

# HOT AIR

02 FEB 2023 | PEACE AND CONFLICT  
PREVENTION / RESOLUTION



## 1 INTERNATIONAL TOAST



Today we toast the Rotary Club of Vilnius - Lithuania. The club meets at 12:15 PM every Tuesday. To lift the spirits of health workers responding to the pandemic, the club treated the staff of Vilnius City Clinical Hospital with pastries "to make them feel appreciated and, hopefully, make them smile a little more often. Over the course of 10 Fridays concluding in late March, the club ordered 600 pastries, at a cost of \$825, from a local bakery.

## FROM THE PRESIDENT – BARBARA LEDDY

The first meeting for the New Calendar year was highlighted by an informative presentation from Stephanie Walsh, Head of Campus at Albert Park Flexible Learning Centre. Albert Park has been supported by BHR for many years doing both practical work & offering bursaries.

More recently, we have been redirecting the gift paid to visiting speakers to the school fund. This money has been used in the past months to provide therapy dogs professionally trained to work with victims of trauma.

Stephanie explained that many of the students at Albert Park have been victims of traumatic life experiences which have impeded their ability to succeed in life & learning.

The dogs have proven to be beneficial in their role in improving attendance & providing general wellbeing of the students. The school is looking at increasing the number of attending dogs as the program continues to prove valuable long term.

Another great investment for our Club!

A call out to remind you about the District Conference in 2023. It is being referred to as the District 9620 Centenary Conference celebrating 100 years of Rotary in Queensland. The theme is 'Leadership - hands, heart & mind'. The conference will be held at the Brisbane City Hall 24 - 26 March 2023.

I quote from the advertising material:

Each of us will be challenged, informed & entertained and will be reminded of the importance of leadership in today's world and the effect we can have on others.

Speakers will include Sir Peter Cosgrove, Mr Noel Pearson & the Hon Brendan Nelson.

I urge you to consider joining a team of High Risers to be inspired & to experience the enjoyment of being a part of Rotary at its best.

Our attendance will demonstrate our support for the current District Governor Tim Keeler and his team & give us the opportunity to present ourselves as the strong united Club that we are.

## 2 PROGRAM/GUEST SPEAKER

- 02 FEB Jo Westh**  
4 Voices and the Building Hope
- 09 FEB Roly Sussex**  
The language of pain, and its importance to diagnosis, treatment and lifestyle
- 16 FEB Russell Vine**  
Cross River Rail

## 3 ROSTER

ROSTER	02 FEB	09 FEB	16 FEB
Chair	Deb L	John L	Bill L
Set Up & Close	John L	Bill L	Lindsay M
Greeter	Bill L	Lindsay M	Kym
Sergeant	Kit B	Rob O	Greg P

### ACKNOWLEDGEMENT

The Brisbane High Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present and emerging.

### APOLOGIES & GUEST

Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting

[apologies@rotarybrisbanehighrise.com](mailto:apologies@rotarybrisbanehighrise.com)

HOT AIR EDITOR  
[cindy.kemp@strive-satisfied.com.au](mailto:cindy.kemp@strive-satisfied.com.au)

### DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

BSB 084 - 034  
Account Number  
559347857

### ROTARY GRACE

For the Fellowship of Rotary we Give our thanks

## FROM THE PRESIDENT – BARBARA LEDDY

On February 19 a lucky group of us will be going to 'Hamilton the Musical' after having a snack before.

Thanks to Susan Rix for arranging our block booking & encouraging our love of musical theatre. Hopefully, there will be more opportunities to come.

On Australia Day, Wendy, John Leddy & I were invited to attend the Citizenship Ceremony conducted by the Rotary Club of Paddington to witness Bo Lane (wife of PDG John Lane) become an Australian Citizen.

Paddington invited 50 new Australians to join the group & an impressive ceremony presided over by Councillor Peter Matic followed. Paddington Club (formerly Planetarium) has been providing Citizenship Ceremonies for many years & they must be congratulated for their very professional presentation.

An amazing morning tea (all prepared by Rotarians) was provided & the new citizens were offered the chance to pat a baby crocodile. They all left bearing an Australian Native tree to plant to remind them of the momentous occasion.

Congratulations & well done to our Paddington Rotary friends! Another Rotary endeavour to celebrate.

It is with much sadness that I report the passing of the mother of our loved member Steve Knight.

Margaret Knight passed away peacefully on 24 January aged 99 years.

She had had an amazing life with many talents including authorship & poetry writing.

Steve can be well proud of Mother whose life must have inspired all her knew her. We are with you in your grief, Steve, as you come to terms with life without the dear woman who can never be replaced & who loved you unreservedly.

### QUOTE OF THE WEEK

The forgiving state of mind is a magnetic power for attracting good.

## Beyond Borders:

*Rotary Club of Brisbane High-Rise members immerse themselves in African culture and community*

### Shanga project in Arusha



## Ngorongoro Crater Photos During Coffee Break



## Few more snaps

Andrew & Ann at Victoria Falls



Bill & Noela cruising the Zambezi



Anne and Andrew aboard Ethiopian Air heading from Addis Ababa



Bill takes a well-deserved glass of rose not quite as good as Greg Cooley



# First Meeting of the Year

Stephanie Walsh gives a powerful talk about how dogs can help learners who have experienced traumatic life events at our first meeting of the year.



## Up and Coming Guest Speakers

Great opportunity to invite guests



### Jo Westh

*4 Voices and the Building of Hope*

Jo Westh is on a mission to help vulnerable people in our community, particularly girls and women who experience domestic violence or homelessness.

She is convinced that connection can solve most of our problems. Launching 4 Voices, a charity whose focus is connection, in March 2020, a week before the world shut down due to COVID 19, wasn't planned or ideal.

Jo's determination to build 4 Voices was fuelled by the previous experience she had at Orange Sky.

Her son and his best mate put two washing machines and two dryers into the back of their old van and started washing clothes for people who were homeless in Brisbane.

She happily helped them out for several years during which time she learned a lot about homelessness and the immense difference that connection can make to a person who is marginalised by the majority of the community.

4 Voices delivers social and digital connection services from bright purple vans outfitted with a lot of technology and most importantly coffee/tea-making facilities.

# Fundraising Dinner

Trekking in the Himalaya



Have you ever thought what it would be like to climb Mt Everest? Or even to tackle one of the lower mountains? How thrilling it would be? How Dangerous? How you would feel having achieved that?

Well, you can hear first-hand what it is like from someone who has done it, when Cian O'Brolcháin gives an enthralling presentation on his climb to the top of the world, at a dinner on Wednesday 22 February at the Broncos Leagues Club in Red Hill. Yes, he has been there.

Cian is a Director of World Sherpas - a company which arranges treks in the Himalaya and also helps those who wish to climb the mountains there, including Mt Everest. He is passionate in his desire to help the Himalayan Sherpa Community, especially the community of Simigaun Village. The Sherpas depend very much on tourism for their economy and because of COVID and travel restrictions their economy has been heavily hit in recent times.

The **proceeds from the evening then will go towards helping the Simigaun Community** and in particular towards providing educational materials for its school - a very worthy cause.

**Tickets are \$110** and through the link below you can register and purchase them.

<https://rotarysouthbrisbane.org.au/trekking-the-himalaya/>

**Presentation:** Trekking in the Himalaya

**By:** Cian O'Brolcháin

**Where:** Broncos Leagues Club, Fulcher Road, Red Hill

**When:** Wednesday, 22 February 2023

6.30 pm for 7.00pm

**Tickets:** \$110

When making a bank transfer don't forget to insert your surname in the Reference line. Even better, send a confirmatory e-mail.

Come along and experience the thrill and challenges of climbing the highest mountain in the world, knowing you are also supporting a community still recovering from the devastating earthquake of a few years ago.

And if you wish, you can also make a direct tax-deductible donation. See instructions on the registration document.

# Announcements

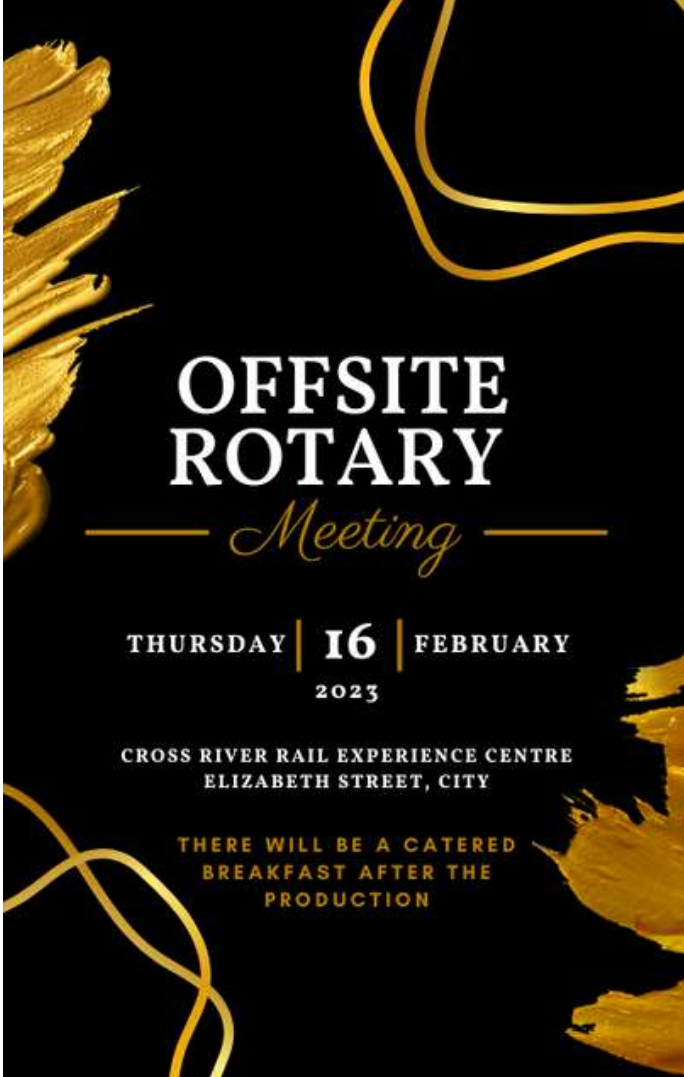


It is with great sadness that we inform you of the death of Steve Knight's mother

*Margaret*

She will be farewelled with a celebration of her life on Friday

10 FEBRUARY 2023 | 2.00 PM  
CENTENARY MEMORIAL GARDENS  
353 WACOL STATION RD SUMNER



## OFFSITE ROTARY

*Meeting*

THURSDAY | **16** | FEBRUARY  
2023

CROSS RIVER RAIL EXPERIENCE CENTRE  
ELIZABETH STREET, CITY

THERE WILL BE A CATERED  
BREAKFAST AFTER THE  
PRODUCTION

## International Women's Day Fun Run



International Women's Day  
**funrun**  
Supporting women with breast cancer  
Presented by **NATIONAL STORAGE**

### IT'S A PINK DAY

**SUNDAY 13 MARCH, 2023**  
SOUTHBANK TO CITY BOTANIC GARDENS

T-SHIRT | RACE KIT | REWARDS | AMAZING PRIZES

MORE INFORMATION  
[FUNDRAISE.MATER.ORG.AU/](https://fundraise.mater.org.au/)



## TEAM NAME

*Rotary High Rise*

With our help, Mater Chicks in Pink are able to care for many women with breast cancer by providing them with practical support, and fund research into making treatments more effective, so fewer lives are lost.

**You could help by making a donation**

<https://fundraise.mater.org.au/s/4348/70637/e>

*Together we can make sure no woman feels alone when going through breast cancer.*

# Announcements

**Rotary Club of New Farm** 

*10th Anniversary*  
*CHARTER DAY*

**CELEBRATION DINNER**  
2 Course Dinner Cash Bar \$65

BOOK: <https://www.trybooking.com/CFIPV>

**Queensland Cricketers Club**  
Gabba Towers, 411 Vulture St, East Brisbane

6.00pm  
Wednesday  
1st March



Rotary Contact  
president.newfarm  
@rotary9620.org

JOIN THE CEO OF

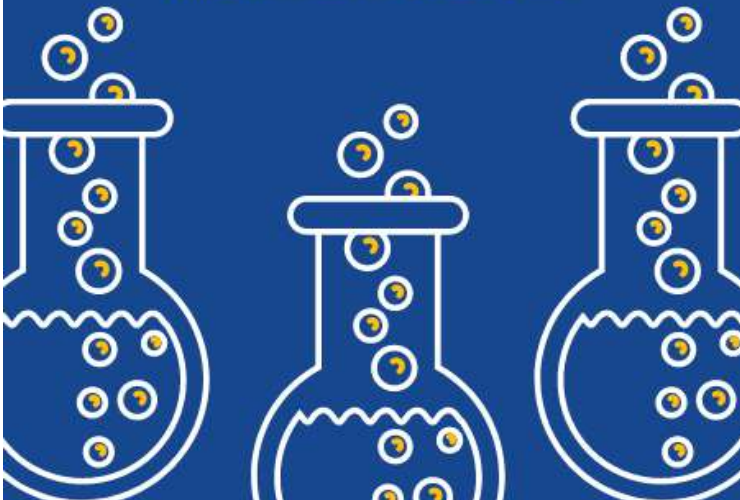
**AIM LAB AUTOMATION TECHNOLOGIES PTY LTD**

DO A TOUR ON THEIR PREMISES

FEBRUARY 10, 2023 / 10 AM  
15 LISGAR ST, GEEBUNG

RSVP TO MARGOT AT [BAILLIE10@TPG.COM.AU](mailto:BAILLIE10@TPG.COM.AU)  
NOTE: PLEASE WEAR CLUB SHIRTS FOR PHOTOS

VISIT [WWW.AIMLAB.COM](http://WWW.AIMLAB.COM) FOR MORE DETAILS



**Call For Volunteer**

We are looking for volunteers who are willing to do the Valentine's Day flower deliveries for **Maison Fleur**

**JOIN WITH US!**

Around 8:00 AM | 14th February  
Queen Adelaide Arcade cnr Burnett Lane



Board 2022 – 2023	
PRESIDENT	BARBARA LEDDY
PRESIDENT ELECT	DYLYS BERTELSEN
PAST PRESIDENT	SUSAN RIX
SECRETARY	JOHN LEDDY
TREASURER	LINDSAY MARSHALL
FOUNDATION DIRECTOR	RUSSELL POSTLE
MAJOR PROJECTS	BILL PHILLIPS
COMMUNITY SERVICE DIRECTOR	STEVE KNIGHT
MEMBERSHIP & ATTENDANCE	JANE ANDERSEN
YOUTH DIRECTOR	GREG BEARD
FELLOWSHIP DIRECTOR	ZANTHIA TILLMANN
MARKETING & PR	CINDY KEMP
VENUE LIAISON	ROSEMARY MEADOWS
SPEAKER PROGRAM	DYLYS BERTELSEN
HOT AIR	CINDY KEMP
SERGEANTS	ROB O'DONOVAN; JOHN ARVIER; GREG PEARSON; KIT BENNETT

**IMAGINE WHAT'S NEXT**

REGISTER TODAY AT [CONVENTION.ROTARY.ORG](http://CONVENTION.ROTARY.ORG)  
MELBOURNE, AUSTRALIA | 27-31 MAY 2023

Rotary  

**REDUCED RATE OF \$575**  
UNTIL 31 MARCH 2023

The convention promises to be an inspirational event, with distinguished speakers, energizing breakout sessions, and abundant opportunities to brainstorm ideas for Doing Good in the World with Rotary and Rotaract members from around the globe.

**Register** now to get a **REDUCED RATE**, and encourage your friends to do the same. This offer expires on **31 March 2023**.

**\$575** for Club members, Non-members, or guests, aged 31 or over.

