



**IMAGINE  
ROTARY**

**Rotary**



Brisbane High-Rise

# HOT AIR

**09 FEB 2023 | PEACE AND CONFLICT  
PREVENTION / RESOLUTION**



## 1 INTERNATIONAL TOAST



Today we toast the Rotary Club of Kingwood - Texas. The club meets at 5:30 PM every Monday. One of its members, Frank Huezo, introduced his former club, Rotary Club of Lake Houston Area to a local non-profit

that helps impoverished children in Chinandega, Nicaragua. Rotary members helped build a trade school and supported a hospital, shelter for pregnant women, and group home for blind children.

## FROM THE PRESIDENT – BARBARA LEDDY

This week: Like Son, like Mother!

Jo Westh is the mother of one of the young originators of Orange Sky, the well celebrated orange vans which are helping many homeless people, now worldwide, to access laundry facilities & a longed for chat.

Jo happily helped the young men out for several years during which time she learned a lot about homelessness and the immense difference that connection can make to a person marginalised by the majority of the community.

She became aware of the absence of women in those who sought help & realised that many women are embarrassed to be seen showing their vulnerability. However, she also learned that domestic violence caused many women to be vulnerable & homeless but unable to get the help they needed because of the lack of digital connection & expertise.

This led to the birth of '4 Voices and the Building of Hope'. Delivered in bright purple vans, the service, outfitted with technology and

tea and coffee making facilities is now available to many who are unable to negotiate much needed help & support via technology. One-to-one connection with the supporters helps overcome the fear of manoeuvring technology & provides a means of accessing the support provided by agencies & the government.

Jo is convinced that connection can solve most of society's problems. Jo also provides opportunities for volunteers to connect with the vulnerable via regular phone conversations.

We welcomed back our Happy Wanderers from Africa this week & hugs of friendship were witnessed all round.

They all had an extraordinary visit to Mamba & St Jude's seeing the wonderful workings of the schools, the happy faces of the students & the results of the support High Rise has given for the children of Arusha.

## 2 PROGRAM/GUEST SPEAKER

**09 FEB Roly Sussex**  
The language of pain, and its importance to diagnosis, treatment and lifestyle

**16 FEB Russell Vine**  
Cross River Rail

**23 FEB Fellowship Meeting**

## 3 ROSTER

ROSTER	09 FEB	16 FEB	23 FEB
Chair	John L	Bill L	Lindsay M
Set Up & Close	Bill L	Lindsay M	Kym
Greeter	Kym	Rosemary	Roslyn
Sergeant	Rob O	Greg P	John Arvier

### ACKNOWLEDGEMENT

The Brisbane High Rise Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders past, present and emerging.

### APOLOGIES & GUEST

Notify of attendance, guests and apologies by 7.00am on Tuesday prior to the meeting  
[apologies@rotarybrisbanehighrise.com](mailto:apologies@rotarybrisbanehighrise.com)

HOT AIR EDITOR  
[cindy.kemp@strive-satisfied.com.au](mailto:cindy.kemp@strive-satisfied.com.au)

### DIRECT DEBIT

Pay for our meetings, fines, Joker Draw, events and subscriptions

**BSB 084 -034**  
**Account Number**  
**559347857**

### ROTARY GRACE

For the Fellowship of Rotary we Give our thanks

## FROM THE PRESIDENT – BARBARA LEDDY

Then off to Africa, they went experiencing the wild, wonderful world of safari & beyond. We hope to see a presentation from you all sharing your adventure with those of us left behind in the very near future.

Just a reminder that we are having an **offsite Rotary meeting on February 16** at the Cross River Rail Experience Centre.

Reminders have been sent to those who have not yet responded & you are urged to respond ASAP so that we can finalise the invoice to cover the breakfast.

It should be a great learning experience for we Brisbanites to learn about the amazing plan for our city.

Another reminder is becoming necessary for the importance of letting Rosemary know of your intended attendance at the meetings. Rosemary has elected to act on our behalf in liaising with the USC & needs to advise the number attending each week to USC's timeframe.

We have a good relationship with the Club thanks to Rosemary's efforts to comply with its business needs, so let's not let us down!

### QUOTE OF THE WEEK

*"Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life, but define yourself."*

## Last Week's Meeting

Last week was truly a special one as we welcomed our guest speaker, Jo Westh, who shared the inspiring story behind 4 Voices and the Building of Hope program, delivered in bright purple vans.

Our club also welcomed back our adventurous Happy Wanderers from Africa, and the reunion was filled with hugs of friendship.



# Up and Coming Guest Speakers

Great opportunity to invite guests

## ROLAND SUSSEX

EMERITUS PROFESSOR OF  
APPLIED LANGUAGE STUDIES  
UNIVERSITY OF QUEENSLAND

9 FEBRUARY 2023



## Old Friends Meet

Ros and Michelle reunited at the Grand Chancellor in Hobart. In 2012, Michelle was recognized for her exceptional contributions to High-Rise as a member of the Polo Club, earning her a PHF award. Together with Patsy, they also orchestrated a generous hamper donation to Bryce's Street Level during the holiday season.



# Fundraising Dinner

Trekking in the Himalaya



Have you ever thought what it would be like to climb Mt Everest? Or even to tackle one of the lower mountains? How thrilling it would be? How Dangerous? How you would feel having achieved that?

Well, you can hear first-hand what it is like from someone who has done it, when Cian O'Brolcháin gives an enthralling presentation on his climb to the top of the world, at a dinner on Wednesday 22 February at the Broncos Leagues Club in Red Hill. Yes, he has been there.

Cian is a Director of World Sherpas - a company which arranges treks in the Himalaya and also helps those who wish to climb the mountains there, including Mt Everest. He is passionate in his desire to help the Himalayan Sherpa Community, especially the community of Simigaun Village. The Sherpas depend very much on tourism for their economy and because of COVID and travel restrictions their economy has been heavily hit in recent times.

The **proceeds from the evening then will go towards helping the Simigaun Community** and in particular towards providing educational materials for its school - a very worthy cause.

**Tickets are \$110** and through the link below you can register and purchase them.

<https://rotarysouthbrisbane.org.au/trekking-the-himalaya/>

**Presentation:** Trekking in the Himalaya

**By:** Cian O'Brolcháin

**Where:** Broncos Leagues Club, Fulcher Road, Red Hill

**When:** Wednesday, 22 February 2023

6.30 pm for 7.00pm

**Tickets:** \$110

When making a bank transfer don't forget to insert your surname in the Reference line. Even better, send a confirmatory e-mail.

Come along and experience the thrill and challenges of climbing the highest mountain in the world, knowing you are also supporting a community still recovering from the devastating earthquake of a few years ago.

And if you wish, you can also make a direct tax-deductible donation. See instructions on the registration document.

# Announcements



**IMPORTANT  
REMINDER!**

**PRIDE OF  
WORKMANSHIP  
AWARDS**

PLEASE TALK TO TALK TO  
CHRIS WARREN

**OFFSITE  
ROTARY**  
*Meeting*

THURSDAY | **16** | FEBRUARY  
2023

CROSS RIVER RAIL EXPERIENCE CENTRE  
ELIZABETH STREET, CITY

THERE WILL BE A CATERED  
BREAKFAST AFTER THE  
PRODUCTION

## International Women's Day Fun Run

International Women's Day  
**funrun**  
Supporting women with breast cancer  
Presented by **NATIONAL STORAGE**

**IT'S A  
PINK DAY**

**SUNDAY 13 MARCH, 2023**  
SOUTHBANK TO CITY BOTANIC GARDENS

T-SHIRT | RACE KIT | REWARDS | AMAZING PRIZES

MORE INFORMATION  
[FUNDRAISE.MATER.ORG.AU/](https://fundraise.mater.org.au/)



**TEAM NAME**

*Rotary High Rise*

With our help, Mater Chicks in Pink are able to care for many women with breast cancer by providing them with practical support, and fund research into making treatments more effective, so fewer lives are lost.

**You could help by  
making a donation**

<https://fundraise.mater.org.au/s/4348/70637/e>

*Together we can make sure no woman feels alone when going through breast cancer.*

# Announcements

Rotary Club of New Farm 

*10th Anniversary*  
*CHARTER DAY*

**CELEBRATION DINNER**  
2 Course Dinner Cash Bar \$65

BOOK: <https://www.trybooking.com/CFIPV>

**Queensland Cricketers Club**  
Gabba Towers, 411 Vulture St, East Brisbane

6.00pm  
Wednesday  
1st March



Rotary Contact  
president.newfarm  
@rotary9620.org

JOIN THE CEO OF

**AIM LAB AUTOMATION TECHNOLOGIES PTY LTD**


DO A TOUR ON THEIR PREMISES

FEBRUARY 10, 2023 / 10 AM  
15 LISGAR ST, GEEBUNG

RSVP TO MARGOT AT [BAILLIE10@TPG.COM.AU](mailto:BAILLIE10@TPG.COM.AU)  
NOTE: PLEASE WEAR CLUB SHIRTS FOR PHOTOS

VISIT [WWW.AIMLAB.COM](http://WWW.AIMLAB.COM) FOR MORE DETAILS

Keeping Your Cool



Thurs Feb 23  
6:00-7:30pm  
Hope Hub  
Westfield Carindale  
1151 Creek Rd  
Carindale, Qld  
Register at Eventbrite

Call For Volunteer



We are looking for volunteers who are willing to do the Valentine's Day flower deliveries for **Maison Fluer**

JOIN WITH US!

Around 8:00 AM | 14th February  
Queen Adelaide Arcade cnr Burnett Lane

**Rotary Peace Fellowships**

APPLICATION IS AVAILABLE



Get involved by

- Taking the All About the Rotary Peace Fellowship course
- Forwarding the fellowship announcement to your contacts
- Using our referral form
- Sharing a PowerPoint presentation about the fellowships
- Following the Rotary Peace Centers Facebook page

APPLY HERE  
<https://www.rotary.org/en/our-programs/peace-fellowships>

**IMAGINE WHAT'S NEXT**

REGISTER TODAY AT [CONVENTION.ROTARY.ORG](http://CONVENTION.ROTARY.ORG)  
MELBOURNE, AUSTRALIA | 27-31 MAY 2023

Rotary  MELBOURNE 2023 

**REDUCED RATE OF \$575**  
UNTIL 31 MARCH 2023

The convention promises to be an inspirational event, with distinguished speakers, energizing breakout sessions, and abundant opportunities to brainstorm ideas for Doing Good in the World with Rotary and Rotaract members from around the globe.

**Register** now to get a **REDUCED RATE**, and encourage your friends to do the same. This offer expires on **31 March 2023**.

**\$575** for Club members, Non-members, or guests, aged 31 or over.