universities in Queensland during the three days. Visit QUT, UQ and Griffith-Nathan. You will tour scientific facilities, hear from some of Queensland's leading scientists, participate in hands –on workshops, explore science based careers. Areas covered include forensic and biological science, chemistry, physics, mathematics, astronomy, environmental sciences and engineering."

If you know anyone who might benefit from attending please make contact with Greg Beard 0434 189 069. For more detail and an application form. We will need to nominate asap.

Announcements

St Judes' Cocktail Party

Rotary Peace Fellowship



Paul Harris Fellow



Donations to Rotary Foundation

PAUL HARRIS FELLOW

Every Rotarian should strive to be a Paul Harris Fellow because for each PHF named, we know that US\$1000 has been given to The Rotary Foundation. Similarly, for each sapphire or ruby added to a Rotarian's PHF pin, an additional US\$1000 has been given to The Rotary Foundation. We should celebrate each of these milestones (and gem stones) for what they represent. That is, a gift to The Rotary Foundation and an opportunity to do even more good in the world through the Foundation. If you make a contribution of \$1490.00 you will get a PHF & also be able to allocate one to a family member or friend.

IMPORTANT

Please consider donating before 30 June & get a tax deduction.



DONATIONS TO ROTARY FOUNDATION

FINANCIAL YEAR

ASK US HOW