



IMAGINE
ROTARY

Rotary



Brisbane High-Rise

HOT AIR

06 APR 2023 | MATERNAL & CHILD
HEALTH



1 INTERNATIONAL TOAST



Today we toast the Rotary Club of Silves - Portugal. The club meets at 12:30 PM every Thursday. They stepped up the effort with charity walks. They walked 75 miles of the Way of St. James to raise funds for children with autism or Down syndrome at a school in Armação de Pêra. Using social media, the group raised \$14K and kept the schoolchildren updated on their journey. The walkers were even given toys for encouragement and to serve as school mascots.

FROM THE PRESIDENT – BARBARA LEDDY

What a delightful meeting we had last week.

We were treated to a slide show of images taken on the most recent visit to Tanzania. Andrew Albury put together a very professional production which was breathtaking.

We saw the wonderful program Bill & Noela Phillips had offered the lucky High Risers who undertook the adventure together.

What a great way to develop friendships sharing the experience & seeing how the Club & Rotary has been instrumental in supporting our African School projects. The ones left behind felt it badly. I guess there may be other opportunities in the future.

Their safari tour was amazing as they saw up close the wonderful animals which inhabit the wonderlands of Africa. Great photos! Great fun! Thankfully, the trip was accident-free & all returned safely back to home base.

Thank you Andrew & especially Bill & Noela for making sure we had a lovely overview of the

trip. This week we celebrate Easter with an Easter breakfast & an Easter Hat parade. Let's hope you are all more clever than me in creating your bonnet. When your children are as old as mine the inspiration to make Easter hats has waned considerably! Now my children are only interested in fine dining & wine....and John & I happily allow them to entertain us with no creative input.

Have a lovely Easter break! Drive safely, look after each other & return with limited inflated waistlines.

Worrying doesn't
empty tomorrow of its
sorrow, it empties
today of its strength.

-Cyril Testa

2 PROGRAM/GUEST SPEAKER

06 APR Easter Breakfast

13 APR New Member Interviews

20 APR Interview - Racing & Business
Peter Tighe

3 ROSTER

ROSTER	06 APR	13 APR	20 APR
Chair	Susan	Yvonne	Steve S
Set Up & Close	Yvonne	Steve S	Angela
Greeter	Steve S	Angela	Zanthia
Sergeant	Quiz	Rob O	Kit B

ACKNOWLEDGEMENT

The Brisbane High Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present and emerging.

APOLOGIES & GUEST

Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting
apologies@rotarybrisbanehighrise.com

HOT AIR EDITOR
cindy.kemp@strive-satisfied.com.au

DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

BSB 084 -034
Account Number
559347857

ROTARY GRACE

For the
Fellowship of
Rotary we Give
our thanks

Rotary Meeting

The Brisbane High-Rise members enjoyed a delightful breakfast meeting featuring a captivating presentation by Andrew about the African trip. It was a nostalgic trip down memory lane, as we reminisced about the wonderful experiences we shared.



An Inspirational Meeting

Lindsay met with Francesca Mauro Sala (centre) and her sister, Monica Larcombe (left), two inspirational women from Bougainville. During the meeting, Francesca surprised Lindsay with a gift: a book written by her father called "During My Time (A Bougainville Story)".



Next Meeting

Easter Breakfast celebration with a twist

EASTER BREAKFAST CELEBRATION

*There will be an Easter Bonnet parade, and a quiz,
with lots of chocolate to be won.
We hope to see you all dressed up in your best
Easter finery*

THURSDAY, 06 APRIL 2023

Anzac Project

VOLUNTEER NEEDED

We are looking for those
that can assist with setup
and management of the
Anzac Day Service

JOIN US!

Please see Russell or
Lindsay if interested.



Prioritising love over hate

Responding to Anzac Day

WORDS Bryce Davies

Every year on 25 April in Australia, hundreds of memorial services take place to remember and reflect on the sacrifices made by our service men and women in war.

At the crack of dawn, hundreds of thousands of people gather in cities, towns and remote locations around the country to pay their respects. A bugle sounds out in the pre-dawn darkness, and men and women with medals and slouch hats gather and remember.



Bryce and his wife, Sue, played an active role at a recent Anzac Day service on K'gari (Fraser Island).

It's often a very emotional day, and it always surprises me how many enthusiastic people, young and old, make it a priority to get out of bed at a ridiculous hour to attend these dawn services. As a Salvo pastor, I've been attending Anzac Day services for many years and I always feel honoured to participate.

Often my task is to pray or to present a short reflection. It's a formal occasion,

and the only time each year that I get fully kitted out in my Salvo uniform, complete with a cap and even a tie.

“

My reflections at Anzac Day services are always about our responsibility to be decent human beings ...

”

During the COVID-19 lockdowns, we gathered on our driveway at dawn, lit a fire in a fire pit, shared a few thoughts and prayers, and played The Last Post. Bugles rang out all over the neighbourhood. It was a lovely experience.

UNIQUE COMMEMORATIONS

Later that day, I went on a special trail run to help celebrate a friend's birthday. This group is slightly crazy, and we were all required to wear tutus and colourful clothes for the birthday celebration. As it was Anzac Day, I packed a trumpet and my Salvo cap in my running pack, and we had a little ceremony on a bridge. My friend who was having the birthday cried, not just because of my average bugle playing, but because something of the power of the Anzac spirit and the love and sacrifice we made to surprise her had touched a chord.

Reflection at Anzac Day

15 APRIL 2023

MY STORY

A year later I was on K'gari (Fraser Island) at a place called Happy Valley where there is a World War I hospital shipwreck – the SS Maheno – on the beach.

The High Rise Rotary Club in Brisbane, where I have been a member for many years, had invited me to “bless” the sailboats at their annual Anzac Day service beside the ship. K'gari is a three-hour drive from Brisbane and requires a ferry crossing and some serious four-wheel driving to get to. You would think this would be a tough place to pull in a crowd, but 1100 people turned up.

There were Australian Army jeeps and a hummer. We even had a flyover from a Super Hornet jet and a massive transport plane. It was an amazing experience.

I'm not a fan of war and cringe at the senseless killing and seemingly obscene expenditure on weapons and military infrastructure. I am horrified by the number of veteran suicides in Australia since the start of the war in Afghanistan in 2001 – and the 46 lives lost on the battlefield during that period.

CARING FOR EACH OTHER

There is nothing to celebrate here. My reflections at Anzac Day services are always about our responsibility to be decent human beings and to share our resources and care for each other generously and sincerely.

As a nation we'll do this more and more if, as individuals, we make this the prevailing culture. It all seems a bit overwhelming to make any difference between nations, so there is a temptation to do nothing.

My wife Sue and I support families in Papua New Guinea and we have a lot of warm and friendly connections there. The poverty and suffering in that



Bryce after the Anzac Day service, with the wreck of the SS Maheno in the background.

country is significant and our support is a drop in the ocean but there are half a dozen families there who vouch for the kindness of Australian because an Aussie couple helps them feed their kids. It's harder to go to war when people are kind to you.

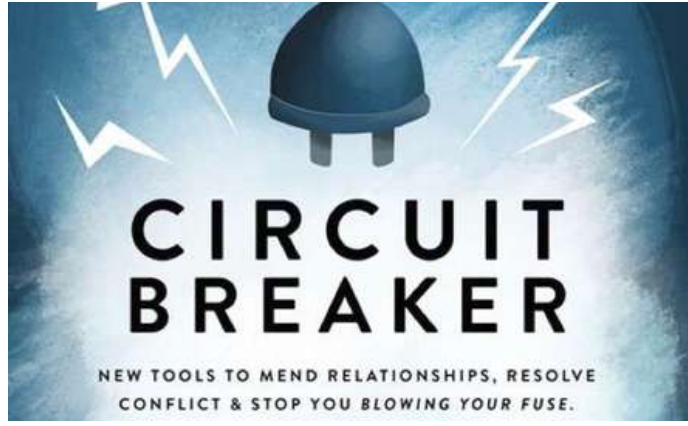
We are an incredibly prosperous and blessed people in Australia. Surely as a nation, we can prioritise love over hate.

Bryce Davies is a Salvation Army officer (pastor) based in Brisbane. To listen to his Stories of Hope podcast, go to brycedavies.libsyn.com



Scan here for more stories of hope.

Circuit Breaker Report



We kicked off the first session of the ten week Circuit Breaker course last Tuesday 28 March at Carindale Salvos, and it was a great success. 4 guys came and Julie, my co-facilitator, and I were off and running.

The session started with introductions and an opportunity to briefly hear why each participant wanted to be involved. Straight away the guys openly shared about their anger problems and the ways this was impacting their key relationships. They all genuinely wanted to be there and were engaged and listening intently.

Next we watched the Video where Matt Boulton shared the first session. A really helpful tool is the anger / listening graph. The angrier we get the more that the important message we are trying to deliver is not heard - the opposite outcome we are hoping for by getting angry. Then we discussed the strategy of time out - walking away to cool down and never trying to resolve a conflict under the influence of anger.

There was a palpable sense of relief and hope amongst the participants as a significant step towards dealing with this destructive force in their lives was taking place.

This is such an important issue in our society, and it was great to be involved in giving some real support to the guys in attendance. Early intervention is key and so much more effective than trying to pick up the pieces after things get out of hand.

High-Rise is testing the water with this course. It's so effective and needed and I am keen to see many more of these courses running into the future - the start of something. We have funded the facilitator's workbooks and incidentals like tea and coffee, and have the option to also assist participants who struggle to pay the \$43 cost for the participant's workbook, to ensure that nobody misses out.

John Arvier at Rotary in Cayman Islands

John attended a meeting at a large club with approximately 50-60 members. The lunch was enjoyable, and the club raised a lot of money, including during their Sargent session. Interestingly, members still carried cash. During the meeting, John was asked to speak for 5 minutes about himself, his club, and why he was in Cayman. In addition, a speaker discussing coral reef research added to the event's interest. John also met an expat Australian accountant from New Farm, who had a son playing rugby with John's son, Grinner. It's a small world indeed.



Rotary Nomads

We already have a group of eight from High Rise going down to stay at South West Rocks from Sunday till Friday for a week of fun.

Accommodation is either at cabins at the caravan park or in own caravans.



Rotary Nomads



You are invited
to the 8th Changeover of the
Rotary E-Club of Australia Nomads

Ingenia Holiday Park, Gordon Young Drive,
South West Rocks NSW 2431
Phone: 02 6566 6264
Email: southwestrocks@ingeniaholidays.com.au



Rotary Nomads
*Helping Hands
Across The Land....*

WEDNESDAY 21 JUNE 2023
2:30PM FOR 3:00PM
CHANGEOVER CEREMONY
DRESS: CASUAL - INTERNATIONAL THEME

Cost: \$30 which covers a Tuesday morning get together breakfast & Wednesday's Changeover raffle tickets and prizes.
N.B. No other charge for Changeover afternoon ceremony.

RSVP BY: Wednesday 14 June 2023

Registrations for the changeover afternoon tea will be done online by clicking:

Register

After you have registered, please transfer payment of \$30 per person to:

- Rotary Nomads
- BSB: 015220
- Account No: 429420294
- Details: your surname plus the word 'ROCKS' e.g. 'Smith ROCKS'

Thank you – we are looking forward to your company at our Changeover Muster.

Donations for NZ Flood Appeal

How to Donate to the NZ Flood Appeal through Rotary Australia World Community Service (RAWCS)

- 1 Go to the RAWCS website Home Page
- 2 Click on EXPLORE PROJECTS
- 3 On Page 1 of the projects list, you will see Project No. 60-2022-23: New Zealand Floods (RARF)** Rotary Australia Relief Fund
- 4 Click on 60-2022-23
- 5 Scroll down to click on Donate Now and/or Details
- 6 Follow prompts for payment
- 7 Receipt will be issued for tax deductibility.

Rotary Youth Programs



ROTARY YOUTH PROGRAMS – an overview

Many will know more than I do about Rotary Youth Programs and our club's past involvement in them. However, there are several now who may not know the extent of the program for youth offered by Rotary.

Many are international and in fact, one very significant international program, Rotary Youth Leadership Award, RYLA, was started in this District by Hamilton Club over 50 years ago.

There are ten Youth Programs in all at a District level and our club adds an additional program with our support of schools in Tanzania. All programs are broadly aimed at aiding development and understanding opportunity.

Over the next few months, I'll note small articles about each program. Please ask me for more information, or raise questions at our meetings about these programs.

The first are programs in schools.

1. EARLYACT – A school based community focussed program for primary school groups of students. A Rotarian supports students (and teachers) involved. EARLYACT enables students to set goals, plan collaboratively and develop Leadership skills.
2. INTERACT – a program for high school students, similar in aims to Earlyact. However groups are responsible for developing and running their own programs. Both local and international service are encouraged.

Youth Director Greg Beard

RFDS Light the Lanterns



LIGHT THE LANTERNS

An RFDS Celebration

13
May
2023

Royal International Convention Centre (RICC)
600 Gregory Terrace, Bowen Hills QLD 4006
6:30PM - 12:00AM
Enquiries: events@rfdsqld.com.au



ATTENTION ALL CLUB MEMBERS

We have upcoming presentation vacancies and are looking for volunteers

IF YOU OR SOMEONE YOU KNOW IS INTERESTED, PLEASE CONTACT DYLYS ASAP.

RFDS Light the Lanterns

With Dr Chris Muir, former partner of John Arvier (Lindsay and others FaceTimed John A and family who were at dinner in the Cayman Islands prior their son's wedding Saturday their time)



Just for Fun

from our president, Barbara



ST. PETER AND SATAN WERE HAVING AN ARGUMENT ONE DAY ABOUT FOOTBALL. SATAN PROPOSED A GAME TO BE PLAYED ON NEUTRAL GROUNDS BETWEEN A SELECT TEAM FROM THE HEAVENLY HOST AND HIS OWN HAND-PICKED BOYS.

"VERY WELL," SAID THE GATEKEEPER OF HEAVEN. "BUT YOU REALIZE, I HOPE, THAT WE'VE GOT ALL THE GOOD PLAYERS AND THE BEST COACHES."

"I KNOW, AND THAT'S ALL RIGHT," SATAN ANSWERED UNPERTURBED. "WE'VE GOT ALL THE UMPIRES"



Announcements

Fellowship Dinner

ROTARY BRISBANE HIGH RISE

FELLOWSHIP

Dinner



MARU
157 ELIZABETH ST, BRISBANE CITY QLD 4000
FRIDAY, MAY 5, 2023 | 6:30 PM

\$40/PERSON

Rotary Peace Fellowship

Rotary Peace Fellowships

APPLICATION IS AVAILABLE



Get involved by

- Taking the All About the Rotary Peace Fellowship course
- Forwarding the fellowship announcement to your contacts
- Using our referral form
- Sharing a PowerPoint presentation about the fellowships
- Following the Rotary Peace Centers Facebook page

APPLY HERE
<https://www.rotary.org/en/our-programs/peace-fellowships>

Art Show Sponsors

ART SHOW SPONSORS

The Brisbane Rotary Art Show is coming together and we're counting on you to make it a financial success!

With five months to go, now is the time to get involved and support the show. From naming rights to basic screen sponsorship, there are a variety of opportunities available to meet every budget. Be a part of this spectacular event and make a difference in the lives of artists and the community. Don't miss this chance to showcase your support.

For more details, please check your email or contact Bill Phillips.

Thanks for your Pledges



WE WERE ABLE TO SEND
\$6,000

FOR SHELTERBOX IN OUR LATEST APPEAL

TO DONATE FURTHER VISIT THIS LINK
shelterbox.org

XXX