

FROM THE PRESIDENT - DYLYS BERTELSEN

... into a great fact-sharing mission

Last week at our breakfast, the speaker was Catherine Spencer, representing The Cowboys Foundation in FNQ. We've talked about Cowboys before, with a view to finding ways that High-Rise might support its fundraising endeavours. So, Catherine came along to explain to our membership more about this excellent concept.

Essentially, The Cowboys Community Foundation is the charity arm of the NRL North Queensland Cowboys.

It provides a safe, fully serviced residential centre for 100+ boys and girls from remote aboriginal communities who are enrolled across 12 different schools in Townsville. It's considered a 'home away from home. But with mentors and teachers providing abundant extra-curricular activities from sport to gym, to cooking to music, even ballet and more íť's probably much more exciting!

Please have a look at the website and get those thinking caps on. See if you can come up with a unique and worthwhile way that we might support this fabulous project.

... planting trees for the planet

Will you consider joining us for some healthy light exercise out in the fresh air on 14th April as we join in the annual tree planting program. (It should be much

cooler by then). More information here.

... getting into RARE good deeds

RARE of course stands for Rotary Australia Repurposing Equipment. 'Equipment' in this sense covers the widest imaginable range of good items donated (often in bulk) to Rotary to be sent on to those who need them most. Our job is to sort and repack. A pleasant few hours of light work for you at Alexandra Hills can mean a lifetime of change for less fortunate people overseas. Find out more <u>here</u>.

... consistently supporting the drive to eradicate polio

At the Cluster meeting last week, we decided we'd like to have a meeting of minds to attract members from all clubs in our cluster to come together and discuss all clubs in our cluster to come together and discuss how we can help progress the polio project. Rife globally, polio still sadly exists in Australia. You may know that the incredibly successful worldwide Rotary Polio Eradication program – still a work in progress -began in 1985 driven by the unstinting efforts of Nambour Rotarian, the late Sir Clem Renouf. Read more on that <u>here</u> and watch for an imminent Date Claimer.

... and always honouring governance

ROSTER

3

ROSTER

Greeter

Set Up & Close

We have another Board Meeting tonight, on which I'll update you next week.

15 FEB

Murray B.

Kit B.

22 FEB

Kit B.

David B.

2 **PROGRAM/GUEST SPEAKER**

- **15 FEB Nicholas Dunstan RYLA**
- **Visit RBWH 22 FEB** Members to see the Research Facility
- **29 FEB Alex Griffiths Ride West**

High-Rise

and

ACKNOWLEDGEMENT

Brisbane

past, present emerging.

The

APOLOGIES & GUEST

Notify of attendance, guests and apologies by 5.00pm on Monday prior to the meeting

apologies@rotarybrisbanehighrise.com

DIRECT DEBIT

Pav for our meetings. fines, Joker Draw, events and subscriptions

> BSB 084 -034 Account Number 559347857

ROTARY GRACE

29 FEB

David B.

Tom D.

For the Fellowship of Rotary we Give ourthanks

Rotary Club acknowledges the First Nations people as the original inhabitants of the land we are on today and honours their Elders

HOT AIR EDITOR hotair@rotarybrisbanehighrise.com

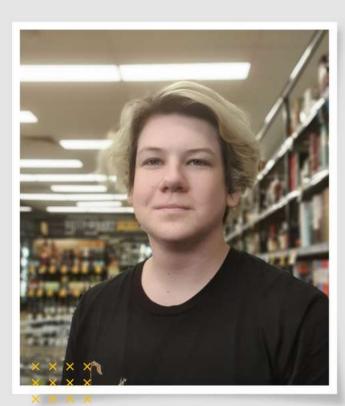
Last week's Meeting

Catherine Spencer, representing The Cowboys Foundation in FNQ, spoke at our breakfast last week to shed light on their initiative, the Cowboys Community Foundation, which acts as the charitable arm of the NRL North Queensland Cowboys. What an amazing way to support about 100 children from remote Aboriginal communities!



Up and Coming Guest Speakers

Great opportunity to invite guests



× × × ×

NICHOLAS DUNSTAN

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RYLA

Nicholas, employed as a Service Desk Technician at BDO Chartered Accountants, is preparing to share insights from his recent participation in the Rotary Youth Leadership Award (RYLA) program.

15 FEBRUARY 2024 | THURSDAY

Rotarians and About

Noela and Yvonne visit Riverview State School

Riverview State School sits just off the Brisbane - Ipswich Highway, 31km west of our USC meetingsin our backyard. It's a small school with around 260 multicultural students with many facing challenges we only hear or read about.Through their amazing Headmistress, Yvette Philips (yes our very own Bill's daughter) Noela and I have come to understand a few of these challenges that the children face



on a daily basis one of which is.... no lunch. Noela and I put our culinary skills to good use and made a bucket load of cheese sandwiches to help feed these little darlings.

I have also included a note from the forever joyful Sonja Morrissey, the Community Hub Leader. This will give just a snapshot of this issue facing the children at the school.

"The Riverview Lunch Program"

Any Riverview state School we offer a Lunch Program to our students. We have a no questions asked policy and every student is welcome to come and grab a sandwich. The sandwiches are provided by a variety of sources including Eat Up YMCA and though the school purchasing bread and the staff making them.

The goal of the program was to illuminate the barriers for children attending school.We identified that there new some students not attending when there was insufficient food in the household to supply them with lunch.Our policy of not asking questions came about to assist in removing the stigma and shame around not having food.It has been very successful.



Year To Date

From the first day of school we have provided 450 sandwiches for students, 14 days.

We have packed 52 full lunch boxes. These are requests by the parents to the Community Hub Leader, include a sandwich,2 pieces of fruits, a muesli bar and a packet of popcorn.

Evidence that it works.

A family struggling with attendance last year was contacted by the social worker and Hub Leader prior to school starting.

After a discussion it was identified that the reason for non attendance was food insecurity. The father works as a labourer and his work was infrequent. The Hub Leader arranged for a food hamper to be delivered to the family weekly and their children received lunches. The children have attended school every day since."

Noela and I are heading out to the school again early next week (TBA), if there is anyone who would like to join us to check the school out for themselves and perhaps help fill some little tummies, please email or call. If all you do is smile at, or cuddle a child, you've already made a difference.

Join DG Paul & Sue Roger for an exciting weekend at this prestigious Rotary Conference hosted at the renowned SeaWorld Resort.

There are only a limited number of rooms left at Rotary Special Rate.

Once the rooms are gone, they are GONE!



Please purchase your raffle tickets as funds raised will go to Aust Rotary Health, ShelterBox Aust & The Rotary Foundation.

As a special treat for attendees of the Saturday evening Cala Dinner, there are two exciting lucky door prizes.

- A prize voucher for 2 nights' accommodation including breakfast and Sea World entry to 2 Adults and 2 children.
- 4 x daytime passes to Sea World (2 Adults and 2 children).

Act now to secure your spot and take advantage of the limited rooms available at the Rotary Special Rate!

District 9620 Conference 2024



We have now secured as our Guest Speaker Super Coach **Wayne Bennett** AM. He is an Australian rugby league coach

He is an Australian rugby league coach and former player, currently leading the Dolphins in the NRL. He has coached various teams, including the South Sydney Rabbitohs, Brisbane Broncos, and Australian Kangaroos, and has worked with the Queensland Maroons and England national teams.



Announcements

2024 Tree Planting Challenge

2024 TREE PLANTING CHALLENGE (BRISBANE)

March 14 Rotary Meeting



Rotary Meeting

We are asking for raffle prizes to be donated for the event.

Sunday, 14 APRIL 2024 100 Wecker Rd Mansfield, QLD 4122

For Brisbane and surrounding area Clubs, Brisbane City Council's Offsets and Restoration Team has once again offered a venue for this year's planting at 100 Wecker Rd, Mansfield which is adjacent to and extends last year's koala corridor planting site.

For the non Brisbane area Clubs, if any of your Club members happen to be in Brisbane on the day, they would be more than welcome to join the team at Mansfield.

Help us protect our Forests.

https://rotary9620.org/event/d9620-2024-tree-planting-challenge/

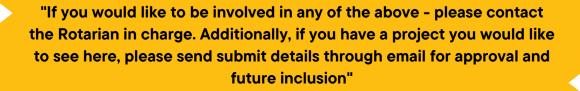
ACTIVITY BOARD

ROTARY BRISBANE HIGH-RISE

Name of the Project	Person Responsible	Type of Activity	Date of Involvement
<u>St Jude's School of</u> <u>Tanzania</u>	Bill Philips	All involvement welcomed	
<u>Mamba School</u>	Bill Philips	Currently constructing netball courts; upgrade of the teacher accommodation about to start.	
Rotary Art Show	Bill Philips	Organising committee now formed to offer any support - see Bill	
<u>Pride of Workmanship</u>	Rosemary Meadows	Recommendations for outstanding service in our community	January 1, 2024

OTHER COMMUNITY PROJECTS WITH ROTARIANS

Name of the Project	Person Responsible	Type of Activity	Date of Involvement
<u>Ride West</u>	Russell Postle	Inviting participants and looking for sponsorship funds	April 1, 2024
Maheno School 150 year celebration	Russell Postle	Expressions Of Interest for 2025 trip	



Rotary Down Under

International Toasts

OBJECT OF

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:



The development of acquaintance as an opportunity for service;



High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society



The application of the ideal of service in each Rotarian's personal, business and community life;

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

Announcements

Valentines Fund Raising



Project Penny





Today we toast the Rotary Club of Helsinki City West. The club meets at 5:30 PM every Monday.

Liisa Stjernberg, a past governor of District 1420 and member of the Rotary Club of Helsinki City West, coordinates efforts with the Finnish Environment Institute to clean up trash in the Baltic Sea. Together with volunteers and Rotary Youth Exchange students, they also engage in events like the "Rowing Herring" for regatta to raise awareness for marine conservation.

> Kindly RSVP ASAP as we require the numbers.

Announcements

2024 Rotary Subscriptions

Pride of Workmanship Awards 2024



2024 Rotary Subscription Fees are now due and payable

For further details see the email from Angela on 5th January 2024 or reach out.

Board Members 2023 - 2024

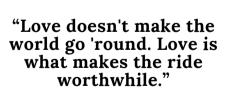


Food for Thoughts

Board Members 2023–2024

PRESIDENT	
PRESIDENT ELECT	
SECRETARY	AN
MAJOR PROJECTS DIRECTOR	BIL
COMMUNICATIONS DIRECTOR	CIN
YOUTH DIRECTOR	GR
MEMBERSHIP DIRECTOR	JAI
MARKETING & BRAND DIRECTOR	
TREASURER	LIN
PARTNERSHIPS DIRECTOR	RU:
SERVICES DIRECTOR	STE
SPEAKERS PROGRAMME DIRECTOR	SU:
FOUNDATION DIRECTOR	
FELLOWSHIP	

	DYLYS BERTELSEN	
	JANE ANDERSON ANGELA TILLMANNS	
	BILL PHILLIPS	
	CINDY KEMP	
	GREG BEARD	
	JANE ANDERSEN	
	KYM MCCLUSKEY	
	LINDSAY MARSHALL	
	RUSSELL POSTLE	
	STEVE KNIGHT	
1	SUSAN RIX	
	WENDY PROTHEROE	
	ROBYN DRAKE	



Franklin P. Jones